



IAPESGW International Update, December 2018: News and resources from around the world

We want to hear about what you and your related organisations are doing and the information you are producing. You can send your information and news to any member of the executive board for inclusion in the 'Update' each month – [view their contacts details](#)

Keep right up to date with our news

We have set up social media accounts to share all our latest news with you:



You can now follow us on Twitter - [take a look](#)

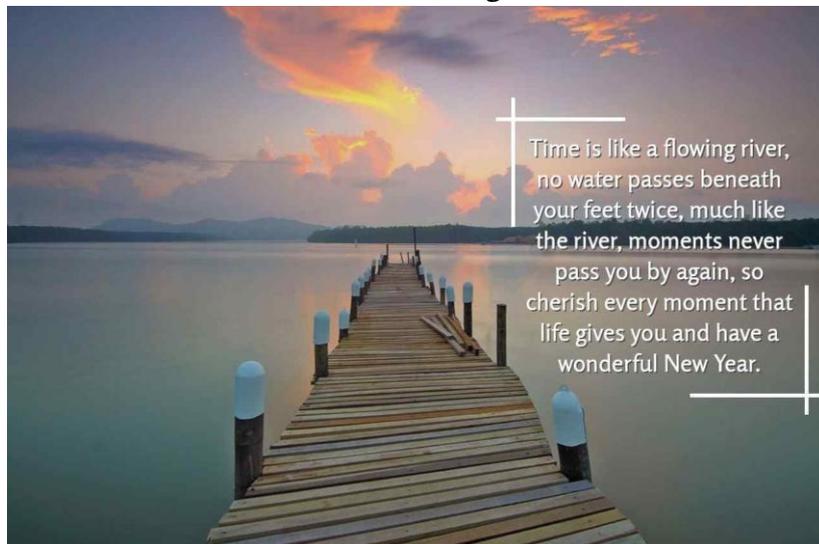
facebook

We're on Facebook too - [view our page](#)



[Our page on the website](#)

Seasonal Message 2018



Dear IAPESGW members, followers and friends

It is Christmas time!

With respect to the culture of all our members, let me wish you a blessed 2019 with plenty of health and happiness.

I hope we can continue working together to support women and girls' participation in physical education, sport and/or physical activity, but moreover to support the participation of all in a fair, safe and peaceful environment.

Next year IAPESGW will be celebrating 70 years of its history. We invite you all to join us in this significant celebration by attending our Madrid (Spain) Symposium in July.

IAPESGW has been a pioneer organization in the area of gender equality and sport and has worked since its foundation to promote this value. Wonderful women and men have been around our organization to make it grow. The best way to honour their legacy, which is also ours, is to keep working together. In order to understand the present it is important to know the past.

At this busy time of the year may you enjoy a safe and peaceful holiday season and Christmas, with good health and happiness in the New Year!

Rosa López de D'Amico

IAPESGW President

I hope to see you all in Madrid 2019

Our next Regional Congress.....

REGIONAL CONGRESS
10th-13th July, 2019
Madrid, Spain

70 YEARS IAPESGW:
Always Promoting
Physical Education
and Sport for Girls
and Women

International Association of Physical Education and Sport for Girls and Women IAPESGW

Academy: Netball
Universidad Europea
Escuela Universitaria Real Madrid Universidad Europea
Further info: info@iapesgw2019.com www.iapesgw2019.com
Organized by

The Madrid 2019 IAPESGW Regional Congress: Call for abstracts

The Madrid 2019 IAPESGW Regional Congress looks for organizations, scientists, academics, professionals and future professionals in the fields of physical education, sport and physical activity contribute to the growth and development of those areas. In this way, our main objective is to bring together interested scholars and practitioners of many countries working to improve the advancement position of girls and women in these fields.

Programme Structure

The Madrid 2019 IAPESGW Regional Congress programme structure will consist of different session types:

- Plenary Keynote sessions(by invited speakers)
- Scientific and Professional paper presentations
- Poster displays
- Workshops
- Panels

Topics

IAPESGW invites you and your colleagues to submit your proposals to be considered for presentation in the conference. Authors are free to choose between oral presentation or poster submitting in one of the following topics:

- Physical education and school sport: equity issues
- Women in recreational sport
- Participation of women in high performance sports
- Physical activity and sport for all: equity and attention to diversity
- Employment, occupations and the labor market of women in physical activity and sport
- Innovative strategies for the promotion and development of woman physical activity and sport

Deadline for submission of abstracts, in English language please, is **1 February 2019**

[View the full details](#)

A good advert for the work of IAPESGW....

Worldwide Women (December 2018)

Leader Spotlight: Janice Crosswhite of International Association for Physical Education and Sport for Girls and Women

Janice says - I did this many weeks ago when contacted by Worldwide Women

[View Janice's short interview](#)

December Editorial

It is close to the end of the year, a time when many people will be taking a well earned holiday and enjoy a Christmas break. I wish one and all a very healthy and active New Year and safe holidays if travelling and trekking very far!

Our Update starts by highlighting ISCEPES 40th Summit, this May 2019 and features a number of Inside the Games Reports. Another feature is the UN Resolution 'Sport as an enabler of sustainable development'.

We have a worrying report from the head coach of the Afghanistan Women's Football team that the abuse of female footballers is widespread. She has submitted written reports to her organization and the Asian Football Confederation and there has been no action taken.

You may want to look at a new European website on exercise guidelines for people with spinal cord injury. It is in multiple languages and is a world first.

We have a report on the Sport and Human Rights forum just held in Paris and feature Mary Robinson's (Chair) letter.

We also list new publications and articles from Australia, Bahrein, Canada, Croatia, Iran, Ireland, Northern Ireland, the USA and UK. The UK Youth Sport Trust latest report is also a worry: it shows that there is a "confidence crisis" in girls as young as seven, stopping them from getting active.

We have often commented in the Update on the great success of the 'This Girl Can' campaign which originated in the UK. I am pleased to report that my local Council has adopted the campaign, with support from the state government, and I was invited to represent IAPESGW to speak at our local launch. "This Girl Can" is an international success, spreading locally.

Yesterday I enjoyed a Women in Sport Australia lunch with over 100 sports administrators, from many sports, plus the media, sponsors and retired athletes. As well as enjoying the company and fellowship of colleagues we were asked to donate used or new bras for the Oceania Gymnastics Association, so that girls and women would be able to participate in a new Aerobics program that is being introduced to Pacific women.

Our women's network was able to donate hundreds of bras, with me winning the prize for the most, as I ran the project through my local gym where women were very pleased to donate sports bras to such a worthy cause! Such is the power of networking and women helping other women. And a good example of acting locally and working internationally!

Happy reading and holidays!

Janice Crosswhite OAM
Communications Director

International

Events....

ISCPES 40TH Summit – Oporto, Portugal

7 - 9 MAY 2019 – new dates



ISCPES want to enjoy this opportunity – celebrating its 40TH ANNIVERSARY - to renew its membership list in age, expertise and region, preparing it for opening to a new age and new challenges.

This is the reason explaining the 40Th Summit different format.

In the Summit there will be no special committees, no special presentations but more discussion about questions we cannot solve alone. The idea is to bring referenced keynote speakers and open the floor for young researchers and scholars to ask their main interrogations, face to face, with senior invited academics that will be present.

For this Summit we confirmed five prominent keynote speakers that accepted our invitations to tell us the last news on their specific subjects. Participants can submit either papers or questions/projects in Abstract format.

Local Committee will be composed by students, professors and authorities to achieve a major audience among Portuguese and international students.

The keynote speakers will be Paul Wylleman, Richard Bailey, John Saunders, Rosa D'Amico and José Maia.

Additionally, we invited some sport experts to act as moderators for special panels.

For panel discussions we had to start with some major themes:

A - Physical Education and Sport Coaching in different countries/continents

B – Implementation of School, Exercise and Health Programs

C – Sport Tourism and Sustainable Destinations

D – Sports Socioeconomic Impacts

E – The future of Sports with New Technologies (Esports)

F – Reinventing Sport Jobs – Enlarging World Markets

The first day (May 7th) is prepared for welcoming moments in the morning and 3 workshops in the afternoon:

EDITORS ROUNDTABLE – THE FUTURE OF SCIENTIFIC PUBLISHING

WORKSHOP ON SCIENTIFIC WRITING

WORKSHOP ON USING AND ANALYSING QUESTIONNAIRE DATA

Followed by a General Assembly and Welcome Dinner

The Program for 8 and 9th may can be seen at ISCPES site: iscpes.pt

The European Commission, Directorate General for Education, Youth, Sport and Culture - Sport Forum

8 - 9 April 2019, Bucharest, Romania

The EU Sport Forum is the main platform for structured dialogue between the European Commission and sport stakeholders. The Forum's main objective is to take stock of progress achieved in implementing the EU agenda for sport and to seek stakeholders' views on current and planned/possible future activities.

[View more details](#)

Inside the games reports (29 November 2018)

IOC presented with award for gender equality

The International Olympic Committee (IOC) received the Power, Together Award at the Women Leaders' Global Forum for its work in promoting gender balance in sport.

The IOC was presented with the accolade in Reykjavik, at an event co-hosted by Women Political Leaders and the Icelandic Government.

Olympic Agenda 2020 prioritises gender equality and women's involvement in sport, setting a target of 50 per cent female participation in the Olympic Games.

The IOC has been awarded for its work to achieve this target and its promotion of non-discrimination and greater participation by women in sport.

Gender balance was achieved at the 2018 Buenos Aires Youth Olympic Games, with the same expected at the 2020 Lausanne Youth Olympic Games.

It is also expected that 49 per cent of participants at Tokyo 2020 will be female, a record number for the full Olympic Games.

Away from the field of play, the IOC is also said to have worked to bring women into professional sporting roles, especially within its own organisation.

[View the full news item](#)

Inside the games reports (3 December 2018)

FIG approve creation of Gymnastics Violence Prevention Foundation in wake of Nassar abuse scandal

The Congress of the International Gymnastics Federation (FIG) has approved the creation of a Gymnastics Violence Prevention Foundation at its meeting in Azerbaijan's capital Baku, it has been reported.

The creation of such a body was first suggested by FIG President Morinari Watanabe in February of this year, following the USA Gymnastics scandal involving former team doctor Larry Nassar.

Last year the 55-year-old was found guilty of sexually abusing dozens of US gymnasts under the guise of medical treatment and is now serving up to 175 years in prison.

Hundreds of current and former gymnasts have since come forward as victims, while USA Gymnastics and the United States Olympic Committee have both faced criticism over what they knew and whether the abuse could have been prevented.

Following on from Watanabe's suggestion, a Gymnastics Ethics Foundation was reportedly approved by the Congress today.

[View the full news item](#)

Connect Sport in the UK reports (4 December 2018)

Sport for Development: UN calls for 'further co-ordination'

A resolution adopted by the United Nations in New York this week has emphasised the "need to strengthen and further co-ordinate efforts" around the role that sport and physical activity can play in supporting sustainable development objectives.

The resolution called upon UN Member States to further work on sport for development and

peace at all levels “including multi-stakeholder partnerships”, to promote policy coherence, and foster existing national policies and government-supported programmes which leverage sport as a tool for social or economic development.

[View the full news item](#)

Read the UN resolution - [Sport as an enabler of sustainable development \(26 November 2018, 7 pages\)](#)

The Telegraph, UK reports (5 December 2018)

'It's so much bigger than Afghanistan': National women's head coach says abuse of female footballers is widespread

The head coach of the Afghanistan Women's national team, Kelly Lindsey, has claimed that abuse of female footballers is widespread throughout the sport.

On Friday the Telegraph reported [allegations that sexual abuse took place at a week-long training camp](#) for the Afghan national team in Jordan last year.

Khalida Popal, the former head of women's football in the country, had submitted written reports to the Afghanistan Football Federation but was informed via phone that no action would be taken. She reported the abuse to the Asian Football Confederation (AFC) but they never responded.

Fifa have launched an investigation into the Afghanistan allegations, but Lindsey fears abuse is taking place across the women's game.

[View the full news item](#)

National Centre for Sport and Exercise Medicine - East Midlands (11 December 2018)

New European website on exercise guidelines for people with a spinal cord injury

A new website highlighting exercise guidelines for people with a spinal cord injury (SCI) has been launched by Loughborough academics in association with European partners.

Disabled people are twice as likely to be physically inactive than able-bodied people, therefore understanding the amount and type of activity they need to do to benefit their health is

important. The scientific guidelines were developed in 2017 by an international group of 29 researchers, clinicians, community organisations and people with spinal cord injury.

It is recommended that to improve fitness, adults with SCI should engage in at least 20 minutes of moderate to vigorous intensity aerobic exercise two times a week and three sets of moderate strengthening exercise for each major functional muscle groups two times per week. To improve cardiometabolic health, it is suggested they engage in at least 30 minutes of moderate to vigorous intensity aerobic exercise, three times per week.

Following on from the launch of the exercise guidelines in 2017 the new website www.sciguidelines.eu has resources in six European languages to aid in disseminating the information across Europe.

The guidelines have been translated into five languages, as well as English, to make them accessible to as many people across Europe as possible. They are available in English, German, Spanish, Italian, Dutch and Swedish.

[View the full news item](#)

Inside the games reports (11 December 2018)

First individual tickets available for 2019 FIFA Women's World Cup in exclusive Visa presale

Individual tickets for the FIFA 2019 Women's World Cup in France have been made available through a presale exclusive to Visa cardholders, it has been announced.

The Visa ticket presale was launched following the draw for next year's tournament, which took place in the French capital on Saturday (December 9) after the groups and subsequent fixtures for the competition were decided.

Visa cardholders have access to the exclusive presale until December 23 [[access the information here](#)].

[View the full news item](#)

Inside the games reports (12 December 2018)

Dancer named IPC Athlete of the Month for November

Ukraine's Olena Chynka has won the Allianz International Paralympic Committee (IPC) Athlete of the Month award for November.

The Ukrainian, who lost part of both legs in a train accident in 1998, has been given the award after a highly successful World Para Dance Sport European Championships at which she won five titles over three days.

Her victories in Lomianki in Poland saw her become the competition's most decorated dancer.

[View the full news item](#)

Beyond Sport reports (14 December 2018)

Centre For Sport & Human Rights chair calls for urgent & collective action

The third annual Sporting Chance Forum convened in Paris 12 -13 December, bringing together 250+ high-level delegates from around the world to work urgently and collaboratively to create a world of sport that fully respects human rights connecting to Monday's culmination the 70th anniversary of the [United Nation's Universal Declaration of Human Rights](#).

Representatives of affected groups, governments, sports bodies, trade unions, sponsors, NGOs, broadcasters, National Human Rights Institutions, and intergovernmental organisations gathered at UNESCO, the UN's lead agency for Physical Education and Sport.

Hosted by the new Centre for Sport and Human Rights in partnership with UNESCO and the Institute for Human Rights and Business (IHRB), this year's Forum covered a diversity of geographies and issues including child safeguarding, athletes' rights, worker safety, fan monitoring, media freedom and community wellbeing.

On the eve of the event, Mary Robinson, the first woman President of Ireland, former United Nations High Commissioner for Human Rights and Chair of the [Centre for Sport and Human Rights](#), penned an open letter calling for collective action using sport for the advancement of human rights. Read her statement below which originally appeared on the Centre's website:

"I am honoured to serve as Chair of the new Centre that was established earlier this year to harness the power of sport to promote human rights in the lives of millions, if not billions, of

people around the world and help ensure that all connected with sport respect human rights in their own activities.

The Sporting Chance Forum aims to leverage collective action to tackle some of the critical challenges facing the world of sport. Over recent years, the more than 40 organisations who make up the Centre's Advisory Council, representatives of which will be participating in the Forum, have taken important steps forward.

[View the full news item and Mary Robinson's full letter](#)

Beyond Sport reports (14 December 2018)

New all-female sailing expedition addresses microplastic epidemic

UK-based sailing organisation [eXXpedition](#) recently announced the launch of their new "Round the World" initiative, a pioneering ocean sailing expedition that will circumnavigate the globe to raise awareness and stimulate action to address the devastating environmental and health impacts of single-use plastics and toxics.

eXXpedition Round the World is an all-female sailing voyage and scientific research mission that will run from 2019-2021. Covering over 38,000 nautical miles and 30 voyage legs starting and ending in the United Kingdom, eXXpedition crews will explore plastics and toxics in our ocean.

Connected by a passion to protect our shared ocean, it will enable 300 women to go to sea as hands-on crew and experience firsthand the challenges we face from single-use plastics, while contributing to cutting-edge scientific research and solutions-based thinking. The organisers invite women from diverse multidisciplinary and cultural backgrounds to apply to take part – previous sailing experience is not a requirement.

[View the full news item](#)

***NOT** advertising this brand but added to illustrate that the commercial world is finally waking up to the demands of women and girls who play and enjoy sport.....*

Worldwide Women (December 2018)

Goal Five - first soccer apparel brand for women and girls

Despite more than 30 million females playing the game of soccer globally, there is no single brand solely dedicated to creating performance apparel and lifestyle clothing that celebrates this community. Today, female soccer players have little choice. Their soccer apparel is made by large companies who see them as a "women's line." The result is soccer apparel that doesn't fit well and does not truly express the essence, strength, and beauty of women's soccer.

[View more information](#)

Publications of interest.....

Incentives and physical activity: An assessment of the association between Vitality's Active Rewards with Apple Watch benefit and sustained physical activity improvements. Rand, [November] 2018 (64 pages)

Discovery commissioned RAND Europe to conduct an independent assessment on whether the Vitality Active Rewards with Apple Watch benefit is associated with increased physical activity levels for Vitality members that take up the benefit, compared to those individuals that

only participate in the Vitality Active Rewards programme. The study also examined whether these associations persist over time.

The findings of this study suggest that incentivising physical activity to tackle inactivity and a sedentary lifestyle can lead to better activity levels. When more unhealthy individuals take up an incentive of this kind, the results can lead on average to a more pronounced behaviour change than we see in already relatively more active and healthy individuals. This is important when designing health promotion programmes.

[Download a copy](#)

Anita White Foundation, University of Chichester, UK - Newsletter, December 2018 Season's greetings from the Anita White Foundation

We cannot believe the end of another year is already upon us! Our final newsletter of 2018 includes reports from the 2018 Women's Sport Leadership Academy (WSLA), WSLA Botswana and our significant presence at the International Working Group on Women and Sport (IWG) 7th World Conference. With the help of our donors, we supported women leaders to attend each event and their stories guide this newsletter.

[View the newsletter](#)

Journal of Physical Activity and Health: The Official Journal of the International Society for Physical Activity and Health. Volume 15, Issue 12, December 2018

Editor - the abstracts from the articles in this current edition to be placed on their website are now available.

[View the abstracts](#)

Specific countries

AUSTRALIA

Canberra Times (7 December 2018)

ACT govt change-room overhaul scraps urinals to make female friendly

The ACT government will retrofit sporting change rooms and get rid of urinals, including at Canberra Stadium, as part of an initiative to make all grounds more female friendly.

The government has also started a process to safeguard spectators at Canberra Stadium, calling for tenders from private contractors to install "intrusion" barriers as an anti-terrorism measure.

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The government has also opened a grant process for female-friendly sports infrastructure after it was revealed some of [Canberra's women's teams were being forced to get changed on the sideline instead of in rooms.](#)

The changes at Canberra Stadium will likely include a privacy screen at the entry to the change rooms, more toilet cubicles instead of urinals and lockable showers.

The government has spoken to the Canberra Raiders, ACT Brumbies and Canberra United about the looming changes, but the designs are yet to be finalised.

"Works are currently being planned to upgrade the player and match official change rooms in line with the ACT government's female-friendly guidelines," a government spokeswoman said.

"These guidelines form another part of an election commitment to increase women's participation in sport.

.....
[View the full news item](#)

The Women's Games (7 December 2018)

Coaching crisis: 'We've got some work to do...'

Football Federation Australia admit there is a massive shortfall of women training to be coaches – and it's the next big challenge for the women's game.

Last month a tweet by the FFA's @FFA_Coaching account highlighted just how male dominated the area was with the entire 2018 class of FFA/AFC A-Licence coaches all being men.

In the W-League just two head coaches are women and NPL clubs struggle to have any women at all in charge.

Internationally, a woman only took charge of a senior UK men's team for the first time in 2014 when former player Shelley Kerr took the reins at Lowland League side Stirling University before returning to women's football as Scotland coach three years later.

Now the FFA want to reverse the trend in Australia but admit there are a series of social and structural problems to overcome to make it happen, FFA head of women's sport Emma Highwood told the new FTBL Podcast

.....
[View the full news item](#)

Amazing mother and daughter elite performers recognised with awards.....

Australian Olympic Committee (14 December 2018)

Olympians celebrated at AIS Sport Awards

Olympians have taken out major honours for their incredible 2018 performances, winning recognition at the AIS Sport Performance Awards.

The 400-strong crowd celebrated elite performances from across the sporting spectrum, with a focus on Tokyo 2020 a common theme from summer athletes.

Jessica Fox was named Female Athlete of the Year for her dominant 2018, in which she won both the K1 and C1 gold at the Canoe Slalom World Championships.

"It's a massive honour and I'm just truly grateful," Fox said.

"I'm so thankful to AIS, Sport Australia and everyone who's been supporting me from my beginnings as a 12-year old to my most successful year ever. It's been an amazing year and it was great to be in that room and celebrate with so many awesome Australian athletes."

In a phenomenal family win, mum Myriam Fox took out Coach of the Year. A former world champion and Olympic bronze medallist for France, Myriam has excelled as coach of Australia's women's canoe slalom program.

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[View the full news item](#)

BAHRAIN

Inside the games reports (6 December 2018)

Bahrain Olympic Committee celebrates country's Women's Day

The Bahrain Olympic Committee (BOC) has joined other Government and private sectors parties in celebrating the country's Women's Day.

A special gathering, held at the BOC premises in Seef and attended by the body's female staff, was in recognition of Bahraini women's efforts in all areas.

The patron of the event was Shaikha Hayat bint Abdulaziz Al Khalifa, a member of Bahrain's Supreme Council for Youth and Sports and the BOC, and who is chair of the Bahrain Women's Sports Committee.

Shaikha Hayat paid tribute to women for the crucial role they have played for more than 50 years.

[View the full news item](#)

BRAZIL

Inside the games reports (5 December 2018)

Brazilian Olympic Committee implements Policy on Fight Against and Prevention of Moral and Sexual Harassment

The Brazilian Olympic Committee (COB) has launched its Policy on the Fight Against and Prevention of Moral and Sexual Harassment, which will apply to all levels of national sport.

Thereby, the COB says it is reaffirming its commitment to a healthy environment in sport and is making available to athletes an open channel for reporting cases of moral and sexual abuse.

The Policy will also be enforceable by members of the Brazilian delegations to international competitions as well as all staff and members of COB management levels, service providers and volunteers.

Breaches of the Policy will be subject to penalties ranging from fines to bans from Olympic sport.

[View the full news item](#)

CANADA

Daily Hive (21 November 2018)

Canadian woman becomes first-ever female coach and GM of a men's pro basketball team

Chantal Vallee has made basketball history, becoming the first woman ever to be named both head coach and general manager of a men's pro team.

The Montreal native will lead the Hamilton Honey Badgers of the CEBL, a new pro basketball league which makes its debut this spring. The league is beginning play with teams in six Canadian cities, including Hamilton, Edmonton, Niagara, Saskatoon, Guelph, and Abbotsford.

[View the full news item](#)

CROATIA

The national representative Constanza Lizačić, MA sent in the following news item this month....

Croatian Olympic Committee (21 November 2018)

The conference "Good Governance and Gender Equality in Sport" - held 20 November 2018

The conference entitled "Good governance and gender equality in sport" was one of many activities recently organised by the Croatian Olympic Committee to promote gender equality in

sport and improve good governance. This time, the conference was organised for international representatives of organisations active in the field of science, education and sport with the emphasis on the future of sport. The conference was held on 20 November 2018 in Zagreb, Croatia.

The conference was organised within the GETZ project (Gender Equality Toolkit for generation Z) that is a collaborative partnership – funded by the European Union Erasmus+ Sport programme – consisting of seven organisations: four universities (UK, Norway, Netherlands and Belgium), and three sport organisations (Croatia, Slovenia and Sweden).

[View the full details](#)

IRELAND

Inside the games reports (12 December 2018)

Australian hockey Olympian Heberle to have full-time role as Ireland's Chef de Mission at Tokyo 2020

Former Australian Olympic hockey player Patricia Heberle has been named as the as Ireland's Chef de Mission for the European Games 2019 in Minsk and the 2020 Olympic Games in Tokyo.

For Heberle, who has been working since 2017 for the Olympic Federation of Ireland (OFI) as its high performance lead, this will be a professional, stand-alone role.

Previously the role of Chef de Mission was recruited internally or on a voluntary basis.

The appointment was made public as the OFI revealed a new partnership agreement with Sport Ireland Institute for the period 2018 to 2022.

[View the full news item](#)

NORWAY

Inside the games reports (11 December 2018)

Berg appointed secretary general at Norwegian Ski Association

The Norwegian Ski Association (NSA) has named Ingvild Bretten Berg as its new secretary general, the body has announced.

The 45-year-old has previously worked as organisational manager and assistant secretary general and replaces Stein Opsal, who retired from the role in October.

Berg has been serving as interim secretary general since.

[View the full news item](#)

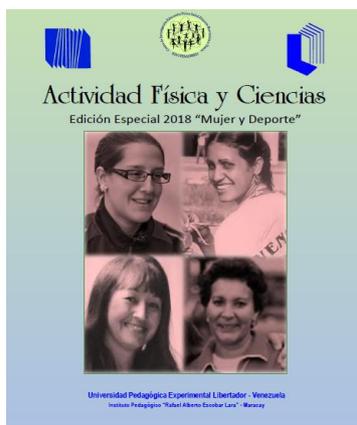
SPAIN

Publication on Women and Sport in Spanish

The electronic journal *Actividad Física y Ciencias* recently published a special edition on Women and Sport. All the papers are written in Spanish, it is mostly based on research from the Venezuelan context. It is the first edition dedicated to women and sport of any academic journal in the country. You can have a view to this publication in the following link:

<http://revistas.upel.edu.ve/index.php/actividadfisicayciencias/issue/view/610>

There will be a second edition dedicated to Women and Sport, in Spanish. We are looking forward to include refereed papers that will be presented at the 70th anniversary of IAPESGW in Madrid 2019.



In Spanish....

La revista electrónica *Actividad Física y Ciencias* publicó recientemente una edición especial acerca de Mujer y Deporte. Todos los trabajos son en español y los artículos en su mayoría se refieren a investigaciones en el contexto venezolano. Esta es la primera edición de revista alguna dedicada al tema mujer y deporte, en el país. Puede leer la publicación en la siguiente dirección electrónica

<http://revistas.upel.edu.ve/index.php/actividadfisicayciencias/issue/view/610>

Se va a realizar una segunda edición del tema Mujer y Deporte en español. Esperamos incluir artículos arbitrados que sean presentados en el congreso del 70º aniversario de IAPESGW en Madrid 2019.

UK

England and Wales Cricket Board (26 November 2018) ICC bids for women's cricket in Commonwealth Games

The ICC has, in partnership with ECB, submitted a bid for the inclusion of T20 women's cricket in the 2022 Birmingham Commonwealth Games.

The International Cricket Council (ICC) today confirmed it has submitted a bid for the inclusion of T20 women's cricket into the Commonwealth Games in Birmingham 2022.

The bid, which has been made in partnership with the England and Wales Cricket Board (ECB), will see one of the world's fastest growing women's team sports apply to become part of the Commonwealth Games family.

.....
[View the full news item](#)

British Cycling (28 November 2018) Workgroup sets out steps to improve women's racing opportunities

Following the announcement that British Cycling is on track to inspire one million more women to cycle by 2020, the governing body has revealed a number of new measures designed to improve competitive road cycling for women, recommended by riders themselves.

The organisation set the ambitious target of inspiring one million more women to cycle in 2013, and the latest update – which revealed that 831,638 female riders had taken up cycling – shows that the aim is now well within reach.

Providing enhanced recreational and competitive opportunities for existing cyclists and those women new to the sport is now a key aim, and the desire to give women who wish to race on the road – at whatever level – an appropriate competitive environment has inspired the creation of British Cycling’s Women’s Road Racing Workgroup.

[View the full news item](#)

Youth Sport Trust (29 November 2018)

Confidence crisis in primary girls stopping them from getting active

Data released today by children’s charity the Youth Sport Trust (YST) shows a confidence crisis in girls is stopping them from getting active from as young as the age of seven. The research involved 5,454 boys and girls aged 7 to 11-years-old across England. It shows that even in primary school, almost twice as many girls as boys report that a lack of confidence stops them being active in school.

The YST survey aims to identify the barriers that prevent primary-aged children from being more active. It builds on the charity’s 2017 Girls Active survey which looked at secondary aged girls’ attitudes towards PE and physical activity and the challenges they face in getting active.

Top five reasons primary-aged children say they don’t enjoy physical activity:

- I don’t like getting hot and sweaty (Boys 18%, Girls 23%)
- I am not confident (Boys 13%, Girls 21%)
- I am not good at it (Boys 14%, Girls 20%)
- I can’t keep up with my friends (Boys 15%, Girls 18%)
- I worry about trying new activities (Boys 12%, Girls 18%)

[View the full news item](#)

The report.....

Stepping up for change: Summary interim research report. Youth Sport Trust, November 2018 (9 pages)

This report summarises responses to the Girls Active Stepping Up for Change survey that girls and boys aged 7 to 11-years-old completed in the 2017-18 academic year. Overall, 5,454 responses were received across 122 schools (4,430 girls and 1,024 boys).

This action research follows the Girls Active secondary school research released in 2017.

[Download a copy](#)

The Football Association (3 December 2018)

England to stage the UEFA Women's Euro 2021 finals

England will stage the UEFA Women’s Euro 2021 finals after being confirmed as hosts by the UEFA Executive Committee on Monday [3 December].

The prestigious continental championship will be played at eight venues across the country before concluding with a showpiece final at Wembley Stadium.

With [a strong bid to bring the tournament back to this country for the first time since 2005](#), no other countries went up against the Football Association’s entry. It means England will qualify automatically for the 16-team finals as hosts.

The FA's decision to bid was part of its ['Gameplan for Growth' strategy](#) to grow the women's game, and followed the successful Euro 2017 campaign in the Netherlands which saw [the Lionesses reach the semi-finals](#), generating a record peak audience of four million TV viewers in the UK.

[View the full news item](#)

Sport England (6 December 2018)

More than 40% of children and young people lead active lives - World-leading survey reveals insight into activity levels of children and young people in England

More than 40% of children in England do an average of more than 60 minutes of physical activity a day, a first-of-its-kind survey has found.

Our Active Lives Children and Young People Survey shows that around 3 million children (43.3%) lead active lives, however of that group, only 1.2 million (17.5%) are meeting the Chief Medical Officer's guidelines of more than 60 minutes of activity a day, every day of the week.

[The survey](#) is the largest ever of its kind and gives comprehensive insight into how children in England are taking part in sport and physical activity, both in and out of school.

Figures also show that more than 2.3 million children and young people (32.9%) are less active, meaning they do fewer than 30 minutes of physical activity a day.

[View the full news item](#)

The statistical output....

Active Lives Children And Young People Survey: Academic Year 2017/18. Sport England , December 2018 (34 pages)

To maximise the value and usefulness of the findings, we have presented the overall levels of activity both at and outside school, and summarised the picture of engagement by key demographics, as well as the types of activity being undertaken. With a sample of over 130,000, we have been able to present data down to local authority level. This data can be accessed using the links embedded in each page to take you to the data tables which sit behind the headlines within this report.

For the first release of Active Lives Children and Young People, we have taken the decision to release the data in two parts. This first report focuses specifically on behaviours. **The second report (to be published in March 2019)** will focus on the attitudes of children and young people towards sport and physical activity, seeking to better understand the impact of confidence, motivation and perceived physical competence upon behaviours and activity levels.

[Download a copy](#)

England Golf (10 December 2018)

New counties announced for Girls Golf Rocks in 2019

Girls Golf Rocks will be back for 2019 – with great plans to involve even more girls and spread the recruitment programme further across the country.

For 2019, another five counties will join the successful programme: Cornwall, Hampshire, Lancashire, Lincolnshire and Worcestershire.

In total 26 counties will be running Girls Golf Rocks next year. The others are Berkshire, Bedfordshire, Buckinghamshire, Cumbria, Cheshire, Durham, Dorset, Essex, Gloucestershire, Kent, Leicestershire, Norfolk, Northumberland, Nottinghamshire, Oxfordshire, Staffordshire, Surrey, Sussex, Warwickshire, Wiltshire and Yorkshire.

Clubs in these counties will offer free taster sessions, starting in May, followed by coaching courses with PGA professionals. Club and county girl players will again be trained as ambassadors to inspire the new girls coming into the game.

[View the full news item](#)

Inside the games reports (11 December 2018)

Varnish tells employment tribunal that British Cycling had "extreme control"

Former British cyclist Jess Varnish, who is suing British Cycling for wrongful dismissal and sexual discrimination, has told an employment tribunal that the organisation had "extreme control" over her that was similar to that of an employer.

Varnish appeared at the Manchester Employment Tribunal today to begin her battle against British Cycling for wrongful dismissal and sexual discrimination.

She must first prove to the tribunal that she was an employee of both British Cycling and UK Sport before she can sue the under-fire national governing body.

Varnish began legal proceedings after she was dropped from the Olympic programme in 2016, with the cyclist claiming that it was due to her criticism of her coaches after she failed to qualify for Rio 2016.

She also claimed that British Cycling's technical director at the time, Shane Sutton, told her to "go and have a baby."

An internal investigation found that Sutton, who had resigned shortly after the incident, had used sexist language, but was not guilty of bullying.

[View the full news item](#)

Women in Sport - News, December 2018 - [available to view](#)

Sport Northern Ireland - Active, Fit & Sporty Update, December 2018

Female Sports Forum

Three key aspects of the Female Sports Forum's strategy for Active, Fit & Sporty involve, providing opportunities for the development of leadership skills, increasing the visibility of female successes through social media platforms and inspiring role models. The Female Sports Forum Leadership Development Programme has had its second of five gatherings which is ran in partnership with Podium Leadership. The attendees are female representatives from Governing Bodies of sporting organisations in Northern Ireland. Applications have closed for our Sports Leaders UK Level 2 course running in late January, in which there 25 females have been chosen.

The Female Sports Forum have been continuing their 'Active Female Competition' which highlights the special contribution individuals have made to female sport in Northern Ireland. This involves open nominations, from which three females are shortlisted, and the public vote for their active female of the month through Facebook, Twitter and Instagram. The most recent nominees were Sorcha MacLaimhim, a rugby player, coach and volunteer, June McMinn, a triathlon athlete and Ironman Barcelona winner, and Grace Chambers who at the age of 90

ran her 50th park run. The winner with the highest collective vote across social media was Sorcha MacLaimhim.

Youth Sport Trust

Seventy-Two girls from 12 secondary schools attended the recent Girls Active Inspiration Day held at Craigavon Leisure Centre. The girls were identified and recruited by their school to act as leaders in their school to form a GLAM (Girls Leadership and Marketing) group. The girls took part in a range of workshops focusing on leadership, marketing and action planning to inspire them and better prepare them to take on a leadership role within their school. The girls also took part in team building exercises and had the opportunity to take part in either a dance, boxercise or ultimate frisbee session on the day which was delivered by the Everybody Active 2020 coaches.

19 Head Teachers and PE staff received training on the Youth Sport Trust programme 'My Personal Best'. This workshop supported and challenged teachers to consider how they can take a life skills approach to teaching PE so that all young people can develop the confidence, competence and motivation to be active for life.

Head Teachers also took part in a session exploring the potential to set up a Head Teachers Ambassador network in Northern Ireland. Discussions were very positive and a follow up meeting has been arranged in January to be hosted by Killicomaine Junior High School.

The girls will now go back to their schools and actively work with their teachers to review existing provision for girls, and come up with ways to engage and encourage more girls to become more physically active throughout the school day including the setup of breakfast, lunch time and after school clubs.

Sported NI

Sported have continued to use their Engage Her programme to develop sports clubs across Northern Ireland into organisations who understand how to engage best with women and girls through tailored training and operational support. In order to impact women and girls at all levels, in 2018/19, 14 groups and 2 Governing Bodies of sport are taking part in the programme. 30 x 1:1 support sessions have been delivered to the groups and governing bodies from September to December 2018 with further sessions to follow in January to March 2019. 14 volunteers have been trained to deliver this support and are using a newly developed volunteer handbook resource pack which has equipped volunteers to effectively support the clubs involved. All 14 groups and 2 governing bodies are working towards developing engagement plans for women and girls to embed their learning into their ongoing work.

Disability Sport NI

Disability Sport NI has continued their work specifically focusing upon the development of sporting and physical activity opportunities for women & girls with disabilities. During this period The Active Recreation Officer, has been delivering sessions in partnership with a range of community groups from across the whole of Northern Ireland, with the majority of sessions taking place between September & December 2018. Alongside the FitHer stand of the project, Disability Sport NI has continued to deliver the MySportMyStory workshop to mainstream school pupils from across Northern Ireland. The pupils are hugely engaged with the workshop, particularly taking on board the messages from two Athletes who participate in the sports of Wheelchair Basketball and Boccia. The Athletes have shared their stories and experiences with pupils, highlighting how being involved in sport and physical activity has been important in their lives and the impact it has had upon them as individuals.

The Partnership strand of the project has progressed further over recent months, with pupils from five mainstream schools undertaking Disability Inclusion Training ahead of the partnership sport sessions. These sessions are due to take place after the Christmas Holiday period. The feedback from this training has been extremely positive and encouraging, with school staff and pupils alike looking forward to the sessions beginning in the New Year. Helping to facilitate the attendance of spectators with disabilities to female sporting events is a final strand within the project which DSNI has worked on in recent months. One example of this work has been engaging with spectators, encouraging them to attend Netball NI's U21 Home Nations Event which was hosted in Antrim Forum during early October. This experience was a first for the majority of spectators, with many never having had the opportunity to attend an international Netball event before.

Amy Smyth
Sport Northern Ireland

USA

Inside the games reports (13 December 2018)

Senator calls for FBI investigation into USOC and USA Gymnastics for "massive cover-up" of Nassar abuse

Senator Richard Blumenthal has called on the Federal Bureau of Investigation (FBI) to investigate the United States Olympic Committee (USOC) and USA Gymnastics after an independent report accused the two bodies of facilitating Larry Nassar's sexual abuse.

According to the New York Times, Blumenthal, one of the the leaders in Congress's examination of the sexual abuse issue in Olympic sports in the US, wants the FBI to look into "their role in this massive cover-up".

A damning independent report published earlier this week by law firm Ropes & Gray claimed the USOC and USA Gymnastics had facilitated Nassar's abuse of hundreds of athletes and had failed to act when the allegations against the disgraced doctor emerged.

The report accused USOC chief executive Scott Blackmun and chief of sport performance Alan Ashley of being aware of the accusations over a year before they became public.

[View the full news item](#)

[Child Obes.](#) 2018 Dec 1. doi: 10.1089/chi.2018.0165. [Epub ahead of print] Exposure to Neighborhood Crime Is Associated with Lower Levels of Physical Activity and Higher Obesity Risk among Adolescent Girls, but Not Boys. [Chaparro MP1](#), [Bilfield A1](#), [Theall KP1](#).

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Abstract

Background: Neighborhood safety has been linked to physical activity and obesity among adolescents, but few studies have used objective measures of crime or examined associations by gender. The goal of this study was to investigate if exposure to objectively measured

neighborhood crime was associated with physical activity and overweight/obesity among adolescents, and if this association varied by gender.

Methods: Georeferenced data from the National Health and Nutrition Examination Survey (NHANES) 1999-2006 were linked to census tract-level data on crime reports from the Federal Bureau of Investigation, focusing on a sample of adolescents 12-20 years of age (n = 15,261). Our outcome variables were engaging in moderate-to-vigorous physical activity in the previous week and overweight/obesity status, defined as ≥ 85 th percentile in the CDC's age- and sex-specific BMI-for-age growth charts (based on measured weight and height). Our exposure variable was neighborhood-level violent crime risk, categorized as low vs. high. Gender-stratified three-level multilevel logistic regression models were fitted adjusting for individual, family, and neighborhood-level demographic and socioeconomic variables and adolescents' diet quality.

Results: In fully adjusted models, girls exposed to high crime neighborhoods had 26% lower odds of engaging in moderate-to-vigorous physical activity during the previous week [odds ratio (OR) = 0.74, confidence interval (95% CI) = 0.59-0.92] and 27% higher odds of being overweight/obese (OR = 1.27, 95% CI = 1.02-1.58), compared with adolescent girls exposed to low crime neighborhoods. No significant associations were found between exposure to neighborhood crime and physical activity and overweight/obesity among boys.

Conclusion: Prevention efforts focused on encouraging adolescents to be physically active need to account for gender-specific barriers to exercise outdoors.

[Source of information](#)
