



IAPESGW International Update, August 2019: News and resources from around the world

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This book is dedicated to the people and achievements of all those who have contributed to the International Association of Physical Education and Sport for Girls and Women over the last 70 years. It was prepared for the occasion of the 70th anniversary conference in Madrid, 10th – 13th July 2019.

Part one of 'Continuing to Honour the Legacy of IAPESGW 1999 - 2019' provides the core text of the many people, events, activities and outcomes of the Associations of the last twenty years. It continues from the 1999 book by Ann Hall and Gertrud Pfister 'Honoring the Legacy - the first fifty years, 1949 – 1999' that was produced for the 50th Anniversary celebrations at Smith College, USA. Part one is complemented by part two - a photographic chronology of IAPESGW events and people 1999 – 2019.

I am grateful to my friends and colleagues who have helped to provide material for this book. This book celebrates the last twenty years of 70 years voluntary work by IAPESGW colleagues around the world.

By Tansin Benn (UK)

Honorary Life Member

President 2009 – 2013

Executive Board member 2005 – 2017

[Please now view the 151-page document on our website \(Part 1 - text\)](#)

Also [View Part 2 - History in images](#)

August Editorial

Wishing everyone a happy Autumn or Spring break at this time of the year!

It is a nice time to be outside enjoying the change of seasons but there is also lots of good TV watching with the USA Tennis Open into its second week and many national sport leagues reaching finals – end of season stage. Good luck if you are involved in finals!

Firstly, I want to highlight ***Continuing to Honour the Legacy – IAPESGW 1999-2019*** by Tansin Benn which is available on our website. This book highlights the last 20 years of the 70 years of voluntary and dedicated work by IAPESGW around the world. Thanks you so much to Tansin for her wonderful efforts to produce this publication and to our many colleagues and friends who helped her.

Secondly, enjoy reading this August Update which features many announcements, starting with UNESCO and Inside the Games reports on:

- Caster Semenya
- Women's Nordic skiing
- FIFA Women's World Cup expands to 32 teams
- More women medal events (135-133) at the Birmingham Commonwealth Games in 2022
- World Rugby announces neutral gender naming for its World Cups

We cover lots more, plus publications and country news from Australia (lots), Canada, Czech Republic, Iran (will now allow women to watch a World Cup qualifier this October), New Zealand, Philippines, and lots of news from the UK (including a toolkit for doctors to encourage physical activity) and the USA.

Enjoy reading the August *International Update* and be active too!

Janice Crosswhite OAM

Communications Director

International

Event....

UNESCO (16 August 2019)

Enabling Sustainable Development through Sport: UNESCO's Funshop on Sport and the SDGs

Seventy youth activists from across Asia-Pacific who are using sport for positive social transformations in their countries will converge in Seoul, Republic of Korea, for the 2019 **Funshop on Sport and the SDGs, lasting from 5 to 8 September**. Supported by Lee Seung-Yuop Baseball Foundation, the 2019 Funshop will demonstrate what it means for sport to be "an important enabler of sustainable development." Through structured exchanges that will draw on their own experiences, as well as capacity-building modules delivered by experienced facilitators, the youth will gain a deeper understanding of the role that sport can play in achieving specific SDG targets.

UNESCO's [Youth and Sport Task Force](#) has selected the youth participants, determined the agenda, and will lead the delivery of the Funshop, following UNESCO's commitment to promote actions that are "by youth, with youth, for youth." The Task Force, established during the 2017 Funshop (Manila, the Philippines) unites creative, passionate and innovative young leaders across Asia and the Pacific who use sport as a tool for positive social change in their communities.

The discussions and activities during the Seoul Funshop will focus on the contribution that sport can make towards the following objectives:

- Supporting meaningful youth empowerment,
- Promoting health and fighting non-communicable diseases (NCDs),
- **Driving social inclusion and gender equality,**
- Raising awareness and spreading the message about climate change, and
- Preventing violent extremism (PVE).

The youth activists participating in the Seoul Funshop are expected to join the Youth and Sport Task Force, bringing its membership to over 70 youth representing 25 Asia-Pacific countries.

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[View the full news item](#)
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Inside the games reports (30 July 2019)

South African star Semenya set to miss IAAF World Championships after court ruling

Double Olympic champion Caster Semenya is set to miss the upcoming International Association of Athletics Federations (IAAF) World Championships in Qatar's capital Doha.

The South African will not defend her 800 metres title after the Swiss Supreme Court reversed a ruling which suspended a regulation imposed by the IAAF regarding testosterone levels, pending an appeal from Semenya.

The 28-year-old is appealing a ruling by the Court of Arbitration for Sport (CAS) which supports the IAAF regulation that athletes with differences in sexual development (DSD) who wish to compete in events ranging from 400m and a mile must take medication in order to reduce their testosterone levels.

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[View the full news item](#)

Inside the games reports (31 July 2019)

Former junior world champion shows support for development of women's Nordic combined

Former junior world champion Arttu Mäkiaho of Finland has expressed his backing for the growth of women's Nordic combined, claiming it is "really important" for the sport.

The upcoming International Ski Federation (FIS) Nordic Combined Summer Grand Prix, due to begin in the German town of Oberwiesenthal on August 24, will feature new venues and a mixed team event for men and women.

It will come hot on the heels of the announcement that a Nordic Combined World Cup for women will be held for the first time in the 2020-2021 season after its creation was approved at the recent FIS Calendar Conference in Cavtat-Dubrovnik in Croatia.

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[View the full news item](#)

Inside the games reports (1 August 2019)

FIFA Council unanimously approves Women's World Cup expansion to 32 teams from 2023

The FIFA Council have unanimously voted to expand the Women's World Cup from 24 to 32 teams, starting from the next edition of the tournament in 2023.

FIFA were expected to make a decision on the next host of their leading international women's football tournament in March 2020 and for the bidders to submit their plans by October 4 this year.

The deadline for submission has been pushed back to December, however, to give nations time to adapt to FIFA's decision, while the final announcement on the 2023 hosts is now due to be made in May 2020.

Nine bids have currently been confirmed - from Argentina, Australia, Bolivia, Brazil, Colombia, Japan, New Zealand, South Africa, and a joint bid from North and South Korea.

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[View the full news item](#)

Yahoo Sport Australia reports (7 August 2019)

The 'worrying downward trend' in female sporting rich list

Concerns have been raised about the state of women's sport in the wake of Forbes magazine's list of the highest earning female stars.

American tennis superstar Serena Williams again came in first on the list of the highest paid women in sports for the fourth straight year.

The business publication calculated that the 23-time Grand Slam singles champion earned \$29.2 million in the 12-month period ending June 1 -- with just \$4.2 million of that coming from prize money.

Japan's Naomi Osaka, who burst to international stardom with a stunning upset of Williams in the 2018 US Open final and went on to win the Australian Open in January, became just the fourth woman to earn more than \$20 million in a year -- after Williams and tennis stars Maria Sharapova and Li Na.

Forbes pegged Osaka's earnings at \$24.3 million, putting her second on a list dominated by tennis players.

However, Osaka's yearly earnings - while undoubtedly impressive - do not even gain her a place inside the top 100 combined male and female list.

Williams is the only female to make the male-dominated list of highest earning athletes in the world.

[View the full news item](#)

The Guardian - Sport (11 August 2019)

Referee Stéphanie Frappart: 'Girls see me on TV and know it's possible'

The official is regarded as one of France's very best and will take charge of Liverpool v Chelsea in Istanbul on Wednesday.

Referees tend not to be clapped on to the pitch, let alone greeted with purpose-made banners, but supporters of Amiens decided to make an exception before their match against Strasbourg

in April. It was a historic occasion, the first top-flight men's match in France to be refereed by a woman, Stéphanie Frappart. "Welcome to the Stade de la Licorne, Madame Frappart," read a banner held aloft by home fans. "Long live women in football!"

Maybe Liverpool and Chelsea fans are planning a similar display for when [Frappart breaks new ground by taking charge of their European Super Cup final in Istanbul on Wednesday](#).

That will be the first time a major European men's final has been presided over by female officials, with Frappart assisted by her French compatriot Manuela Nicolosi and Ireland's Michelle O'Neill. The trio have worked together at bigger matches – they were in charge of this year's Women's World Cup final – but there is no doubt they will be under singular focus at Vodafone Park on Wednesday.

[View the full news item](#)

University of Wolverhampton (14 August 2019)

Sports says changes still needed in wake of Women's World Cup

An internationally-renowned sports historian has highlighted changes that still need to be made in the wake of the Women's World Cup.

Professor Jean Williams, Professor of Sport at the University of Wolverhampton, has spoken about the evolution of women's sports, and how individuals, companies and organisations are moving the ball forward today — levelling the playing field for girls and women to increase participation.

Professor Williams made her comments in an article by Los Angeles producer, director and writer Nancy Kapitanoff, which was published this week in [Real Leaders](#), a US based business leadership magazine.

Nancy said: "I contacted Professor Williams because she's an expert in women's sports history. In our conversation, she was not shy about identifying the barriers to full participation that women athletes face today, and the changes needed in the structures that govern women's sports. She is a real leader in her field."

In the interview, Professor Williams highlighted how governing bodies are still out of touch with the commercial potential of the sport.

[View the full news item](#)

Inside the games reports (14 August 2019)

Historic inclusion of more women's medal events than men's at Birmingham 2022 not planned, claim CGF

The inclusion of more women's medal events than men's at the 2022 Commonwealth Games happened by accident and was not a focus in selecting sports for the event, according to Commonwealth Games Federation (CGF) President Dame Louise Martin.

Women's cricket, beach volleyball and Para table tennis were yesterday announced as events for the 2022 Games in Birmingham, where there will be 135 medal events for women, and 133 for men.

After the 2018 Games in Gold Coast were the first to have the same number of men's and women's medals at a major multi-sport event, Birmingham 2022 will be the first to have more medals on offer for female athletes.

Dame Louise claimed that the CGF only became aware of this in the final days before the announcement of the event programme at Birmingham 2022, and although it was something she had previously considered, it came into reality purely by chance.

[View the full news item](#)

And...

Inside the games reports (15 August 2019)

Women's cricket at 2022 Commonwealth Games is part of "journey" to potential Olympic status, claims ICC chief executive

The chief executive of the International Cricket Council (ICC) has claimed women's Twenty20 being included at the 2022 Commonwealth Games is part of a "journey" towards potentially featuring at a future Olympics.

Women's T20 cricket was officially confirmed on Tuesday (August 13) as a medal event at Birmingham 2022, where it will make its Commonwealth Games debut, with matches played at Edgbaston, which recently hosted the first 2019 Ashes Test.

ICC chief executive Manu Sawhney claimed they are not simply looking at Birmingham 2022 as a one-off event, and they are seeking inclusion at other multi-sport events, including the Olympics.

"It is a historic moment for the sport and gives us another opportunity to showcase women's cricket on a global platform and truly inspire the next generation," he told insidethegames.

"We are delighted the sport has been included and the level of support from all areas of the cricket community.

"We are looking at a multi-sport game strategy and the inclusion of T20 in that is integral, we definitely see it as part of the journey, whether that is the Olympics or the Asian Games, we are looking at the options available to showcase the sport as wide as we can.

[View the full news item](#)

World Rugby (21 August 2019)

World Rugby announces gender neutral naming for Rugby World Cup tournaments

World Rugby has announced that its flagship 15s and sevens Rugby World Cup properties will no longer include gender in their titles.

World Rugby has announced that its flagship 15s and sevens Rugby World Cup properties will no longer include gender in their titles, furthering its commitment to equality and brand consistency across its portfolio.

In a first for a major sporting federation, the women's designation will be dropped from Women's Rugby World Cup 2021 in New Zealand which will now be named Rugby World Cup 2021, starting the global roll out.

The ground-breaking move will ensure that the competitions have equal billing from a brand perspective, regardless of whether the events feature men or women. The purpose is to elevate the profile of the women's game, while eliminating any inherent or perceived bias towards men's only competitions and tournaments, which traditionally haven't specified gender.

The decision to adopt a consistent approach to the naming of these events and tournaments was based on a recommendation brought before Council by the Rugby World Cup Limited (RWCL) Board. It is underpinned by World Rugby's key strategic priority to advance gender balance at all levels of rugby under its ambitious global action plan, *Accelerating the global development of women in rugby 2017-25*.

[VIEW WOMEN'S DEVELOPMENT PLAN >>](#)

[View the full news item](#)

World Rugby (28 August 2019)

Angela Ruggiero appointed independent member on World Rugby's Executive Committee

World Rugby has announced the appointment of Olympic gold medallist, former International Olympic Committee (IOC) Executive Board Member, and CEO of Sports Innovation Lab's Angela Ruggiero as an independent member on its Executive Committee.

As a leading figure in the sports world Ruggiero will bring a wealth of knowledge of athlete, governance, fan-engagement and business experience to the committee at a time when the sport is driving forward its global growth mission and importantly, to be relevant, attractive and inspiring to the next generation of participants and fans.

[View the full news item](#)

Inside the games reports (29 August 2019)

First-ever all-female umpiring panel to feature at ICC Women's T20 World Cup Qualifier

The upcoming International Cricket Council (ICC) Women's T20 World Cup Qualifier is set to make history, with an all-female umpiring panel to officiate in Scotland.

Australia's Claire Polosak and Eloise Sheridan are among the appointments for the event, taking place from Saturday (August 31) to September 7.

It marks another milestone for the pair, who together formed the first female umpiring duo to officiate a professional fixture on Australian soil, in December 2018 in the Women's Big Bash League.

Polosak also became the first woman to umpire a men's one-day international earlier this year, in Namibia, and was the first woman to officiate in a men's domestic match in Australia, in 2017.

[View the full news item](#)

[BMJ talk medicine](#) on SoundCloud

"Only by speaking out can we create lasting change" - Preventing harassment and abuse in sport: Professor Margo Mountjoy, MD, PhD (2019 update)

On this week's BJSM podcast, Prof Margo Mountjoy (T:[@margomountjoy](#)) joins BJSM's Daniel Friedman (T:[@ddfriedman](#)) to discuss harassment and abuse in sport.

Prof Mountjoy is an Associate Clinical Professor in the Department of Family Medicine at McMaster University Medical School and Regional Assistant Dean of the Michael G. DeGroot School of Medicine, McMaster University. She is also a clinician scientist – sports medicine physician practicing at the Health + Performance Centre at the University of Guelph, as the Clinical + Academic Director. Prof Mountjoy works for several International Sports

[Listen to the discussion](#) - 22 minutes

Of general interest - Janice C writes:

Match fixing is more men's sport but I did represent IAPESGW at a UN forum on this in Doha a few years back so we should keep up to date; especially as the author is a friend of mine.....

SportAccord Review E-Magazine (31 July 2019)

"IFs urged to lead on match-fixing" SportAccord Review E-Magazine

International Federations have little chance of becoming moral arbiters of their sports and protecting their athletes from the dangers of match-fixing unless they lead from the front by implementing good governance.

That is the view of Catherine Ordway, Assistant Professor and Course Convenor in Sports Management at the University of Canberra and Senior Consultant (Sports Law) at Snedden Hall & Gallop Lawyers, who said that attempts to steer sportspeople onto the right path will be undermined unless governing bodies get their own house in order first.

"There has been a long history of sports administrators abusing their positions of power and trust to benefit themselves, while ignoring the needs of the athletes who have provided the means for this largesse," said Ordway, who featured in a one-on-one discussion on match-fixing at LawAccord.

[View the full news item](#)

Publications.....

Journal of Physical Activity and Health: The Official Journal of the International Society for Physical Activity and Health. Volume 16, Issue 8, August 2019

Editor - the abstracts from the articles in this current edition to be placed on their website are now available.

[View the abstracts](#)

And....

Journal of Physical Activity and Health: The Official Journal of the International Society for Physical Activity and Health. Volume 16, Issue 9, September 2019

[View the abstracts](#)

Specific countries

AUSTRALIA

Office of Sport, North South Wales

Women in sport

The Office of Sport's [Women in Sport Strategy, Her Sport Her Way \(2019-2023\)](#) aims to build a stronger sport sector where women and girls are valued, recognised and have equal choices and opportunities to lead and participate. It provides a clear role for the NSW Government to work with the sector and new partners in innovative ways to shape the future of women's sport.

Her Sport Her Way builds on the momentum in women's sport and looks through a female lens at the way that sport in NSW is delivered, coached, marketed, led, sponsored and consumed.

Featuring 29 initiatives across four strategic pillars of participation, places and spaces, leveraging investment, and leadership - Her Sport Her Way seeks to increase women's and girl's participation as players, leaders and coaches, improve facilities, and attract more investment and recognition for women's sport.

Her Sport Her Way is a key action under the whole-of-government [NSW Women's Strategy 2019-2022](#).

Her Sport Her Way Year One Action Plan

Over the next four years the Office of Sport will produce annual action plans detailing initiatives to be delivered under each of the four pillars of the strategy. A key feature of the [Her Sport Her Way Year One Action Plan](#) is a strong focus on initiatives that reduce barriers to participation and promote inclusive sport experiences that reflect what women and girls want.

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[View the full details](#)

scmp.com reports (2 August 2019)

CrossFit Games 2019: Tia-Clair Toomey wins record third 'Fittest on Earth' title

Kristen Holte comes second with Jamie Greene third

Tia-Clair Toomey made history when she won her third consecutive "Fittest on Earth" title at the CrossFit Games 2019. No other women has won as many, let alone consecutively.

“It’s pretty surreal, but it definitely wouldn’t have been manageable without all your guys,” she said, pointing to the crowd.

The commentators began to speculate if she was the fittest women in history.

Toomey said the secret to her success was her company.

“Honestly, surrounding myself with good people,” Toomey said. “I wouldn’t be here without my team and all my supporters. If it wasn’t for you guys I wouldn’t be going to the gym everyday and trying to better myself.”

Toomey, 26, came second in 2015 and 2016. The Australian seemed to struggle with the pressure, but she put her issues to bed by winning the next two Games. In 2018, she fought tooth and nail for the title, and it wasn’t in the bag until the final event.

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[View the full news item](#)

vicsport (12 August 2019)

Moreland City Council encouraging active women and girls

A challenging but successful and ultimately rewarding initiative from Vicsport’s local government member Moreland City Council, the quest to implement their [Active Women and Girls Strategy](#) began a decade ago.

Identifying the key challenges in sport, leisure and active recreation for women and girls within the municipality, Moreland City Council found that while 51% of their constituents identified as female, only 8% of that group were accessing council’s sports grounds.

To address the inequity, Moreland City Council introduced a Sportsground and Pavilion Allocation Policy.

This requested clubs to be more inclusive of women, juniors, people with a disability and people from culturally diverse communities or risk losing allocation of a ground.

Moreland was the first Council in Victoria to attempt to achieve this outcome through the policy and the response proved to be exceptional.

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[View the full news item](#)

Cricket Australia (8 August 2019)

Cricket Australia takes action to include transgender and gender diverse people

Cricket Australia has today announced the direction for the inclusion of transgender and gender diverse people in elite and community cricket.

Commencing consultation with key stakeholders in October 2018, Cricket Australia has developed an Elite Cricket Policy and Guidelines for Community Cricket to support players electing to participate in cricket in line with their gender identity, whether or not this aligns with the sex they were assigned at birth.

At a starting point, the Elite Cricket Policy aligns closely with the International Cricket Council’s Eligibility on the Basis of Gender Recognition and provides transgender and gender diverse cricketers guidance on how they can compete at the highest levels of the sport, consistent with their gender identity. As an additional measure, a referral process to an Expert Panel has been established to ensure fair and meaningful competition.

The Guidelines for Community Cricket will assist clubs, players, administrators, coaches and other volunteers deliver a safe, welcoming and inclusive environment, free of harassment and discrimination for gender diverse players at the game's grassroots.

[View the full news item](#)

The Guardian, Australia (9 August 2019)

The challenges now facing women's sport in bid to build on recent momentum

The Women in Sport Summit held in Melbourne this week outlined six key areas to work on

The last three years have heralded a brave new world for women's sport in Australia. From the launch of the [AFLW](#), NRLW and Super W competitions, to highly engaged audiences consuming football, cricket and netball World Cups, and individual domination in tennis, golf and surfing. It is tempting to conclude that women's sport is finally having its moment.

But what converts it from a moment to the new normal? From a couple of minutes off the bench to a starting spot on the field? These are the questions that women's sport administrators and advocates are asking now as they look for ways to build on the momentum created and avoid being consigned to history.

Speaking at the Women in Sport Summit in Melbourne this week, Kate Jenkins, the sex discrimination commissioner for the Australian Human Rights Commission, outlined six key challenges to gender equality in sport over the coming years.

Equal pay and support from media and sponsors are two areas that come as no great surprise. Fan engagement is higher than ever, but most female athletes are still working second jobs while they chase their sporting dreams.

[View the full news item](#)

ABC News (12 August 2019)

Liz Cambage reveals full extent of mental health struggle in emotional Players' Tribune article

Australian basketball star Liz Cambage has revealed she was on suicide watch in 2016, in an impassioned article calling for a better understanding of the realities of depression and anxiety.

The Opals' record-breaking centre has [written an emotional account of her lifetime battle with mental health issues for the Players' Tribune website](#), which she describes as a current "dragging you out into the ocean".

"And now the water is getting deeper and deeper ... and your friends have all disappeared ... and it doesn't feel so sunny anymore ... and you can't move ... and you can't breathe ... until suddenly it's just you, alone, under these enormous, dark waves," Cambage wrote.

Cambage, 27, is arguably Australia's greatest current basketballer, having led the national team to an Olympic bronze medal, [world championship silver](#) and [Commonwealth Games gold](#).

[View the full news item](#)

New South Wales Institute of Sport (20 August 2019)

Nutrition FAQ: Why do I get so hungry right before that time of the month?

NSWIS athletes get a wide range of assistance and support about diet and nutrition to use food as their performance advantage and reach their goals.

Over time there has been some trends in questions which are common from athletes about their diet and what can help support training.

The specific needs of each individual athlete are always different depending on their goal and training loads but below are some explanations for some of the more common questions and scenarios athletes talk to the NSWIS Dietitian about.

Why do I get so hungry right before that time of the month?

At NSWIS over half of our athletes are female, each one of them subject to regular menstrual cycles. This monthly fluctuation in female physiology can have a big impact on energy levels and how an athlete presents to training. Everyone's cycle will be different and vary from woman to woman and cycle to cycle.

Often female athletes will report variations and increases to their dietary habits around their cycle due to high appetite and cravings – but it's not just a matter of having low will power.

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[View the full news item](#)

CANADA

Canadian Association for the Advancement of Women and Sport and Physical Activity CAAWS is proud to announce the release of 'Raising the Bar', our Impact Report for 2018-2019

The last year has been one of the most significant periods of growth in the organization's 39-year history and one of the most productive in recent memory for gender equity in sport, thanks to renewed commitments from both Sport Canada and sport organizations and leaders across the country.

[Read the report](#) to see highlights from our year, including an historic \$3M investment, our new sport leadership pilot program for girls, and an appearance on Hockey Night in Canada!

CZECH REPUBLIC

Inside the games reports (21 August 2019)

Olympic star Ledecká receives highest sports award in Czech Republic

Double Olympic gold medallist Ester Ledecká has received the Czech Republic's highest sports award for her history-making performance at last year's Winter Olympic Games in Pyeongchang.

Ledecká became the first woman to win gold medals in different sports at the same Winter Olympics, claiming titles in Alpine skiing and snowboarding at the 2018 Games, and has now won the Jiri Stanislav Guth-Jarkovsky Award.

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[View the full news item](#)

IRAN

Inside the games reports (26 August 2019)

Iran to allow women to watch 2022 FIFA World Cup qualifier in October, report says

Iran will reportedly allow women to watch a 2022 FIFA World Cup qualifying match in October, ending a ban which has been in place since the 1979 Islamic Revolution.

FIFA have been increasing pressure on the Iranian Football Federation (FFIRI) to end their long-standing ban on women entering Iranian football stadiums, with President Gianni Infantino writing to the governing body in June to seek assurances that women would be allowed to attend 2022 FIFA World Cup qualifiers.

Infantino gave the FFIRI a July 15 deadline to permit women to buy match tickets, which was missed.

Islamic Republic News Agency has since reported that women will be allowed to watch Iran's match against Cambodia, taking place at Tehran's Azadi Stadium on October 10.

[View the full news item](#)

NEW ZEALAND

Stuff.co. NZ (August 2019)

Stop saying no one watches women's sport

OPINION: There's a pervasive myth, an idea that every second person in the street seems happy to share, that no one watches women's sport.

The 1.2 million New Zealanders who recently watched our mighty [Silver Ferns become world champions](#) would, no doubt, have a lot to say about that.

Interest in women's sport in New Zealand and around the globe has grown so fast in recent years that this idea is seriously out-of-date. We need to start busting the myth and challenging those still spouting it.

[View the full news item](#)

PHILIPPINES

Beyond Sport reports (8 August 2019)

Fundlife & Toby's Sports partner to empower girls

2017 Beyond Sport Global Awards Shortlister, FundLife International, is teaming up with Toby's Sports – the Philippines' largest multi-sports retailer - to protect, educate and empower marginalised girls through sport.

Toby's will raise funds through the sale of limited-edition items across all store branches with proceeds going directly to help more girls access safe spaces to play sports and further their education through FundLife's sports-based educational programmes.

The announcement comes after FundLife launched its Girls Community League (GCL) movement at the World Football Summit in Kuala Lumpur on 29th April. The regional movement, which started in 2018, aims to give equitable access to 23,000 marginalised girls and boys across the Philippines by 2023, through the creation of community-led football leagues.

[View the full news item](#)

UK

Sporting Equals (week beginning 29 July 2019)

Baroness Young criticises lack of BAME representation on new Women's Super League board

Baroness Young of Hornsey's comments follow the publication earlier this month of an * All-Party Parliamentary Group report on Sport, Modern Slavery and Human Rights, which conducted a review into human rights issues in English football and Premier League clubs.

The report found that ethnic discrimination was a key inequality that still exists in sport. It also criticised UK Sport's Code for Sports Governance, which sport organisations must meet in order to secure government funding. The code, the review claimed, places BAME diversity within the context of "greater diversity", reinforcing the notion that ethnic diversity is an "other" or "additional" category.

Research conducted by Sporting Equals, shows there are only 4% of BAME board members on national governing bodies of sport in the UK, a time when 14% of the population is BAME.

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[View the full news item](#)

[* All-Party Parliamentary Group on Sport, Modern Slavery and Human Rights Interim Report, July 2019 \(32 pages\)](#)

Sport England (1 August 2019)

Active Practice Charter launched - New toolkit aims to help GPs encourage physical activity

We've teamed up with the Royal College of GPs (RCGP) to launch the Active Practice Charter that inspires and celebrates GP practices that are taking steps to increase activity and reduce sedentary behaviour in their patients and staff.

With one in four people saying they would be more active if it was recommended by a GP or nurse, the charter includes a toolkit that will support time-poor GPs to raise the subject of activity with patients and achieve Active Practice status.

The charter will support around 8,000 GP practices in the UK and aims to help them raise awareness of the simple changes that can be made to improve the physical and mental wellbeing of patients and staff.

With the UK population around 20% less active than during the 1960s and physical inactivity estimated to cost the nation £7.4 billion a year, our chief executive Tim Hollingsworth has welcomed the charter's introduction.

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How to get involved

- GPs can [visit the Active Practice Charter](#) site to find out more and work as a practice to develop plans to become an accredited practice.
- The Physical Activity and Lifestyle Toolkit [can be downloaded](#) to help healthcare professionals embed physical activity within the conversations they're having with patients, where appropriate.
- Healthcare professionals can access Public Health England's Physical Activity Clinical Champions Training to get face to face training on embedding physical activity within their everyday work. To find out more, or to book a session, email physicalactivity@phe.gov.uk

[View the full news item](#)

British Judo (2 August 2019)

Updated Policy: Indirect Discrimination – wearing of head coverings

Following consultation with religious leaders and based on legal advice, the Board of Directors have approved the following proposal to allow the wearing of head coverings on religious grounds.

The rules will be communicated widely to ensure consistency of understanding and application, not limited to Referees, Area Refereeing Representatives, Competition Organisers (CCs/SRs), Coaches and BJA Clubs. Member clubs must, at a minimum, permit religious headwear that meets the above requirements.

Players who need to wear a head covering in their normal daily routines for religious reasons will be allowed to do so in all BJA controlled competition provided the covering meets the following criteria:

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[View the details](#)

England Boxing (3 August 2019)

Punch Like A Girl breaks new ground

Women and girls-only level one coaching courses are set to be rolled out across England Boxing's regions after a successful pilot in Yorkshire.

17 members from 15 different clubs have already secured their lanyards, or are in the process of doing so, after passing the four-day course run over two weekends.

The 'Punch Like a Girl' project was held at the Hunslet Club in Leeds, and saw participants strike up relationships they have continued after returning to their own clubs.

They have since set up their own WhatsApp group to share ideas and good practice, as well as offer each other support.

With the concept having proved a significant success, other England Boxing regions are set to follow as the popularity of boxing among women and girls continues to grow.

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The pilot course was made possible by Yorkshire Sport Foundation's satellite programme – which is Sport England lottery funded – who put around £7,000 to the cost of the project.

It not only paid for the delivery of the course and equipment, but also and allowed all attendees to be given t-shirts Punch Like A Girl t-shirts.

Sheffield City, Sheffield Boxing Centre, BODY Carnegie ABC, Townend Barnsley, Freedom Boxing Academy, White Rose Boxing, Empire Boxing and Fitness, The Hunslet Club, Seacroft Select ABC, Evolve Boxing Club, Meanwood ABC, The Lion Gym, Unity Boxing Gym, Castleford ABC and Wath Upon Dearne ABC were the clubs to take part.

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The Football Association (6 August 2019)

FA to launch live streaming platform dedicated to women's football

The Football Association will launch a new live streaming platform, exclusively dedicated to women's football, from the start of the 2019-20 season.

The FA Player, which will be free to use and available online and via a dedicated mobile app,

will provide unprecedented live access to over 150 domestic women's football fixtures throughout the season.

This will include all live Barclays FA Women's Super League matches and a live match from each round of the FA Women's Championship for the first time.

In addition to live league coverage, the platform will stream selected match highlights from the England Women's team, the Women's FA Cup and the FA Women's Continental League Cup.

[View the full news item](#)

The Football Association (16 August 2019)

Football's Muslim role models on the increase, says FA Councillor Rimla Akhtar

Dr Rimla Akhtar is chair of the Muslim Sports Council and was the first Muslim member of The FA Council. To mark the close of Eid al-Adha, she tells us why more Muslim footballers than ever before are playing grassroots football.

There are around three million Muslims in the United Kingdom. That's about five per cent of the population.

Yet when I first started playing football when I was seven there weren't many people who looked or felt like me. But when I began wearing the hijab, thankfully my team-mates cared more about my football skills than what I was wearing.

[View the full news item](#)

Publications of interest.....

Women in Sport - E-Newsletter, August 2019 - [available to view](#)

What works in schools and colleges to increase physical activity? A resource for head teachers, college principals, staff working in education settings, school nurses, directors of public health, county sports partnerships and wider partners. Public Health England, Association of Colleges Sport and Youth Sport Trust, July 2019 (101 pages)

This briefing provides an overview of the evidence on what works for schools and colleges, to increase levels of physical activity amongst children and young people.

The evidence suggests an association between being physically active, and academic attainment and attention. Being physically active also helps to promote physical and emotional health and wellbeing.

Children and young people who are physically active are more likely to continue the habit into adult life.

[Download a copy](#)

Information sharing webinar.....

Women in Sport - Not a one hit wonder- retaining the least active women webinar 7 October 2019 12.30 - 1.30 pm

A webinar to support those who want to engage all women and increase their retention in sport. Join a member of the Women in Sport Innovation team as they discuss 'What motivates inactive women to attend sport? What type of offer appeals to women? What support do women want to keep them coming back?'

Women in Sport will be joined by Vickie Furlong-Hart, the driving force behind the successful GOGA Wrexham Golf sessions. Vickie's personal experience from 'New to Golf' participant to a Level 2 coach has transferred into providing inclusive golf sessions, successfully engaging and retaining some of the least active women in Wrexham.

The webinar is based on insight gathered as part of [Get Out Get Active \(GOGA\)](#), a Spirit of 2012 funded programme that aims to engage the very least active disabled and non-disabled people in activity together.

Cost: £20

[View more details](#)

USA

Beyond Sport reports (2 August 2019)

Coach: one woman's journey to the UEFA A coaching license

Just one percent of the more than 43,800 soccer coaches who currently hold the prestigious United European Football Association "A" Coaching License (UEFA A) are women. UC Davis head coach Tracy Hamm is one of them.

Her journey is detailed in the inspiring documentary short [Coach](#), which we are proud to feature at [Beyond Sport House](#) in September, followed by an engaging talkback on Women in Sport.

Tracy Hamm is a highly accomplished former player and coach, having led San Francisco State to four consecutive winning seasons, including a 2018 postseason berth, before joining UC Davis. She was a four-year letter winner and three-time All-Pac-10 academic honorable mention at UC Berkeley (Cal) and was drafted into the Women's Professional Soccer (WPS) in 2009 - replaced by the National Women's Soccer League - where she played for two years.

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[View the full news item](#)

World Wide Women

4th Annual Girls' Festival - 9 November 2019, San Francisco

Hello Friends!

The WorldWideWomen 4th annual [Girls' Festival](#) is coming to San Francisco on Saturday November 9th at the Palace of Fine Arts in San Francisco . It is truly a day of power and possibilities and FUN for girls ages 8-18 and their families.

Our program is evolving daily, but please take a moment to click on the boxes below to see some of the incredible activities already planned—you will be amazed.

Stay tuned for updates AND PLEASE don't wait too long to buy your tickets-- WE SOLD OUT LAST YEAR!

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[View more details](#)