Continuing to Honour the Legacy –
International Association of
Physical Education and Sport
for Girls and Women
1999 – 2019
(Part 1 – Text)
By Tansin Benn
CONTINUING TO HONOUR THE LEGACY -
THE INTERNATIONAL ASSOCIATION OF
PHYSICAL EDUCATION AND SPORT
FOR GIRLS AND WOMEN

1999 – 2019
(Part One - Text)

This book is dedicated to the people and achievements of all those who have contributed to the International Association of Physical Education and Sport for Girls and Women over the last 70 years. It was prepared for the occasion of the 70th anniversary conference in Madrid, 10th – 13th July 2019.

Part one of ‘Continuing to Honour the Legacy of IAPESGW 1999 - 2019’ provides the core text of the many people, events, activities and outcomes of the Associations of the last twenty years. It continues from the 1999 book by Ann Hall and Gertrud Pfister ‘Honoring the Legacy - the first fifty years, 1949 – 1999’ that was produced for the 50th Anniversary celebrations at Smith College, USA. Part one is complemented by part two - a photographic chronology of IAPESGW events and people 1999 – 2019.

I am grateful to my friends and colleagues who have helped to provide material for this book. This book celebrates the last twenty years of 70 years voluntary work by IAPESGW colleagues around the world.

By Tansin Benn (UK)
Honorary Life Member
President 2009 – 2013
Executive Board member 2005 – 2017

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**International Association of Physical Education and Sport for Girls and Women – Continuing the Legacy 1999 – 2019**

**INDEX**

<table>
<thead>
<tr>
<th>Chapter One – Introduction, IAPESGW and remembering the first 50 years</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.1 – Introduction</td>
<td>5 - 6</td>
</tr>
<tr>
<td>1.2 - IAPESGW the Association</td>
<td>7 - 8</td>
</tr>
<tr>
<td>1.3 - Table of Conferences</td>
<td>8</td>
</tr>
<tr>
<td>1.4 - Remembering the first 50 years</td>
<td>9 - 12</td>
</tr>
<tr>
<td>- Book of Honour</td>
<td></td>
</tr>
<tr>
<td>- Honoring the Legacy 1949 – 1999 Fifty Years of the International Association of Physical Education and Sport for Girls and Women</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Chapter Two – Four Presidents</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td>2.1 - Margaret Talbot (UK) 1997 - 2005</td>
<td>13 - 16</td>
</tr>
<tr>
<td>Biography by Tansin Benn with David Talbot</td>
<td></td>
</tr>
<tr>
<td>2.2 - Darlene Kluka (USA) 2005 – 2009 Autobiography</td>
<td>16 - 18</td>
</tr>
<tr>
<td>2.3 - Tansin Benn (UK) 2009 – 2013 Autobiography</td>
<td>18 - 20</td>
</tr>
<tr>
<td>2.4 - Rosa Lopez de D’Amico (Venezuela) 2013 – 2021 Autobiography</td>
<td>21 - 24</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Chapter Three – IAPESGW Activities 1999 – 2019</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td>3.2 - 2005 – 2009 by Darlene Kluka</td>
<td>29 -35</td>
</tr>
<tr>
<td>3.3 - 2009 – 2013 by Tansin Benn</td>
<td>35 -40</td>
</tr>
<tr>
<td>3.4 - 2013 – 2017 by Rosa Lopez de D’Amico</td>
<td>40 -51</td>
</tr>
<tr>
<td>3.5 - 2017 – 2019 by Rosa Lopez de D’Amico</td>
<td>51 -57</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Chapter Four – Quadrennial Congress and Regional Conference events</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td>4.1 - 14th congress, 2001, Alexandria University, Egypt</td>
<td>58 - 61</td>
</tr>
<tr>
<td>4.2 - 15th congress, 2005, University of Alberta, Canada</td>
<td>61 - 64</td>
</tr>
<tr>
<td>4.3 - 16th congress, 2009, University of Stellenbosch, South Africa</td>
<td>65 - 66</td>
</tr>
<tr>
<td>4.4 - 17th congress, 2013, International Conference Center, Havana, Cuba</td>
<td>67 -71</td>
</tr>
<tr>
<td>4.5 - 18th congress, 2017, Barry University, Miami, Florida</td>
<td>71 - 74</td>
</tr>
<tr>
<td>4.6 – Regional Conference Turkey 2014</td>
<td>74 - 75</td>
</tr>
<tr>
<td>4.7 – Regional Conference Iran 2015</td>
<td>75 - 77</td>
</tr>
<tr>
<td>4.8 – Regional Conference Cuba 2018</td>
<td>78</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Chapter Five – IAPESGW’s Recent Contributions</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td>5.1 – Oman, ‘Accept and Respect’ and the book ‘Muslim Women and Sport’</td>
<td>79 - 83</td>
</tr>
<tr>
<td>5.2 – The Five Continents Series books</td>
<td>84 - 91</td>
</tr>
<tr>
<td>5.3 – The book ‘Women and Sport in Latin America’</td>
<td>91 - 94</td>
</tr>
<tr>
<td>5.4.1 - IAPESGW &amp; the International Committee of Sport Pedagogy on QPE</td>
<td>95 - 97</td>
</tr>
<tr>
<td>5.4.2 – International Collaboration for an inclusive Quality Physical Education in Madagascar</td>
<td>98 - 104</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Chapter Six – IAPESGW / WSI / IWG – Three groups for Women and Sport</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td>105 - 115</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Chapter Seven – Contributions and tributes from across the world</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td>Individuals -</td>
<td>116 - 119</td>
</tr>
<tr>
<td>7.1 – Janice Crosswhite (Australia)</td>
<td>116 - 119</td>
</tr>
</tbody>
</table>
7.2 – Canan Koca (Turkey)  
7.3 – Yousra Al-Sinani (Oman)  
7.4 - Fatima El Faquir-Daoida (Morrocco)  
7.5 – Fadila Ibrahimbegovic-Gafic (Bosnia & Herzegovina)  
7.6 – Maryam Koushkie (Iran)  
7.7 – Christa Kleindienst-Cachay (Germany)  
7.8 – Elisa Araya (Chile)  
7.9 – Luz Amelia Hoyos Cuartas (Colombia)  
7.10 – Maria Ozols (Costa Rica)  
7.11 – Monzales Maria Dolores (Spain)  
7.12 – Uri Shaefer (Israel)  
7.13 – Jennifer Warner (UK)  

Organisations -  
7.14 – AIESEP – Marc Cloes, Belgium  
7.15 - IFAPA – Claire Bousier, France & Maria Dinold, Austria  
7.16 – ISCPES – Pedro Carvalho, Portugal, Walter Ho, China  
7.17 - FIEP – Branislav Antala, Slovakia  
7.18 – ICSSPE – Detlef Dumon, Germany  

Tributes to Honorary Life Members -  
First 50 years  
7.20 - Liisa Orko (Finland) (1987)  
7.21 - Audrey Bambra (UK) (1993)  
7.22 - Helene Tollich (Austria) (1993)  
7.23 - Isabelle Nel (South Africa)(1993)  
7.24 - Patricia Bowen-West (UK)(1993)  
7.25 - Chiyoe Matsumoto (Japan)(1993)  

Last twenty years  
7.26 - Margaret Talbot (UK)(2005)  
7.27 - Doreen Solomons (South Africa)(2009)  
7.28 - Darlene Kluka (USA)(2013)  
7.29 - Tansin Benn (UK)(2017)  
7.30 - Gertrud Pfister (Germany)(2017)  
7.31 - Final Comment – Tansin Benn  

APPENDIX -  
A - Executive Board members from 1949 – 2021  
B - Award winners  
C - Quadrennial Congress and Regional Conference Events  
D – Glossary  

CHAPTER ONE

The International Association of Physical Education and Sport for Girls and Women – Continuing to Honour the Legacy 1999 – 2019

1.1. Introduction

It has been an honour to lead on this 20 year history of the International Association of Physical Education for Girls and Women (IAPESGW) from 1999 to 2019 and to share the publication for the first time at the 70th Anniversary conference in Madrid, Spain. The book includes a synopsis of people, places, events and achievements gathered over the last twenty years as an overview of continuing voluntary efforts by so many visionary and capable women. There are contributions from many colleagues around the world in this volume and I am indebted to all those who took the time to be part of this special tribute.

In order to produce this book I have used personal archive materials as an executive board member from 2005 – 2017 and president 2009 – 2013, (most of these are already deposited with the ‘Women and Sport’ archive, University of Chichester UK) and the materials and correspondence from IAPESGW colleagues and friends from every continent. Thanks to this extensive network I have been able to locate information, and gather international contributions. Together this history records a picture of ongoing international collaboration in research, policy, advocacy and publishing which reflects the contribution of IAPESGW’s volunteers to girls and women in physical education, sport, dance and physical activity, across the last twenty years. The 70th Anniversary of IAPESGW gives us an opportunity to reflect on these achievements.

Tansin Benn

Book structure

The book is arranged in 7 chapters. Chapter one outlines the content and addresses the history, aim, mission and values of IAPESGW. An overview of the two previous IAPESGW historical books is offered, ‘IAPESGW Book of Honour’ and ‘Honoring the Legacy - 50 years of IAPESGW’ (1949 – 1999). We should not forget the shoulders on which we stand in this current history.


Chapter three outlines some of the Associations’ activities and achievements, from the last twenty years in each quadrennial period.

Chapter four captures the Quadrennial Congress events of the last twenty years: Alexandria, Egypt in 2001; Edmonton, Canada 2005; Stellenbosch, South Africa 2009; Havana, Cuba 2013 and Miami, USA 2017. With the use of Bulletins, Newsletters, documentation and contributions from key people, it has been possible to gather important information on each event.
Chapter five highlights some major recent achievements in research and publications, managed by IAPESGW, that have left a legacy of the life experiences of women across the world in physical education, sport and dance.

1) The 2008 Oman project with IAPESGW and Sultan Qaboos University, Muscat, led to many outcomes, notably the declaration ‘Accept and Respect’ and the Routledge published book *Muslim Women and Sport* (2011) Benn, Pfister & Jawad (eds).

2) The Five Continents Series ‘Inspirational Women: making a Difference in physical education, Sport and Dance’, was published in 2016 as a result of a special research centre project in Brazil. IAPESGW members volunteered as editors to gather contributions that totalled 161 authors from 59 countries and territories. This was a remarkable achievement in a short timeframe, headed by Professor Eliana Ferreira of Juiz de Fora University, Brazil.

3) Another two year project also came to fruition in 2016 in another Routledge published book *Women and Sport in Latin America*, Lopez de D’Amico, Benn & Pfister (eds), which profiled lives of women from ten countries across North, Central and South America, the indigenous peoples, and diaspora experiences of Latin American women in Spain and in the USA.

4) In addition to increasing the visibility of women through such publications, the people of IAPESGW also contributed to research and specific projects with the International Committee of Sport Pedagogy (ICSP), a working group of the International Council of Sport Science and Physical Education (ICSSPE). Examples here are from physical education - the ‘Global Voices’ and ‘Quality Physical Education’ studies which contributed to UNESCO’s Quality Physical Education publication, and an ICSSPE / ICSP related project in Madagascar.

Chapter six addresses the origins and developments of the three women and sport groups. IAPESGW, WomenSport International (WSI), and the International Working Group for Women and Sport (IWG). We are working for shared values in complementary ways, making a difference for women and girls internationally. Having three groups with similar missions has raised confusion so this chapter focuses on analyses of early events that have brought us to where we are today.

Chapter seven brings reflections, contributions and tributes volunteered from across international organisations and individuals about their collaborations and histories with IAPESGW. Contributions include from ICSSPE and ICSP members - AIESEP, FIEP, IFAPA and ISCPES. There are additional individual contributions from other contributors across all continents including Australia, Bosnia & Herzegovina, Brazil, China, Costa Rica, Israel, Iran, Morocco, Switzerland, Turkey, and the UK.
1.2 IAPESGW – the Association

IAPESGW started in 1949 and has held successful quadrennial Congress events alongside regional events, research, publications and international influence across 70 years. Most importantly it has been a catalyst for international collaboration, for supporting girls and women as participants, teachers and researchers in all aspects of physical activity including dance, physical education and sport. In joining the Association every member has already made an important decision to look outwards, beyond everyday situations, to the wider international networks and collaborations that can bring a powerful platform for knowledge exchange, inspiration, opportunity, leadership and mutual support. It has members on every continent and provides an association to promote the interests of girls and women at all levels.

Our Vision:

Throughout the world, girls and women will benefit from participation in physical education, sport, physical activity, and dance; improved health through physical activity for all; scientifically-based information; and quality education. Ultimately, throughout the world, girls and women will be empowered through physical activity to enjoy a balanced and healthy lifestyle, achieve a sense of value and well-being, and make a positive contribution to society.

Our Mission:

The mission of IAPESGW is to facilitate growth and development in the areas of physical education, sport, physical activity and dance through global contacts and networks; provide educational and professional experiences, including research opportunities, to support evidence based advocacy and leadership development; and provide educational and professional experiences in and through leadership development.

Our Values:

IAPESGW is premised on the belief that all girls and women should have access and opportunity to develop and sustain their potential; the Association stands as a network of voices for the support of girls and women, improving their position at local, national and global levels.

Aims

1. To bring together interested scholars and practitioners of many countries working to improve the position of girls and women in the fields of physical education, dance, sport and physical activity.
2. To represent the interests of girls and women at all levels and in all areas of physical education, sport, dance and physical activity.
3. To strengthen international contacts and networks.
4. To afford opportunities for the discussion of mutual challenges and to share good practice.
5. To promote exchanges of persons and ideas among countries.
6. To promote research on physical education, sport, dance and physical activity for girls and women.
7. To co-operate with other associations and agencies working to promote the interests of
girls and women in physical education, sport, dance and physical activity.
8. To promote leadership development throughout the world.

This book outlines some ways in which IAPESGW has taken action in line with its values, mission and aims over the last twenty years, most notably through bringing people together for conferences, decision-making, lobbying, collaborations in research and publications for the benefit of girls’ and women’s participation in physical activity internationally.

A family of networks

As a member organisation of the International Council for Sport Sciences and Physical Education (ICSSPE), IAPESGW helps to construct international policy and aid work in sport and physical education. This has been particularly successful through ICSSPE’s Working Group – the International Committee of Sport Pedagogy (ICSP) which has enabled IAPESGW members to research alongside participants from other international associations concerned with pedagogy, sport and physical education. It is also significant that members of IAPESGW have been elected to the Executive committee of ICSSPE in diverse roles in the last twenty years including: Margaret Talbot (President of IAPESGW 1997 – 2005 and President of ICSSPE 2008 – until her death in 2014), Tansin Benn, Rosa Lopez de D’Amico, Maria Dinold, Anneliese Goslin, Susi Kathi Jost and Darlene Kluka.

IAPESGW also has one representative on the International Working Group on Women and Sport (IWG), and IAPESGW members have attended all 7 of the IWG quadrennial conferences: Brighton, England 1994; Windhoek, Namibia 1998; Montreal, Canada 2002; Kumamoto, Japan 2006; Sydney, Australia 2010; Helsinki, Finland 2014; Gaborone, Botswana 2018. We have partnered with Womensport International (WSI) in different international events and all three groups work in complementary ways for a common cause as discussed more fully in chapter 6.

1.3 IAPESGW Quadrennial Congress Events

<table>
<thead>
<tr>
<th>Year</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>1949 – Copenhagen, Denmark</td>
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<tr>
<td>2</td>
<td>1954 – Paris, France</td>
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<td>3</td>
<td>1957 – London, England</td>
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<td>4</td>
<td>1961 – Washington, DC, USA</td>
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<td>5</td>
<td>1965 – Köln, Germany</td>
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<td>6</td>
<td>1969 – Tokyo, Japan</td>
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<td>7</td>
<td>1973 – Tehran, Iran</td>
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<td>8</td>
<td>1977 – Cape Town, South Africa</td>
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<td>9</td>
<td>1981 – Buenos Aires, Argentina</td>
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<td>10</td>
<td>1985 – Warwick, England</td>
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<td>11</td>
<td>1989 – Bali, Indonesia</td>
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<td>12</td>
<td>1993 – Melbourne, Australia</td>
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<td>13</td>
<td>1997 – Lahti, Finland</td>
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<td>14</td>
<td>2001 – Alexandria - Egypt</td>
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<td>15</td>
<td>2005 – Edmonton, Canada</td>
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<td>16</td>
<td>2009 – Stellenbosch, South Africa</td>
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<td>17</td>
<td>2013 - Havana, Cuba</td>
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<td>18</td>
<td>2017 - Miami, USA</td>
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<td>19</td>
<td>2021 – Tokyo, Japan</td>
</tr>
</tbody>
</table>

Regional IAPESGW have happened since 2013:

2014-Ankara, Turkey;
2015-Teheran, Iran;
2018-Varadero, Cuba;
2019-Madrid, Spain.
1.4 Previous Publications about IAPESGW

The first 50 years – 1949 – 1999

This ‘IAPESGW 1999 – 2019’ publication follows two previous books that collate lives and histories of the Association. We are indebted to the authors of those books for the memories they enable us to retain and the connections they make to the visions and achievements of our predecessors. There are inevitable omissions along the way but that does not detract from the effort of trying to protect a legacy of IAPESGW through the power of the written and visual histories we can collect.

Out of respect for the authors, lives and events captured in the previous publications, they are outlined here to give a flavour of their content.

1. ‘IAPESGW Book of Honour’, edited by Audrey Bambra and Julika Ullman (No date)

This book tells us of the lives of key women in the early years of the Association. It was dedicated to honouring the memory of outstanding women who had helped to develop ‘…the hopes and ideas, the projects and implementations of IAPESGW from its beginnings…’

The women profiled in the book included the visionary founder Dorothy Sears Ainsworth (1894 – 1976) from the USA, the influence of Smith College, Massachusetts; Phyllis Colson (1904 – 1972), UK, who organized the third IAPESGW Congress in London in 1957; Liselott Diem, 1906 – 1992 (Germany), IAPESGW member from 1953 – 1992, President of IAPESGW 1965 – 1981 and Congress Chair in 1977 and 1981; Elly Friedmann (1912 – 1988), born in Germany moved to Israel in 1935, IAPESGW member from 1965 to 1988, executive Board member 1969 – 1981. Elly organized the Jerusalem workshop that preceded the 7th Congress in Tehran, Iran in 1973. As a young UK student demonstrator of gymnastics and dance in Tehran, the author of this book, Tansin Benn, was privileged to meet Elly Friedmann, to attend this workshop in 1973 and experience IAPESGW friendships in a positive, exciting, informative and memorable way. 230 members of IAPESGW attended the workshop in Israel prior to the Congress in Iran that year.

secretary-treasurer 1944 – 1989 and on the constitution sub-committee 1977 – 1979, she attended all Congress events 1965 (Germany) – 1989 (Bali).

On reading the tributes in this first IAPESGW book there are common traits amongst the women. All had been successful in their spheres, for example, of physical education, sport, dance and / or community provision, in their respective countries. They were leaders, predominantly in teaching and / or higher education, who appreciated the importance of networks in furthering understanding and knowledge sharing. All the women had been engaged in national subject groups or projects in their own countries. It is interesting that many women at this level joined IAPESGW to begin international collaborations, to learn from those researching and practicing in other countries, engaging in knowledge exchange at quadrennial congress events, enriching lives and building connections through the meeting of like minds and strong friendships. At the end of this book you might agree that these traits have also been central to IAPESGW’s leaders and members in the last twenty years.


The structure of the second IAPESGW book ‘Honoring the Legacy 1999’, written for the 50th Anniversary in 1999, has inspired this 2019 edition because it captured the congress and events in a chronology of the first fifty years, profiled the lives of past presidents, board members and award winners and offered some international memoirs. This 1999–2019 book will continue the documenting of people, context and events across the last twenty years.

In 1999 Hall and Pfister tracked the first 50 year history through the dreams and plans of early days. The first conference in Copenhagen in 1949 and the remarkable dialogue between Dorothy Ainsworth and Marie Theresa Eyquem who worked in the French Ministry as an inspector for youth and sport. This led to the 1953 Paris conference, and the official creation of IAPESGW. Already there were tensions between physical education and sport but a strong physical education focus remained due to the influence of Ainsworth as the first President. A main purpose of the Association was to communicate with other countries and the occasional newsletter was published. Despite the challenges of communication and travel in these early years the third congress was held at Bedford College, London in 1957 with over 400 delegates from 65 countries and all information had been sent out in English, French and Spanish. A tighter constitution and system of newsletters was established. At the next congress in Washington, 1961, all presentations were simultaneously translated into five languages – English, French, Spanish, German and Japanese. As Ainsworth stepped away from the Presidency after 12 years, Eyquem took over and unfortunately was too busy with Ministerial and high performance sport interests to do justice to her association role or the production of newsletters.

Liselott Diem took over the Presidency and was involved in four Congress events as President – Tokyo (1969), Teheran (1973), Cape Town (1977) and Buenos Aires (1981). Bitter conflicts arose during Diem’s long presidency about lack of democracy, a ‘one woman’ show and a danger of the association gaining a negative image. Mette Winkler from Denmark pushed for clearer and more democratic decision-making, which followed under the presidencies of Helene Tollich (1981 – 1989, Austria) and Patricia Bowen-West (1989 – 1997). During the leadership of Bowen-West more competition from other international women and sport groups started to spring up and IAPESGW was accused of ‘western-model’ thinking and failure to engage politically in emerging public issues such as homosexuality,
people with disability and women in non-western countries. Indeed to summarise the ‘50 years’ conclusions of Hall and Pfister offered these reflections:

**Positives – 1999**
1. IAPESGW stayed remarkably stable across 50 years.
2. IAPESGW survived controversy.
3. Successful conferences and interim regional events proved a constant.
4. IAPESGW had achieved visibility on the world stage of physical education and sport through its own work and as a longstanding member of other international organisations such as ICSSPE.
5. IAPESGW’s leaders have been women of integrity, vision and strength who gained the respect of the membership for their hard work and dedication.

**Challenges – 1999**
1. There had been periods of communication breakdowns with the membership in different countries.
2. IAPESGW needed to broaden its view of womanhood.
3. IAPESGW needed to find a way to engage with other emerging organisations looking for more political interaction and public recognition of challenging issues facing some women in sport around the world.

‘It needs to connect with the larger, global women’s movement, and at the same time, it needs to become sensitive to the particular experiences of women especially in the developing world.’ (Hall & Pfister 1999, 38).

Judge for yourself at the end of this book but as someone who has been involved with the association, and through extended links with many related networks, over the last twenty years, my view is that the actions, commitments and legacies of the last twenty years have addressed those major challenges of 1999. Of course other challenges remain as the world is a different place in 2019.

**Reflections from 2019**

In 1999 the words of Dorothy Ainsworth from Smith College USA opened ‘Honoring the Legacy’ with the following statement: ‘… never before, to my knowledge, have women met as an international group to discuss the problems particular and peculiar to physical education for women’. In 2019, the first international association still exists and has broadened its remit in the ever shifting boundaries debates and interests between people engaged in organized physical activity - physical education, dance, ‘high performance sport’ and ‘sport for all’. New leadership and board members bring new possibilities. Certainly IAPESGW started and retains a strong physical education remit, for example reflected in recent work with ICSP and ICSSPE on high quality physical education. Boundaries are more fluid and what affects girls and women in the school environment is often mirrored in issues of access to participation in related areas such as dance and sport. In recent years the challenges created within these areas include debates about equity for girls and boys, sexual abuse and misappropriation of power, globalization and issues such as dress codes in and beyond schools that include or exclude girls and women with different cultural needs, inequalities in media coverage, sponsorship and remuneration for sportsmen and sportswomen and complex issues of sexuality and gender that affect people of all ages. Such issues are part of the
shifting context of the physical activity arena and therefore the attention of members in IAPESGW.

Perhaps IAPESGW’s greatest publications successes of recent years have been in encouraging and profiling the voices of women from countries traditionally marginalised by knowledge makers in the ‘global north’, (see chapter 5). This has enabled greater visibility of the experiences of relatively silent women in physical education and sport. As a consequence we all continue to seek deeper understanding of each other. The question of ‘how’ that is done must underpin any international work – how to collaborate appropriately and with relevance in different contexts and situations across the world. There still remains lack of knowledge and understanding about the realities of situations and life chances for girls and women in sport and physical education in some parts of the world. Unfortunately there remain academics who try to belie the autobiographical narratives of others. Others, including the social psychologist Mihaly Csikszentmihalyi critique those post-modernists who deny that narratives reflect real events:

While these critiques of self-perception illuminate important issues that have to be recognized, they also suffer from the intellectual arrogance of scholars who believe their interpretations of reality should take precedence over the direct experience of the multitude.

Inequalities and injustices continue, and working with those who choose to work with us is the way IAPESGW focuses its activities, and why the association has sought to incorporate the voices of so many women from across the world in recent research and publications.

The following chapters will examine how IAPESGW has fared in the last 20 years 1999 – 2019 with four Presidents, five quadrennial congresses in Egypt, Canada, South Africa, Cuba and USA, regional events in Oman, Turkey, Iran and Cuba and ongoing work in collaboration with international bodies to improve the opportunities of girls and women in physical education, sport and dance.

In the 2019 regional IAPESGW Conference in Madrid the Association begins its next chapter as its members and friends celebrate 70 years of the world’s longest standing association for women in the field – the International Association of Physical Education and Sport for Girls and Women.

CHAPTER TWO

Four Presidents

In this chapter the lives and quadrennial periods of successive Presidents are addressed to provide a chronology of leadership over the last twenty years.

1. Margaret Talbot, President 1997 – 2005
3. Tansin Benn, President 2009 – 2013
4. Rosa Lopez de D’Amico 2013 ongoing

Sadly Margaret Talbot lost her long battle with cancer in December 2014. Her biography below is by Tansin Benn with contributions from her husband, David Talbot. We are grateful to use material from IAPESGW’s ‘Five Continents Series’, Europe edition. The other contributions are autobiographies.

2.1 Margaret Talbot, United Kingdom, (IAPESGW President 1997 – 2005)
(Biography by Tansin Benn, with David Talbot)


There are few people in the world who could match this generous woman’s knowledge, skills, commitment and dedication to issues of equity and whose legacy can so significantly continue to influence the lives and futures of girls and women in the field of physical education and sport. Throughout a long career both in the United Kingdom and internationally, Margaret’s passion to improve the lives of others permeated her teaching, research, policy and advocacy work. She was a national and international leader in the fields of sport policy for equity; governance; physical education and sport development.

Margaret was a very special long-term supporter and leader for the International Association of Physical Education and Sport (IAPESGW). She was President from 1997 until 2005 leading the Association through important years of addressing and reaching communities with particular challenges for girls and women in sport. For example, following requests from Muslim women to help remove stereotypes and increase their visibility in the sporting world, the 2001 IAPESGW World Congress was held at Alexandria University, Egypt, shortly after the 9/11 New York bombings. Half of those participants who had intended to fly to Egypt were unable to come, yet through all the turmoil, Margaret’s leadership, alongside her colleagues at Alexandria University, enabled a successful and memorable Congress to be held for those who could attend. The 2005 quadrennial Congress, also under her Presidency, was held at the University of Alberta, Edmonton, Canada and was a success. Margaret was honoured as a Life Member of IAPESGW at that time.
Margaret’s professional life encompassed teaching physical education in schools, leadership and research in Higher Education, Chief Executive positions in the sport and physical education bodies, sport politics, numerous voluntary and non–governmental body roles and consultancy, all of which contributed to her ability to influence wide reaching policy and practice internationally. Although publishing was not her main task once she moved out of academia, she published more than 200 books, chapters and papers, mainly focusing on physical education and sports governance, policy processes and dynamics, with particular emphasis on equity. Margaret presented as a keynote or plenary speaker at more than 120 conferences and seminars, with an additional 100 seminars and workshops. Presentations were made in more than 30 countries. Of her many awards perhaps the earliest farsighted recognition of her contribution was in 1993 when she was appointed Officer of the Order of the British Empire (OBE) in the Queen’s Birthday Honours List for services to Physical Education and Sport. To date, posthumous awards have included the launch of the Margaret Talbot Memorial Scholarship at the Institute of Technology, Tralee, Ireland, in February 2015, a Lifetime Achievement Award at the Leeds University Sports Awards, March 2015, and a new memorial IAPESGW ‘Margaret Talbot Award’ first awarded at the 18th Congress in Miami, USA, 2017.

Margaret’s breadth of understanding and compassion grew with her drive and courage to assume varied and challenging roles throughout her life. The list would fill this book but it is important to mention some key positions to provide insight into the ways in which she became able to lead and manage the most challenging dimensions of international diplomacy and progress for equity issues in Physical Education and Sport. Margaret took on new roles in diverse contexts – national, international, across the voluntary, public and private sector. She welcomed a challenge and prioritised completion of projects and her commitments to professional colleagues / associations. Her growth in knowledge and understanding of the politics of sport and government, and her ability to make connections with key influential people, was a great help to IAPESGW.

In her career Margaret was Head of Studies in Human Movement at Trinity and All Saints College, Leeds; Head of the Carnegie Department at Leeds Polytechnic, later Carnegie Professor and Head of Sport at Leeds Metropolitan University; Chief Executive of the Central Council of Physical Recreation; and Chief Executive of the Association for Physical Education. She held several Ministerial appointments in the UK, working in the National Curriculum, regional and national sport policy, European women and sport, sports ground safety and voluntary sector capacity-building.

Margaret undertook consultancies for several UN agencies and national governments, working on international and national school sport strategy; establishing 21st Century physical education curricula; the use of sport and physical education in promoting girls’ education; national and international strategy development. Additional key posts in civic and public sectors through which she influenced so many, follows:

- Member, Committee on Culture and Education, International Olympic Committee from April 2014.
- UNESCO Professor at the Institute of Technology, Tralee, Ireland: UNESCO Chair ‘Transforming the Lives of People with Disabilities. Their Families and Communities through Physical Education, Sport, Recreation and Fitness’ from April 2014.

• Chair, Education Committee of the International Paralympic Committee from 2011. This has involved collaboration with other IPC Committees, notably Science, Women and Development Committees.

• International Vice President, International Foundation for Olympic and Sport Education (based in Greece) 2000 - 2013. Presided over world seminars on Olympic Education, press and media conferences, strategic planning events.


• Chair, European Sports Conference Working Group on Women and Sport 1991-1993 outcomes led directly to 1st World Conference on Women and Sport, Brighton 1994; and to the Brighton Declaration on Women and Sport.

• Vice Chair, DES Working Group Physical Education National Curriculum for England and Wales 1990-1991: author of sections on guidance on equal opportunities (special needs, disability, gender, culture), which were commended by equity activists as being the only subject report which had adequately addressed equity issues.

Margaret earned the respect and esteem in which she was held. Her vast knowledge, skills, dedication and generosity in sharing those skills, brought visionary leadership from which so many benefitted. Perhaps most importantly she was a people person. Margaret cared deeply about the situation of others and was always ready for the challenge of travel to relatively unknown places to support the advancement of girls and women in physical education and sport.

In 1999 Margaret wrote a Presidential address in the IAPESGW book ‘Honouring the Legacy’ which was produced for the Association’s 50th anniversary. In this she laid out the global challenges facing all of us and the role the Association could play, alongside others, for a better world. Her incisive vision of a changing world in which there remained challenging divides in wealth, resources and opportunities, is even more relevant today than it was then. She also highlighted the need for capacity building in those areas where it was most needed and in IAPESGW itself. The Association is not alone in being dependent on the willingness of volunteers to bring knowledge and skills to recognise and address international challenges. She also wrote about the need to maximise the extent to which the Association can mobilize the collective and individual resources members can bring, while making the work attractive and worthwhile to those who contribute:

My dream and future vision is that every girl is able to exercise her entitlement to a full range of opportunities for physical activity and sport; that women’s and girls’ contributions to physical education and sport are routinely valued; that women are customarily involved in leading educational practice and research in physical education and sport; that research and the development of knowledge includes, and is
enriched by women’s and girls’ experiences; that professional organisations are committed to valuing diversity and promoting equity (whether as mixed-sex or single-sex organisations); that the systems of physical education and sport are inclusive, pluralist, and comprehensive in countries all over the world; and that equity and social justice are guiding principles for the practice of sport and physical education. IAPESGW has the opportunity to contribute towards that dream.

The Presidents who followed Margaret Talbot were Professor Darlene Kluka 2005 – 2009 (USA), Professor Tansin Benn 2009 – 2013 (UK) and Professor Rosa Lopez de D’Amico 2013 ongoing (Venezuela), and we have all shared this dream and worked alongside the membership and its partner organisations such as the International Council of Sport Science and Physical Education, its working group the International Committee of Sport Pedagogy, WomenSport International and the International Working Group for Women and Sport, to make an ongoing contribution to a more equitable world.

2.2 Darlene Kluka, USA, (IAPESGW President 2005 – 2009) (Autobiography)

Darlene A. Kluka, D Phil; PhD; MA; BA (IAPESGW Executive Board Member, 2005 – 2017, President 2005 – 2009, Honorary Life Member from 2013)

Reflections on professional life and how these facets equipped me to be a contributor to IAPESGW

Growing up as an only child in a family that immigrated from what is now the Czech Republic and Slovakia, I spoke Czech before I spoke English. Because my parents fell in love in the Czechoslovak neighborhood in the Chicago area at a Pilsen Park dance, I was born in an area of the USA that was engulfed with immigrants from central and eastern Europe. My parents were old enough to be my grandparents, my four grandparents had passed away by the time I was six, and my first cousins were the generation in between my parents and me. My mother had an eighth-grade rural education, my father, a rural sixth grade one. Now, as I am in my 60s and have completed a 45-year career in education, my immediate family and first cousins have all passed away. Collectively, they left me with phenomenal passion for formal education, different cultures, languages, and a desire to travel. For some reason, that remains somewhat unclear to me, I wanted to become a teacher from the age of six. I suspect that my experiences in the Alois Jirásek Česka Škola on Saturday mornings at the local sokol (Sokol Berwyn) influenced my desire to teach. By the time I was twelve, I was assistant teaching a primary class along with the teacher!

To further my interest in languages, in primary school, we were required to take two years of Spanish. In high school, I had the opportunity to take three years of German, and as I began my undergraduate degree quest, my major was German. At the end of the first semester of my first year, I met a young woman whose major was physical education. Her enthusiasm, good heartedness, and zest for all that is good about sport and physical education helped me to decide to major in health and physical education and minor in German. During my four years at the university, I served on the Women’s Recreation Association’s Board of Directors and
became President. It is here where I gained experience in leadership as well as played volleyball and served as captain for two years.

After graduation, I came back to the Chicago area to teach physical education and coach for ten years. In sport, I became the first woman to assistant coach boys’ gymnastics in the state, as well as having coached boys’ fencing, girls’ volleyball, girls’ softball, and girls’ field hockey. An opportunity arose to coach volleyball and softball at the collegiate level after having invested ten years at the high school level. I was also exposed to teaching physical education activity courses to university students. This provided me with the desire to earn a doctoral degree in order to have credentials to become faculty at the university level in the USA. After having earned a PhD in motor learning, I began my tenure in higher education. Volleyball and women and sport became my areas of greatest interest soon thereafter. I pursued volleyball officiating and was selected as one of two officials to call the Illinois State High School Association’s Volleyball Final Match and was one of six officials used in demonstration matches of Olympic men’s and women’s volleyball teams as they toured the USA prior to an Olympic Games. Shortly thereafter, I was nominated by Special Olympics Volleyball to the USA Volleyball (USAV) Board of Directors and, ultimately, served as a Vice President for USA Volleyball. In the meantime, the National Association for Girls and Women in Sport (NAGWS) had positions available on its Board of Directors. I served in some capacity on the board for a decade, culminating with the presidency. While president, I was selected by the United States Olympic Committee (USOC) as head of delegation and one of four to participate in the International Olympic Academy (IOA) in Olympia, Greece. A few years later, I was selected as Deputy Delegate to the USOC for a quadrennium. Toward the turn of the 20th century, I was nominated by IAPESGW and elected to the International Council of Sport Science and Physical Education (ICSSPE) Executive Board. Thereafter, I was elected as president of IAPESGW and learned much about international politics and positioning during one of the most interesting experiences of my life.

As I reflect on my unbelievably marvelous professional career in high school and higher education, and being able to combine service through professional organization work with travel and multi-cultural experiences, my professional life has really been special:

- I determined early-on in my career that I was supremely interested in building and shaping rather than maintaining. This genuinely challenged my ability to strive in many ways and work with first-class professionals in order to achieve our goals;
- Having taught and coached literally thousands of students who have become extraordinary people as adults;
- Growing from local to state to regional to national to global regional to international in research and service;
- Becoming a member, participating, and leading in many professional organizations through international level;
- Having been selected by professional peers to several Hall of Fames nationally, awarded several honors awards at state, national and international levels;
- Evolving as a selected keynote at state, regional, national and international conferences; and
- Being honored by two of alma maters, one as a Distinguished Alumna, the other for outstanding achievements.
The formal education I have undergone (with my family’s expectations) and the growth experiences I have had while teaching/coaching/administering in education have brought me to this place. My life has been made abundantly full as a result of experiential learning. Those who have believed in me and have been on the path of the women’s movement have made indelible footprints on my soul. Several of them include: Prof JosefinA Bauzon, Dr Tansin Benn, Prof Dr Celia Brackenridge, Prof Dr Doris Corbett, Prof Dr Rosa Lopez de D’Amico, Prof Dr Gudrun Doll-Tepper, Prof Dr Ginny Crafts, Dr Christina Gipson, Prof Dr Anneliese Goslin, Prof Dr Aileen Lockhart, Prof Dr Phyllis Love, Prof Dr Jane Mott, Prof Dr Linda Peterson, Prof Dr Susan Schafer, Prof Dr Phoebe Scott, and Prof Dr Margaret Talbot.

Many of these women were associated with IAPESGW. I will always be grateful to IAPESGW, as an organization, for providing me with support and a like-mindedness of purpose to make the world a better place for girls and women through sport and physical education. As an honorary life member, I will continue to encourage and embrace those who share like-minded purposes throughout the world.

2.3. Tansin Benn (England), (IAPESGW President 2009 – 2013) (Autobiography)

Tansin Benn, PhD; M.Ed; MA; B.Ed. (IAPESGW Executive Board Member 2005 – 2017, President 2009 – 2013, Honorary Life Member from 2017)

Reflections on personal and professional lives and how these facets equipped us to be major contributors to IAPESGW?

My destiny in the field of dance, gymnastics and physical education started at an early age thanks to my mother and a number of inspirational teachers. A childhood filled with opportunities to learn and enjoy physicality, mainly through dance and later gymnastics, meant that a pathway into teaching physical education was inevitable. During my teacher training I was selected to demonstrate at my first IAPESGW Congress in 1973 (the 7th quadrennial event) held in Tehran, Iran, with a preceding folkdance workshop in Jerusalem. This was a life changing event in many ways, my first flight out of England and first awareness of cultural diversity on an international scale. I was part of a team of 19 UK Physical Education Teacher Training students selected to demonstrate modern educational gymnastics and dance alongside many other practical demonstrations from groups gathered in Iran from around the world. Little did I know then how much this Association would come to mean in my later life.

I began my career as a teacher of physical education, later becoming Head of a Department of Physical Education at a school in Birmingham. This led to a lectureship in teacher training at Westhill College, Birmingham, which later became part of the School of Education, University of Birmingham, UK, where I worked for 28 years in lecturing, management and research. I taught across many undergraduate and postgraduate programmes, designing and implementing new programmes, and in management acquiring skills on a different level in, for example, strategic planning, quality assurance, and decision-making. I developed a research career in social science that involved international travel and inspirational opportunities in the later years of my work at the University. It led to the opportunity to
publish in many journals and books and to co-author with many leading colleagues around the world. In total my professional career in the field spanned 38 years. My interest continues in retirement through IAPESGW’s collaborative publishing projects and voluntary work with local charities in the field of maintaining physical activity for older people and people with disabilities.

Reflecting on some of the personal highlights that brought the most fulfilment in my career, these were:

- starting the Birmingham Youth Dance Company, UK, in the 1980s that still exists today as a way through which talented young people can develop their performance and choreographic skills;
- contributing to British Artistic Gymnastics as a volunteer coach, member of the National Women’s Technical committee and as an International judge for over 20 years;
- designing and implementing the world-first part-time, customised Master’s degree programme for the professional dancers of Birmingham Royal Ballet Company;
- being asked to join the senior management team in the School of Education at the University of Birmingham, UK;
- listening and responding to requests from Muslim women students studying to become teachers at my UK institution who had difficulties with participating in physical education as it was organised and run. It was this experience that started my long research journey with Muslim women and girls in physical education and sport in the UK and internationally;
- Winning a Leverhulme Research Fellowship in 2008 that allowed me to live and research with women in physical education in Oman, in the Middle East, and link that with IAPESGW’s interest to support women in the region; co-organise an international study week in Oman2008 and contribute to the book ‘Muslim Women and Sport’ (2011), published by Routledge.
- Being awarded:
  - 2013 - the Kluka-Love USA’s Women’s Sport Foundation International Research Award
  - 2012 – the Phillip Noel-Baker Research Award – ICSSPE (International, Council of Sport Science and Physical Education)
  - 2012 – the Outstanding Contribution Award (International) – Muslim Women’s Sport Foundation, UK.
  - 2017 – becoming an Honorary Life member with IAPESGW.

All of the above contributed towards the skills of leadership that gave me confidence to embrace a leadership role with IAPESGW but the people I had the opportunity to learn from made it possible. Enhancing my knowledge and skills in the UK’s higher education and sport sectors meant that I was fortunate to meet and work with many outstanding women leaders and researchers, one of whom was Professor Margaret Talbot, then busy in many spheres including helping to write the first National Curriculum for Physical Education in England and Wales in the 1990s. She was also President of IAPESGW and asked me if I’d like to be the UK representative in 2001 when we both attended the 14th quadrennial congress in Egypt. Margaret was one of my mentors whose wisdom supported and steered me into international leadership and policy influencing circles. When Margaret left the Executive of IAPESGW I stayed on the Board led by another positive, supportive President, Darlene Kluka, so when she decided to step down in 2009 I felt privileged to step up to the Presidency. I also want to
acknowledge Gertrud Pfister, international scholar, former IAPESGW Executive Board member, and ongoing supporter of publications and activities, who has remained a great mentor and friend over these years.

Those colleagues I have met through IAPESGW have become friends and they share key characteristics: generosity to give of their time and often personal resources; openness and willingness to share knowledge and find time to collaborate; ability to both lead and follow with equal commitment and to squeeze IAPESGW challenges into impossibly busy working lives in their own countries. This was the right environment for me to grow in international development work with a shared purpose.

I was attracted to the Executive Board and wider members by the opportunity to work with diligent, willing, ‘can do’, talented and generous professional people who understood inequalities, looked outwards with a shared vision and who wanted to stand together for a better world for girls and women. More specifically the ‘team’ included: those who managed day to day operations and communication networks of the association; those who worked to secure quadrennial and regional conferences over the years to enable colleagues to meet and exchange knowledge across the world; those responsible for Oman 2008 with its ‘Accept and Respect’ declaration, and the ‘Muslim Women in Sport’ book published in 2011; those from the collaborative ‘Global Voices’ and other projects with organisations of the International Council of Sport Pedagogy (ICSP, a working group under ICSSPE); those catalysts for the ‘Women and Sport in Latin America’ 2016 publication with voices of 33 women from across Central and South America and diaspora communities; and the ‘Five Continents’ books with their global reach (see chapter 4 for more information on these projects). Involvement in such projects gave many of us insights into the situations, successes and challenges faced by girls and women in countries across the world. I was privileged to be part of this busy period, to work with and learn from so many like-minded colleagues on these journeys. In turn all those involved leave a great legacy for others to learn from, and build upon, in the years to come.

My favourite reflection is of IAPESGW as a busy team and I thank each one of you who joined us and made a positive difference for the future of girls and women in physical education, sport, dance and physical activity. An Honorary Life membership means I will always be connected to the Association, respectful of the core values and above all appreciative of the many like-minded colleagues from around the world who have become my friends. So – here’s to us all – ‘Let’s keep moving together ….’
2.4. Rosa Lopez de D’Amico (Venezuela), IAPESGW President 2013 – ongoing  
(Autobiography)

Rosa López de D’Amico, Post Doc, PhD; M.Ed; BEd Foreign Language English; B.Ed Physical Educaion and Sport.  
(IAPESGW Executive Board Member 2007 – 2013, President 2013 – 2017, 2017 - 2021)

Reflections on personal and professional lives and how these facets equipped us to be major contributors to IAPESGW?

Growing up as an only child, my mother made me participate in various extra-curricular activities, particularly in music, ballet and gymnastics since I was very young; she didn’t want me to feel alone, so every single day I had a different activity. My grandmother and cousins were great supporters. Soon I had to decide on just one of them in order to dedicate more hours every day and artistic gymnastics was my choice from when I was 8 years old. At the age of 9 I was already a member of the state team and winning at national level. My first international trip was at the age of 10 as a member of the Venezuelan national team participating at the pre-junior South American championships that took place in Argentina. At the age of 12 I became national champion at junior level and from then I was also a member of the national squad and participating in international competitions. At the age of 11 my mother made me take an English course during school vacation, there I met another mentor in my life Mme Baumgartner who taught me the love to languages. At 11 years of age I noticed that I was able to communicate with others in English during international competitions and to support my team members with English too, that was a fantastic feeling. At high school I assisted my friends who were part of the gymnastics club, as I was a well-known as the gymnast by that time.

The year before I started university I had a terrible injury to my knee that prevented me from practising gymnastics for nearly 6 months. I decided to go to the university in my home city, although I could not study physical education because my knee had still not recovered. I studied foreign languages majoring in English; that was easy to me. In the afternoons I started coaching gymnasts in the state gym, it was voluntary work. Two years later I requested to study a second subject for another career and, by then, was allowed to study physical education majoring in sport. I continued coaching, judging and being involved at the Venezuelan Gymnastics Federation level and the national technical committee.

As I graduated with honours in both career and started to work at the University. I continued working as gymnastics coach of the university – Universidad Pedagógica Experimental Libertador UPEL (administrative position) and quite soon as substitute lecturer in the English Department. A position was opened and in 1991 I became a permanent staff member at the University on the Physical Education Department to work in the academic field of gymnastics. As there was a great need of staff at the English Department the Dean and Head of Department requested that I transferred to the English Department, agreeing that I remain connected to the PE Department. My husband was at the PE Department and we agreed that it was good for me to transfer to the English department. I continued working all my academic life in both areas thanks to that decision and the English Department staff were always supportive of my involvement with the world of physical education and sport.
My experience in the world of gymnastics helped me to value team work and the importance of supporting others in order to have a great team. Although I was already a leader I did not always feel like one and continued to work with colleagues at all levels in the world of sport and in the academic field as well. Some important women introduced me to the feminist theory doing my master studies, which I embraced. I had grown up in an environment where we were all valued; I had little idea of the mistreatments that existed in the area. In coaching I always worked with girls and had some experience of working with ballet and choreography with male gymnasts and karate athletes. I had published in the 1990s but not much at that point. In 1998 I went to study for my PhD in Australia (University of Sydney) and it was indeed a turning point in my life to encounter so many academic organizations. I was fortunate to have a supervisor who supported all my initiatives and decisions in order to improve my knowledge in the area. I came back to Venezuela in 2001 to my former position at the university to continue responsibilities in lecturing, management, research and community work.

I taught across many undergraduate and postgraduate programmes, designing and implementing new programmes, and in management as program coordinator, head of department, Vice Dean and as a member of the University Council. I developed a research career that involved participating in various academic organizations (ICHERP-SD, ISCPES, IAPESGW, ICSSPE, WASM, IWG) and experienced inspirational opportunities to support the creation of others (EDUFUSADRED, ALGEDE, ALESDE, ALCIDED, AVECASFIDE). I have had the chance to publish in Spanish and English in many journals and books and to co-author with many colleagues. In particular I have tried to support people in my home country and in Latin America to publish. In 2017, after 27 years working at the university, I decided to retire, nevertheless I remain active supporting the doctoral program, coordinating the research centre, research projects, invited scholars and participating in academic international organizations.

As I reflect on my personal and professional lives, I have been fortunate to combine service through professional organization work with travel and multi-cultural experiences. I share some of the personal highlights that have brought me fulfilment in my career and equipped me to be a contributor in leadership:

- Having being in the world of gymnastics as gymnast, coach, judge and administrator;
- Leading the creation of the research centre EDUFISADRED;
- Becoming a member, participating, and leading in many academic organizations from national through international level;
- Leading the creation of some Latin American academic organizations; first president of the Latin American Association for Sport Management (ALGEDE);
- Designing the first doctoral program in Physical Activity and Sport Science in Venezuela, and supporting the creation of the first master program in Sport Management and the Masters in Recreation;
- Designing the programme for a career in Foreign Languages to include various languages at undergraduate level;
- Leading the national program for teachers in service (primary and secondary school) in the area of English language and designing the text books for those levels;
- Advising the national program for teachers in service (secondary school) in the area of Physical Education and designing the text books for that level.
- Studying at the University of Sydney and being awarded the Thomas T. Roberts fellowship that allowed me to do comparative studies and field research in various countries, and later the Ewing post-doctoral fellowship to continue researching;
- Having received various awards, among which:
  - ‘The Gold Medal of Honor’. The International Council for Health, Physical Education, Recreation, Sport and Dance (2006);
  - State Award ‘Honor to Scientific Merit’ 2008. Aragua State Foundation for Science and Technology;
  - National Award for Academic Productivity 2008. Universidad Pedagógica Experimental Libertador (UPEL);
  - Honorary President of the Latin American Association for Sport Management (ALGEDE) and founder member 2017;
  - Honorary member of the World Association for Sport Management (WASM) - Founding member, 2013;
  - Becoming the first Latin American president of IAPESGW in 2013 and able to represent the Association in many corners of the world.

All the above elements gave me the strength to embrace the role of leadership in IAPESGW but moreover the people that surrounded me. First of all, my grandmother, my mother and my husband who always believed in me and motivated me to go ahead and definitely the patience and support of my son and daughter. Through life I have received the support of men and women who have been crucial to my engagement in international academic work and from whom I have learned much. It is impossible to mention all those who paved the way for my international work before I became involved with IAPESGW but they included Catherine O’Brien and Walter Ho (ISPES), Herbert Haag, Margaret Talbot, Darlene Kluka and Gudrun Doll-Tepper (ICSSPE).

Regarding IAPESGW, I became more aware of the Association’s work from the year 2000. In 2005 I attended the congress in Edmonton, with Josil Murillo, I was supervising her doctoral studies in gender issues at the time. In 2007, in Poland during an ICSSPE meeting, Darlene Kluka asked me to join and consider being part of the board as there was no representation from Latin America, Margaret was also in that conversation and supported Darlene; after some consideration I decided to accept. In Guangzhou, China, 2008, I had further discussions about my role after 2009 and I became Vice-President for the next quadrennial period. In the Board we had a great group of international colleagues and we achieved much together with very positive relations. By 2013 there was support for me to step up to the Presidency for 2013 – 2017, it was indeed a challenge. I had the privilege to work with a wonderful board of women (Janice, Crosswhite, Anneliese Goslin, Karin Lofstrom, Rosa Diketmüller, Marianne Meier, Maryam Koushkie, Gladys Bequer, Canan Koca, Keh Chin, Yagi Arisa, Tansin Benn, Darlene Kluka) who made my leadership role easier and we achieved excellent goals, e.g., the first book ever about Women and Sport in Latin America written in English and the IAPESGW Five Continents series of inspirational women who have made a difference in physical education and sport. For the period of 2017 – 2021 there was again support for me to stay a second term as President, so I agreed.
Thanks to all our IAPESGW members, but also to all the LOC of our events, partners organizations with whom we have worked at ICSP and beyond, international organizations who acknowledge the work we do in IAPESGW, and to our web master, and Jenny Warner who organizes our newsletter that makes the work of so many people more visible.

At a personal level I strongly appreciate the support I have received from our IAPESGW friends who have always been present with caring words in difficult moments. My gratitude to you all who commit to the noble cause of giving and sharing, to being involved with the cause of acceptance and respect, to inclusion and the promotion of physical education, sport, dance and physical activity in the lives of all human beings. We will continue working together during this quadrennial period, and after 2021 there will be ongoing support for the values of IAPESGW and for furthering the friendships and bonds we have created over so many years.
CHAPTER THREE

IAPESGW Activities 1999 - 2019

This third chapter is divided into four sections that cover IAPESGW’s activities during the presidencies of Margaret Talbot, Darlene Kluka, Tansin Benn and Rosa Lopez de D’Amico. I am indebted for the contributions from past presidents, for the Bulletins, Newsletters and other sources sent by Amanda Bennett, Deanna Binder, Ann Hall, Nancy Melnychuck, Chris Shelton and others.

3.1. IAPESGW Activities – 1999 – 2005 – President Margaret Talbot

Author Tansin Benn

Executive Board Members 1997 – 2001

President - Margaret Talbot (UK); Vice-Presidents - Christine Shelton (USA) & Julika Ullmann (Austria); Sec / Treasurer - Pauline Wetton (UK); Elected members - Ritta Asanti (Finland), Margot Crummenerl (Germany, died 1997), & Shulamith Raviv (Israel); Co-opted members - Doreen Solomans (South Africa) & Akiko Takahashi (Japan); Coordinator for next Congress - Maha Shafeik (Ebid) (Egypt); Convenor of Board of Consultants - Gertrud Pfister (Germany).

Executive Board 2001 – 2005

President - Professor Margaret Talbot (UK); Vice Presidents - Christine Shelton (USA) & Suzi-Kathy Jost (Switzerland); Sec / Treasurer - Pauline Wetton (UK); Bulletin editor - Lynn Embrey (Aus); Elected members - Ritta Asanti (Finland) & Shulamith Raviv (Israel); Co-opted member - & Akiko Takahashi (Japan); Coordinator for next Congress - Doreen Solomans (South Africa), Rep from last Congress - Maha Shafeik (Ebid) (Egypt); Convenor of Board of Consultants - Gertrud Pfister (Germany).

The IAPESGW Millennium Bulletin and the 2000 Newsletter offered a rich history of the Association’s work at this time. The material collated indicated the scope of connections with other organisations around the world, the main direction the girls and women in physical education and sport domain was taking, people and organisations whose efforts were making a difference on all continents. The Millennium Bulletin in particular captured the moment in terms of advocacy and action to improve understanding and visibility of gender inequalities in physical activity, physical education and sport opportunities around the world, and its significance to life chances, mental, social and physical well-being.

The importance of links and cooperation between key organisations were highlighted in a report on leadership and sharing good practice by Darlene Kluka (later President of IAPESGW 2005 – 2009), for example she mentioned the International Olympic Committee (IOC), International Council of Sport Science and Physical Education (ICSSPE), Womensport International (WSI), International Working Group for women and sport (IWG), International Council of Health, Physical Education, Recreation, Sport and Dance (ICHPERSD), Sport Association of Arab Women (SAAW), European Women in Sport (EWS,) Women’s Sports Foundation of the USA – International Council (WSF – IC), African Women in Sport Association (AWISA), and national organisations through reports,
for example, from Australia, Canadian Association for the Advancement of Women (CAAWS), Japanese Association of Physical Education and Women (JAPEW), Nigeria, Uganda, Malaysia, UK, and the USA. These reports shared changes in a positive direction for girls and women in sport, for example, in national policies, addressing gender differences in prize monies, club rules, new research institutes and targeted programmes. Changes were happening at international level with the World Summits on Physical Education in Berlin (2000) and Magglingen (2005) which cascaded a higher importance for the value and importance of this subject around the world. The Beijing+5 commitments to equality, the ‘Sport for Development and Peace’, Development through Sport and Sport for All movements, the Commonwealth and United Nations committees were listening and, at least in Declarations for action, were committing to making a difference. It was a promising time and IAPESGW had a presence through its President, members and international reach, for example the 2000 Newsletter stated:

Our President, Margaret Talbot, has travelled extensively on behalf of IAPESGW and girls’ and women’s sport and physical education. And, her appearances, presentations and collaborations have assured us a voice in the international professional community.  

Margaret was generous in acknowledging the support she had to enable her to hold these roles, notably the secretarial and administrative support from Leeds Metropolitan University and understanding about time required to travel for international engagement. There was also funding for travel in this role from the UK Sports Council which unfortunately has been withdrawn since.

Holding other simultaneous roles for example as Vice President of ICSSPE, and links with the IOC, WSI and IWG, FIEP, ISHSPE and wider international organisations, Margaret had extensive connections with international organisations and an ongoing commitment to IAPESGW, as its President, to bring a voice for girls and women in physical education and sport to every opportunity. That said, she always paid tribute to the outstanding commitment and work of others, for example:

I would like to pay tribute to those members and colleagues in Womensport International, who have invested so much energy and commitment to trying to have included in the ‘Beijing + 5’ documents, visible and sensible statements about the values of physical activity and engagement in sport and physical education for girls and women. They have faced formidable challenges of the labyrinth of United Nations internal politics and structures…. In particular I would like to mention Libby Darlison, whose papers produced for UNESCO did provide a coherent and persuasive platform for representing our interests; and Carole Oglesby, for her determination and perseverance, trying by her own personal presence to make sure that our collective voice was heard. I know that this has sometimes reduced her to exhaustion and frustration; but she has always marshalled her resources, and again haunted the lobbies and anterooms of the UN committees, to continue the representation of the

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2 IAPESGW Newsletter Spring 2000 Vol 4, p1. (From Christine Shelton, Smith College USA).
role of physical activity, physical education and sport in women’s lives and the policy statements that address them.\(^3\)

Highlights outlined in the Millennium Bulletin documented several projects which had been important for IAPESGW, for example:

1. The collation of the first fifty years history of IAPESGW in the book ‘Honoring the Legacy’ 1949-1999, (Hall and Pfister 1999), Gertrud Pfister was then the Executive Board’s Head of the Board of Consultants.
2. July 1999 – 50th Anniversary of IAPESGW celebrations at Smith College, USA. (opening – a procession of delegates from 30 countries). Notable contributions from WSF, IWG, ICSSPE, ICHPERDS, national women’s sport organizations eg Japan, Colombia, Uganda, Barbados, Nigeria, Canada. Ann Hall & Gertrud Pfister’s 50 year history of IAPESGW – Honoring the Legacy’ was presented for the first time. Chris Shelton and the Smith College team did an excellent job with the celebratory event.
3. World Summit on Physical Education, Berlin 1999, with the IOC, ICSSPE and many other international leading organisations. IAPESGW members and colleagues on the International Committee of Sport Pedagogy (ICSP) were committed to preparing the work necessary for this Summit.\(^4\)
4. June 2000 – a voice at the Beijing + five meetings following up from the 1995 Beijing Platform for Action where for the first time the United Nations conference has recognised areas of concern related to women and physical activity.

The ongoing process of contributing to the shaping of international policy guidance in physical education, sport and gender issues continued across the early millennium years, with the groundwork that enabled IAPESGW colleagues to be strong contributors to significant global policy development in later years, for example the years of ‘Quality Physical Education’ work that contributed to UNESCO’s adoption of Policy Guidelines. Other roles for Executive members by 2004 included Chris Shelton, Vice-President, tracking further archive materials from members in the USA for the Smith College archive; Amanda Bennett (Secretary / Treasurer, UK) was locating a web hosting company, hoping this would be live before the 2005 quadrennial congress in Canada; again support of a wider professional network was acknowledged including UK Sport and the Central Council of Physical Recreation (CCPR UK).\(^5\)

Issues raised towards the end of this quadrennial at the June 2004 Executive meeting in London were: succession planning, how to maximise opportunities for IAPESGW following the identification of world crises for the subject and the two World Summits; how can IT be used to improve communication with partner organisations; can IAPESGW address


developing concerns about obesity around the world; the problem of IAPESGW’s dependence of volunteers time and the ever increasing demands; the role and remit of IWG on Women and Sport and IAPESGW’s place on it. Executive Board members reports indicated action in respective roles and countries and where their networks connected with IAPESGW and its mission, for example how internal political upheaval and troubles affected membership in Israel (Raviv Shulamith), fruitful but challenging developments in Egypt (Maha Shafeik (Ebid), new ideas for developing membership in Switzerland (Susi-Kathi Jost), Finland was undergoing sport body amalgamations to create the largest body for children and youth in gymnastics (123,000 children) (Riitta Asanti), Chris Shelton (USA) was continuing her work with Martha Brady on Sport Development and Women, developing cross cultural research ideas to promote women’s health and physical activity through sport and to attend the next IOC World Conference on Women and Sport. Lynn Embrey (Australia) was thanked for her work in collating information for the Bulletin and Newsletters. Communications about the 2005 Quadrennial Congress to be held at the University of Alberta, Canada, were well underway with an excellent report following an onsite visit about the organising team: ‘They are committed and professional group of people who are so willing to work on behalf of IAPESGW’.

Financially IAPESGW was able to function at that time through membership affiliations and accumulated funds. The institutional support for Executive Board members’ roles included the management of the membership list by an administrator at CCPR, Smith College USA absorbing the costs of producing the Bulletins and Newsletters (all in hard copy form at that time), and appreciation was recorded for this support. The cost of the imminent web development was recognised and agreed as essential to the future of IAPESGW. There were concerns about increasing banking problems after 9/11 and having sufficient funds to pay out for the awards (then monetary). The ‘absorbed’ costs through professional institutions reflected shared values concerning internalisation, the core mission of IAPESGW.

**Summary 1999 - 2005**

The use of Association documentation from 1999 – 2005 which spanned Margaret Talbot’s presidency periods for IAPESGW, and the support of individuals with such materials or personal memories, has enabled us to have a picture of the international work happening at the time. It is possible to conclude that the striving for awareness and action to improve opportunities for girls and women in all areas of physical activity were part of longer term processes of change, stemming from the 1990s and continuing into the 2000s. There is evidence of success in influence, declarations, collaborations, commitment and dedication to many facets, for example, in the documentation used and developed at the World Summits of Physical Education, the first global events to introduce international debate on the state of Physical Education worldwide, building on Ken Hardman’s and Joe Marshall’s World Surveys of Physical Education; and in heightened awareness of gender issues and existing pockets of good practice internationally.

No doubt IAPESGW Board individuals struggled to find time and finance for such an international commitment to developing knowledge and awareness at the highest levels in order to contribute to the position of girls and women in a world of constant change. With

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6 Ibid, p5.
certainty, it can be said that IAPESGW’s success was dependent on the efforts of these professional women members, with busy lives, who were committed to continuing the work of the association through personal motivation, recognition of the value of international collaboration, dialogue and reciprocity, in contributing to an association where shared interests and altruism met.

3.2 IAPESGW Activities 2005 – 2009 by Darlene Kluka (President)

Executive Board and Membership

President – Darlene Kluka (USA); Vice Presidents - Doreen Solomons (South Africa) & Susi-Kathi Jost (Switzerland); Secretary/Treasurer – Amanda Bennett (UK); Communications - Tansin Benn (UK); Members - Toshiko Shimouchi (Japan); Nancy Melnychuck (Canada); Rosa Lopez de D’Amico (Venezuela); Janice Crosswhite (Australia); Clemencia Amaya Maya (Colombia); Chair of consultants - Margaret Talbot (UK); Graduate Student Intern: Christina Gipson (USA).

After an eight-year period of continuously superb leadership by Prof Dr Margaret Talbot and the Board, the Association sought new leadership for president. After some challenges determined by the Nominating Committee, a twelve-year member of the general membership was nominated and elected as president. This was unusual because the person did not have any IAPESGW Executive Board experience. In 1996, she had been nominated by the IAPESGW Executive Board and elected to the ICSSPE Executive Board. As a result, she served as co-editor of the ICSSPE publication, Women and sport: Sharing good practice. Another IAPESGW member, Denise Jones (South Africa) facilitated data collection at the IWG Conference on Women and Sport, held in Namibia.

Planning for the future

IAPESGW needed a strategic plan for the next four-year period. Within that plan was a review of the brand and a contemporary design element. The president was fortunate enough to find a young woman, Christina Gipson, in graduate school at Georgia State University, USA, who needed an internship in the field of sport management. She was invaluable to the organization in its development of the plan. From the Board meetings in this period came the revised vision, mission, values and aims visible today, as seen in chapter one. Much of the ethos of the Association was expressed in the African word, UBUNTU. This led to the decision to include UBUNTU into the title of the 2009 Congress, ‘Practice and research in physical education and sport in the spirit of UBUNTU’.

The name of the organization was reviewed. The Board decided that the name would stay the same for the next four years. The design element was also reviewed, and it was determined that it would also remain the same. The color purple was also determined to be fully appropriate, as it is the universal color symbolizing women.

Membership benefits included a quadrennial international congress; an annual Bulletin and newsletter, sharing members’ news across the globe; a continuation and growth of interested practitioners, researchers and policy makes sharing in promoting life-enhancing opportunities for girls and women in physical education and sport; and research support and endorsement, through a committee of consultants, for international development.
As a result of the need for a strategic plan, the Executive Board discussed the basis for programs, projects, and initiatives engaged in by the Association. Values clustered into five main categories: human rights (inclusive, equity, access/opportunity, diversity, legacy); quality (active participation, health, research, monitoring education); united voice (international networks, cooperation, collaboration, advocacy, promotion); ethics (fairness, respect, support, transparency, nurturing, caring, sharing, social responsibility); and leadership (responsibility, ownership, positive role models, knowledge, skills, vision, flexibility, responsiveness).

**Improving communication**

Part of the new strategic plan involved Dr Tansin Benn serving as an amazing Communications Coordinator. She, Amanda Bennett (UK – Treasurer), and the outgoing president, Dr Margaret Talbot, worked tirelessly to secure a viable website and literally changed the face of communications for the Association. The website is [www.iapesgw.org](http://www.iapesgw.org) and continues to be one of the strengths of the organization. Special thanks to Jenny Warner, the talented web master, located in the UK. Country representatives were clearly enhanced during this time. Roles were delineated for the representatives to: promote the Association in their country, encourage new membership and nominate for Executive Board positions; act as a point of collection and dissemination of information between the EB and Association members; keep a database of members in the country and collect membership fees when due, holding them until meeting the Treasurer at IAPESGW Congress; ensure Association’s Secretary/Treasurer’s database for members in each country is up to date with full email addresses; submit electronically to Communications Coordinator any ongoing news for website; newsletter and Bulletin deadlines need to be met; receive electronic copies of newsletters and Bulletins on behalf of members in countries and assume responsibility for disseminating these to all country members electronically; encourage young women to apply to be considered for the Kluka-Love Award; nominate outstanding women for the Dorothy Ainsworth and Lynn Vendien Awards.

A PowerPoint presentation was created and made available for EB members and country representatives to use and/or translate for use at regional, national, or international events. Additionally, the first use of skype was conducted to assist in decision making of the organization. This was no small feat, as technology was certainly nowhere near where it is now!

**Networking developments**

At the EB meeting in Melbourne, Australia, IAPESGW decided to continue to collaborate with other international organizations. Margaret Talbot was Vice President of ICSSPE, and Susi-Kathi Jost was treasurer. Tansin Benn and Julrika Ullman, Darlene Kluka, and Sandra Gangstead represented IAPESGW on ICSP of ICSSPE. Susi-Kathi Jost also represented IAPESGW to the European Women Group on Women and Sport.

As a result of the president having accepted a new position at Kennesaw State University (JSU) outside of Atlanta, Georgia, USA, an executive board meeting was held in 2007. A unique opportunity arose for the entire board to be featured as a panel at the 8th annual Phenomenal Women’s Conference. With their participation, the conference, hosted by KSU Siegel Institute for Leadership, Ethics and Character, was the first one featuring international women, sport and physical activity. Their contribution was stellar! As a result of the board’s
presence, the Phenomenal Women’s Global Alliance was begun and added the areas of health, physical activity and sport as a cornerstone. It continues.

Additionally, the president represented IAPESGW on the International Working Group (IWG) on Women and Sport. This was a particularly stressful time for the relationship to blossom and group with this network. Several philosophical differences arose during the previous eight years. These continued throughout this administration’s tenure. In order to send a more appropriate messenger for IAPESGW, the president decided to send Rosa Lopez de D’Amico to the last meeting of the administrative cycle in Colombia.

The second World Summit on Physical Education was held in Magglingen, Switzerland in 2006. The Summit was successfully held under the leadership of ICSSPE and the Swiss Federal Office of Sport. More than 150 decision makers and researchers from science, politics, sport, and education, representing nearly 40 countries, included several members of IAPESGW leadership. IAPESGW Executive Board provided a response to the Declaration resulting from the Physical Education Summit. At the 2009 Congress, there was a target symposium on initial teacher training and continuing professional development for primary teachers in physical education; recommended ICSP use membership of all bodies to collate information on resources for primary physical education globally, disseminated through the IAPESGW and ICSSPE websites; recommended ICSP use membership to collate examples of good practice in primary physical education; contributed to establishing special interest groups to focus on specific areas of inclusion. IAPESGW members from twelve countries volunteered to participate to track issues and opportunities for Muslim girls and women in physical education and sport which reported through a seminar at the 2009 Congress.

Continued cooperation and linkages between key organizations were evident. The IOC, ICSSPE, WomenSport International (WSI), International Working Group on Women and Sport (IWG), International Council of Health, Physical Education, Recreation, Sport and Dance (ICHPERSD), Sport Association of Arab Women (SAAW), European Women in Sport (EWS), Women’s Sports Foundation (WSF – USA), African Women in Sport Association (AWISA), Canadian Association for the Advancement of Women (CAAWS), Japanese Association of Physical Education for Women (JAPEW), Nigeria, Uganda, Malaysia, UK and the USA. Many of these were based upon Margaret Talbot’s professional connections; others were a result of other Board members’ networks.

**Lobbying for change**

*Middle East focus:* The Convener of Consultants, Margaret Talbot, provided three areas of ongoing research to which IAPESGW members continued to contribute to moving the strategic plan forward: Women in Leadership in sport and physical education; the status and implications of physical education in schools around the world, an integral part of ICSSPE’S ongoing research and advocacy; and Islam, women and physical activity – a priority area confirmed at the 50th anniversary. The most significant steps forward in lobbying for change involved a long-term commitment by the Board to prioritize the Middle East as a part of its focus over the next four years. Tansin Benn, and Margaret Talbot were instrumental in making the commitment into a reality, along with Sultan Qaboos University, Oman as host. Through much of the work of Tansin Benn and her colleagues in the Middle East, ongoing developments for some translation for international members became viable. Representatives in Turkey also translated the website and raised membership.
**Corporate partnerships:** In line with the strategic plan, a partnership was established with GeoFitness, Inc., a USA-based woman-led fitness corporation (through the efforts of its Vice President, Michael Cordier and the IAPESGW president). The organization also partnered with eight USA-based fitness/sport companies to offer a USA pavilion at the world congress. This initiative was organized and implemented by Michael Cordier.

**Grant applications:** Following the strategic plan, Janice Crosswhite (Australia), made a bid for $25,000 USD on behalf of IAPESGW to the Global Fund for Women to support the world congress and other work; unfortunately, it was not funded.

**Invited speaker events / conferences**

A unique occurrence relative to special conferences was hosted in the USA, directly targeting the enhancement of girls and women in sport through serious discussion of critical issues. The 2005 International Summit held in Atlanta, Georgia, *Affecting social change through women’s leadership in sport*, was hosted by Kennesaw State University, in association with the United States Olympic Committee (USOC) and the International Labor Organization’s (ILO) *Universitas* Network. It was the only conference held in the USA that was included on the agenda of the UN’s 2005 International Year of Sport and Physical Education. The newly elected president of IAPESGW served as one of the keynote speakers.

Prior to the commencement of the Summit, and concurrently during the conference, a *Women leaders for social change Consortium* was held. Its purpose was to bring key academic and professional leaders together to discuss important issues which encompass social change through sport initiatives and the role of women’s leadership in furthering the movement. A major outcome of the consortium efforts was a monograph that included the formulation of recommendations and guidelines for facilitating the mobilization of women to make a difference at community level throughout the world, using physical education, physical activity, and sport as vehicles for positive change. Several women leaders who had been members of IAPESGW were instrumental in the development of commitments to women and sport globally.

**Protecting histories – archive developments**

A new award was established as a mark of respect for Chiyoe Matsumoto (Japan), an honorary life member, and in gratitude for a donated gift to the Association. The award, the *IAPESGW Dance Development Award*, was designed to honour a respected dance practitioner/researcher who has sustained a strong reputation over many years and continues to work in the field of Dance Education. The award is presented at the quadrennial congress events.

Another new award was established during this administration, thanks to a financial gift by Darlene Kluka (USA) and Phyllis Love (USA), the *Kluka/Love Young Professional Award*. This award honours a young professional under the age of 35 who is viewed as an up-and-coming individual, contributing to the area of women and sport through leadership, service, research, and/or education. An award is presented at the quadrennial congress events.

In 2009 documents from this administration were forwarded electronically to the new President, Tansin Benn, in order to provide additional information and further continue the development of archives. Through this administration, archives were kept at Smith College,
USA, at the central library there, with many thanks to Christine Shelton, a past Vice-President of IAPESGW, 1997-2005.

Publications and IAPESGW Newsletters

The year, 2005, was declared the International Year of Sport and Physical Education by the United Nations, an historical ‘first’. Many publications became available in a variety of countries worldwide. As a result, several IAPESGW members published articles on the topic of physical education and sport in the lives of girls and women. The United Nations published a book indicative of this topic and can be found on the UN website in the archive area.

Bulletins were published annually as well as newsletters. Under the leadership of Tansin Benn, as coordinator of communications, and Amanda Bennet, communication with members improved substantially which included new looks for the Bulletin, Newsletter, email, and website. Bulletins and newsletter were regular and information-filled throughout 2005-2009.

As a follow-up to the 2008 study week in Oman, discussions arose with Routledge International involving Tansin Benn, Gertrud Pfister and Haifaa Jawad as editors for a book, *Muslim Women and Sport*. The book was published in 2011.

Symposia / workshops / seminars / congress

After much effort since an important seminar at the 2005 Edmonton Congress on the issues of Islam, women and physical activity, IAPESGW organized (by Tansin Benn, Margaret Talbot, and Yousra Al Sinani) and participated in a study week hosted by Sultan Qaboos University, Muscat, Oman in 2008. This is documented in chapter 5 in detail. A seminal declaration ‘Accept and Respect’, was orchestrated and shared internationally in many languages. This met with hearty congratulations from those in international leadership and is still being utilized, over a decade later.

During the ICSEMIS Conference (2008) in Guangzhou, China, a successful IAPESGW seminar was held. Margaret Talbot organized an outstanding session involving work and issues in Muslim countries (Tansin Benn with Maryam Koushkie) and a tool to implement the Brighton Declaration (Darlene Kluka and Anneliese Goslin). Over 70 attended the seminar.

Throughout the final year of this administration, IAPESGW was well represented at international meetings/workshops/seminars in Libya, France, Turkey, Australia, Finland, Colombia, USA, UK, Portugal, Venezuela, Cuba, Bahrain, Iran, Macau, China, South Africa, Oman, and Egypt. The Board, collectively, led the association with pride and distinction on all continents. Margaret Talbot was elected to President of ICSSPE; Susi-Kathi Jost was elected as Treasurer; Tansin Benn was elected to the ICSSPE Executive Board; Amanda Bennett was elected as European Women and Sport Chair; and Rosa Lopez de D’Amico attended as the official IAPESGW representative to the IWG meeting in Colombia.

As a leadup to the 60th anniversary of the world congress, at the AAHPERD Convention, held in Tampa, Florida (2009), IAPESGW held a session celebrating 60 years of international commitment. Speakers included Margaret Talbot, past president, Anneliese Goslin, chair of the scientific program committee for the 60th anniversary congress, and Darlene Kluka,
president. An international reception was also held to invite AAHPERD/NAGWS members to attend the world congress. An historical overview of the association, along with highlights of international commitment throughout the years, an overview of current initiatives and plans, and details about upcoming congress program and festivities were shared.

To prepare for the quadrennial world congress, an executive board meeting was held in Stellenbosch, South Africa in May 2008. It was hosted by the congress organizing committee, and by Doreen Solomons, the congress organizer and together, they provided an atmosphere that fostered productivity and familiarity with the future site. A partnership, through the LOC, was created with Kulula Airlines for discounted domestic airfare rates for those attending.

Work was focused upon the congress in July 2009. South Africa’s, Doreen Solomons and Anneliese Goslin (chair of the scientific and program committee), partnered with Stellenbosch University, the University of Pretoria, and divisions of the South African government (national, provincial, and local levels) to produce an outstanding world congress.

The 60th Anniversary of the IAPESGW World Congress was held successfully at Stellenbosch University in South Africa. Keynotes included Dr. Sherylle Calder (South Africa), only woman sport scientist to work in professional men’s sports in South Africa; Doreen Solomons (South Africa), a long-time member and former South African Ministry of Education coordinator for physical education; and Beth Kirkpatrick (USA), leader in the use of technology in physical education and sport programs, particularly designed for girls and women. Kirkpatrick was sponsored by Polar Heartrate Monitors. Michael Cordier, having championed a USA Pavilion at the congress, solicited ten companies to display products for the attendees. An additional treat was an interactive session on cup stacking, and each received a free personal set of the product. The entire congress celebrated the 60 years that had passed. A huge anniversary cake was shared by all, and several of IAPESGW’s past board members joined the celebration. Of note was the attendance of Chiyoe Matsumodo, in her 80’s. Over 300 were in attendance. At the end of the business meetings, Dr Tansin Benn was elected president to lead the organization for the next four years.

**Challenges and strengths of the quadrennial period**

**Challenges:**

Funding issues continued to be limiting for the full-functioning of the organization. There was no profit made by the congress. However, IAPESGW did not realize a loss. An additional 68 members were added as a result of including membership within the registration fee.

Having a four-year strategic plan was extremely beneficial to the health and future of the organization. Continuing the monitoring of and future planning will always continue as a challenge to those who will be in leadership capacities on the boards.

**Strengths:**

One of the most amazing strengths of the association lies in its members: their dedication, passion, and determination of IAPESGW members to utilize resources, both personal and professional, to continue the viability of the organization. I am eternally touched by the collective generosity of members.
The organization, through its membership, continues to fill gaps that appear throughout the world. This group is more than just a constitution, bylaws, and congress. It is a group, drawn together by common purpose and the best of humanity. The adage, where there is a will, there is a way, is fully appropriate for this organization.

Those who desire to serve humanity through sport and physical education have a home in IAPESGW. The organization continues to hold values that strive to empower girls and women through sport and physical education. The need for the organization continues to be relevant, and adjustment of the sails to overcome prevailing and unexpected winds continues to be a strength.

3.3 IAPESGW Activities 2009 – 2013 by Tansin Benn – (President)

Executive Board and membership

President – Tansin Benn (UK); Vice Presidents Janice Crosswhite (Australia) & Rosa Lopez de D'Amico (Venezuela); Secretary / Treasurer – Karin Lofstrom (Canada); Communications Coordinator – Maria Dinold (Austria); Anneliese Goslin (South Africa); Gladys Bequer (Cuba); Canan Koca (Turkey); Maryam Koushkie (Iran); Marianne Meier (Switzerland); Toshiko Shimauchi (Japan); Co-ordinator of the committee of consultants – Darlene Kluka (USA).

In this quadrennial period the Annual Executive Board meetings were held in South Africa, Cuba, Turkey and Scotland. Additional Quadrennial Congress planning meetings were held in Israel (Wingate Institute) and Florida (Barry University, Miami). As always the Association was grateful for the hospitality shown by all hosts to IAPESGW members at such events. It is impossible to capture everything achieved in a short report here, and much flowed in from the preceding quadrennial and continued into the next, but the following will give a flavour of the focus, efforts and contributions of people in the Association from 2009 - 2013.

Networking developments

Part of our quadrennial strategy in this era was to improve networking with key partner groups and associations. The Association made good progress as the following examples highlight.

1. IAPESGW and the International Committee of Sport Pedagogy (ICSP)

ICSP was a working group of the International Council of Sport Science and Physical Education (ICSSPE). It was originally comprised of 5 and later 6 international bodies: IAPESGW; AIESEP (Int Assoc for PE in Higher Education); FIEP (Fédération Internationale d’Education Physique); IFAPA (Int Fed of Adapted Physical Activity); ISCPES (International Society for Comparative Physical Education and Sport) and later ICCE (Int Council of Coaching Excellence).

Much time in this period was focused on working collaboratively on a 'Quality Physical Education' agenda regarding devising a Position Statement (ICSSPE 2010), and benchmarking in Physical Education. Also, IAPESGW contributed to a collaborative 'Global Voices in Physical Education' research initiative. Four of the ICSP Associations worked on this project.
IAPESGW, FIEP, ISCPES and IFAPA, using their respective networks to contribute to data gathering for an international qualitative and quantitative research study. The aim was to investigate the perceptions of teachers in physical education living and working in hard to reach countries around the world whose voices are relatively silent in the dominant literature. The first symposium on the Global Voices study was shared at ICSEMIS Conference, Glasgow 2012 and a fuller version at IAPESGW Cuba 2013. The project was managed by colleagues, led by Walter King Yan Ho (Vice President - Education - ICSSPE) at the University of Macau, and further work led to publications. Later developments headed by ICSSPE at MINEPS V and VI meetings, culminating in the 2015 UNESCO Revised Charter for Physical Education, Physical Activity and Sport\(^7\) and the UNESCO publication ‘Quality Physical Education Policy Package’, (January 2015)\(^8\).

2. NIKE, ACSM, ICSSPE 'Designed to Move - A Physical Activity Action Agenda'

IAPESGW was asked by ICSSPE, which led the coordination of the ‘Designed to Move’ project with Nike and ACMS, to contribute to shaping the framework for action\(^9\). Many international organisations were invited and it was a privilege for IAPESGW to be one. It was published in 2012 by Nike Inc. (designedtomove.org) and continues to be highly relevant and useful.

3. IAPESGW, WSI and IWG

In the 2009 - 2013 quadrennial period IAPESGW tried to further links between IAPESGW, WSI and IWG through dialogue and closer cooperation. Women within each group ‘have just got on with it’ and continued positive work on specific areas of focus that best matched colleagues’ interests. There were some tensions at times, not least around 2010 when the IWG Conference appeared to be turning into a competitor for the IAPESGW quadrennial event, becoming predominantly scientifically based, when it had been established with a commitment not to become a competitive.\(^10\),\(^11\) With goodwill and open communications these issues were resolved, we still have three associations, they share a mission and vision and all operate in distinctive and supportive ways for the benefit of girls and women in all aspects of physical activity. A fuller background of the WSI, IWG, IAPESGW history is told in Chapter 6.

**Lobbying for change**

IAPESGW has also been proactive in lobbying for change to advantage girls and women by giving Position Statements, alongside other associations, to influence change, for example around constraining dress codes of sports governing bodies that exclude some women from participation. The international lobbying platform has influenced change, for example, in

\(^7\) [https://unesdoc.unesco.org/ark:/48223/pf0000235409](https://unesdoc.unesco.org/ark:/48223/pf0000235409)

\(^8\) [http://www.icsspe.org/content/quality-physical-education-policy-package](http://www.icsspe.org/content/quality-physical-education-policy-package)


\(^10\) Letter from Tansin Benn as President of IAPESGW to IWG, November 9th, 2009.

\(^11\) Letter emailed from Margaret Talbot to IWG, 2010, as a founder member of the Brighton Conference and Women in Sport movement.
Badminton where officials tried to force women to wear skirts or dresses instead of shorts; and the issue of the hijab ban in sports uniforms has also needed much attention. A ban on wearing the hijab had excluded many women who wanted to respect their Muslim faith by covering their heads during participation. This has now been addressed in some international sports bodies. Changes happened after a large international lobby, including IAPESGW and our ‘Accept and Respect’ declaration, to allow head covering and more modest body covering, for example, in International Weightlifting (IWF), Football (FIFA), Beach Volleyball (FIVB) and Basketball (FIBA). These were major breakthroughs in terms of sports governing bodies’ regulatory frameworks, issues of power and equity.

**Invited speakers events / conferences**

Experts from IAPESGW have been invited to speak about the association at many events in various countries including: Syria, Libya, Qatar, India, Venezuela, Cuba, Australia, Iran, N. Cyprus, USA, UK, Turkey and Bangladesh. Specific examples include: Iranian Sports Science Association (March 2010), European Council of Sports Science (ECSS) Conference, Turkey 2010, ICSEMIS, Scotland (2012), EWS London (2012), first Qatari Conference on History of Women and Sport (2012), and the Global Conference of Traditional Games and Sports for Global Understanding (India 2013). Also, in this period we were invited to Conferences of partner International Associations — ISCPES (in Venezuela) and FIEP in Slovakia which was positive and exciting as we found much in common at such events and enjoyed reciprocity with members of these associations. Representatives of ISCPES and IFAPA as well as ICSSPE joined us in the IAPESGW Congress in Cuba in 2013. The collaborative work of ICSP has brought about this harmonious wider exchange of knowledge through inter-association networking. Most importantly, we are ongoing members of the umbrella organization, ICSSPE, and continue to steer much of our efforts through that organization to ensure cohesive international development work.

**Protecting histories – archive developments**

As the first International Association for girls and women to be established in the field in 1949, IAPESGW deserves a place in any archive dedicated to women in sport, physical education and the lives of great women who have brought us to where we are today.

Protecting histories was also a strategic theme of the 2009 – 2013 quadrennial period. In 2011 a UK based ‘Women and Sport’ Anita White Foundation Archive opened at Chichester University UK and IAPESGW was invited to donate some of its historical paperwork to the new collection for posterity. In an increasingly digital age it is challenging to think of future archiving systems that can guarantee protection and survival for the researchers of tomorrow but the papers deposited in the UK will build on the substantial IAPESGW archive at Smith College Massachusetts, USA. That archive exists because the founder of IAPESGW was Dorothy Ainsworth, a long serving staff member at Smith College USA. Interested parties can find materials on the early days of IAPESGW until the late 1960s. The Smith College archive is open to international researchers as is the Chichester archive.

**Publications**

The work of the 2008 IAPESGW / Oman Symposium which led to the ‘Accept and Respect Declaration’ and commitment to produce a book, was ongoing through this quadrennial period (see chapter 4). The first panel presentation on the work in progress was shared at the 2009 South Africa Congress and the book was published by Routledge in 2011, Benn, Pfister, Jawad (eds), *Muslim Women and Sport*. The foreword was written by the then President of
IAPESGW Professor Darlene Kluka and it tells the story of the emergence of this work through the association and other events, and its journey to the international platform. Most significantly, the 'Muslim women' focus of work for the Association emerged following requests for help to change negative stereotypes from Muslim members of IAPESGW in the late 1990s led to the decision of the Association to locate the 2001 Congress in Alexandria, Egypt. This is a good example of the ongoing nature of IAPESGW’s work between successive quadrennial periods, under different Presidents. It was also fortuitous that the focus of the President’s (Tansin Benn) research work was on the experiences of Muslim girls and women in physical education and sport, enabling dovetailing of resources and international capability.

**IAPWSGW Newsletters**

In addition to colleague's constant publications in their 'day jobs' Executive Board members were often asked to support IAPESGW Newsletters. Board members contributed regularly across the 2009 – 2013 period, for example through reports that kept members aware of the work of other linked associations on their Gender Equity progress such as the Canadian Association for the Advancement of Women in Sports (CAAWS), the Canadian Association of Health, Physical Education, Recreation and Dance (CAHPERD); Sport Association for Arab Women (SAAW), Australian Women'sport and Recreation Association (AWRA); the Latin American Sport Management Association (ALGEDE); Japan Association of Physical Education for Women; Japan Society for Sport and Gender Studies; Japan Association for Women in Sport; American Association for Health, Physical Education, Recreation and Dance (AAHPERD); Women's Sport Foundation (WSF); events such as the Asian Games and the Winter and Summer Olympics; and we have an Executive Board member, Canan Koca, who started the first Turkish Association for Girls and Women in Physical Education and Sport. These were achievements celebrated through our web and other publications and enabled us to track international developments.

**IAPESGW’s website**

The website was revamped in 2011 and became more user-friendly and accessible. Our web host Jennifer Warner in the UK started in 2009 and has been the mainstay of the website, the visible presence of the ongoing hard-work of members. Jenny has ensured information remained current, and new items were constantly fed in. It made a positive difference to our global interface. Thanks also to Karin Lofstrom for all she did with the difficult dual role as Secretary / Treasurer — especially for taking us into the social networking age with twitter and facebook developments during this time.

In conclusion, sometimes, as Board members, we can be proactive and at others we need to be responsive. Most importantly we have always wanted to be responsive to the needs and requests of members, and we continue to invite you to get in touch and help to shape the next four years of the Association.
Symposiums / Workshops

EGYPT SYMPOSIUM 2010 – and beyond

In 2010 through IAPESGW and with the help of Maha Ebid, a group from across organisations was hosted by Alexandria University, Egypt, to discuss building closer links for Women in Physical Education and Sport between Europe and the Middle East. The 2008 'Accept and Respect' declaration was reaffirmed and plans discussed for the exchange of young researchers across universities between Europe and the Middle East.

Unfortunately the Arab spring followed by unforeseeable disruptions and challenges, alongside a global economic crisis affected the progress of possibilities in this field. Our thoughts remain with those who have suffered in the ensuing turmoil across the Middle East, the situations and lives that have changed so radically and in different ways, the children, men and women, lost or maimed in war. We can only say that when the time is right to reconnect for the future of positive collaboration we are here.

IRAN 2010

In March 2010 IAPESGW was invited to the Iranian Sports Science Conference, which saw the start of a close association with Iranian people interested in increasing awareness about physical education and sport for Iranian girls and women. A Memorandum of Understanding was signed with the Municipality of Tehran, Iran and several IAPESGW members from UK, Denmark, Brazil, Venezuela and Australia were invited to contribute to conferences and workshops on increasing opportunities for women in Tehran. The positive relationship continued and later IAPESGW was invited by the Ministry of Youth and Sport to speak again in Iran, this and further events will be covered elsewhere.

Challenges and Strengths of the quadrennial period 2009 – 2013

Challenges

1. An unstable global context in which unforeseen changes saw previous progress disintegrate and people’s priorities changed by politics, war, economic depression, and desperate life situations.
2. Reliance on volunteer colleagues whose own work or living situations continued to place high demands on the use of their time.
3. Changing e-communication systems managed by too few.
4. Finances – as the internet gave free access to knowledge across the world it became harder to secure paying members to uphold, for example, the costs of running a website. The previous practice of attaching money to Awards could not be sustained. A strategy of ensuring members had access to conferences at a better rate, has worked to enable enough funds to sustain web operations for the moment. Most travel expenses by Board members to events had to be covered either by the individual or the host of the event.

Strengths

1. The commitment of the people managing the progress of activities under IAPESGW.
2. The cascading of reach across different countries that became possible by moving into new territory with the symposium in Oman in 2008.
3. Serendipity that the push to support Muslim women in Sport, in all its complexity, coincided with international interest in the field, recognition of the lack of knowledge and understanding in the area, and the start of major changes in sporting bodies regarding the need to become more inclusive of Muslim women in sport.

4. Colleagues with skills to take the association to a better place with its website and social media usage.

5. A networking approach that made major inroads in collaboration through ICSP, WSI / IWG links and in response to national networks through regular sharing of both national and international developments on the website.

3.4 IAPESGW Activities 2013 – 2017 by Rosa Lopez de D’Amico (President)

Executive Board

President – Rosa Lopez de D’Amico (Venezuela), (first President from Latin America), Vice-Presidents – Anneliese Goslin (South Africa) & Janice Crosswhite (Australia); Secretary / Treasurer - Karin Lofstrom (Canada); Chair of Committee of Consultants - Tansin Benn (UK); Communications Coordinator – Rosa Diketmuller (Austria); Elected Members – Canan Koca (Turkey); Marianne Meier (Switzerland); Co-opted members – Beatriz Ferreira (Brazil); Keh Chin; Maryam Koushkie Jahromi (Iran); Representative from previous Congress – Gladys Bequer (Cuba); Representative from next Congress – Darlene Kluka (USA).

This quadrennial period started after the IAPESGW Congress in Cuba. The Annual Executive Board meetings were held in Ankara (Turkey), Teheran (Iran), Santos (Brazil) and Miami (USA). Additional gatherings and opportunities for planning were held in Helsinki (Finland) and Juiz de Fora (Brazil). As always the Association was grateful for the hospitality shown by all hosts to IAPESGW members at such events. Many activities were developed and are still in progress, some of them are presented as follows, they are presented by year and the month in which they took place, some highlights and publications are mentioned as well. The names of many people are included, we appreciate the opportunity we have had to work with so many and we hope that with this review you could have an idea of some of the work and connections developed.

Year 2013

April - 17th Quadrennial Congress

Quadrennial Congress, Havana, Cuba, 10th – 13th April 2013. (See more details chapter 4, section 4.4) (New Board elected)

May – MINEPS V

MINEPS V was organized by UNESCO, the German Federal Ministry of the Interior and the International Council of Sport Science and Physical Education (ICSSPE) in Berlin on May 27-29, 2013.
The International Association of Physical Education and Sport for Girls and Women (IAPESGW) was present at Fifth UNESCO International Conference of Ministers and Senior Officials responsible for Physical Education and Sport (MINEPS V). Some of our members contributed to the MINEPS Declaration as we were involved with Commission 1 and 2 and all the previous work that it involved. Thanks to all our members who participated from July 2012. We also hosted a promotional stand during the event for the association. Thanks to Maria Dinold (Austria), Tansin Benn (England), Marianne Meier (Switzerland), Gladys Bequer (Cuba) and Eliana Ferreira (Brazil) who were very supportive with the IAPESGW stand. Thanks also to our members Symeon Dagkas, Margaret Talbot and Susi-Kathi Jost who also shared time with us in promotion. We welcomed a new member from Egypt Ayat Abdel Mooty. She was one of the official representatives from Egypt and particularly interested in our work in Oman.

June - IAPESGW at UNESCO meeting

Rosa López de D’Amico (IAPESGW President) had the chance to be invited to a meeting organized by UNESCO on "Expert Consultation on Quality Physical Education (QPE): ‘Linking practitioners to policy'" at the UNESCO headquarters, Paris, on Friday 28 June 2013. The consultation gathered key stakeholders and practitioners to discuss, review and validate the findings of the worldwide survey of quality physical education commissioned by UNESCO and undertaken by Ken Hardman with the support of the North Western Counties Physical Education Association. Data from the survey, along with a call from members of the Intergovernmental Committee for Physical Education and Sport (CIGEPS), highlighted the need for the development of physical education policy and the monitoring of practice in order to address what has been described as a worldwide decline in physical education provision. Accordingly, UNESCO and North Western Counties Physical Education Association prepared baseline principles and indicators of QPE and Quality Physical Education Teacher Education (QPETE) to support governments in the improvement of policy and programme. Those were discussed with the invited experts and future activities were proposed.

November - IAPESGW at the 1st Congress of the Latin American Association for Sport Science, Physical Education and Dance (ALCIDED)

In Monterrey, Mexico, at Universidad Autónoma de Nuevo León, Facultad de Organización Deportiva (FOD) two very important events took place. November 6 – 8, 2013 celebrated both the 1st Congress of the Latin American Association for Sport Science, Physical Education and Dance (ALCIDED) and the traditional annual FOD congress in its 21st edition “Physical Education, Sport and Applied Sciences”. It was indeed a very special occasion in which Oswaldo Ceballos (Dean of FOD) invited 3 members of IAPESGW: Darlene Kluka, Gertrud Pfister and Rosa López de D’Amico as keynote speakers. It is also important to mention that Mireya Medina (Vice-Dean of FOD) was a member of the Local Organizing Committee and was Mexico’s IAPESGW national representative. The congress was a success in which 1300 participants were present.

Other activities in 2013

- Since 2013 IAPESGW members have shared their views with the ICSSPE consultation related to the International Charter of Physical Education and Sport.
- Anneliese Goslin - IAPESGW Vice President – was selected as 1 of the 100 most influential people in sport in South Africa (20 August 2013)
• Tansin Benn participated at the 8th FIEP Europe congress in Bratislava – Slovakia, September 2013
• IAPESGW’s new brochure was translated to five different languages: English, German, Farsi, Portuguese and Spanish.

October - IAPESGW was present during the IV Congress of the Latin American Association for Sociocultural Studies in Sport (ALESDE) that took place in Bogotá – Colombia at Universidad Pedagógica Nacional, October 6 – 8, 2013. Darlene Kluka and Rosa Lopez de D’Amico participated in the congress as well as the Colombian IAPESGW representative Luz Amelia Hoyos who hosted the event.

Publications:

From IAPESGW’s research involvement with other associations in the International Committee of Sport Pedagogy, on the ‘Global Voices’ project several publications followed including:


Year 2014

March - IAPESGW allowed the Pakistan Association for Women Sport to use our logo to promote the Seminar on the occasion of International Women Day on 8th March 2014 at Karachi.

April - IAPESGW participated at the Special Edition of the ICSSPE News – April 6, 2014 ‘International Day of Sport for development and Peace’. The publication is ‘Fostering Female Development through Sport. Women and Sport: Joint Efforts for Advocating ‘Sport for Development and Peace’. It was led by Marianne Meier with support from Tansin Benn and Rosa D’Amico.

June - IAPESGW at the IWG Congress 2014

The International Association of Physical Education and Sport for Girls and Women (IAPESGW) participated in the 6th Congress of the International Working Group on Women and Sport (IWG), which took place in Helsinki, Finland June 12 - 15, 2014. It has to be acknowledged the great work that the Finish organizers led by Raija Mattila, as well as the government support, did to accommodate so many participants from 100 countries.

IAPESGW was present with several Board members: Anneliese Goslin, Darlene Kluka, Rosa Diketmüller, Marianne Meier and Rosa López de D’Amico. IAPESGW members who were present: Maria Dinold, Eliana Ferreira, Rebeca Orokeza, Susi Käthi Jost, and the wonderful team from Barry University, promoting the 2017 IAPESGW Congress: Kathryn Ludwig and
Bridget Lyons (co-chairs of local organizing committee) and Ms Sandra Acevedo. They ran the Barry University – IAPESGW stand with wonderful information and motivating people to be part of our IAPESGW family.

All our board members and 2017 IAPESGW co-chairs participated with papers. IAPESGW conducted a seminar: Working for places and voices for women in physical education and sport – key moments in the life of IAPESGW. It was proposed by Margaret Talbot, Darlene Kluka, Aneliesse Goslin and Rosa López de D’Amico. As our dear Margaret could not be present due to her health, we appreciated the support given by Maria Dinold and Eliana Ferreira who participated with their experiences in inclusive dance practice. Darlene, led the seminar providing a wonderful background and history (since 1949) of IAPESGW, Aneliesse shared the experience in Malawi and Rosa shared conflicts related with politics and sport. At the end of the seminar there were opportunities for the audience to exchange their experiences; it was a time to share the knowledge of IAPESGW’s diverse areas of research but also to collect more experiences from the audience.

We also had the chance to have a time in the main hall to share the work we do in IAPESGW. We appreciate the information sent by Beatriz Ferreira (Brazil), Maryam Koushkie (Iran) and Keh Chin that were presented as experiences of women’s participation in physical activity.

Two important events also took place in June 2014 - The first one was the signature of the contract with Barry University to organize our 2017 IAPESGW Congress; it took place June 15th, 2014. It was a very important moment after several months of exchanging emails and suggestions. Thanks to Dr. Kathryn Ludwig and Dr. Bridget Lyons (co-chairs of the local organizing committee) for this partnership for our IAPEGW world congress 2017.

The second one was the memorandum of understanding between the International Federation of Adapted Physical Activity (IFAPA) and IAPESGW. These two organizations have done collaborative work for quite a while in the ICSSPE working group International Committee for Sport Pedagogy. This MOU connects both organizations in the work that we promote for an inclusive physical activity for all. Special thanks Maria Dinold for being the lead link person across these associations in this process.

August - IAPESGW at the 60th Anniversary of the Japan Association of Physical Education for Women (JAPEW)

The 60th Anniversary of the Japan Association of Physical Education for Women (JAPEW) took place August 19th - 20th 2014 in Tokyo - Japan. Rosa López de D’Amico and Tansin Benn (current and past presidents) were present on behalf of IAPESGW. We had the chance to join with 500 students, teachers and five former JAPEW presidents who had led the organization from 1968. Professor Chiyoe Matsumoto, now in her 90s, was able to be present. She was President of JAPEW for 25 years from 1968 – 1993 and did us the honour of preparing a video of the earliest IAPESGW Congress events in 1949 and 1953 as the first conferences on physical education for girls and women that had led to the start of JAPEW in 1958. Japan hosted the 6th IAPESGW Congress in 1969 and the film included that opening ceremony at which the Queen of Japan had spoken.
September - IAPESGW 1st Regional Congress

One of the association’s strategies had been to make IAPESGW more accessible in different countries / regions between quadrennial events. IAPESGW’s 1st Regional congress took place is Hacettepe University Ankara – Turkey, September 4-5, 2014. (See details in Ch 4 section 4.6).

IAPESGW at the Korean Association of Physical Education and Sport for Girls and Women (KAPESGW) 60th Anniversary

The celebration of the Korean Association of Physical Education and Sport for Girls and Women (KAPESGW) took place September 26th – 27th, 2014 at Yonsei University, Seoul - Korea. It was a wonderful surprise for me to see the international influence of IAPESGW at different stages of its evolution throughout these years. KAPESGW has had 16 presidents since it was created 60 years ago; at the 60th anniversary it was Prof. Won Young Shin, who has had a strong influence on the development of a national gymnastics program for health. Prof. Kyung Ok Yi, from Ewha Women’s University, (KAPESGW vice president) introduced Prof. D’Amico to share with the students of Ewha Women’s University in their sport management course, it was indeed a very nice encounter and they enjoyed the presentation. The opening of the 60th anniversary was a moment of great importance with representatives from other academic organizations, e.g., Korean Alliance for Health, Physical Education, Recreation, and Dance, a representative from the Ministry of Culture, Sport and Tourism. Prof. D’Amico had the privilege on behalf of IAPESGW to extend words of appreciation and congratulations in that historical occasion. Prof. D’Amico had the responsibility to be the first keynote speaker; the other speakers were: Jeong-ae You (Korea), Miriam Guerra (Spain), Jong-mi Joo (Korea) and Yo-mee Lee (USA). The organizers had prepared a commemorative book that included all their history and several pictures of IAPESGW world congress events in which they were present. There was also a video with images from different historical moments. On the second day several papers were presented, poster session and practical workshops; the range of topics were from pedagogy, sport science, sport management, health and physical activities. This was a successful celebration, with many shared memories and exciting moments for the members of KAPESGW.

IAPESGW  +  KPEASGW  =  Women’s Development in P.E. – (from the keynote presentation of Dr. Jeong Ae You (Chung-Ang University – Korea).

November - ICSP meeting at Cuba Motricidad 2014

During the event Cuba Motricidad 2014 (November 18th – 21st) in Havana, the International Committee of Sport Pedagogy (ICSP - ICSSPE) held its second meeting of the year. It was Chaired by Antala Branislav (FIEP), and the following representatives were present: Uwe Pühse and Marc Cloes (AIESEP), Maria Dinold (IFAPA), Airikki Pousi (FIEP), Rosa López de D’Amico (IAPESGW), Walter Ho (ISCPES – ICSSPE vice-president for Education) and Detlef Dumon (ICSSPE Executive Director).
Other activities 2014

- IAPESWG members shared their views of the ICSSPE consultation process regarding the International Charter of Physical Education and Sport.
- IAPESGW continued supporting with information when required related with the UNESCO 'Expert Consultation on Quality Physical Education (QPE) and the paper work that had been generated afterwards. In Medellin – Colombia September 8 – 10, 2014 we were represented by Kathy Ludwig and Luz Amelia Hoyos.
- Two major works were in progress related to large publications: 1. IAPESGW Continent Series (5 books) and 2. Women and Sport in Latin America (Routledge)

Publications

In cooperation with organization members of ICSP, IAPESGW participated in two further publications related with the project ‘Sharing global voices: Perceptions of physical education and school sport’ one is published in English in the International Journal of Physical Education and the other one in Spanish in the journal Des-encuentros (Colombia).


We are also present in a book published in Brazil- coordinated by Eliana Ferreira - in which there is a chapter on ICSP and the information related to the work we do in IAPESGW is present there:


Publication from the Project QPE:


Year 2015

April - IAPESGW participated in the annual IWG meeting that took place in La Joya (California – USA) between April 26th - 27th. Rosa López de D’Amico attended the meeting as the IAPESGW representative. It was a good two day meeting in a pleasant environment and a busy agenda. The participants in the meeting were: Ruth Maphorisa and Carole Oglesby (Co-Chair), Matilda Mwaba (Regional Representative, Africa), Karen Morrison (Regional Representative, Americas & Caribbean), Etsuko Ogasawara (Invited expert from Asia, but it was agreed to appoint her as the Asia Regional Representative), Kristina Thureré (Regional Representative, Europe), Susie Yee (Regional Representative, Oceania), Terhi Heinilä (co-opted Expert), Hajera Kayee (Co–opted Expert), Game Mothibi (IWG
Secretariat), Boitumelo Kenosi (IWG Secretariat, Marketing and Communications Manager), Boingotlo Baebae (IWG Secretariat, General Office Assistant), Kari Fasting, (NGO Representative, WSI) and Rosa Lopez de D’Amico (NGO Representative, IAPESGW). The meeting was hosted by NCAA thanks to Karen Morrison and we appreciated all their hospitality, we also acknowledged the very kind support from Carole Ogelsby, who as a local from California was able to support us in several ways.

**September - IAPESGW at ICSSPE meetings**

**September 13 – 14, 2015** - The annual ICSSPE meeting was held in Juiz de Fora – Brazil, at the University of Juiz de Fora but particularly hosted by the research center N-GIME (Núcleo de Pesquisa em Inclusão, Movimento e Ensino a Distância. This is a research center in inclusion, movement and distance education, whose coordinator is Eliana Ferreira. At the ICSSPE meetings IAPESGW was present in four of them: International Committee of Sport Pedagogy, Editorial Board, Association Board and Executive Committee. Anneliese Goslin and Beatriz Ferreira also participated.

The main discussion in ICSP was related to a joint associations project with Madagascar, financed by ICSSPE, coordinated by Marc Cloes and supported by the ICSP organizations, including IAPESGW. The project coordinated by Darlene Kluka and Annelise Goslin with the support of IAPESGW was another project that won financial support from ICSSPE. In the Associations’ Board the main discussion was centered on ICSEMIS 2016. Dates: August 31st–September 4th, 2016, in Santos – Brazil.

Thanks went to Eliana Ferreira, Beatriz (her mentor), and the NGIME research center, who were wonderful in their organization. At all times the hosts were empathetic to the needs of the diverse ICSSPE international group with representatives from the 5 continents.

**IAPESGW present at the 2nd Congress of the Latin American Sport Science, Physical Education and Dance (ALCIDED)**

The 2nd Latin American congress Juiz de Fora - Brazil, took place September 16 – 18, 2015; it was organized by Eliana Ferreira (IAPESGW member) together with her research cluster NGIME. The congress was an interesting combination of academic but also cultural experiences. The LOC accommodated people from different places of the world and the main languages spoken were Portuguese, Spanish and English. The presentation of wheelchair dancing raised awareness and appreciation and was one of the most interesting experiences for all those who had never seen this activity before. It is also relevant to mention the children practicing capoeira, the university choir, and many other nice moments we all experienced.

Beatriz Ferreira (IAPESGW Board) was also part of the supporting team that cooperated with the LOC. The presence of several IAPESGW members is also important to highlight. In addition to those mentioned, there were also Antonia Dalla Pria Bankoff (Brazil), Maria Dinold (Austria), Luz Amelia Hoyos (Colombia), Oswaldo Ceballos (Mexico) and Walter Ho (Macau-China).
December 2nd IAPESGW Regional Symposium in Iran

Invited by the Ministry of Sport and Youth in Iran, the 2nd IAPESGW Regional Symposium: *Women’s Empowerment in Sport*, took place in Tehran, December 2015. Several meetings and visits were conducted around the event (Details in Ch 4 section 4.7).

**Other activities 2015**

- IAPESGW was invited to the UNESCO – V MINEPS follow up (match fixing) that took place this week in September in Doha-Qatar 2015. Janice Crosswhite represented IAPESGW. This activity was simultaneous with the ICSSPE meetings that took place in Brazil.

**Year 2016**

**March - 2016**

- Save the Dream and International Association of Physical Education and Sport for Girls and Women (IAPESGW) signed partnership to empower young women through sport. In what is a symbolic and significant announcement to mark International Women’s Day, Save the Dream and the International Association of Physical Education and Sport for Girls and Women (IAPESGW) have announced a partnership to help empower young women and girls around the world through the power of sport.
- Marianne Meier represented IAPESGW in an ICSSPE funded project to Antananarivo, Madagascar, to assist with organizing a sport structure. The project is detailed elsewhere in the book.

**April -**

- Rosa Diketmüller took part in the annual meeting of the International Working Group (IWG) in Women and Sport in Stockholm/Sweden 10th -12th April 2016, on behalf of IAPESGW. She presented the annual report of IAPESGW and invited delegates for the next IAPESGW congress in Miami in May 2017.
- Rosa Diketmüller participated at the 11th conference of the European Women and Sport took place in Stockholm/Sweden from 8th – 10th of April, 2016. More than 150 participants from 39 countries discussed future perspectives for attractive sport experiences for girls and boys, women and men. Rosa Diketmüller represented IAPESGW at the conference and she was invited to give the keynote lecture in the opening session of the conference on the Austrian experiences of implementing the European Strategy in Austrian sports.

**May -** Marianne Meier participated in a two-day meeting representing IAPESGW at the University of Liège / Belgium with Marc Cloes (AIESEP), Claire Boursier (IFAPA), and Uwe Pühse (AIESEP) to discuss next steps of ICSP Madagascar mission; they prepared an ICSEMIS symposium, and draft article for ICSSPE publication.
August - IAPESGW at ICSEMIS 2016

During the International Convention of Science, Education and Medicine in Sport - ICSEMIS 2016, Santos, Brazil, that took place August 31st – September 4th, 2016 IAPESGW made several special presentations. Under NIKE, a special seminar was held in memory of Prof. Margaret Talbot who died December 2014. The association organized a symposium under the title: Making A Difference for Girls and Women in Physical Education, Sport And Dance on a project started in 2014, designed to increase the visibility of women across the world who have made a difference in the lives of girls and women in physical education, sport and / or dance. The result are five books, one per continent (Africa, America, Asia, Europe and Oceania) in which the diversity of each continent is profiled in the lives of women (eg., ethnicity, disability, sexuality, geographically, culturally); physical education and school sport pioneers who have been leaders or project initiators with an outstanding legacy; policy / advocacy drivers; sport leaders and outstanding athletes; individuals who have dedicated their lives to community projects for girls / women; Indigenous peoples and their forms of physical activity; biographies and legacies. The information has been presented in different ways but all highlight the life of women who have made a difference in their communities, often in ‘hard to reach’ countries. The financial support came from the research group "Núcleo do Grupo de Pesquisa em Inclusão, Movimento e Ensino a Distância [NGIME]" (Research Group on Inclusion, Movement and Distance Learning) coordinated by Eliana Ferreira – University of Juiz da Fora. Through sponsorship from the government NGIME (Brazil) made it possible to publish the Five-Continents book series, requiring international cooperation from over 100 co-authors. Book editors from IAPSGW’s board included: Anneliese Goslin (Africa), Beatriz Ferreira (Americas), Canan Koca (Asia), Rosa Diketmüller (Europe), Janice Crosswhite (Oceania). (Details can be seen in chapter 5, section 5.2. At ICSEMIS 2016, the symposium was presented by Anneliese Goslin (South Africa), Beatriz Ferreira (Brazil), Darlene Kluka (USA), Rosa Diketmüller (Austria), Eliana Ferreira (Brazil) and Rosa López de D’Amico (Venezuela). In addition to the presentations of each one of the speakers, the books were distributed free of charge to all interested participants. We want to express our gratitude to Vera and Marina who supported the process and were the custodians of our Five Continents books. Also, we were supported by our IAPESGW Board members: Karin Lofstrom, Tansin Benn, Keh Chin and Marianne Meier.

Special acknowledgment is given to:

- Anneliese Goslin and Keh Chin who were keynote presenters at ICSEMIS;
- Tansin Benn who was invited speaker at the Symposium in Memory of Margaret Talbot;
- Marianne Meier who participated on a special symposium to present findings from the Madagascar mission.
- Eliana Ferreira for finding the support to publish the Five Continents Series books project between Brazil and IAPESGW.

October - Marianne Meier participated at the workshops on ‘Gender and Sport’ conducted at Rheinsberg Seminar organized by ICSSPE and Kennesaw State University with more than 40 participants from 19 countries. A special input on IAPESGW was presented and leaflets promoted and distributed.

December - Marianne Meier lectured on ‘Gender and Sport’ at the Tsukuba University in Japan as well as giving a presentation and workshop on the legacy of the 2020 Tokyo
Olympics at a symposium in Tokyo with a focus on female sport activity, participation, and representation.

**Publications 2016**

- Coordinators of the project: Rosa López de D’Amico, Tansin Benn and Darlene Kluka. Editors of the volumes: Janice Crosswhite (Oceania), Beatriz Ferreira (America), Rosa Dikemüller (Austria), Anneliese Goslin (Africa), Canan Koca (Asia). (See Chaper 5)
- *Women and Sport in Latin America* (2016) Eds. Rosa López de D’Amico, Tansin Benn & Gertrud Pfister (Routledge). The book included 28 co-authors. It has been very important to get more people involved in writing about women’s situation in Physical Education and Sport in the world. (See Chapter 5)

**Other activities 2016**

IAPESGW members have a long history of supporting ICSSPE through its various committees and roles over the years. During the general assembly of the International Council of Sport Science and Physical Education (ICSSPE) that took place in Santos – Brazil, August 31st, 2016, the elections of new members of the Executive Board took place. We acknowledge the success of some of the following IAPESGW members who were elected: Vice-Presidents: Maria Dinold (Austria) & Darlene Kluka (USA); Board Members: Anneliese Goslin (South Africa) – re-elected & Rosa López de D’Amico (Venezuela) – re-elected. In addition Annelise Goslin was chosen to be the Chair of the Editorial Board of ICSSPE for the period 2017 – 2020, and Rosa Diketmüller to be the Chair of ICSP for this period.

We also acknowledge the work as ICSSPE treasurer of Susie Kathie (Switzerland) and Walter Ho as ICSSPE Vice-president of Education, who both stepped down of the ICSSPE board after 8 consecutive years in office.

For 2017 – 2020 Beatriz Ferreira (Brazil) and Kathy Ludwig (USA) were elected to serve in the ICCSPE Editorial Board, and Marianne Meier (Switzerland) in the 'Sport for development working group'.

**Year 2017**

**April** - On behalf of IAPESGW, Arisa Yagi attended the IWG annual general meeting and the Women Sport Leadership Conference 2017 at Juntendo University, Tokyo, Japan, April 7-9 2017, and presented the IAPESGW report and invited the IWG members to the 18th IAPESGW Congress in Miami.

Rosa Diketmüller (IAPESGW) organized an ICSP, informal meeting with FIEP/IFAPA/AIESEP-members in Vienna.

**May** - The 18th IAPESGW Congress under the theme Women and Girls in Sport. Research to Action was held in Miami, USA, May 18th to 20th, 2017 at Barry University. It was an excellent occasion to once more promote academic debates about scientific, cultural, economic, historical, and political foundations and challenges of women / gender, sport, physical education, physical activity and dance issues in national and international contexts. In total we had participants from 33 countries. In this occasion we had 3 keynote presentations. As well as oral presentations, posters, exhibitions, symposium and workshops, we also had the chance to have an enriching cultural exchange with the participants. Prof. (Dr.) Anneliese Goslin, president of the Scientific Committee, did extraordinary work to bring the event to fruition. Thanks to the co-chairs Dr. Kathryn Ludwig and Dr. Bridget Lyons, leaders of the Local Organizing Committee, to the volunteers, as well as to the authorities of the university. And finally to Prof. (Dr.) Darlene Kluka who introduced Barry University to the IAPESGW Board and promoted the hosting of the event in this venue.

IAPESGW has a long history of the awards we present, particularly because it gives an opportunity to recognise the outstanding contributors to the field and those who also supported the ideals of IAPESGW. At every quadrennial congress we pay our respects to them, as we remember their work, commitment and dedication to the vision and mission of IAPESGW. On this occasion the awardees are excellent examples of the legacy that is represented in what each one of the awards represents.

Honorary Life Member: Tansin Benn (England), Gertrud Pfister (Germany)

Dorothy Ainsworth Research Award: Anneliese Goslin (South Africa)

Lynn Vendien International Leadership: Carole Oglesby (USA)

Audrey Bambra Legacy Award: Makoto Takahashi (Japan)

Chiyoe Matsumoto Dance Development Award: Elba Maria Kerr (Venezuela)

A new award was added in 2017, the Margaret Talbot Award. It was a proposal presented to the Board by Tansin Benn which was approved unanimously. It is a president’s award that should be given for ‘Outstanding Contribution to the Association’. Margaret Talbot was a lifelong advocate and activist for equity in sport, physical activity and physical education. She was President of IAPESGW from 1997 – 2005 and contributed to international networking, collaboration and cooperation for the enhancement of opportunities for girls and women, particularly in deprived regions of the world. During her long career in the field Margaret was a teacher, researcher, professor and visionary leader who made a difference in the lives of all who met her. She continued in international leadership as President of ICSSPE from 2009 until her death in 2014, with gender always holding a central place in the actions, declarations and publications she influenced. In her final months she continued contributing
to equity work as president of ICSSPE, and with UNESCO, MINEPS and other leading world associations. Her legacy lives on in the lives of all who follow in her footsteps. The first awards in honour of Margaret Talbot went to: Susi-Kathi Jost (Switzerland), Eliana Ferreira (Brazil), Gladys Bequer Díaz (Cuba), Doreen Solomons (South Africa), Maryam Jahromi Koushkie (Iran), Rohab Shahrian (Iran), Canan Koca (Turkey).

Beatriz Ferreira received the USA’s Women’s Sports Foundation Research Award. It was presented to her by Darlene Kluka.

IAPESGW presented to Barry University’s Provost, Dr. John Murray a certificate to acknowledge the organization of the IAPESGW World Congress.

Kari Fasting (Norway) received Carole Oglesby award on her behalf.

Barry University presented to Lesley Visser and Rennae Stubbs the Women in Sport Achievement Award.

A special token of appreciation was presented to four of our retiring members from the board Anneliese Goslin, Tansin Benn, Darlene Kluka and Karin Lofstrom.

There was unanimous approval for the 19th Quadrennial congress to take place in Japan, August 2021. Prof. Kazuko Takahashi (JAPEW President) invited all to participate at the IAPESGW to their hosting of the event in Tokyo August, 2021.

3.5 IAPESGW Period 2017 – 2019

Executive Board 2017 - 2019

President - Rosa Lopez de D’Amico (Venezuela); Vice Presidents - Rosa Diketmueller (Austria) & Beatriz Ferreira (Brazil); Sec/Treasurer (and last congress rep) – Kathy Ludwig (USA); Communications - Janice Crosswhite (Australia); Elected members - Marianne Meier (Switzerland) & Maryam Koushkie Jahromi (Iran); Co-opted members Gladys Bequer (Cuba), Keh Nyit Chin & Maria Dolores Gonzalez (Spain); Organizer of next Congress: Arisa Yagi (Japan).

This Executive Board started its responsibilities after the congress in Miami. The group, together with the country representatives, will continue working to promote exchange and collaborative on work as we have over recent years with the books ‘Muslim Women and Sport’, the ‘Five Continents Book Series’ and ‘Women and Sport in Latin America’.
National Representatives

Argentina  Pablo Scharagrodsky
Australia  Clare Hanlon
Austria  Maria Dinold
Botswana  Kenosi Boitumelo
Brazil  Eliana Ferreira
Canada  Karin Lofstrom
China  Hui Tian
Colombia  Luz Amelia Hoyos
Costa Rica  Maria Ozols
Croacia  Constanza Lizaciv
Cuba  Irina Mendez
Czech Republic  Ludmila Fialova
Egypt  Yehia Elhariri
England  Ruth Way
Germany  Gabriele Sobiech
Ireland  Tandy Haughey
Iran  Robabeh Rostami
Japan  Kazuko Takahashi
Mexico  Claudia Espinosa
Norway  Aage Radmann
Philippines  Maria Luisa Guinto-Adviento
Portugal  Paula Silva
Puerto Rico  Luisa Vélez
Qatar  Marie Fourie
South Africa  Anneliese Goslin
Spain  Carmen Rodríguez
Swedeen  Susana Hedenborg
Switzerland  Susi-Käthi Jost
Taiwan-China  Yu-Hsien Tseng
UK  Ruth Way
USA  Sarah Hillyer
Venezuela  Rebeca Oropeza

June 2017 - The Board worked on a new strategic plan and responsibilities were delegated amongst Board members and included: the regional event for Cuba, further publications, communications, 2021 congress, contributions as required for ICSSPE, ICSP, UNESCO etc.

September - Participation at the ICSSPE meetings celebrated in Luxembourg 13th. IAPESGW presented its report to ICSP meeting. From IAPESGW the following Board members were present: Maria Dolores Gonzalez, Rosa López de D’Amico and Rosa Diketmüller. We also participated at the emerging reorganisation of ICSSPE, and its Development Group Committee, which will replace ICSP and the Editorial Board in the next period.

At the 12th FIEP Europe congress that took place after the ICSSPE meetings, Maria Dolores Gonzalez (IAPESGW), Rosa Diketmüller (IAPESGW), Maria Dinold (IFAPA) and Claire Boursier (IFAPA) presented an invited symposium of the International Federation for Adapted Physical Activity (IFAPA) & International Association of Physical Education for
Girls and Women (IAPESGW) under the title: Inclusion and Diversity – challenges for PE with respect to gender, culture, and different abilities. It was a symposium that contributed in supporting the signed MOU of both organizations.

Other Activities 2017

- On-going participation in ICSSPE discussions related with the changes in the organizational structure and its strategic vision
- It was approved that the Regional congress for 2018 would be held in Cuba and 2019 in Madrid. In Madrid a private organization is organizing the congress for the first time.
- IAPESGW and WSI were invited to join the (preparatory) work of MINEPS VI – Kazan action plan. Thanks to Tansin Benn for the support in the preparatory work feasibility study for an Observatory for Women and ‘Sport, possibly in Switzerland, together with IWG and WSI (Int. Working Group on Women and Sport /Women Sport International). IAPESGW sent information and literature, particularly for physical education, to Ani Chroni (WSI) for including in the information.
- Walter Ho (ISCPES – International Society for Comparative Physical Education and Sport) invited experts for a collaborative project: FIEP, IAPESGW, IFAPA, AIESEP. Several IAPESGW members are involved in this international research project ‘Global Index of Quality Physical Education (GIQPE)’.
- Information that former IAPESGW president Helene Tollich passed away this year, she was 101 years old.

Year 2018

May - The 7th IWG World Congress on Women & Sport took place in Gaborone – Botswana May 17 – 20, at the Gaborone International Convention Center. The motto of the conference was ‘Determine the future. Be part of the change’. It was a great event in which the Local Organizing Committee after four years of hard work finally achieved their goal to host the IWG Conference. The local authorities, particularly the national government, together with various sponsors, joined forces to celebrate and host this impressive gathering of leaders and practitioners who celebrated women and sport and provided many different activities for the participants.

The co-chairs Ruth Maphorisa and Carole Oglesby, together with an exceptional team of volunteers, produced a program that balanced interesting panels, keynote speakers, oral and poster presentations, cultural activities and the presence of many important sport officials and leaders from various places of the world. 1469 participants from 74 countries registered which included: 177 media representatives, 84 volunteers and 40 workforces; it is estimated that in total there were 1227 present during the four days.

This IWG conference provided many spaces for well-known African athletes to be on the stage for example: Caster Semenya (South Africa), Phiona Mutesi (Uganda) and Amantle
Montsho (Botswana); sport journalists; leaders of various International Federations, members of the IOC and NOCs as well as representatives and officials from ministries, representatives of NGOs who work to promote gender equity and equality, academic organizations, the former president of Finland, Tarja Halonen, and many more. Conference days were busy but there was also time to enjoy wonderful cultural presentations.

A highlight was the impressive gathering of representatives from many African nations. The regional gathering of Africa was impressive and congratulations to Matilda Mwamba (IWG Africa rep), Hajera Kajee (IWG Co-opted member) and Ruth Maphorisa (IWG co-chairperson) who worked hard in the past four years and to make it possible to have this leadership in the Africa continent.

The legacy of the IWG 2018 congress is ‘IWG Botswana Big 5 (strategic actions)’; the name matches with the land iconic big 5 animals (rhinoceros, lion, leopard, buffalo and elephant). After the closing the IWG Board held meetings in Kasane and thanks for the generosity to combine work and discover the natural beauty of Mother Nature.

In four years’ time the IWG conference will be New Zealand. The host for the 8th IWG World conference is Aotearoa – New Zealand. IAPESGW wishes the best of luck to the new team and congratulations to the new co-chairs Raewyn Lovett and Ruth Maphorisa.

At the congress, we as IAPESGW, besides the support to the organization also managed to do the following:

- Distribute publicity regarding our regional event Madrid 2019 and information about Tokyo 2021 in a magazine that the Japanese delegation had with information with multiples events they will host until 2022.
- A special IAPESGW leaflet was prepared for the event. Some photos were changed and contextualized with the African environment. Thanks to Anneliese Goslin and Kathy Ludwig who ensured the leaflet was on time.

**September** - Beatriz Ferreira was invited to participate at the ICSSPE meetings on behalf of IAPESGW. They took place in Johannesburg – South Africa.

**October** - 3rd Regional IAPESGW Congress in Havana – Cuba. October 25th, 2018

Under the umbrella of the well-known event Cubamotricidad, that is celebrated biannually in Cuba, the Regional Latin American Symposium of IAPESGW took place (Details in Ch 4 section 4.8).

**Other activities 2018**

- Exchange of emails and support to various aspects connected with the Kazan Action Plan – Gender agenda. This has been done in conjunction with IWG.
- Participation in various discussions that have been connected with gender issues. Particularly there was active commitment among IWG, WSI and WSF to respond to: the IAAF eligibility regulations for female classification. A joint position statement was submitted to IAAF – IAPESGW, WSI, IWG.
- IAPESGW members have been supporting in various projects where invited. For example, there is further research in which some of our members are involved.
connected with the “Global Index of Quality Physical Education (QPE)” coordinated by Walter Ho.

- María Dolores is supervising an Iranian student in Madrid. She was connected with IAPESGW after the regional congress that took place in Teheran, IAPESGW 2015.
- IAPESGW members participated in reviewing abstracts and supporting submission to the IWG congress Botswana 2018.
- Arisa Yagi was appointed as a member of the International Congress of Physical Education, Health Science and Sport organising committee 2020 (replacing the ICSEMSIS congress after notification of the ceasing of this event). It will be run by ICSSPE, the University and many Japanese groups and will take place in Yokohama, this will be very helpful for organizing IAPESGW 2021.
- Arisa Yagi prepared an information video inviting people to IAPESGW 2021 Tokyo which was played in the booth of the Japanese public organization “Sport for Tomorrow Consortium” with fliers as part of an information booklet on IAPESGW.

Publications


The electronic journal Actividad Física y Ciencias published a special edition on Women and Sport. All the papers are written in Spanish, it is mostly based on research from the Venezuelan context. It is the first edition dedicated to women and sport of any academic journal in the country; in the editorial there is an explanation about IAPESGW. You can view this publication at the following link: http://revistas.upel.edu.ve/index.php/actividadfisicayciencias/issue/view/610

Year 2019

- This year has been very busy promoting and supporting the Regional IAPESGW congress that will take place in Madrid in July, but moreover because it coincides with IAPESGW 70th anniversary. This is a great occasion to celebrate and to meet old and new members who will participate in this great association. For the first time IAPESGW is working with a private company who specializes in organizing events and is represented by Gerardo Bielons, who managed to get the Universidad Europea to host IAPESGW. Maria Dolores Gonzalez has done great work to coordinate with the LOC, plan diverse strategies to get additional support, and together with the other two co-chairs of the Scientific Committee: Rosa Diketmüller and Carmen Rodriguez, have been working in the academic and social program.
Cooperation with the new IWG organizers IWG New Zealand 2022. They have been very active since December 2018 and are at present agreeing a new plan for the four years ahead. They have communicated extensively and for the first IWG Board meeting several venues were mentioned, finally in early March it was decided that it will take place in London, UK in June. Rosa Diketmuller (Vice President) represented IAPESGW at the meeting.

At the moment of writing this review (April 2019), we have not yet arrived at the half way point of this quadrennial period. We are looking forward to our Regional congress in Spain and the 70th anniversary of IAPESGW to celebrate the rich history of our organization. In the immediate plans each IAPESGW Board member has objectives that were identified in our last meeting October 2018; we will continue working to achieve those goals. We continue supporting each other, promoting our values, empowering women and making our representatives and membership visible, encouraging them to share and develop their expertise, to participate in projects, publications and meetings where possible.

**Challenges**

We have many challenges, for example:

- Working with professionals, who are volunteers for the association, means there has to be flexibility to work around everyone’s commitments. The strength of working with such people is that they are still connected to the ground and are the very people who make what we all work for possible.
- Finances are our greatest challenge. We are a non-profit organization and we depend largely on the congress events for membership fees. These are mainly used for professional web support which gives us international visibility.
- Reliance on the generosity of Universities to host our events, but as scientific events these venues are the most appropriate.
- Raising sponsorship and funds has never been a strength and dependence on volunteers in many projects leaves little time for such activity.
- Over dependence on participants’ good-will and ability to pay for most of their international travel to meetings and congress events. We have managed to do this, sometimes with support from Universities, even in supporting IWG and ICSSPE representation, but sometimes we can lose continuity in meetings because different people attend on successive occasions.
- Living through political and unstable times that affect the participation or mobility of our members, for example with 9/11 and our 2001 Egyptian Congress, the effects of the Arab spring and increasing political barriers to international travel.
- Personally, it has been a challenge to be the first Latin American person to be president of IAPESGW. In some places I have felt negativity - that a person coming from a country or region such as mine has very little to offer - and on occasions, I have observed pejorative attitudes. Nevertheless, with the great Board and family of IAPESGW we have been able to open new doors, to give a chance to many, without discrimination and to really practice inclusiveness. I think such opportunities are essential for academics and leaders outside of the West or Global North and moreover to really give a chance to spread the voice of our mission and vision internationally.
Strengths

In our strengths we identify:

- IAPESGW’s web provider Vaga Associaties, Nikky Enoch and our regular resource editor Jenny Warner, have been dedicated and reliable over the last ten years. The monthly updates Jenny has collated and uploaded have been excellent and appreciated internationally. The challenge now is that they are retiring at the end of this year and we are searching for similar capability, empathy and support, in another provider, within our limited means. Thank you to Vaga Associates – Nikki Enoch and Jenny Warner.

- Collaborations, our research, publications and actions have demonstrated our capability in finding ways to work with like-minded people across the world, organisations and individuals, who share a similar passion and diligence in completing what they set out to achieve. In that sense we have served our members well and others beyond the membership requesting our support.

- Distinctiveness in the number of co-authors and countries involved in recent publications capturing life experiences of women across the world, and particularly in ‘hard to reach’ areas, geographically or culturally, for example in the ‘Muslim Women and Sport’ and ‘Women and Sport in Latin America’ books and the ‘Five Continents’ book series.

- A 70 year history now published for posterity between 1949 and 2019 as a lasting legacy of the sustained voluntary contributions of so many women from across the world.

- Recognition that IAPESGW has been a springboard for other similar local associations, also enjoying longevity, and involving us, for example in recent celebrations of 60\textsuperscript{th} anniversaries in Japan – JAPEW and Korea KAPESGW.

- International reach through ‘sister organisations’ WSI and IWG, many linked physical education dance and sport organisations under ICSSPE, an eclectic Executive Board working in different regions, and a broad membership from many countries, enhanced in recent years through regional as well as quadrennial congress / symposium events.

In spite of all the work that represents being part of this organization and the implications that it brings at personal, political, economic, social and cultural levels, it is rewarding to reflect on the long processes involved in developing such connections and achievements internationally.

As our Cuban friends say: ‘A better world is possible’. I also strongly believe that the work we do in IAPESGW is based on the spirit of Ubuntu; as our African colleagues shared with us: ‘I exist because we are’. The history continues and IAPESGW moves forward from here.
CHAPTER FOUR

Congress Events

4.1 – 14th Quadrennial Congress 2001 – University of Alexandria, Egypt.

October 26th – 29th 2001; Delegates – 200, from 40 Countries\textsuperscript{12}

The Conference was held under the auspices of Mrs Suzan Mubarak, wife of the President of the Arab Republic of Egypt.

Theme ‘Lifelong Learning – Active Girls and Women’

The 2001 Congress in Egypt turned out to be the most challenging Congress event in IAPESGW’s history. This was because of the 9/11 bombings in the USA that impacted on the world. The organisation for this event at the University of Alexandria, Egypt, had been going on for four years and it looked destined to be a diverse gathering from all continents, with a full scientific programme and a wonderful opportunity to be in the Middle East for new exchanges of cultures, knowledge and discussion.

The years of preparation had been undertaken by staff from the Faculty of Physical Education for Girls in Alexandria, who had secured support and contributions by Suzan Mubarak, at the time the wife of the President of the Arab Republic of Egypt and the President of the National Council of Europe; Professor Dr Mofeed Shehab, Minister of High Education and State of Science Research; and Professor Dr Mohamed Nasr El Deen Dmair, President of Alexandria University. Special mention must go to: Professor Dr Saadia Abdelgawad Shiha, Dean of the Faculty of Physical Education for Girls at Alexandria University, Dr Nabila A. Abdelrahman, Emeritus Professor in the Department of Physical Training and Movement Sciences, Alexandria University and the High Committee of Women’s Sport in the Ministry of Youth; and Professor Dr Maha Ebid from the Faculty who was on the IAPESGW Executive Board

\textsuperscript{12} Bulletin of IAPESGW 2002, Vol. 11
managing the event as a coordinator between the University and the Association. The IOC had allocated some funding to this conference to enable attendance by delegates from less developed countries.\textsuperscript{13}

The ensuing chaos and fear affected everyone during the six weeks between the 9/11 atrocities and the Congress. There were urgent communications, cancellations, University decrees that academics could not travel to the Middle East, particularly the USA, and difficulties confirming those who could and wanted to travel to try to make sense of reorganising the Congress days. The IAPESGW Board, and Margaret Talbot with Maha Ebid and the Alexandria team worked tirelessly to bring the event to fruition, albeit with half the intended delegates, which was devastating.

As one of the 200 (150 international and 50 nationals) who did attend, I can report that we were met with a warm welcome and deep appreciation for contributing to what turned out to be a valuable Congress, with a special camaraderie amongst those attending and those hosting the event. Of course each day began with reorganisation of sessions, speakers, schedules, rooms etc. and eventually we were relying on chalk-board updates that regularly changed. However, it happened, thanks to the organisers and the patience and good-will amongst participants.

Since it has not been possible to find a copy of those delegates or keynote speakers who did make it to Egypt, I will simply list the names of key people \textit{planned} to lead on the keynote panel addresses. I do know that most from the USA and Japan did not make it, as well as many from other countries, including Pat Shenton, an intended keynote from the UK.

Scheduled Panel leaders planned included: Professor Patricia Shenton, Head of the Center for Physical Education, Sport and Dance, Liverpool John Moores University, England (her talk was presented by Dr Margaret Whitehead UK); Dr Kawsar H. Kouchok, Professor at the Faculty of Education, Helwan University, Cairo, Egypt; Dr Martha Brady, Population Council USA in the Gender, Family and Development programme with specialisms in women’s health, the health and well-being of future generations, and African-women’s lives in resource-poor settings and Professor Margaret Talbot, President of IAPESGW.

**Key Themes** of the event were introduced by panels of invited speakers then delegates presented papers in a range of spaces across the University:

1. Education and Professional Development
2. Pedagogy and Curriculum Development
3. Science and Research
4. Development of Sport and Dance in the Community
5. Policy, Equity and Social Justice

Reflections by Margaret Talbot

Indications of the impact of supporting the steering of IAPESGW with the University of Alexandria through this crisis were reflected in the following keynote presentation by Professor Margaret Talbot at the quadrennial congress held in Canada four years later in 2005:

There is a need to reflect on the unpredictability of the world we live in, for example, the deterioration of Middle East peace, the disaster of 9/11 and fear of war and global repercussions for those travelling to the IAPESGW Egypt Conference only six weeks later. Airlines, insurance companies and employees had dictated travel limitations and there was an inevitable impact on IAPESGW’s 14th Quadrennial Congress. Despite the troubles, over 200 delegates from 40 countries participated – a tribute to the courage and commitment of Egyptian hosts and participants.

It was a time for: reaffirmation of the need for organisations which encourage international understanding; reaffirmation of physical education, sport and dance as a means of transcending difference and promoting positive values.

There is a need to promote our core values – education, social justice, active participation and engagement. We need to make use of our membership of ICSSPE, (and thereby WHO, IOC and UNESCO); and to utilise our independence as an NGO to access collective wisdom and professional commitment, with a specific mission for women and girls, physical education, community physical activity and bridge building.  

Maha M. Shafik Ebeid

(Faculty of Physical Education, University of Alexandria, 14th Conference organisation team, and IAPESGW Executive Board member 2001 – 2005)

Article abstract "Investing in Challenge" – a presentation made at the 2008 IAPESGW / SQU Symposium week ‘Increasing Opportunities for Muslim Girls and Women in Physical Education and Sport’.

The 14th IAPESGW International Congress "Lifelong Learning - towards active girls and women" was held in Alexandria with the cooperation of my Faculty at Alexandria University, Egypt and IAPESGW. This was an opportunity that offered itself to me whilst working in the department of physical education and I took it. Since then I learned how important it is to be part of the global world and never afraid of different cultures because others are not as we thought and, indeed, we are not as they think!

I learned if I needed to move forward in my life no-one was better placed than me to do this. Together we should investigate the challenges that Muslim women are facing. The big issues are always about the visibility of us in sport. And why we are under-

14 Keynote speech by Margaret Talbot, donated by David Talbot, (this will be donated to the Women and Sport Archive Chichester University, after the publication of this book.)
represented on the global platform. Where are we in the international agenda as Muslim girls and women and how can we become part of greater dialogue and cooperation?

Where is your voice to be heard? Friends, there is no echo of your voice at the table - you need to be there yourself! That is why we are here (Oman 2008 IAPESGW Seminar week) this week and we will all be strengthened by the experience. I learned much as organiser of the IAPESGW Quadrennial Congress in 2001, and carried the positive lessons of perseverance, courage and strength in solidarity, through my life and work thereafter.

4.2 - 15th Quadrennial Congress 2005 – University of Alberta, Edmonton, Canada.

10th – 13th August 2005

Theme ‘Leadership and Learning’

Delegates – 265, Countries – 35

Reported Highlights by Nancy Melnychuk and Deanna Binder, Congress Co-Chairs

The 2005 IAPESGW International Congress, which took place from 10 – 13th of August, 2005 in Edmonton, Canada, was hosted jointly by the faculties of Education and Physical Education and Recreation of the University of Alberta, and under the patronage of the International Committee for Sport Science and Physical Education, the Congress welcomed 265 participants from over 35 countries.

Prior to the Congress there was a day Research Symposium (August 10th) ‘Advancing Gender Equity in Sport Organizations: What Does the Research Tell Us?’ Forty participants attended from around the world. There was much worthwhile discussion and sharing of information in this opportunity to exchange knowledge on an international platform.

IAPESGW Congress 2005 was titled ‘Learning and Leadership: Women’s Influence in Policy, Research and Practice’ and highlighted a different program theme on each day of the Congress. Workshops, presentations and posters on Thursday, August 11 focussed on ‘Women Leading’ and profiled the latest research on the status and circumstances of women’s participation in leadership roles in sport and physical education. Friday focused on ‘Leadership, Culture and Diversity’ highlighting leadership challenges, programs and projects from the perspective of multiple cultural traditions. The final day of the program, ‘Influencing Policy and Practice’ highlighted the challenges of influencing policy decisions,

15 IAPESGW Newsletter November 2005
and implementing program initiatives to improve the status and participation levels of women in sport and physical education.

Congress 2005 featured four outstanding international keynote speakers. It was launched by a passionate presentation from the outgoing president of IAPESGW, Dr Margaret Talbot, former Chief Executive Officer of the UK Central Council of Physical Recreation. Dr Talbot urged participants to examine their own prejudices and predispositions, and to move the movement in support of women and girls in PE and sport forward with an acknowledgement of the multiple and complex worldviews of people in different parts of the world.

Other keynote speakers included:

- from Sri Lanka, Professor Lilamani de Soysa, Project Manager with the International Table Tennis Federation and responsible for developing and promoting gender equity policies and initiatives.
- from Brazil, Dr Sandra Matsudo, General Director of the Physical Fitness Research center in São Caetano do Sul, São Paulo, Brazil.
- from Canada, Marion Lay, President and Chief Executive Officer of ‘2010 Legacies Now’, an organization working to ensure every region of British Columbia benefits from the arts, volunteer, literacy, sports and recreation legacies of the 2010 Winter Olympics.

Dr Gudrun Doll-Tepper, President of the International Committee for Sport Science and Physical Education, chaired a well-received Roundtable Response and Discussion session following each of the keynote speakers. Other program highlights included dance workshop groups from Japan and South Africa, a multicultural restaurant evening, and a banquet celebration at Fort Edmonton Park.

In the media coverage for the Congress, Dr Talbot emphasized that the role of sport [in the lives of women and girls] goes way beyond the world’s rinks and athletic fields. She gave examples such as – ‘In rural Egypt… a program that sees teenage girls play volleyball, soccer and basketball is considered a front-line defence against genital mutilation and early marriage’. Margaret Talbot also noted that IAPESGW has a very special role in helping to build the confidence, skills and understanding which girls and young women need for lifelong participation and achievement in and through sport and physical activity.

Over $60,000 from Congress Partners helped to cover the costs. These Partners included:

- Canadian Heritage, Sport Canada
- Alberta Sport, Recreation, Parks & Wildlife Foundation, Alberta Community Development
- City of Edmonton
- Canadian Association for Health, Physical Education, Recreation and Dance
- Health and Physical Education Council of the Alberta Teachers’ Association
- Canadian Association for the Advancement of Women in Sport
- Canadian Centre for Ethics in Sport
- Status of Women Canada
- In Motion Network
- University of Alberta: Faculty of Education, and Faculty of Physical Education and Recreation.
Wonderful work by the Congress 2005 Organizing Committee created a memorable Congress experience for all participants. To these individuals we extend our heartfelt thanks: Patti Balance, Shelley Barthel, Penny Gardner, Joanne Gesell, Doug Gleddie, Ann Hall, Dru Marshall, George Multamaki and Jane Vallentyne.

The conference included a wide spectrum of presentations, workshops and discussions including: women’s leadership, physical education in different countries, dance in education, cultural diversity, organisational presentations eg CAAWS, gender equity, human rights, gender reassignment and homophobia.

‘I think the biggest thing we accomplish [at these Congresses] is dialogue between people of very different cultures and environments’ (Talbot in an interview with Trish Audette, *Edmonton Journal*, Wednesday, August 10, 2005).

**AWARDS**

As a tribute to Audrey Bambra (UK) a long-standing member and leader with IAPESGW, the **Audrey Bambra Award** was presented for the first time at this 2005 Congress and it went to Doreen Solomons for her long-standing commitment to teaching and learning and her work with the Dance Teachers of South Africa.

Honorary Life Membership was awarded to Professor Margaret Talbot in recognition of her long-standing and ongoing commitment to the organisation and her 8 years as president 1997 – 2005. This was the first time the Award had been presented since 1993.

‘**Food for Thought’ - Reflections on the Edmonton Congress by Lynn Embry (Australia)**’

The Canadians are to be congratulated on conducting a positive Congress that has helped IAPESGW re-establish its visibility after the 2001 Congress which was traumatised by the events of 9/11.

One aspect of the Edmonton Congress which needs further discussion is the way in which it served as a ‘honey pot’ for other organisations. By this I mean the way in which other organisations used the Congress for meetings and promotions. The ICSSPE Executive met prior to the official programme and this seemed to be an efficient way to cater for people closely involved in both, especially since ICSSPE is often referred to as the ‘umbrella organisation’. IWG held meetings and promoted its 4th World Conference on Women and Sport to be held in Japan in 2006 within the main Congress programme. WSI also held meetings. CAAWS used the Congress to profile a range of its activities in Canada.

This ‘honey pot’ role raises a number of points that IAPESGW members may wish to ponder. It is to IAPESGW’s credit that it attracts such an array of kindred associations and that they feel comfortable together. On the other hand some of the activities took place without any discussion with IAPESGW and so at times it was rather confusing as to which organisation

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16 IAPESGW Newsletter November 2005
was really hosting the Congress. Perhaps a little more recognition of protocol would have been in order.

Perhaps the biggest question to be addressed is the need for three international women and sport organisations. Are the roles undertaken by each sufficiently different to justify discrete organisations or would a unified approach be more beneficial especially when dealing with Governments and sports organisations? The physical education profession has long been used to the parallel existence of international professional associations such as FIEP, ICHPER.SD and ICSSPE, to name a few. When challenged about the apparent duplication and confusion the then President of FIEP, the late John Andrews, simply replied that there was so much work to be done that no one organisation could do it all and that more voices could be heard. Perhaps that is the real issue with the multiplicity of international women and sport organisations: there is so much to be done to improve the lot of girls and women in sport that all organisations are needed and many voices need to be heard. More transparent communication between the organisations and to their respective members, however, is needed if the voices are to be raised with most effect.

From the moment we arrived to the moment we left, nothing was ever too much. Everyone involved in the planning, organisation and delivery should be congratulated. Not only the planning committee but everyone who helped make the conference such a success, from our IT support that meant everything was ready to go when we arrived, to the ladies who provided such excellent lunches.

The conference atmosphere encouraged interaction, be it between members from different countries or between members from the same countries. Everyone had a place and was encouraged to share their experiences and work. First time presenters worked alongside more experienced colleagues to provide variety in both research and practical applications.

**Reflections - Beverley Siver, ProMOTION Plus Executive Director**\(^{17}\)

‘What struck me from the conference was the revelation of where we sit in the world, what other people don’t have, and what we take for granted’ (cited Long, 2005). Siver was ‘...impressed by the depth and breadth of issues presented, particularly by delegates from countries still struggling with the concept of women as leaders and integral participants in sport. You just have to drop your own expectations, what you think it all should be. The reality is they have come a long way in their world. Imagine not having the same kind of support as we have (in Canada) yet still trying to get to the same place.’

**Reflections - Bryna Kopelaw (Founding member ProMOTION)**\(^{18}\)

‘I found the conference inspiring and humbling. The IAPESGW conference provided a safe platform for women to come together and learn from each other.’

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\(^{18}\) Ibid.
Practice and Research in Physical Education and Sport in the spirit of UBUNTU®!
(*UBUNTU – deep-rooted African maxim at the core of IAPESGW values about care and respect for others. ‘a person can be a person only through others’.)

Over 200 representatives from 22 different countries and organizations participated in the congress. The theme, Practice and Research in Physical Education and Sport in the Spirit of UBUNTU, was woven into the fabric of the congress. Keynote speakers, Doreen Solomons, Beth Kirkpatrick, and Dr Sherylle Calder, bridged practice and research in the areas of physical education curriculum, technology, and sport science through their presentations.

Members of the Local Organizing Committee, headed by Doreen Solomons and assisted by Alrine Rodgers, superbly organized the logistics of the congress, held at Stellenbosch University, in conjunction with the Department of Sport and Exercise Sciences. The scientific and program committee, chaired by Professor Anneliese Goslin from the University of Pretoria, South Africa, provided outstanding leadership and organization for a congress program that was worthy of the organization’s 60th anniversary celebration.

The four themes for the Congress were:

- **Sport Science and Technology**;
- Diversity;
- **Policy Development**;
- **Leadership and Lifelong Learning**.

There was lively debate and exchange of information, furthering the aims of IAPESGW and partner associations to facilitate such international dialogue. Individual and panel
presentations, workshops and practical demonstrations were interspersed with networking opportunities and many new collaborative ideas were formed. One panel presentation on the IAPESGW / Oman Study Week of 2008 brought together eight of the sixteen original study group members from the UK, South Africa, Iran, Syria, Oman, Bahrain and Turkey. They shared their experiences and reflections on a memorable week, generously hosted by Sultan Qaboos University, Muscat, Oman, that focused on international efforts to improve opportunities for Muslim girls and women in physical activity.

Highlights of the congress also included a spectacular opening ceremony, a sensational birthday party for IAPESGW, celebrating 60 years of international commitment, and a closing awards ceremony that included amazing dances by the Japanese participants and three award presentations:

**AWARDS**

Honorary Life Membership: for outstanding contribution to IAPESGW - awarded to Doreen Solomons, from South Africa;

Dance Development Award (first presentation): for long-standing contribution to Dance in Education – awarded to Chitraleka Bola, from Kerala, South India, and UK;

Kluka-Love Award: for the best presentation by a young researcher – Dr Yousra Al-Sinani, from Oman.

**IAPESGW - STELLENBOSCH STATEMENT on PHYSICAL EDUCATION**

For the future benefit of physical education internationally and in South Africa, the IAPESGW Stellenbosch Statement was agreed by the IAPESGW Council of Representatives and Congress members, then released at the end of proceedings. It called for urgent attention to the state and status of physical education in school curricula and its importance for the educational, health and well-being benefits for all young people including the following:

The IAPESGW Congress urged governments to secure and promote physical education’s unique place in education by calling for direct action to:

- Allocate time for physical education on school curricula, for all children of school age.
- Ensure effective systems of initial and post-qualification training and development, for teachers of physical education – both primary generalists and secondary specialists.
- Allocate adequate resources for space and equipment, to ensure safe practice and quality delivery.

IAPESGW owes a debt of gratitude to Doreen Solomons and the fantastic organising team, including the ‘purple turtle volunteers’ who ensured we were all enriched and changed in positive ways as a result of participating in the Congress at Stellenbosch University.
ADELANTE MUCHACHAS – MOVING TOGETHER FOR A BETTER WORLD

The International Association of Physical Education and Sport for Girls and Women (IAPESGW) and the National Institute for Sport, Physical Education and Recreation (INDER) of the Republic of Cuba, with the patronage of ICSSPE and the support of the UNICEF, the Pan American Health Organization and the Cuban Women Federation, held the 17th quadrennial World Congress in the International Convention Center, Havana, Cuba, 10th to 13th APRIL, 2013.

Over 200 delegates and guest from 32 countries across the continents exchanged intense workshops, scientific presentations, symposiums, posters and keynote presentations on four themes – Pedagogy, Leadership, Diversity, Education and Development. There were many guests, the senior invited delegates included: Alberto Juantorena Danger, Vice President INDER, Minister of Sport, three delegates from UNICEF and others from the Cuban Women’s Federation. In addition five Cuban Olympians shared events with us and became IAPESGW Ambassadors.

Delegates from all continents exchanged intense workshops, scientific presentations, symposiums, posters and keynote presentations on four themes – Pedagogy, Leadership, Diversity and Education & Development through Sport.

Our hosts and close partners, INDER, with Cubadeportes, managed a challenging task of looking after delegates from around the world, giving them warm care and attention from arrival to departure. We deeply appreciated the many things INDER did to make this so special, with their Local Organising Committee of over 40 highly skilled Cubans. A number of participants who had attended an IAPESGW event reported that the Congress had been a life-changing experience for them.

We were treated to visits to sport schools, primary schools and community park projects. There was a memorable opening ceremony and an enjoyable Gala dinner with amazing dance displays by the Japanese and LOC Cuban dancers, followed by delegates having fun dancing to the beat of a Cuban salsa band.

The attention to every detail and the shared professionalism of the INDER / IAPESGW partnership ensured that the Congress will go down in history as an exceptional experience. There were outstanding scientific presentations by keynote speakers - Professor Doune MacDonald (Australia), Professor Darlene Kluka (USA), Professor Rosa Lopez de D’Amico (Venezuela), Professor Tess Kay (UK), Dr Gladys Bequer (Cuba) and guest lecturers including Begona Arellano (UNICEF – Latin America and Caribbean region), as well as high quality scientific presentations, posters and workshops from delegates. The whole event was
permeated with a distinctive Cuban flavor thanks to the LOC INDER team and their warm hospitality.

For the Congress the International Convention Centre, Havana, proved to be an excellent venue with good sized rooms, space for posters and workshops, delegate gatherings and break-out rooms. Facilities for the main languages of Spanish and English were excellent with expert translators assisting throughout the Congress.

**Special Congress ventures:**

1. Five Cuban Olympian women joined the Congress whenever they could throughout the Congress days, in the closing awards ceremony IAPESGW awarded them with Young Ambassador of IAPESGW status. These were Yunidis Castillo (Paralympian still competing), Ana Fidelia Quirot, Dalia Henry, Mireya Luís and Maria Caridad Colon.

2. ‘Active pause’ this joyous movement experience was always a surprise and had everyone on their feet celebrating the joy of moving to the beat of salsa music and the steps of our ‘initiators’. The smiles and synchronised movements of everyone said it all, and it also made a great finale. Thank you Cuba.

3. A ‘Young people speaking’ panel prior to the closing ceremony saw young people from seven countries reflecting on what the conference meant to them and this was a highlight for many of us because they are the future. One of the success elements was the cross section of ages of people learning from each other. The panel included: Fiona May - Italy, Shellie McParland – Canada, Shahrzad Mohammadi - Iran, Omur Sertkaya - Turkey, Andrés Illesca – Ecuador, Julio Oramas -. Cuba, Aoi Tanaka – Japan.

4. Donations of sports equipment from visiting delegates to our hosts INDER for dissemination to needy schools for the benefit of girls and women. The response was amazing and our thanks go to all who managed to fit something in their bags for our Cuban friends.

5. Visits to Schools, Community Centres and a Gymnastics Sport School offered insight into the role of physical activity at many levels, across the lifespan. The pre-school and young children having physical education lessons in schools contrasted with the outing to the park where older men and women were participating in their regular exercise classes. In each venue the Cuban participants had chance to speak to Congress visitors which offered further insights to lives and the role of physical activity – the youngest of these was 8 and the eldest 96.

The members General Meeting for country representatives and interested observers was held on 11th April and was well attended. The Executive Board 2009 – 2013 presented reports of work and achievements in the last four years. New Board elections took place and the next Congress venue was voted upon.

**The New Board 2013 – 2017 is as follows:**

President – Rosa Lopez de D’Amico (first President from Latin America!), Vice-Presidents – Anneliese Goslin (South Africa); Janice Crosswhite (Australia); Secretary / Treasurer Karin
Lofstrom (Canada); Chair of Committee of Consultants - Tansin Benn (UK); Communications Coordinator – Rosa Diketmuller (Austria); Members – Canan Koca (Turkey); Marianne Meier (Switzerland); Co-opted members – Beatriz Ferreira (Brazil); Keh Chin; Maryam Koushkje Jahromi (Iran); representative from previous Congress – Gladys Bequer (Cuba); representative from next Congress – Darlene Kluka (USA).

The **venue of next Congress** was decided – Barry University, Miami Shores, Miami, USA, 11th – 13th May 2017.

The **opening** was held at the Mellar Theatre in Havana, and after the initial speeches the Chiyoe Matsumoto Dance Award for Outstanding Contribution to Dance Education was awarded to Alicia Alonso, Cuba, prima ballerina, choreographer, instigator of Ballet Nacional de Cuba and the National Cuban Ballet School, which has educated and trained hundreds of dancers over many years. Due to unforeseen circumstances this wonderful lady was unable to attend the presentation in person but the award was collected by her daughter Laura Alonso who continues the art form development in Cuba. This was followed by a wonderful programme of demonstrations which included Ballet, Wushu, Cheer leaders; Gymnastics, and an extraordinary mothers and babies display.

The **Gala dinner** in the Bucan restaurant of the International Convention Centre was a joy from start to finish. As delegates entered to the welcome applause of the LOC we were met with a beautifully decorated and candle-lit room. Dance performances by the wonderful Japanese delegates and the LOC salsa ‘team’ were simply amazing. Following dinner we had a live salsa band and the whole room was dancing together … a real highlight for us all.

**AWARDS**

To standing ovations in the full auditorium on the last morning the following outstanding women in our field were recognized for their great achievements:

Chiyoe Matsumoto Dance Award - [Alicia Alonso](#) (Cuba)
* Kluka – Love Young Researcher Award - Shahrzad Mohammadi (Iran) & Maria Morera (Costa Rica)

Dorothy Ainsworth Award for Research - [Gertrud Pfister](#) (Germany / Denmark)
Lynn Vendien Award for Leadership - [Christine Shelton](#) (USA)
Audrey Bambra Award for Legacy - [Nour El Huda Karfoul](#) (Syria) & [Margaret Whitehead](#) (UK)
Honorary Life Member - [Darlene Kluka](#) (USA)
* Awarded for their presentations at the Congress

The opportunity was also taken to announce and present the USA’s Women’s Sport Foundation’s International Award for Research in Women’s Sport and Physical Activity to Tansin Benn.

In the closing ceremony we were entertained by a wonderful young people’s choir and other events included: the announcement of the new Executive Board, and the next Congress, the important final IAPESGW / INDER Declaration and closing speeches.
IAPESGW / INDER WORLD CONGRESS DECLARATION 2013

The following Declaration was convoked by the International Association of Physical Education and Sport for Girls and Women (IAPESGW) and the National Institute for Sport, Physical Education and Recreation (INDER) of the Republic of Cuba, with the support of the UNICEF, the Pan American Health Organization and the Cuban Women Federation, at the World Congress held in the International Convention Center, Havana, Cuba during 10th to 13th April, 2013

In line with the values of IAPESGW and INDER in Physical Education, Sport and Dance we make the following Cuba Declaration:

1. The reality of physical activity across the lifespan, including in the lives of girls and women from birth to the grave, as exists in Cuba, should be central to universal education goals.
2. Governments should work harder to fulfill the millennium goals; these efforts and the spirit of the goals should be extended beyond 2015.
3. Inclusion in high quality physical education is a fundamental right for all young people.
4. The time has come to move beyond theoretical understanding of ‘Diversity’ to practice.
5. Leaders in transformation of the lives of girls and women in sport and education should think globally and act locally with sensitivity for cultural, linguistic, religious, ethnic, political and socio economic specificity.
6. The starting point for international work should be the culture and values of each other’s realities.
7. Learning together with a global mindset is central to all international development work.
8. We need to avoid cultural imperialism in international research design, implementation, analysis and dissemination.
9. We need to recognize the limitations of our own expertise and how much we can learn and practice from others.
10. Adelante Muchachas – Moving together towards a better world

We thanked the participation of the international and Local Organizing Committee, the Scientific Committee and we invite everybody for the next 18th World Congress of IAPESGW.

Issued in Havana on 13th APRIL, 2013.

Finally -

Despite the challenges for some of getting to Cuba there is no doubt that we shared a very special experience which could only belong to Havana. We reached a record in the number of countries attending. Our greatest thanks must go, from our hearts, to the people of Cuba, to the special guests who were with us each day, especially Alberto Juantoreno Danger, Vice President of INDER and double Olympian for Cuba, who opened and closed the event; to the Sports Minister who attended the opening, and to Gladys Bequer and the LOC team who
made this event so special for us. Many thanks to our generous hosts and to everyone who contributed to making this an extraordinary event in which international friendships were made and will never be forgotten.

IAPESGW is stronger than ever because it has a great membership from many countries and all age groups, with much energy for new strategies and events in the next four years. These will continue to broaden what the Association offers and lead us to the 18th World Congress in Miami.

The weather in Cuba was beautiful and, although the programme was intensive, people made the most of their free time. Some came to Cuba early or stayed on after the Congress to explore the beautiful island. The architecture, scenery, history and intoxicating salsa music and dance were aspects that will stay with us forever.

Thank you for the patronage of ICCSPE, UNICEF and other sponsors, to the Cuban people and IAPESGW Board members who made this success possible and to all the delegates who made it to Havana.

*Countries attending: Austria, Australia, Bahrain, Barbados, Bosnia – Herzegovina, Brazil, Canada, China, Colombia, Costa Rica, Cuba, Ecuador, France, Germany, Guatemala, Iran, Israel, Italy, Mexico, N. Ireland, Oman, Portugal, Spain, Syria, Sweden, Switzerland, South Africa, Taiwan-China, The Netherlands; Turkey; USA, UK, Venezuela.

4.5 - 18th IAPESGW Congress, Barry University, Miami, Florida, May 17th – 21st 2017.

The 18th IAPESGW Congress, under the theme Women and Girls in Sport, Research to Action organized in Miami, USA, May 18th to 20th, 2017 at Barry University was an excellent occasion to once more promote academic debates about scientific, cultural, economic, historical, and political foundations and challenges of women / gender and sport in national and internationally context. Over 150 delegates and guests from 33 countries across the world exchanged ideas on how to transform research to action through keynote and scientific presentations, symposia, seminars, posters, and workshops. We also had the chance to have enriching cultural exchanges with the participants. The Japanese delegation, as is now a much valued part of every Congress, treated us all to outstanding dance presentations and this time with the ‘seniors’ performance group and its clear message to keep active throughout the life span.
The quality of any conference is dependent on its scientific committee and IAPESGW is indebted to Professor (Dr) Anneliese Goslin, president of the committee, who did extraordinary work with her team: **Scientific Committee:** Professor Dr Anneliese Goslin (Co-Chair), South Africa; Dr Darlene A. Kluka (Co-Chair), USA; Dr Tansin Benn, United Kingdom; Janice Crosswhite, Australia; Professor Dr Rosa Lopez de D’Amico, Venezuela; Dr Connie Mier, USA; Dr Lauren Tashmann, USA; Dr Canan Koca, Turkey; Professor Dr Maryam Koushkie, Iran; Professor Dr Beatriz Rocha Ferreira, Brazil; Dr Keh Chen, Dr Marianne Meier, Germany; Dr Arisa Yagi, Japan.

**The Local Organising Committee** is also key to the quality of an event and in Florida we were fortunate to have the co-chairs Dr Kathryn Ludwig and Dr Bridget Lyons (co-chairs) and a team of volunteers, Kim Beers, Joey Capote, Kimberly Cox, Amy Deutsch, Kelley Eddington, Karen Kaany, Suzanne Pallot.

In addition there was full support from the authorities of the university. The catalyst for the event that facilitated IAPESGW’s presence in Florida at every step was Professor (Dr) Darlene Kluka. Again, IAPESGW was fortunate in the generosity of its members, leaders and their Universities.

**Themes:**

1. **Pedagogy of Physical Education, Sport, and Dance;**  
2. **Lifelong Physical Activity for All;**  
3. **Global to Local Initiatives and Assessment;**  
4. **Sport Sciences.**

**Keynote speakers**

1. Professor Dr Ana Miragaya Universida de Estácio de Sá Petrópolis, Brazil.  
Physical activity for all starting in childhood through inclusive programs of physical education and sporting activities – the values-based case …
2. Professor Dr Clare Hanlon, Institute of Sport, Exercise and Active Living, Victoria University, Melbourne, Australia.  
The ‘top down’ approach to increase the number of females in sport: is this the best approach?
3. Professor Dr Jayne Greenberg, Miami Dade County Schools, Fl. USA North America Chair, International Sport and Culture association.  
Empowering girls through quality physical education and technology innovation.

**Awards**

Honorary Life Member: Tansin Benn (England) and Gertrud Pfister (Germany)  
Dorothy Ainsworth Research Award: Anneliese Goslin (South Africa)  
Lynn Vendien International Leadership: Carole Oglesby (USA)  
Audrey Bambra Legacy Award: Makoto Takahashi (Japan)  
Chiyoe Matsumoto Dance Development Award: Elba Maria Kerr (Venezuela)

A New Award for contribution to IAPESGW - The Margaret Talbot Award: Maryam Jahromi Koushkie (Iran); Canan Koca (Turkey); Rohab Shahrian (Iran); Susi-Kathi Jost (Switzerland); Eliana Ferreira (Brazil); Gladys Bequer Diaz (Cuba) and Doreen Solomons (South Africa).
Closing Statement

The following Closing Statement was formulated by the ‘International Association of Physical Education and Sport for Girls and Women’ (IAPESGW) and Barry University Miami on 21st May, 2017.

Congruent with the values of IAPESGW and Barry University, the 18th IAPESGW World Congress in Miami ‘Closing Statement’ unites delegates and hosts committed to achieving the following aims:

1. Governments, corporate sector, sport federations, non-governmental organizations as well as civil society sustain individual and collective responsibility to enable and fulfill the United Nations’ Sustainable Development Goals 2030 with special emphasis on:

SDG 3: Ensure healthy lives and promote well-being for all at all ages.

SDG 4: Ensure inclusive and equitable quality education and promote lifelong learning opportunities for all.

SDG 5: Achieve gender equality and empower all women and girls.

2. Leaders and advocates in the lives of girls and women in sport and education think globally and act locally with sensitivity for cultural, linguistic, religious, ethnic, political, and socio-economic specificity.

3. Interdisciplinary researchers provide evidence to support policy, projects, programs, and initiatives continuously commissioned by national and international key stakeholders.

In depth evaluation

After the closing event Professor Darlene Kluka wrote a valuable evaluation to help organisers of future IAPESGW events with the lessons learned from the organisation of this event. These lessons will be carried forward to Tokyo 2021. The report was divided into several categories for ease of reference. They include: administration, transport, venues, volunteers, opening ceremony, closing ceremony/celebration dinner, food, exhibitors, program, book of abstracts, social program/excursions, marketing/promotion, technology, research poster/video presentations, event management company, congress/session evaluations, signage, communication strategy, and congress legacy. The report is completed by a section entitled, “Lessons Learned” that may prove helpful to the Local Organizing Committee (LOC) and IAPESGW leadership in future endeavours. It is the most comprehensive and valuable organisational legacy IAPESGW has undertaken. One key point that emerged was the importance of choosing a ‘neutral’ venue for international events, and it seems that many countries are becoming more closed on entry regulations, rather than more open. A main challenge for hosting international events is attaining entry visas. Unfortunately new political regulations created in the USA just before the 2017 event meant that entry to the USA was restricted for many people who wanted to come, some of whom had abstracts accepted. For example, 16 Iranian academics wanted to attend and despite their efforts including flying from Tehran to Dubai to try for a visa in the UAE, all strategies proved impossible. IAPESGW can only express our disappointment for those excluded and strive to
ensure a better future for us all and changes in political barriers which prevent international relations through events such as ours.

**Highlights**

Highlights in addition to the scientific programme were the opening and closing ceremonies. The Opening Ceremony was designed to welcome the participants and honoured guests, as well as provide international cultural movement presentations. The closing reception prior to the Closing Ceremony/Celebration Dinner was exceptional. The ambience of the river walk outside of the Hyatt Regency Hotel was stunningly beautiful and showed the elegance of Miami at its best. Hors d’oeuvres and spirits were superb. Many compliments were provided to the LOC and others who had worked so hard to bring this to fruition. The Closing Ceremony, in combination with the Celebration Dinner, was enjoyed by all present from IAPESGW, the Executive Board, delegates and guests.

**IAPESGW REGIONAL CONFERENCES**

4.6 Regional Conference in Turkey 2014

**International Gender Issues and Sport, 4th – 5th September 2014, Ankara, Turkey.**

By Professor Canan Koca, Staff member - Hacettepe University and IAPESGW Executive Board member.

The IAPESGW Regional Symposium: International Gender Issues and Sport was held at Hacettepe University, Beytepe Campus in Ankara, Turkey between 4-5, September 2014, in collaboration with Hacettepe University Faculty of Sport Sciences, Hacettepe University Women’s Research and Implementation Center (HUWRIC), Turkish Association of Sport and Physical Activity for Women (KASFAD) and The International Association of Physical Education and Sport for Girls and Women (IAPESGW).

The IAPESGW Regional Symposium aimed to advance the international dialogue around women and sport; to improve the dialogue around women and sport internationally with a special focus on the Middle East and Europe and to reinforce the collaboration between researchers and practitioners working on women and sport in the world. The IAPESGW Regional Symposium which came to fruition with the participation of around 200 participants from 16 countries is the first international symposium held in Turkey on gender issues in physical activity, exercise and sport. 160 proposals were submitted for the IAPESGW Regional Symposium and 141 proposals were accepted after the reviewing process. 59 of the accepted proposals were oral presentation and of 82 were poster presentations. Four different invited sessions were held by the 15 invited speakers during the symposium.
IAPESGW Regional Symposium’s themes:

- gender policies and sport participation
- religion, ethnicity, diversity and sport
- leadership and sport
- gender equity in physical education
- health and physical activity
- safety and inclusion for girls and women in sport

The IAPESGW Symposium welcomed academics, undergraduate and graduate student from 16 countries: Albania, Australia, Austria, Brazil, Canada, Egypt, Greece, Indonesia, Iran, Iraq, Palestine, Spain, Turkey, U.K., U.S.A, and Venezuela. Participants from Afghanistan, Morocco, Oman and Pakistan, were registered but could not attend. The symposium was enriched by the diversity of participants from various institutions and fields. In this sense, it was crucial for the symposium to bring the academics and students together to reinforce the importance of knowledge sharing from diverse fields such as sport science, education, communication, anthropology, archaeology and medicine from around Turkey. The symposium participants shared their research studies and focused on the barriers excluding women and girls from participating in physical activity, including topics such as homosexuality and sexual harassment, as well as sport policies to further scientific research and specific goals. Canan Koca and her team provided an excellent academic programme and also cultural experiences.

Turkey Conference Closing Statement 2014

1. To reaffirm the right of all girls and women to health and wellbeing through participation in Physical Education, Sport, Physical Activity and Dance.

2. To encourage further scientific research at the forefront of our fields.

3. To continue striving to ‘Accept and Respect the voices and choices of girls and women’ in our fields.

4. To celebrate the first regional IAPESGW symposium valuing our international community of women and men working together to advance gender and sport studies.

4.7 Regional Event in Iran 2015

The 2nd IAPESGW Regional Symposium was attended by 300 delegates from 15 countries – Austria, Belgium, Brazil, Germany, Iran, Iraq, Macau-China, Malaysia, Qatar, Slovakia, Spain, Taiwan-China, Turkey, United Kingdom and Venezuela; organized by the Sport and Youth Ministry of Islamic Republic of IRAN, from 14 to 15 December 2015 in Tehran.
Special experts and professors from different countries and organizations were present at this event, including:

- Professor Rosa Lopez de D’Amico (Venezuela): President of IAPESGW (ICSP)
- Professor Branislav Antala (Slovakia): FIEP Europe President and FIEP World International Vice-President, (Chair of ICSP)
- Professor Detlef Dumon (Germany): Executive Director of ICSSPE
- Professor Marc Cloes (Belgium): President of AIESEP (ICSP)
- Professor Walter King Yan Ho (Macau): ICSSPE Vice-President of Education, President ISCPES, (ICSP)
- Professor Tansin Benn (United Kingdom): IAPESGW Executive, past president
- Mr Martin Holzweg (Germany): ICSP Co-Chair, Vice-President of DSLV and executive office member of ICSSPE
- Professor Rosa Diketmuller (Austria): IAPESGW Executive
- Professor Maria Beatriz Rocha Ferreira (Brazil): IAPESGW Executive
- Professor Keh Nyit Chin: IAPESGW Executive
- Professor Maria Dolores Gonzalez Rivera (Spain): Researcher of Alcala University
- Mrs Siham Alawami (Qatar): Director of Sport Special Projects in ‘Save the Dream’ and member of ICSS.

Other events happened in Iran because of the IAPESGW symposium. On 13th of December, prior to the symposium, official meetings for these experts from ICSSPE and ICSP, were organized in the Ministry of Sport and Youth with His Excellency Dr Mahmoud Goodarzi, esteemed Minister. Chairpersons of different deputies of the ministry were also invited to have the opportunity to discuss the role of IAPESGW in supporting the challenges of discrimination against Muslim women’s presence in international sport arenas.

In addition to the symposium, other exclusive programs were organized for these specialists including: their meeting with Dr Ensieyeh Khazali – esteemed President of Alzahra University (a Women-Only University) and the opportunity to visit different faculties; visiting Enghelab Sport Complex with its emphasis on the fitness road, fitness gyms, bowling and billiard halls and the National Olympic Academy; a meeting with Dr Reza Rajabi - esteemed President of the Physical Education and Sport Sciences Faculty for the University of Tehran and visiting their facilities; a tour of the Azadi Sport complex and excellent training facilities, meetings with the Iranian National Women’s Teams in Canoeing, Wushu, Shooting and Motor Sport Racing women; visiting historical museums and having a Gala dinner at the Milad Tower with the hospitality of Tehran Municipality’s Sport Organization.

The Symposium, 14th–15th December, was generously hosted by the Alzahra University with 30 scientific articles from Iranian and International keynote speakers and 80 poster presentations during two consequent days. Six professional workshops were also organized and the concluding ceremony ended with the following closing statement:

The International Association of Physical Education and Sport for Girls and Women (IAPESGW) supports all efforts to reject discrimination of Muslim Women’s right to participate in physical activity and sport at every level, including all major international sport events. In recent years the Association has been active in this topic.
internationally. A major event was the International Seminar held in Oman in 2008 with delegates from 14 countries – Bahrain, Bosnia and Herzegovina, Denmark, Egypt, Iran, Iraq, Malaysia, Morocco, Oman, South Africa, Syria, Turkey, the United Arab Emirates and the United Kingdom. One outcome was the ‘Accept and Respect-Declaration’ and three statements from that are reiterated here:

1. Islam is an enabling religion that endorses women’s participation in physical activity.

2. We recommend that people working in the sport and education systems accept and respect the diverse ways in which Muslim women and girls practise their religion and participate in sport and physical activity, for example, choices of activity, dress and gender grouping.

3. We urge international sport federations to show their commitment to inclusion by ensuring that their dress codes for competition embrace Islamic requirements, taking into account the principles of propriety, safety and integrity. In the recent past, the International Association has also written to Sport Governing Bodies in support of all Muslim women’s rights to honour the preference for Islamic dress; for example to FIFA, the Weight-Lifting and Badminton International Federations.

Regarding this event in Tehran, it was clear that the opportunity of having a separate Department for Women’s Sport in the Ministry or any Sport Organization can be an important step for empowering women in Islamic countries. Finally we express our appreciation to the Islamic Republic of IRAN for supporting the participation of Iranian women in physical activity, physical education and sports.

IAPESGW is indebted to the involvement and efforts of Professor Maryam Koushki Jahromi, Shiraz University, who is the second Iranian woman to sit on the Executive Board. Maryam proposed the possibility of bringing this event and multiple international associations alongside for additional meetings and participation. The visits and conversations with women at all levels of sport participation and in diverse activities changed perceptions for those who had never been in Iran before. One comment from a senior male international participant indicated how previously held ideas about life inside Iran were challenged by his visit: ‘You have to see and hear all the opportunities for girls and women here to believe it, being here changes perceptions’.
4.8 Regional Event in Cuba – 2018

CUBAMOTRICIDAD October 22ND – 26TH IAPESGW Regional Symposium, Havana, Cuba.

Under the umbrella of the well-known event Cubamotricidad, that is celebrated biannually in Cuba, the Regional Latin American Symposium of IAPESGW took place. It was a very interesting gathering that allowed us to know more experiences from Latin America, particularly from Cuba, Brazil, Spain and El Salvador, but moreover to spread the work of IAPESGW and to invite the participants to be part of the association. In the symposium there were representatives from: Argentina, Bolivia, Brazil, Cuba, Chile, El Salvador, Ecuador, Honduras, Guatemala, Mexico, Peru, Spain, Austria and Italy.

During the days of Cubamotricidad we had the chance to meet with other interesting personalities such as the Minister of Sport from Panama, INDER (Cuba) president, the president of the Cuban Olympic Committee, the president of the various representatives of governments, UNESCO represented by Angela Melo (who had an important meeting with the IAPESGW Board), coordinators of various sport and/or Physical Activity NGOs, the Pan American Health Organization, participants and academics from diverse places of the world, as well as TAFISA and ICSSPE representatives.

We expressed our gratitude to Gladys Bequer our local host, together with Tania García, who were always very supportive of the activities we were developing. We also appreciated the support of Tania Hernández who took notes at the academic program of the symposium. Our appreciation also went to Dr Antonio Becali – president of INDER President – who hosted this great congress, and all his team and the support of all the local Cuban academics who were overseeing the various parallel sessions that took place.
CHAPTER FIVE

IAPESGW’s recent contributions

This chapter outlines four major legacies of IAPESGW’s work in recent years. First, the Oman 2008 Symposium will be outlined and its ‘Accept and Respect’ Declaration, followed in 2011 with the published book in English on the experiences of Muslim Women in Sport from Europe, Africa and the Middle East. Second, the Five Continents Book Series, developed from an idea in Brazil, will be outlined and examples of amazing life stories from across the continents, shared. Thirdly, the two year project that led to the first book in English on Women and Sport in Latin America will be discussed. Finally examples of the work of the International Committee of Sport Pedagogy (involving IAPESGW) on the international development of the Quality Physical Education project will be shared, including a project in Madagascar.

5.1 Oman ‘Accept and Respect’ and the book ‘Muslim Women and Sport’

Dr Tansin Benn and Dr Yousra Al-Sinani

Reflecting on IAPESGW projects brings memories of collaboration, often on challenging issues, with hard-working, committed colleagues from around the world. Perhaps one of the most extraordinary projects was the symposium / study week generously supported by Sultan Qaboos (SQU) University, Muscat, Oman, under the aegis of IAPESGW held in February 2008. It was the first international event to focus directly on ‘Improving opportunities for Muslim girls and women in Physical Education and Sport’ and included interested colleagues from fourteen countries: co-ordinators – Tansin Benn (UK), Yousra Al-Sinani (Oman), facilitator – Margaret Talbot (UK), other delegates – Gertrud Pfister (Germany / Denmark), Maryam Koushkie Jahromi (Iran), Monsa Al-Ansari (Bahrain), Nour El Houda Karfoul (Syria), Ilknur Haciosoftaoglu (Turkey), Ilhaam Essa (South Africa), Maha Ebid (Egypt), Emanna Gaad (United Arab Emirates), Fadila Ibrehimbegovic-Gafic (Bosnia and Herzegovina), Fatima El Faquir (Morocco), Nadhim Shair Yousif Al-Watter (Iraq), Wardah Salman (Malaysia), Islamic Studies / Middle East & gender scholar – Haifaa Jawad (UK, formerly Iraq). We could not have known the challenges and progress achieved in that week. These have been presented and written about in other places and short excerpts from the chapter written by Tansin Benn for the 2015 ‘Global Scholar Global Spirit’ tribute book for Gertrud Pfister, acknowledged below, are included here. Predominantly this article focuses on the impact, positive outcomes and ongoing international interest that has resulted from the efforts of those present for the 2008 Oman week.

Bringing people together from such disparate situations and cultural backgrounds, including Islamic, Muslim majority and Muslim minority countries, inevitably led to interesting, often divergent views on the best way to move forward to make a positive difference.

internationally. What was agreed was that there was insufficient knowledge and understanding about the lives of Muslim girls and women in many countries and that an outcome of the symposium week could be to find a consensus final declaration that reflected and encompassed the views shared and discussed in that week. Such a statement would be useful to education and sporting bodies and to Muslim women with different cultural and religious needs regarding sport participation internationally. With the help of the diplomacy skills of Margaret Talbot, and the willingness of all who attended, the final Declaration ‘Accept and Respect’ was formed:

**DECLARATION ‘ACCEPT AND RESPECT’**

1. Islam is an enabling religion that endorses women’s participation in physical activity.

2. We affirm the importance of physical education and physical activity in the lives of *all* girls and boys, men and women.

3. We emphasise the importance of good quality programmes of physical education and sport within school curriculum time, especially for girls.

4. We emphasise the desirability, in places where many children have limited access to school, of providing other ways of helping children to learn the physical skills and confidence they need to practise sport.

5. We recommend that people working in the sport and education systems accept and respect the diverse ways in which Muslim women and girls practise their religion and participate in sport and physical activity, for example, choices of activity, dress and gender grouping.

6. We urge international sport federations to show their commitment to inclusion by ensuring that their dress codes for competition embrace Islamic requirements, taking into account the principles of propriety, safety and integrity.

7. We recommend national governments and organisations include in their strategies for the development of sport and physical education, structures and systems that encourage women to take positions in teaching and research, coaching, administration and leadership.

Underpinning the Declaration was the intention to increase awareness of religious preferences on sporting participation. It was for all people interested or engaged in the arena of physical activity, in schools, community or elite level participation. It was about reaffirmation of the importance of physical education and sporting chances for all of us. It was for Muslim women whose religious belief and situational realities lead them to choose a path of preferred sex-segregation and modest dress codes, as well as for those who did not need this space. It was for the rest of us, who live alongside Muslim women, in every country of the world, to understand a worldview that may differ from our own, to stand in solidarity where we feel able. Simply it is about ‘Accepting and Respecting’ the choices and voices of others.

The privilege for all of us in being part of the international study week in Oman was in the opportunity to live together; to hear at first hand of the diversity of experiences shared; to recognise difference in a non-judgemental ethos; to make sense of meanings in a safe-space
where the viewpoints of others were respected and differences negotiated. The dedication, perseverance and solidarity that developed, enabled the final declaration to emerge. The study week gave opportunity for agency through experiencing the power of collective efficacy. This was achieved through a process of knowledge exchange and knowledge creation that led to the declaration and emergence of further collaborative agendas.

Another resolution made before the Oman group returned to their respective countries was to undertake the writing of a book over the next three years in which the sporting lives of Muslim women in different countries could be recounted by the women themselves. Those present at the symposium would be the drivers, the catalysts who enabled this to happen, by reviewing the situation from personal or fellow sportspeople’s perspectives or finding co-authors to undertake this work. The result was the book ‘Muslim Women and Sport’ (2011, Routledge) which took the co-editors (Benn, T., Pfister, G., & Jawad, H.) with the co-authors and publishers, three years of dedication and collaboration to bring to fruition. Most crucially the final text, a collection of accounts by Muslim women, generated in both research and practice, portrayed an accurate account of the situation and real sporting experiences that the women authors experienced. Contributions for the book were from the following countries: Germany, Bosnia and Herzegovina, Denmark, Morocco, South Africa, Oman, Bahrain, United Arab Emirates, Iran, Palestine, Turkey, Syria, Iraq, UK. Out of respect for the decision to print this in English, which was not the first language of most authors, each chapter title was given in the authors’ first language before the English translation. Despite the ethical dilemmas of using English in an academic world dominated by this language, it did mean that the multi-lingual voices of diversely situated Muslim women would reach a wide international audience. The book was in the top three of Social Science books sold by Routledge in that year and continued interest led to a paperback version shortly afterwards.

The first feedback conference presentation on the Oman Symposium was given by Tansin Benn, Birmingham University UK, and Maryam Koushkie Jahromi, Shiraz University Iran, at the International Convention on Science, Education and Medicine in Sport (ICSEMIS) Conference, Guangzhou, China, in 2008, which preceded the Beijing Olympic Games. The positive response was a precursor to the international interest that continues to follow the dissemination of outcomes and developments from this event, examples of invited speaker presentations on the subject include:

- 2016 ICSEMIS, Santos, Brazil, Building bridges: Reflections on improving inclusion in sport across religious and cultural boundaries. August 29th – September 5th.
- 2015 IAPESGW Regional Symposium, December 14th – 15th Alzara University, Tehran, Iran.
- 2014 September 4th – 6th invited speaker, IAPESGW Regional Conference ‘Europe and the Middle East’, Hacettepe University, Ankara, Turkey.

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• 2013 – 17th Quadrennial World Congress President, with INDER, Havana, Cuba.
• 2013 – Global Conference on Tradition Physical Cultures, Sports and Games, Amravati, India, January 15th – 17th.
• 2012 – ICSEMIS, Glasgow, Scotland, 19 – 24 July
• 2012 Qatar – History of Women and Sport – from Past to Future’ Conference, ISHPES with Qatar Museum of Olympic History, Qatar Women’s Sport Committee and Qatar Olympic Committee, January 22 – 24.
• 2010 – ‘Improving International Networks on Gender and Sport – Europe and the Middle East’, Alexandria University and ICSSPE, Alexandria University, Egypt, October 12 – 14.
• 2009 – Panel Presentation on the Oman Symposium, IAPESGW Congress, Stellenbosch University, South Africa.
• 2008 Sport Association of Arab World Conference, Tripoli, Libya, November 3 – 5.
• 2008 International Congress of Sports Science, Hacettepe University, Turkey September.

Invitations to share the knowledge and outcomes of continuing research and dissemination on Muslim women and sport more widely through invited contributions to other scholarly publications continue. For example: T. Benn, H. Jawad & Y. Al-Sinani, ‘The Role of Islam in the Lives of Girls and Women in Physical Education and Sport’, in Z. Gross, Davies, L. & D. Al-Khansa (eds) (2013) Gender, Religion and Education in a Chaotic Postmodern World, New York, Springer, (ch. 17 pp 255 - 270); and T. Benn & G. Pfister,'Faith, Religion and Feminist Thought in Sport, Leisure and Physical Education’ in Mansfield, L., Caudwell, J., Wheaton, B., & Water, B. (eds) (2018) The Palgrave Handbook of Feminism and Sport, Leisure and Physical Education. pp 609 – 627. Such contributions continue to illustrate the impact and significance of the IAPESGW / SQU Oman 2008 Symposium, another example was the invitation for a follow-up conference in Alexandria University, Egypt in 2010 where the Declaration was reinforced as increasing countries such as Norway and Lebanon were able to share their experiences.

In addition, the knowledge shared through and from the Oman Symposium was a contributor to changes in practices that had excluded Muslim girls and women in some sports, alongside many other lobby groups, petitions, player efforts and social media advocates around the world. Predominantly change has been through regulatory frameworks for competition sports uniform at national and international levels. In line with requests to allow more modesty in dress codes, the rule-makers at sport-governing body level have gradually relaxed uniform regulations to allow Muslim girls and women to cover their arms, legs and heads. Despite this remaining a contested site, the voices of Muslim women athletes and their supporters have driven change and sport has become more inclusive of the many Muslim women wanting to adhere to both religious and athlete identities without compromise. Notable changes from 2011 to the present have included the Weightlifting (IWF) 2011, Beach


Being a sportswoman is developing higher prestige in some countries and communities that formerly disregarded such possibilities. Muslim women have been visible in the Olympic Games for decades, for example in the 1984 Los Angeles Olympics Moroccan athlete Nawal El Moutawakel became the first Arab, African, Muslim woman to win an Olympic gold medal and Ruqaya Al-Ghasra, a Bahraini athlete, made history as the first covered Muslim woman from her country to be at an Olympic Games in 1984 in Athens, as well as gaining many medals on the world stage in World Championships and Asian Games events. In the London 2012 Olympics Saudi Arabia, Qatar and Brunei sent women competitors for the first time in history and in Rio 2016 there were notable Muslim women medallists proud of being trailblazers and positive role models, for example in wrestling, weightlifting, judo, taekwondo, fencing, athletics and gymnastics and from countries including USA, UAE, Russia, Azerbaijan, Kazakhstan, Kosovo, Egypt, Iran, Tunisia and Turkey. Notable among these for also being outspoken in the struggles and achievements they have experienced were the American fencer Ibtihaj Muhammad who was the first American Muslim women to compete in hijab at the Olympics, and Kimia Alizadeh Zendan, who became the first Iranian woman to win an Olympic medal. Such widely published media coverage around the world offers inspiration to others but it should also be noted that greater freedoms and opportunities for girl’s participation in schools and community contexts are also improving. The Ministry of Education in Saudi Arabia decreed that a girls’ programme of physical education would begin to be implemented in schools in the 2017 – 18 academic year. Practices are changing in an increasingly globalised world and breakthroughs are being made for wider participation in physical activity from schools to Olympic level but there is no room for complacency and Muslim women are still underrepresented in the field.22

Despite globalization the world is still volatile on many fronts from climate change to loss of natural resources, and most devastatingly, from the events that lead to war, destruction, killing, human misery and desperation. In some countries such as Syria, where women’s sport was well developed and respected attention will be elsewhere for years to come.23 Apart from such recessions there are also people who still see the hijab only as a symbol of oppression. While this does remain a reality for some, increasing attention to ‘Accepting and Respecting’ the voices and choices of women in sport and all areas of physical activity is making a positive difference. IAPESGW has had a role in this and encouraged research and open sharing of women’s views from diverse cultures and countries around the world. The motivation has been to increase understanding about the multiple realities of Muslim women’s lives and another outcome of this work was the desire of the Rosa Lopez de d’Amico from Venezuela, who succeeded Tansin Benn as IAPESGW’s President in 2013, to continue such work and to pursue the challenge of a similar book in the English language which would bring the voices and experiences of Women in Sport in Latin America to a wider international readership and understanding.

22 For example, UK Guidance for Muslim girls in schools was adapted by recreation providers in California USA and similar exchanges continue across Europe, managing a large influx of Muslim refugees, as is seen in the work of Christa Cachay at the University of Bielfield.

23 Nour Al Houda,
5.2 The Five Continents Book Series (2016)

INSPIRATIONAL WOMEN: MAKING A DIFFERENCE IN PHYSICAL EDUCATION, SPORT AND DANCE

Published in 2016 by University of Juiz de Fora, Brazil

Facilitator of the Five Continents project – Eliana Ferreira of Juiz de Fora University

Editors:
- Oceania - Janice Crosswhite (Australia)
- Europe - Rosa Diketmüller (Austria)
- America - Beatriz Ferreira (Brazil)
- Africa - Anneliese Goslin (South Africa)
- Asia - Canan Koca (Turkey)

In 2014 in Helsinki (Finland) at an ICSSPE meeting, Eliana Ferreira, Juiz de Fora University, Brazil, informed Rosa López de D'Amico that her research center (NGIME) had received a grant from the Brazilian Government and her University, to publish several books. She was looking for possible topics. The agreement was that the money available would be used to print and publish the books, that they would be distributed free to universities in Brazil and internationally, and that the project had to be completed within a year. Eliana Ferreira, was invited to an IAPESGW Board meeting and explained the offer of her University. The Board believed the time-scale was too short, and the task too complex, nevertheless, a paper on objectives and guidelines was produced quickly and the Board accepted the challenge. So respective Board members from the five continents were invited to become editors to collect and be responsible for each volume and they accepted: Anneliese Goslin (Africa), Beatriz Ferreira (America), Canan Koca (Asia), Rosa Diketmüller (Europe) and Janice Crosswhite (Oceania).

Aim of the project - To increase the visibility of Women in Sport, Dance and Physical Education around the World by profiling women’s lives and achievements.

The task was to prepare one book per continent and each editor was invited to write a contextualising introduction to her volume and work with contributors to bring life stories of inspirational women in the field from across the continent and to consider, as appropriate:

- Physical education and school sport pioneers who have made leaders or project initiators with an outstanding legacy
- Policy / advocacy drivers
- Sport leaders or outstanding athletes
- Individuals who dedicated their lives to Community projects for girls / women at local or national or international level
- Inspirational Dance leaders or teachers
- Indigenous peoples and their forms of physical activity
- Biographies and legacies
- People & accomplishments
- Diversity
There were 1000 prints of each book and they were distributed free in Brazilian universities, at ICSEMIS 2016 and IAPESGW’s 18th Quadrennial Congress in Miami, 2017. They are available electronically, accessed from the IAPESGW website.

IAPESGW is indebted to Eliana Ferreira who had the vision for this project and had approached our Executive Board for the people to make it a reality. The five book series ‘Inspirational women: ‘Making a difference in physical education, sport and dance’ is a major achievement for everyone involved. Special thanks to the editors, who found contributors, collected responses, edited, designed and presented their volume. We also thank all contributors and those who facilitated the breadth of representation the series captures.

A symposium panel presentation was held during the ICSEMIS 2016 conference in Brazil to introduce the five continents series for the first time before the free distribution of the books.

The efforts of so many individuals were well received.

OVERVIEW OF THE FIVE CONTINENTS SERIES (Tansin Benn)

To illustrate the richness of the series an overview, with examples of the content from each book, are shared below. The time-scale for the project was very short and completion on time was a miracle. All editors acknowledge that many deserving women are not featured and that women’s histories continue to be made. It is a start on the road to increasing the visibility of women in sport, dance and physical education who have made a positive difference in the lives of others across the world. The hope is that there will be a means to add more life stories either through the electronic source, or another opportunity such as the Brazilian research group offered.

1. Inspirational Women in Africa – Anneliese Goslin (ed)

Contributing authors - 9

Countries included in this volume – Botswana, Burundi, Cameroon, Egypt, Ethiopia, Kenya, Malawi, Morocco, Nigeria, Rwanda, South Africa, Tunisia, Zambia, Zimbabwe, Uganda.

Each editor had the freedom to structure their book in the most suitable format for the contributions collected. The Africa book is presented in Themes that capture a myriad of girls’ and women’s narratives from those who contributed from micro to macro levels in community sport for social change, educational and elite sport contexts. The themes chosen for the chapters in this book profile the key developmental arenas in which girls and women in physical education and sport have made positive changes on the continent:

- Advocacy and policy-making for gender equality in physical education and sport in Africa;
- Female physical education pioneers and catalysts in Africa;
- Female elite athletes and role models in Africa;
- Sport-for-development trailblazers in Africa;
- Exemplary female sport leadership in Africa;
- Inspiring female sports journalists in Africa.
The introduction and epilogue by Anneliese Goslin remind us of the enormity of the task to embark on a project on this scale. Africa has 54 countries, 5 regions, diverse cultures, religions, geography, climate, political and economic systems, with over 2,000 languages and a population of over one billion people. The continent has a unique history and contribution to civilization, and the process of Colonization affected many aspects such as governance, language, culture, sport and education. The post 1999 process of decolonization (the African Union) has accelerated countries into the global economy, driving for unity and advocating social justice for all.

Examples to give a flavour of this book are offered to entice you to read the series because every story is worth reading for the insights into women’s strength, perseverance, determination, success, and influence that have been realised.

1. The chapter *Sport-for-Development Trailblazers in Africa* tells the inspirational success stories of projects and people: Maqulate Onyango (MYSA, Kenya), Grace Nyinawumuntu (AKWOS) Rwanda, Felicite Rwemalika (AKWOS, Rwanda), Janet Motah, Rachel Muthoga, Jackline Mwende, Lydia Kasiwa, Lilian Mbeyu, Frimmilla Nine, Dorcas Amakobe (Move the Goalposts, Kenya), Wadzanai Katsande (Edmund Garwe Trust, Zimbabwe), Tendai Gambiza (Zimbabwe), Emertha (AKWOS, Rwanda), Peninah Nthenya Musimi (Safe Spaces, Kenya) and Majidah Nantanda (Uganda). Each narrative demonstrates ways in which sport and the arts can help vulnerable young girls, living in difficult situations, to build skills and efficacy for improving their lives and the communities in which they live.

2. The Africa book profiles many faces in the field, other examples include Doreen Solomons, (IAPESGW Honorary Life Member, Vice President and co-ordinator of the 2009 Stellenbosch Quadrennial Congress, and recipient of many IAPESGW awards). Doreen’s life inspired thousands of children and teachers in the field of physical education, dance and gymnastics across South Africa.

3. Elite athletes are profiled including Nawal El Moutawakel from Morocco who was the first Arab Muslim woman to win an Olympic gold medal in the summer Olympics of 1984 in Los Angeles and is heralded as a symbol for women’s liberation and empowerment. Her legacy and social influence continue to this day as a role model who continues to achieve at the highest level in her many roles with the IOC (p122).

   ‘(In Los Angeles 1984) I was the only woman in the Moroccan team of 100 in Los Angeles. My ambition after that was to have women represented differently. Life is full of hurdles and I have learned to be patient and take them one at a time …’

4. Paralympians are also visible, for example, the story of Natalie du Toit who, as a promising swimmer, was in an accident which resulted in amputation at the left knee. She went on to win many championships and awards, participating in the Paralympic Games 2004 as well as qualifying and participating in the summer Olympic Games 2008 (pp126 – 130). She is using her success to motivate other young people. Her coach Benjamin E. Mays gave this poem to Natalie which might inspire others:
The tragedy of life does not lie in not reaching your goals,

The tragedy of life lies in not having goals to reach for.

It is not a disgrace not to reach the stars,

But it is a disgrace not to have stars to reach for.

2. Inspirational Women in America – Maria Beatriz Rocha Ferreira (ed)

Contributing authors – 21

Countries included in this volume - North America – Canada, Mexico, USA; Central America – Cuba, Puerto Rico; South America – Brazil, Ecuador, Uruguay, Venezuela.

The geographical spread, diversity of political, economic and social situations, the challenge to write in English, and the short time-scale, limited the reach of the project but the following examples give a flavour of diversity included in this book.

1. The Canada chapter – (pp37 – 62) by Shellie McParland, offers ‘snapshots’ of progress for women in sport as she gives visibility to the role of academics, notably Ann Hall and Patricia Vertinsky for their research and courage in the feminist movement that helped to address inequalities in sport at every level. She also acknowledges the situation of the Aboriginal women, the enforced assimilation of the colonisation process which tried to erode traditions and cultures, notably of women’s strength and physicality. Her example of twins Sharon and Shirley Firth from Inuvik who had long careers in cross country skiing yet ‘often struggled to negotiate the line between their traditional culture and mainstream sport’(p43) echoed other research on identities where regulations and expectations in modern sport seek to shape participants in particular ways which can be at odds with preferred ways of living. Finally, Shellie celebrates advances for women in sport in Canada, for example with the establishment of the Canadian Association for the Advancement of Women in Sport (CAAAWS) in 1981 which led to raising the profile of women in leadership, participation, programmes, awards, recognition and educational resources.

2. In the chapter on Colombia (pp 63 - 80) by Luz Amelia Hoyos Cuartas, Carlina Guerrero Gallego and Mildrey Fatima Mesa Gallego, the authors focus on the life story of Professor Martha Moncada, a pioneer in Physical Education, a woman passionate about her life and subject throughout her many roles in education. She trained as a teacher then moved into the Ministry for Education, moving on to Chief of Physical Education, Recreation and Youth in COLDEPORTES, where she started a programme for Physical Education Centres in parks and public spaces in different regions. Moncada went on to support University programmes, develop leadership training and organise the first unit on Sports Medicine, in what is now the Institute of Sports and Recreation in Medellin. She revised the school curriculum for Physical Education and started a programme for early childhood. Eventually Moncada moved to the National Pedagogical University in Physical Education, developed postgraduate studies for the students and enabled the creation of a Physical Education Faculty, offering a range of specialisms in Bogota. Ending her career as President of CENDA University (a University
Corporation), she now, in her later years, describes herself as a happy and passionate woman and still has an ambition to write the history of Physical Education in Colombia.

*Who better than someone who lived and shaped the subject in her country in the way this life story tells us.*

### 3. Inspirational Women in Asia - Canan Koca (ed)

**Contributing authors - 23**

**Countries included in this volume - Bangladesh, India, Iran, Iraq, Israel, Japan, Korea, Macau, Malaysia, Nepal, Pakistan, Saudi Arabia, Taiwan-China and Turkey.**

As the largest continent geographically and in terms of population, it really was a huge task that faced Canan Koca. As with each of these volumes the editors had to work with willing contributors in a limited timeframe and the difficulties experienced in parts of Asia were explained: ‘I would like to express that putting together the inspirational stories of the women that are included in the book was not easy due to the hard conditions that some were experiencing. The sorrow and difficulty due to the earthquake in Nepal … and the troubles in Pakistan and Iraq, caused interruptions to our communication with authors’ (p19). For that reason first drafts of some contributions had to be used to meet the printing deadline. We are grateful to have this volume as it brings the lives of people in ‘hard to reach’ communities to a global audience.

The contributions include teachers, researchers, athletes, dancers, activists, historical influences, policy makers and experiences of diverse realities, for example:

1. The Turkish chapter that profiled the athlete – Nesrin Olgun Arslan was penned by her daughter Bengu Arslan, illustrating the influence mothers can have on their children.

2. Some narratives share activities outside of mainstream sport including the three Nepalese sisters who started a trekking agency ‘3 sisters Adventure Trekking’ and an NGO ‘Empowering Women of Nepal’ which targets disadvantaged women with education, training, work chances and opportunities to meet people from across the world.

3. The Iranian chapter gives prominence to leading sport managers and administrators as well as esteemed international athletes. Dr Faeze Hashemi Rafsanjan has been Vice President of the NOC and was instrumental in establishing the Islamic Federation of Women’s Sport (IFWS). Tahereh Taherian and Robab Shahrian are other women highlighted for their remarkable contribution to sport and women’s advancement. A number of Paralympian and Olympian athletes are also profiled.

4. The chapter on Japan focuses on the area of Dance Education and profiles two women contributors. Haru Tokura who established the Japanese Association of Physical Education for Women and Girls (JAPEW), and Chiyoe Matsumoto, the founder of Dance Education in Japanese schools and universities after the second World War. The Japanese have been the largest international contingent at every IAPESGW Quadrennial Congress since its inception.
4. Inspirational Women in Europe by Rosa Diketmuller (ed)

Contributing authors – 23

Countries included in this volume – Austria, UK, Germany, Denmark, Bosnia Herzegovinia, Poland, Sweden, Hungary, Spain, Czech Republic, France, Norway, Italy, Greece.

As with every volume the introduction by the Editor outlines the context and enormity of each task. The chapters in this volume are structured thematically and have the following titles:

- Outstanding Scholars at National and International level
- Outstanding female scholars or women who dedicated their lives to projects and policies for girls and women
- Physical education and school sport and dance – Pioneers and Teachers
- Outstanding female athletes and coaches
- Pioneers and outstanding women in national and international sports leadership

To give a flavour of the content the range of women profiled is again awesome, whilst recognising the many others deserving of their place in European history across Sport, Dance and Physical Education.

1. The biographies of Margaret Talbot (UK) and Gertrud Pfister (Germany) offer a fitting opening as European scholars who have contributed so much to gender equity across the globe. Their research has contributed to improving policy and practice on every continent, and while Margaret moved into the political arena to drive positive change Gertrud continues her international scholarly activities in her retirement. They shared a work ethic and generosity of spirit that enabled many across the world to benefit.

2. Other pioneering leaders from across the continent reveal some of the drivers in physical education, for example those who established the Austrian Forum of Women in Physical Education, and the nineteenth century Swedish pioneer Martina Bergman-Osterberg who influenced the professionalization of careers in teaching physical education across Europe.

3. Examples of life histories of outstanding female European sportswomen are highlighted including Vera Caslavksa from the then Czechoslovakia, and the lives of mountain climbers Wanda Rutzkiewich (Poland), Edurne Pasaban (Spain), Gerlinde Kaltenbrunner (Austria) and Nives Meroi (Italy), demonstrate the courage and perseverance necessary to take these women ‘to the top’.

5. Inspirational Women in Oceania – Janice Crosswhite (ed) (Australia)

Contributing authors - 85

Countries / Territories included in this volume - Australia, Fiji, New Zealand, Papua New Guinea, Tonga, Vanuatu, Norfolk Island.

Editorial: ‘Most women had never been asked to tell their story and therefore needed a lot of prompting to do so and many had to be convinced to write their own story. Thankfully some had friends or work colleagues who readily assisted in the writing’. p. 19
In this book the collation of life stories of women’s lives spent in all aspects of physicality include sport at community and Olympic levels, dance, and physical education at school and university levels. Examples below illustrate the depth and breadth of life experiences captured in this volume.


2. Leody Eleutilde C. Vainikolo who was President of the Tonga Badminton Association, had introduced the game into the schools’ curriculum and was a Board member of Badminton Oceania Women’s Committee whilst also being Deputy Director of the Ministry of Agriculture, Food, Forests and Fisheries amongst several other things, p.235.

3. From the dance area the life work of Jackie Tuara is shared – a dancer and choreographer who runs the Company Vaka (tribe) Takitumu. She has dedicated much of her life to keeping the cultural dance, music and costume traditions of the Cook Islands alive, p. 187.

4. Trailblazers from Aboriginal and Maori groups such as Cathy Freeman (athletics), Nova Peris, (hockey and athletics), Evonne Gooligong (tennis) and Beatrice Faumuina (rugby) are profiled as women who were trailblazers for indigenous women’s participation in amateur and elite sport.

**Conclusion**

The Five Continents series showcases the contributions of 161 authors from 59 countries / territories and the lives of inspirational girls and women in community, educational or sporting contexts who have influenced thousands of others within and beyond their own countries.

We are indebted to the editors and contributors who made this book series possible within an impossible time-frame. The generosity of time, knowledge, expertise and willingness to be involved in this project demonstrates what is possible when like-minded women work together. The philosophy of UBUNTO was shared with us by Doreen Solomons for the IAPESGW’s 16th Quadrennial Congress in Stellenbosch, 2009, and again here by Anneliese Goslin (Africa, p249 - 250). Its values guide humanistic social development in sub-Saharan Africa and rests on the values of caring, sharing, respect, compassion, reciprocity and interdependence – “Umuntu ngamuntu ngabantu – I am because we are”. It is about treating all people equally and fairly, regardless of gender, creed or race. Goslin attributed this ethical consciousness to the narratives of the inspirational women in the Africa volume. I would like to extend that to the lives of the contributors to this entire project.

This synopsis gives just a snap-shot of the depth, breadth and richness of the series but I hope it will lead you to read all the books and perhaps to find a way to further develop this resource as a legacy for women on every continent.

It is fitting to close with two of many memorable comments from the series applicable to the enormous Five Continents project on *Inspirational women: making a difference in physical education, sport and dance* (IAPESGW & Federal University of Juiz de Fora, Brazil, 2016):
‘The contributions showcased in this publication represent only the ears of the hippopotamus. The hard work of many other girls and women in physical education and sport … their contributions, although not specifically mentioned, are highly appreciated’ (Anneliese Goslin, Africa – pp28 – 29).

‘It is an emotional and awesome experience to collect, in my mind and on paper, the accomplishments of all these women simultaneously. I imagine their struggle and their fight … I see them changing the way young girls think about their own limitless physicality. I was one of those girls, and as I write this chapter, I am filled with gratitude for the extraordinary role models in whom I recognize my own love of sport and subsequently discovered the freeing sensation of a liberated body’ (Shellie McParland, America p52).

5.3 Women and Sport in Latin America

Book - Women and Sport in Latin America (2016)

Publisher – Routledge, Oxon.

Editors – Rosa Lopez de D’Amico, Tansin Benn & Gertrud Pfister

Authors - Helen Altmann (Brazil), Elisa Araya Cortez, (Chile), Tansin Benn (UK), Gladys Bequer Díaz (Cuba), Dilia Colindres Molina (Costa Rica), María Antonieta Corrales Araya (Costa Rica), Débora Di Domizio (Argentina), Stela Maris Ferrarese Capettini (Argentina), Silvana Vilodre Goellner (Brazil), María Dolores González Rivera (Spain), Luz Amelia Hoyos Cuartas (Colombia), Darlene A. Kluka (USA), Canan Koca (Turkey), Maryam Koushkie Jahromi (Iran), Mirna Rosario Lacayo (Honduras), Rosa López de D’Amico (Venezuela), Mireya Medina Villanueva (Mexico), Elizabeth Mizrahi (Venezuela), Ana María Morales Ferrer (Cuba), Ludmila Mourão (Brazil), Josil Josefi na Murillo Cedeño (Venezuela), Daniel Ignacio Oliveros Wilches (Colombia), Maria Antonieta Ozols Rosales (Costa Rica), Marisol Pedraza Luevano (Mexico), Gertrud Pfister (Germany), Maria Beatriz Rocha Ferreira (Brazil), Kátia Rubio (Brazil), Nancy Torres Victoria (Costa Rica), Luisa Velez (Puerto Rico/US).

Additional Executive Board support team - Janice Crosswhite (Australia), Anneliese Goslin (South Africa), Karin Lofstrom (Canada).

Reflections by Rosa Lopez de D’Amico (Venezuela)

Internationally, information written in English about the lives of women and sport in Latin America is rare, therefore international access to lives, challenges and successes in countries such as mine, and those geographically positioned in the territory of the world called ‘Latin America’ is limited. There are many women academics who have published in the field in Spanish and Portuguese but most had limited, if any, experience of writing in English. Following on from the ‘Muslim Women and Sport’ book, an IAPESGW Board strategy was to find a way to bring knowledge of women and sport in Latin America to the dominant English-speaking academic world. Where additional English support was needed, Board
members worked in partnership with authors and this gave the confidence necessary to bring chapters to fruition.

Some of the Latin American authors were IAPESGW members, e.g., Luz Amelia Hoyos (Colombia), Josil Murillo and Rebeca Oropesa (Venezuela), Mireya Medina (Mexico), Maria Dolores Gonzalez (Spain), Gladys Bequer (Cuba) so they were the natural ones to be approached to write the chapters. The other group were academics I knew from my affiliation with other organisations (e.g., Debora Di Domizio from Argentina, Maria Ozols from Costa Rica, Luisa Velez from Puerto Rico, Elizabeth Mizrahi from Venezuela) or I had met the women through the wider academic network (Elisa Araya from Chile and Mirna Lacayo from Honduras, Stella Ferrarese from Argentina). In the Brazilian chapter, led by Katia Rubio (IWG member), co-authors Helena Altmann, Ludmila Mourado and Silvana Vilodre were also invited by Beatriz Ferreira. As the idea cascaded out amongst academics in the field we reached other authors (e.g., Costa Rica, Honduras, Mexico, Cuba), and among those we also have a male author Daniel Oliveros from Colombia. Most of them used local translators before sending work for support or editing. With the Argentina chapter, Debora requested full translation and prepared her chapter in Spanish. We had two former students Andrea Manzo and Audy Castañeda (later colleague) who did the translation of this chapter. We also had the support of another former student, Reinaldo Martinez, who assisted us in searching information for Appendix B. The three of them are from Venezuela and they are English teachers. We sincerely appreciate their voluntary efforts to make this book a success. The lead editors were myself, Tansin Benn and Gertrud Pfister who believed in this academic experiment and who trusted it was possible. We spent many long hours of editing and hundreds of exchange of emails over two years. As is evident in the above, it was an enormous collaborative effort.

The concept of the book was a quest, and several who were contacted declined or could not find co-authors. Finally, there was success with 17 chapters, four contextual, ten dedicated to countries in Latin America, one for indigenous peoples, and two with lives of some women in sport from the substantial Latin American diaspora, in Spain and the USA. We recognised that the book could never offer total coverage of Latin America, but important information on remaining countries was included in the final chapter. What the book offered, with common frameworks for each chapter, was a unique collection of the histories, situations, challenges and successes of women in sport in many parts of Latin America.

Two short Extracts of the book are offered to give a flavour to those interested in learning more. The first is from the introduction and highlights the justification for the book and its original contribution to the field. The second carries key messages learned from such a collaborative, international venture in recommendations to improve gender equity, based on the realities of women’s lives recounted in the book.

1. Justification – (Lopez de D’Amico & Benn pp 3 – 4)

This book presents the first collection of Latin American women’s experiences in life and sport. It embraces the voices of academics and practitioners from Argentina, Brazil, Chile, Colombia, Costa Rica, Cuba, Honduras, Mexico, Puerto Rico and Venezuela, and brings realities of indigenous games alongside modern sport forms. The motivation to write this book comes from the fact that the academic world is dominated by publications and international exchanges in the English language. An unplanned consequence of this is that Latin American women in physical education
and sport, and the networks, challenges and achievements gained, are relatively invisible. There are many reasons for this but the language barrier is the most prominent. Latin America, as a region, primarily conducts academic affairs in Spanish and Portuguese for the benefit of its non-English speaking population and neighbours, which contributes to its relative isolation internationally. It is important to highlight that Spanish, after Mandarin, is the most widely spoken native language in the world, Portuguese is the sixth most spoken language in the world and it is present in four continents. Hence, the academic organizations in this region conduct their events and publications in Spanish or Portuguese. On that premise, this book is original in breaking boundaries to bring the experiences of Latin American girls and women, in all aspects of physical activity, to the attention of the English-speaking world. While there are texts on sport in Latin America, for example, Arbena and La France (2002) and Sheinin (2015), there is little attention to women and this is the first to focus specifically on the situation of Latin American women in sport.

2. Emergent Recommendations (Benn & Lopez de D’Amico, pp 231 – 231)

Recommendations are based on the notion of human rights as universal rights in shifting contexts (Donnelly, 2013). As stated in the chapter on international developments: gender equity is a universal aspiration in that it is a central tenet to the progress of the human race. Ways in which this can be achieved will depend on blending international support with understanding of local realities, with the social, cultural, political and economic context of people’s lives in diverse situations.

The following guidance on promoting gender equity in sport, physical activity and physical education, is a synthesis from the needs evident in the book and incorporates a range of related international recommendations, for example from: UNDAW (2007), SDP IWG (2008), Benn et al. (2011), Fasting et al. (2014).

1. Access existing knowledge of gender equity, sport, physical activity and physical education.
2. Share and learn from good practice.
3. Work from a human rights and legal basis to empower girls and women through sport with understanding of the complexity and significance of context.
4. Ensure that consultation and collaboration in policy and practice for sport participation embeds gender equity and gender sensitivity, for example provision of female coaches where this will aid participation of girls and women.
5. Plan an integrated system of monitoring, evaluation and impact evidence to inform policy-making, practice and research.
6. Ensure the possibility for gender disaggregation of data from sporting initiatives, events and developments to inform decision-making on needs, goals and achievements regarding gender equity.
7. Implement preventative measures and apply child protection codes to ensure safe arenas for girls and women from violence, abuse and harassment.
8. Increase the number and the influence of female leaders in different roles such as refereeing, teaching/coaching and decision-making positions.
9. Build on government priorities and embed gender equity policies in and through sport for reciprocal benefits, for example: with health, youth development, education, inclusion, that is through gender mainstreaming.
10. Plan for socially responsible sport development that is appropriate to context
and sustainable in provision and funding.

11 Develop and fund research studies in each Latin American country according to the specific priorities faced in achieving gender equity in sport. Topics should be, for example, the small number and the relative invisibility of women leaders in sports bodies, the relationship between sport and violence against women, the barriers prohibiting quality physical education for all children; factors influencing young women’s attitudes towards their bodies, the cult of the ‘body beautiful’ and sexualization.

12 Establish closer collaboration between academics and practitioners, and moreover with sport federations to promote programmes for girls and women’s inclusion in sport.

13 Network with international bodies in the region, for example UNASUR, MERCOSUR, ALBA, CARICOM, IAPESGW, to propose projects to increase collaboration between Latin American nations in the area of safe access for girls and women to sport and to quality physical education.

14 Promote women’s participation in academic organizations for the advancement of research on women and sport.

15 Publish and disseminate new knowledge.

16 Promote and celebrate women academics, their research and publications, and women leaders, teachers and coaches in sport who forefront a more equitable environment for the girls and young women behind them.

These are recommendations but each country has to select priorities and move forward on the basis of current realities. The institutions are there, the policies have been created; there are governmental and non-governmental organizations working in and beyond Latin American to support women’s empowerment. Colleagues interested in, and working on, women and sport need to gain new knowledge, to network and collaborate to improve the extent and quality of provision for girls’ and women’s participation in physical education and sport. This will be strongest when theory informs practice, so research is vital to provide quality evidence to underpin policy, practice and future directions for gender equality, among other outcomes.

There was a panel presentation about Women and Sport in Latin America that was presented in 2017 at the 18th Quadrennial Congress in Miami, 2017. There have been invitations to speak about women and sport in Latin America at the Vth Congress of the Latin American Association for Sport Management (ALGEDE) Women and Leadership in Sport in Latin America, Buenos Aires, Argentina, March 15 – 17th 2017; also at the IAPESGW Regional Summit in Havana, Cuba, October 25th 2018. Other publications also emerged during this process.24

5.4 International Committee of Sport Pedagogy

5.41 IAPESGW and the International Committee of Sport Pedagogy on Quality Physical Education

The ICSP was a Working Group of the International Council of Sport Science and Physical Education (ICSSPE). It was composed of the member international organisations that focused on pedagogy, education, training, research and standards.

Traditionally there were five organisations, meeting once, and later twice, a year, to focus on specific projects under ICSSPE, sometimes related to work from larger international organisations such as UNESCO and the WHO.

The original five were - IAPESGW, AIESEP, FIEP, IFAPA and ISCPES. Much later the ICCE joined. More recently the reorganisation of ICSSPE will lead to different working groups and future alliances.

The Research Work on Quality Physical Education (QPE)

The main focus of collaborations between the international organisations of ICSP in recent years has been in the area of Physical Education. The desire to pursue Quality Physical Education could be traced back to 1978 when UNESCO launched the International Charter for Physical Education and Sport. The issue was further discussed in the UNESCO conference in 2005 at Porto Novo and in 2009 when ISCPES, IAPESGW, IFAPA, FIEP and AIESEP met in Brisbane. All of this was happening in the context of growing international concerns for the state and status of physical education.

The first, second and third World Surveys Physical Education have focused on gathering international information through governments, higher education and state school systems. More knowledge of what was happening was essential to international policy-makers such as UNESCO and the WHO. Major concerns arose about the low status of the subject, inequalities between girls and boys and for children with disabilities, inadequate training for

25 Association Internationale des Ecoles Superieures d’Education Physique International Association for Physical Education in Higher Education http://www.aiesep.ulg.ac.be/

26 Fédération Internationale d'Education Physique (FIEP) http://fiepeurope.eu/

27 International Federation of Adapted Physical Activity http://www.ifapa.biz/

28 The International Society for Comparative Physical Education and Sport http://www.iscpes.org/

29 International Council Coach Education https://www.icce.ws/

teachers, lack of monitoring and evaluation processes, and other issues. These have been discussed at the first, and second World Summits of Physical Education. At MINEPS V (Berlin 2013) and MINEPS VI (Kazan 2017), these concerns were shared, declarations made, then commitments to action given, to improve equity, inclusion, teacher training, resources and facilities to improve the health, well-being and life skills of young people around the world. ICSSPE’s 2010 Physical Education Position Statement was approved by UNESCO and endorsed by IOC, IPC, UNESCO, UNOSDP and offers support to initiatives in this area.

IAPESGW is one of the organisations that helped in providing research and information to assist policy makers. In 2009 the ICSP associations IAPESGW, ISCPES, IFAPA, and FIEP agreed to launch the QPE project during their annual meeting to learn more about the realities and components of physical education from teachers’ perspectives internationally. There was some concern that World-Wide Surveys can miss the significance of situational factors affecting realities in physical education. ICSP associations aimed to collect the realities of teachers in different countries to give some nuanced understanding of the big picture results. The associations had wide reach through their networks internationally and were interested in knowing; What teachers considered to be QPE? What the challenges were in their situations? and What strategies they used to overcome these? These questions underpinned the first project ‘Global Voices’.

The data collection process began in 2010 and ended two years later with findings presented at the ICSEMIS conference at Glasgow in 2012 in the ‘Global Voices’ project. The next study in 2013 focused on finding consensus on essential criteria for QPE and the search for benchmarks and publications, in other languages, followed. Subsequent work has identified common understandings of ‘Quality Physical Education’ in terms of the ‘planned, progressive and inclusive learning experience that forms part of the curriculum in early years, primary and secondary education’. Credit must go to Dr Walter King Yan, Assistant Professor (FED) / Associate Master (Choi Kai Yau College), University of Macau (Past President of ISCPES and Vice President Education – ICSSPE), for his support and that of the staff and students at University of Macau.

All of the above efforts have led to increased international awareness of the issues affecting young people’s physical education in the state / public education sector. There is also much more awareness of the life-long negative effects that can follow lack of ‘physical literacy’


developed through QPE in childhood. Another phase of this research has started and is called the ‘Global Index for QPES’, coordinated by Walter Ho, Macau University. He has requested the same organizations to support this phase.

UNESCO (2015) published ‘Quality Physical Education – Guidelines for Policy-Makers’, and Quality Physical Education: Policy Guidelines: Methodology. The guidance was developed in partnership with the European Commission, skills acquisition, UNESCO has developed a resource package in partnership with the European Commission, the International Bureau of Education (IBE), International Council of Sport Science and Physical Education (ICSSPE), International Olympic Committee (IOC), Nike, the United Nations Development Programme (UNDP), UNICEF and the World Health Organization (WHO). Benefitting from the input of more than 50 organizations and individual experts, from all world regions, the Quality Physical Education policy package aimed at:

1. Promoting QPE’s broad based social and developmental benefits;

2. Practically supporting Governments to design and implement inclusive QPE policy;

3. Developing cognitive and non-cognitive skills through physical education to get children physically literate and future well-rounded citizens. 36

IAPESGW colleagues were involved in the preparation of this work. The guidance offers a global theory of change perspective to supporting countries in developing their own policies and practices from their specific situation. It provides guidance on benchmarks, for example of time, human resources, pedagogical resources, capacity development, the curriculum and beyond, research, quality physical education teacher education (QPETE); alongside key steps to undertake to achieve an inclusive QPE policy and practice environment. A QPE Policy Matrix is offered to support the process of putting principles into action.

Currently UNESCO and partners are piloting the framework in 4 countries (Fiji, Mexico, South Africa and Zambia) to develop inclusive, child-centered PE policies and are looking for future strategies to make implementation of QPE policies into practice a sustainable reality. IAPESGW members have been contacted to review this, for example Anneliesse Goslin (South Africa) and Rosa Lopez de D’Amico (Mexico and Fiji).

Another example of ICSP’s contribution can be seen in the 2014 – 2016 ICSP Madagascar project. This was a QPE pilot study well ahead of the current UNESCO pilots regarding Quality Physical Education. This will be shared in the next section.

5.42 International collaboration for an inclusive Quality Physical Education (QPE) in Madagascar

By Marianne Meier, (Switzerland / IAPESGW), Marc Cloes (Belgium / AIESEP), and Claire Boursier (France / IFAPA).

This project emphasises the value of international networks operating collaboratively under the ‘International Committee of Sport Pedagogy’ (ICSP). IAPESGW was actively involved between 2014-2016 in a mission on and to Madagascar concerning the implementation of the UNESCO guidelines concerning ‘Quality Physical Education’ (QPE). This mission was a pilot project providing insights on action research, international network structures, good governance as well as the challenges and opportunities of a participatory approach.

1. Setting the stage

IAPESGW is one of six international organisations forming the ICSP. This Committee is a working group of the ‘International Council of Sport Science and Physical Education’ (ICSSPE). The common interests of all ICSP organisations focus on the teaching process in physical education and sports, physical educators’ instruction and curriculum analysis.

After a meeting in Cuba in November 2014, ICSP members agreed that Marc Cloes (AIESEP) in close cooperation with ICSP chair Branislav Antala (FIEP) would co-ordinate a working group dealing with the development of a methodology which should support countries or regions eager to implement the UNESCO guidelines for ‘Quality Physical Education’ (QPE). This decision was based upon a request from Madagascar to receive support for a reform of its PE/Sport policy. Other ICSP member organisations agreed to participate in the Madagascar project, including IAPESGW, represented by Rosa Lopez D’Amico and, at a later stage, by Marianne Meier.

The project was about QPE in challenging contexts with a special focus on the UNESCO matrix, and how it can serve as an assessment tool for Madagascar. It was mainly built and implemented on the collaboration between the ICSP and the ‘Académie Nationale des Sports’ (ANS) located at the Sport Ministry of Madagascar. The project was designed to modernize PE and sport organisation in this country. The cooperation focused on the improvement of the quality of PE, school sports, and leisure/competitive sports practice. Research was based on a bottom-up process involving 30 communities selected by the ANS according to their geographical, social, and economical characteristics. The major aim of this process was to identify the priorities of the country in order to improve the quality of PE in schools, sport clubs and communities emphasizing diversity, accessibility, inclusion and equity. Qualitative and quantitative approaches were adopted to increase understanding of the needs of the people and the available resources.

37 The other five ICSP organisations are: FIEP (Fédération Internationale d’Education Physique), IFAPA (International Federation of Adapted Physical Activity), ISCPES (International Society for Comparative Physical Education and Sport), AIESEP (Association Internationale des Ecoles Supérieures d’Education Physique), and ICCE (International Council for Coaching Excellence).

The project consisted of five main phases: The planning process took place in 2015 with meetings held in Brazil and Iran. The second main phase involved a visit of an ICSP expert group in Antananarivo (Madagascar) in March 2016. The third phase foresaw the presentation of preliminary results at ICSEMIS 2016 in Santos/Brazil. A meeting in Liège/Belgium was the fourth phase to consolidate the results, followed by the concluding production phase of the final report in December 2016.

2. Preparation phase

Marc Cloes had the project lead, especially in the communication and coordination with the Sport Ministry of Madagascar and the National Sport Academy of Madagascar (ANS).

In September 2015, several meetings with Michel Ralaivao (General Secretary of Sport Ministry of Madagascar) and Patrice Ranaivoson (Director ANS) were organised in Juiz de Fora (Brazil) together with various ICSP delegates. Thereby the project’s methodology was discussed. It was important to define the kind of data that the Malagasy partners would be able to collect and what instruments they intended to use. Another important task of the ICSP working group consisted in the preparation of a symposium to be submitted to the Scientific Committee of ICSEMIS 2016. Despite an intensive exchange with the Malagasy partners, the data collection process was delayed.

ICSP then met again during the IAPESGW seminar in Teheran (Iran) held on December 12-15, 2015. On behalf of IAPESGW, Rosa Lopez de D’Amico, Rosa Diketmüller and Marianne Meier were involved in these preparation meetings for the Madagascar project. The main topic was the organisation of the ICSP expert mission to Antananarivo. The selection of this delegation was also determined by necessary French language skills. After several communication loops and logistical challenges, three ICSP representatives finally left for Madagascar in March 2016: Marc Cloes (Belgium / AIESEP), Claire Boursier (France / IFAPA), and Marianne Meier (Switzerland / IAPESGW).

3. Mission to Madagascar

After the arrival in Antananarivo, it was very important to assemble all stakeholders around the same table. As in many settings linked to PE, interests and tasks were not fully clarified between the ‘sport sector’ and the ‘education sector’. After an initial negotiation process, it was agreed that all major ‘players’, including the ‘Ecole Normale Supérieure’ ENS (University of Education of Antananarivo), were necessary to jointly discuss the Malagasy PE/Sport structures in a participatory approach.

The main activities of the ICSP mission consisted of three parts: 1) Top-down seminar on a policy level to elaborate recommendations based on previous analysis. 2) Validation and reflection workshop with PE/Sport specialists (teachers, NGO staff, coaches, etc.) as a bottom-up approach. 3) Drafting consensus document for an inclusive QPE in Madagascar.

3.1 Top-down seminar on a policy level

The three ICSP experts and 15 representatives of the Malagasy PE/Sport and University structures met during two days to analyse, comment and edit the QPE matrix prepared by the Secretary General Michel Ralaivao. This group was mainly composed of ANS and ENS representatives from different levels. The objective was to discuss the preliminary matrix and
complete all the axes in order to elaborate a document which could be presented to a larger group of practitioners.

It is noteworthy that the national representative of UNESCO was attending this intensive seminar. The aim of the activity was to depict and understand the current situation of PE/Sport in Madagascar in order to propose some recommendations to be addressed by the Malagasy authorities. The intention was that this process would lead to the implementation of a new policy in the country. Following a guiding principle of the ICSP project, the experts worked in a way to guarantee the combination of a top-down and bottom-up approach considering both opinions from practitioners and authorities. Due to the existing hierarchical structures, this was quite a challenge, but crucial for a successful development. One of this seminar’s main outcomes was the mutual exchange and collaboration between prestigious representatives of two Ministries that had lost the sense of communication and proximity on common key topics such as sport, youth, education, and health.

3.2 Bottom-up reflection and validation workshop

After the initial policy seminar, a second two-day workshop was organised to mainly present and then validate the proposed matrix and its top-down recommendations. After some hesitations, most of the authorities and prestigious personalities from the initial seminar agreed to attend the reflection and validation workshop together with 42 PE/Sport specialists who were mainly teachers, coaches, NGO staff, etc. from inside and outside Antananarivo. This led to a total number of 48 participants. Here again, ICSP’s concern of involving people from both policy and implementation levels was put into action. It became obvious that these different stakeholders were not used to collaborating in such a participatory way. However, they agreed to cooperate in the course of this workshop. This was again an important step in this process and a constructive sign in itself.

The overall objective of this workshop was to provide feedback to the prepared policy document and consolidate in the end a common «Consensus for QPE in Madagascar». Moreover, this common platform of relevant stakeholders could promote the mutual understanding of different perspectives, needs, and interests, and thus increase the sense of ownership with regard to the implementation of such a policy document. The three experts proposed to the plenary to work in six smaller groups, thereby ensuring that every group was mixed in terms of gender and professional background. All the groups were asked to analyze the presented axes 1-9 with a specific focus on strengths and weaknesses/gaps. Every group reported back to the plenary where the experts gave support to find a synthesis. Even though it was a time-consuming process, each and every person was given the opportunity to freely express himself or herself. Thereby, all the individuals received a microphone when they were speaking which was very symbolic. Usually in this context, social hierarchies and status determined who was eligible to raise their voice. This didactical and group dynamic strategy also helped to unblock certain interpersonal barriers. The final exercise involved a ‘group prioritization’ of the suggested actions to be taken using the following parameters:
For this purpose, two ropes were put on the floor of the room forming a cross (compare graph above). All the participants had the opportunity to individually write their priority on a card and place it in the respective zones 1-4 displayed in the graph. Every person was asked to speak about or explain his or her choice in front of the plenary. Many cards were put in zone 1, but most cards ended up in zone 2. Only two cards were found in zone 3 and zone 4 remained empty. There was a vivid discussion whether some actions were easy to implement or not. For example the card “Give more credit to the job of PE teachers with a solid education” was put in zone 1 which meant high importance and easy implementation. Another strongly debated item was “Effective cooperation between main institutions (ANS/ENS)”. More practitioners felt that this was an easy action to implement than those who disagreed. This was also the case for “Convince decision-makers of the importance of QPE for the country’s development”. There was more agreement on zone 2 which meant high importance and difficult implementation. This involved for example “Elaboration of a national law concerning QPE in Madagascar” or “Increase competence of all the PE teachers”. Several remarks emphasized the time dimension linked to certain actions which makes implementation more difficult. For example “Recognition of the government regarding value of QPE” or “Collect and analyze data on QPE in Madagascar to make comparisons with other countries” were among these cards.

At the end of the workshop day one, a press conference was organised in order to acknowledge the contribution of the various representatives from key institutions and practitioners which led to a front page article in the local newspaper.

On the second day of the workshop, the participants were given the opportunity to evaluate the workshop. The suggested method to collect this feedback was the ‘Most Significant Change’ (MSC) technique. All participants were asked to individually answer on a white card the following question: What is ‘the one thing’ that you take home with you after these workshops? Among the answers to this question were quotes like “Willingness to advance together” or “Complementarity of the two main institutions”. But there was also more critical and even controversial feedback such as “Confirmation that the ENS has a prime position in implementing PE” or “Importance that superior officials really apply existing texts and laws”.

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The fact that critical feedback was openly shared can be judged as a sign of a collaborative and trustworthy atmosphere between groups of people who had rarely met in the past.

In a second step of the MSC technique, the participants shared their individual white cards in small groups. All the feedback was discussed within the groups. Then, every group had the task to come up with one new yellow card which synthesized the elements presented by the group members. The main focus of this second step was the process of mutual exchange and the group effort of finding a satisfying compromise. These yellow cards were on a more abstract level and involved for example the following synthesis: “Willingness to advance together by an approximation between the institutions (ENS and ANS) and the national partners to improve the governance of the PE teacher education” or “Willingness to build solidarity groups for the sake of PE: altogether.” The third and last step of this exercise consisted of finding key words or sentences which reflected the thinking of the whole group. This final round involved a discussion of all the participants and the following agreement: “Willingness for collaboration / partnership” and “Development and innovation”. There was a journalist among the participants who decided to take these results as key messages for his extensive newspaper article.

3.3 Drafting a consensus document for an inclusive QPE in Madagascar.

The third part of the ICSP mission mandated by ICSSPE involved the production of a document summarizing the outcomes of the validation process. The three ICSP experts were ‘mediators’ drafting a national “Consensus for an inclusive QPE in Madagascar” based on the consultation process with all the stakeholders during the seminar and the workshop.

The “Consensus” acknowledged the specific approach of physical education, physical activity and sport striving for a development of life-long physical awareness and know-how. Moreover, it emphasised that QPE enables citizens to benefit from positive effects regarding health, well-being, personal growth, social cohesion and inclusion. As emphasized by the World Health Organization (WHO), these effects do have a positive impact on the development of a country. The following four gaps were identified by workshop participants to assess the situation in Madagascar:

- Lack of qualified PE teachers at all educational levels;
- Non-existence of applied QPE principles;
- Absence of teaching evaluations (PE specific inspections);
- Non-existence of a system for ‘further education’.

Furthermore, the “Consensus” document emphasized the necessity and willingness of a closer collaboration between the different key actors of PE, physical activity and sport in Madagascar: UNESCO, ministries, university, professional associations of PE teachers, sport federations, etc.

In terms of recommendations, the following three priorities were defined as a workshop outcome:

- Creating a national committee which coordinates the PE, physical activity and sport. This committee unites representatives of all above mentioned key actors in Madagascar;
- Identifying strategic axes and drafting an operational action plan;
Facilitating collaboration between the ENS and ANS to create joint education programmes which are adapted to the identified needs. Moreover, these programmes must consider the required competences of different types of professional functions.

4. Symposium at ICSEMIS 2016 in Santos/Brazil

The submission of a symposium on Madagascar was accepted by the Scientific Committee of ICSEMIS 2016. This symposium focused on an action research going from theory to practice on a national level related to this pilot project. In line with the participatory approach that was applied during the entire project, Michel Ralaivao and Patrice Ranaivoson from the Malagasy Ministry of Youth and Sport were supposed to present the follow-up of the mission to Madagascar at the symposium in Brazil together with the three ICSP experts. It was foreseen that Marc Cloes (AIESEP) would describe the design of the study. Michel Lovatiako (ANS Madagascar) was going to present the process as experienced by a local partner. The proactive involvement of girls and women in the reform process of the Malagasy PE programme was to be developed by Marianne Meier (IAPESGW) while Claire Boursier (IFAPA) planned to explain the integration of adapted physical activity in the reformed Malagasy PE program. Unfortunately, the two Malagasy representatives were not able to travel at the very last minute. This led to a new distribution of topics and tasks to give a full overview of the project to the audience. Owing to technical devices, they were at least able to join the symposium via Skype.

More than 50 people attended the symposium on September 3rd 2016 in Santos. The three speakers presented the project in a collaborative way. At the end of the presentation, the two Malagasy colleagues shared their perspectives. Many positive comments and questions from the audience underlined the interest and relevance of the topic and especially the methodological approach.

5. Achievements, challenges, reflections and recommendations

Overall, the two main goals of the Madagascar project were reached: A concrete methodological approach led to the identification of the status quo of the Malagasy ‘PE and sport policy’. Moreover, national stakeholders were involved from the beginning and played a key role in the entire process. It was important throughout the whole project that research and workshops were not ‘driven’ by ICSP representatives, but mainly conducted by Malagasy authorities with ICSP support. This fact increased this project’s sense of ownership. This inclusive and participatory approach was systematically continued during the mission in Antananarivo both in a horizontal and vertical way: Different institutions and ministries had to interact and cooperate as well as different hierarchical levels within these institutions and ministries. It was a challenge to assemble all the key stakeholders and to enable a free expression of opinions. The fact that ideas, concerns and needs of a heterogeneous group were collected top-down and bottom-up, guaranteed a certain legitimacy of the final “Consensus” document.
The following challenges and recommendations focus on two levels without being exhaustive. The first level specifically targets the Madagascar project while the second level deals with broader issues linked to QPE implementation.

First level: Despite the fact that useful results were possible in a relatively short time period, communication processes between all actors and stakeholders need to be improved nationally (ministries, universities, and practitioners) and internationally (ICSP and e.g. with entities like UNESCO). For this purpose, and to additionally ensure a transnational coordination, more resources are necessary in terms of human capital and financial means. These rather operational aspects are linked to structures and logistics that assure a successful project implementation. However, the Malagasy real-life conditions and the socio-cultural context lie at the base of these mentioned challenges. It is important to recall that the UN classify Madagascar as one of the “least developed countries” and that most of its people suffer from incredible poverty. Even though there is no doubt that QPE could contribute to public health and youth empowerment, priorities and most urgent needs for many Malagasy are currently not linked to PE and sport.

Second level: The importance of local involvement has already been stressed. However, in terms of research standards and methodology, local academic support could further increase and assure the quality of the methods, data collection, and analysis. Thereby, communication and exchange between all national and international stakeholders is again crucial. Besides obvious transnational socio-cultural differences, attention ought to be dedicated to intra-national peculiarities, too. This also includes issues of social status and power which can be restrictive to bottom-up processes. In terms of sustainability, such collaborative processes should last at least 4-5 years to have a potential impact. Any kind of intervention needs to follow a ‘project management cycle’ and involve an explicit ‘exit strategy’ for international support. Such a long-term commitment with a defined ‘fading out phase’ increases the reliability and credibility of all involved partners.

There is certainly a need for, and value of, international networks operating collaboratively to implement the UNESCO guidelines concerning QPE. IAPESGW is eager to contribute now and in the future. We appreciate the Madagascar group sharing their experiences and enabling us to learn more about international collaborations and the nuances of a particular situation which influenced development in physical education and sport policy.
CHAPTER SIX

An overview of IAPESGW’s relations with WSI and IWG – Three Women and Sport groups

The International Association of Physical Education and Sport for Girls and Women (IAPESGW), Women and Sport International (WSI) and the International Working Group for Women and Sport (IWG)

By Tansin Benn

The critical period for change in networks, groups and organisations supporting girls and women in the field of sport was the 1980s and early 1990s. Although this period was prior to the 1999 – 2019 period covered in this book, the change from one international NGO which had been IAPESGW from 1949, to two NGOs - IAPESGW and WSI, and a coordinating network – IWG, happened in the early 1990s and is crucial to understanding how these three groups have co-existed over recent years. There have been critiques and analyses of the social women and sport movement, as revealed in a detailed sociological analysis in the 2018 work of Jordan J.K. Matthews40 and other published histories such as Hall and Pfister.41 Using these sources and the lived experiences of women who have contributed to this history, I am able to offer some insight into that journey, which is essential to understanding how we have come to be where we are in 2019. It is necessary to devote this section to the origins of WSI and IWG because of the many questions directed at IAPESGW about why there are three associations apparently doing similar work today. Developments of the last twenty years will be shared to illustrate how all three groups are making different contributions to the field and, the three continue to co-exist and contribute complementary efforts in 2019. As author, I accept full responsibility for the content of the chapter which focuses on IAPESGW’s relations with WSI and IWG but special thanks go to Kari Fasting, Norway, Carole Oglesby, USA and Anita White, UK, for their encouragement, support and contributions to this section. They have been key drivers to the international women and sport movement who lived through and were part of the change process.

Introduction

Early during my time in IAPESGW from 2001, and on the Executive Board from 2005 – 2017, I had the privilege of meeting other women who were doing inspirational international work for girls and women in like-minded organisations and networks at national and international level. These included Kari Fasting (Norway) and Celia Brackenridge (UK), Carole Oglesby and Chris Shelton (USA). Most had also been leading contributors to IAPESGW. Having diversified energies into alternative organisations / groups, particularly


Womensport International (WSI) and the International Working Group for Women and Sport (IWG), we have all continued working for a shared vision, achieved positive outcomes for the benefit of girls and women in all aspects of physical activity and stayed mutually supportive. Representatives of the two NGO organisations - IAPESGW and WSI – have formed part of the ‘steering group’ of the IWG network over the years.

**The early 1990s**

It would be naïve to think that the powerful women in the field of gender equity in sport-related activities would survive 70 years without differences. Indeed, as a figurational or process sociologist, I would suggest it is the very tensions, conflicts and resolutions that drive such organisations forward, shape and re-shape their existence.\(^{42}\) In 1999 Hall & Pfister published a book on the first fifty years of IAPESGW, 1949 – 1999.\(^{43}\) One chapter was devoted to the issues that led to division and new beginnings with WSI and IWG, entitled ‘**Competition and Loss of Influence 1989 – 1999**’. The authors documented the increasingly global women in sport movement, growing wider feminist movements, and ambitions for a more political agenda for women’s sport and physical education. New national organisations were emerging in the USA, Canada, Australia and the UK, and their leaders were engaging in international developments. These were countries dominating academic research and influence on international policy-making. At the beginning of the 1990s some IAPESGW members, influenced by their work in these other sport organizations, perceived the association as too conservative and focused on physical education and dance. At the Annual Conference of the USA Women’s Sport Foundation in April 1992, an international ad-hoc group met to form a new organisation, a coalition of existing groups, called the Women’s International Sport Coalition (WISC). Celia Brackenridge (UK) was a main instigator and wrote about the new organisation in IAPESGW’s Bulletin 3(4), 1993, (pp5-6). Although WISC did not go ahead:

… at the 1993 North American Society for the Sociology of Sport in Toronto, Canada, a decision was taken by some of the delegates attending to set up a new organization called WomenSport International (WSI), which was officially launched at an international conference in Brighton, England, the following year.\(^{44}\)

**WomenSport International**

Like IAPESGW, WSI is an NGO and the founders are acknowledged on the current website as Celia Brackenridge (UK), Libby Darlison (Australia), Barbara Drinkwater (USA), Kari Fasting (Norway), and Marion Lay (Canada), all outstanding women in politicising women and sport issues. ‘(They have) helped expand women’s sport organizations around the world and provide an avenue for information sharing and communication.’\(^{45}\)

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\(^{44}\) Hall & Pfister, op.cit. pp 32 – 33.

\(^{45}\) Ibid.
WSI is an international member organisation and NGO, like IAPESGW. Its focus launched an evidence-based advocacy group, using task forces and committees to tackle some of the most challenging issues in women and sport, producing reports and influencing policy. Examples of past task forces are: The Female Athlete Triad, Deaf Women and Sport and Sexual Harassment. Recent task forces are: Non-Accidental Violence, Sportswomen and the Media, and Homophobia and LGTB Issues.

In 2011, WSI attained United Nations Expert Status with the Economic Social Council (ECOSOC), and in 2016 WSI joined the Permanent Consultative Council (PCC) of the Intergovernmental Committee for Physical Education and Sport (CIGEPS).

WSI took the decision not to hold separate conferences as they did not want to compete with or destroy the IAPESGW Conference. WSI have contributed to conference platforms at international, regional and national levels, including at IOC and IWG events, sometimes collaboratively with IAPESGW (e.g., in Egypt 2010, ICSSPE events, and in European Women and Sport, and European Sport Sciences conferences). Through WSI, leading academics across the world contribute their skills as researchers and advocates. Longevity in its core leadership over 25 years has kept continuity as well as the knowledge that comes with living through change and transition. Clearly there were missed opportunities for IAPESGW leaders in the past to enable some women to develop their vision within the association rather than create another organisation. Recent history shows that the two NGOs have focused their efforts differently and continue to contribute to positive changes, alongside many national and international organisations, in sport, dance and physical education, across the world.

The International Working Group for Women and Sport

The IWG emerged from the UK Brighton Conference, 1994. The genesis of the conference was to bring together European and Commonwealth networks on women and sport and to launch a political event aimed at policymakers and decision-makers. At the time Anita White was the Chair of the European Women and Sport Group, supported by the GB Sports Council, and they were due to hold a European Women and Sport Conference in 1994 at the end of their term. Aware of developments in other parts of the world (in particular the USA, Canada, Australia and NZ) the group decided the time was right to make it an international conference which would challenge inequalities at a political level.

Anita White chaired the organising committee for the Brighton Conference which included Margaret Talbot and initially also included Celia Brackenridge. However Brackenridge resigned in protest at the GB Sports Council insisting there should be at least one man on the committee. She thought it should be organised "by women, for women", and men had no place. Members of the European group (including Kari Fasting) as well as women from sports councils (or their equivalent) in New Zealand, Canada and Australia made up the organising committee and were collectively responsible for the vision and content of the conference and the Brighton Declaration that emerged.

Celia Brackenridge, Margaret Talbot and Anita White were all leaders in the women and sport movement in the UK and internationally at the time of the Brighton Conference. All had been involved in the earlier founding of the Women’s Sport Foundation (WSF, UK) in 1984. Celia Brackenridge was its first Chair and Anita White was its second. Margaret Talbot became president of IAPESGW in 1997. Celia Brackenridge became the secretary to WSI on the first elected board 1999 – 2002, when Carole Oglesby (USA) was elected president.
Subsequently the women were deeply and differently involved in the organisations which are the subject of this chapter in the period of change around the 1994 conference:

While we shared the same vision and goals for women and sport, we approached them in different ways. Celia was the radical feminist who identified and addressed issues head-on, Margaret nurtured the physical education network contributing to the modernisation of the long established organisations of IAPESGW and ICSSPE, and I (Anita) worked through government sponsored networks to place women and sport on policy agenda nationally and internationally and to encourage programme development.\(^{46}\)

The Brighton Conference was titled ‘Women, Sport, and the Challenge of Change’ and among the 280 attendees from over 80 countries were policy and decision makers, and representatives of major sport organisations and governments from around the globe.\(^{47}\)

The possibility of a co-ordinating network that became the International Working Group on Women and Sport (IWG) was discussed and contested at the conference, for example by Kristina Thuree from Sweden and Kari Fasting, Norway. They had concerns because the structure and objectives were unclear, WSI had just been established, and there was IAPESGW. However proposals for the IWG for Women and Sport network were made by the UK Sports Council at the end of the Brighton conference. This network was intended to be a political driver for the many organisations and groups interested in furthering policy and action for the women and sport movement internationally. Such was the political energy and international commitment to improve policy and practice for women and sport amongst delegates in Brighton 1994, that participants supported the IWG proposal and a follow up event in Windhoek, Namibia in 1998, when the IWG’s status was formally confirmed as a non-constituted coordinating body.\(^{48}\) One key and important difference with the two NGOs is that IWG has never been a constituted membership organisation.

Subsequently IWG has flourished under different custodians in various countries, securing excellent resources for the women and sport movement. The network has had three home bases from the global north (ie England, Canada, Finland); three from Oceania-Pacific region (Japan, Australia, and forthcoming - NZ in 2022) and two from Africa (Namibia, Botswana). The successful bidding process has led to conferences in 2002 - Montreal; 2006 - Kumamoto; 2010 – Sydney; 2014 - Helsinki; 2018 – Gaborone. All of these have been partially or totally sponsored by the governments of these countries. Those stepping up to take on responsibility for IWG in a four-yearly period usually have been able to secure dedicated professional posts and office space, with government support, sponsorship and grants to: 1) monitor the development of women and sport internationally and the implementation of the Brighton Declaration; 2) maintain a coordinating web presence for the women and sport movement; 3)

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\(^{46}\) Correspondence from Anita White 2\(^{nd}\) April, 2019.


\(^{48}\) Correspondence from Margaret Talbot 5\(^{th}\) October, 2009.
promote local issues and initiatives at the international level. Today, the Brighton Declaration, the underpinning principles of IWG, has over 500 signatories.  

**Previous tensions**

When I took over the presidency of IAPESGW in 2009 there were tensions between IAPESGW and IWG, principally because shared understandings at the start of IWG became lost or shifted despite the best efforts of successive custodians. In 2009, the year of IAPESGW’s 60th anniversary and Quadrennial Conference at Stellenbosch University in South Africa, the IWG put out calls for scientific research papers for their forthcoming IWG Sydney 2010 conference. Turning IWG’s event into a scientific conference meant that IAPESGW’s quadrennial congress events could be under threat. I decided to approach Joanna Adriaanse, IWG co-chair and coordinator of their 2010 conference in Australia, for some help in understanding this situation better with the proviso that: ‘I did not want this to escalate … I was much more interested in co-operation than conflict and that we stood in solidarity for the benefits we were all trying to bring to girls and women internationally in the area of physical education / activity / sport’. (This is a position that I still hold.)

Professor Margaret Talbot supported IAPESGW’s efforts to resolve tensions and at the same time raised key points about the principles on which IWG was formalised as a leader in the women and sport movement throughout the development period:

As you know, I was one of the founder members of IWG, and as IAPESGW President, was a member from 1997 to 2005. Hence, I remember well, the rationale under which IWG was set up and worked. There was a specific understanding that IWG should not, by its remit or actions, undermine the viability of the existing international NGOs, i.e., WSI and IAPESGW.

I therefore echo the concern which Tansin has outlined, about the invitation to submit abstracts for the IWG Conference in 2010. This really does depart from the commitments made, when IWG was set up in 1994; and in 1998, when its status was confirmed as a non-constituted coordinating body. The Movement was always intended to provide 2-way communication and networking for people working to promote the principles and implementation of the Brighton Declaration, and of subsequent declarations/policies. Hence its focus was on changing policies and procedures of institutions and governments.

The rationale recognised that IAPESGW provides special opportunities for academic and practitioner women from across the world, to present at and participate in international conference every 4 years. The regional conferences which developed after Brighton (predominantly Europe and Asia) followed the same rationale of avoiding this remit. IWG looked to provide influence and leverage for shifts in policy and provision, which would support women's interests in and through sport. Given the

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50 October 5th 2009, E-mailed letter from Tansin Benn as President of IAPESGW to Johanna Adriaanse, IWG regarding the Sydney IWG Conference 2010.
expense of attending international conferences, it is regrettable that IWG seems now to be targeting the same market as IAPESGW, which is likely to undermine the viability of future IAPESGW Congresses.

I am very disappointed that the 2010 International Conference appears to be departing from previous rationale and commitment …

One reason research papers had been called that year was because a major sponsor of IWG 2010 had been the Public Research University, the University of Technology, Sydney. The conference went ahead with mixed papers and IAPESGW were invited to hold a panel presentation. In 2010 IWG changed into the hands of sport leaders in Finland and, as president of IAPESGW from 2009, and representative on IWG steering group meetings, I was able to raise further debates about clarity of purpose, distinctiveness and direction, with varying degrees of success. Raija Mattila, the Finnish co-chair of IWG 2010 - 2014, came to London and met with Anita White, Margaret Talbot, and me to understand more about the beginnings and direction of IWG. The outcome was a commitment to drive the expansion of signatories for the Brighton Declaration and bring a dominant political edge to the Helsinki conference in 2014. Another outcome of debates in that quadrennial period was the release of a statement of a mutual vision, agreed and shared on IWG, IAPESGW and WSI websites for a time.

IAPESGW has honoured its place on the IWG ‘steering committee’ now referred to as the ‘global executive’ and as the ‘board of directors’, by attending annual meetings and conferences around the world for over twenty years. In the last quadrennial these were held in Finland 2014, USA 2015, Sweden 2016 and Japan 2017. The invitation of the president Rosa Lopez de D’Amico, Venezuela, to the IWG 7th quadrennial conference in Gaborone, Botswana, 2018, was welcomed, and the hospitality shown was outstanding. Unfortunately IAPESGW was omitted from the named ‘Board of Directors’ in the Conference programme which was a mistake that rendered the contribution of the association on IWG invisible. IAPESGW members in Gaborone and beyond were disappointed at such an oversight but it reinforces in all of us the need for ongoing recognition of partner organisations at such key moments. Nevertheless, Gaborone was a success for IWG and Botswana and will be remembered for its wide reach and visibility for Women and Sport internationally.

The success of the IWG conferences, as catalysts for change for women and sport internationally has been positive, in terms of attracting resources, funding, marketing and media coverage, contributing to raising the profile of women and sport issues and exerting political influence through increasing Brighton Declaration signatories and attracting participants to conferences from around the world. In the past they also have helped to profile the work of IAPESGW and WSI, who are core NGO members of the IWG ‘global executive’. The Brighton (+ Helsinki) Declaration has remained a central focus for IWG and is visible in the recently launched website for the New Zealand team which has taken control

51 October 8th 2009, E-mailed letter from Margaret Talbot to Johanna Adriaanse, IWG.

52 2018 7th IWG Conference on Women and Sport, Gaborone, Botswana, p24 ‘Board of Directors’.
of IWG for the current quadrennial culminating in the 2022 conference to be held in Auckland.\textsuperscript{53}

**Personal Reflections**

In addition to the author, welcome contributions for this section are from Kari Fasting, Norway, Carole Oglesby, USA, and Anita White UK, all ambassadors for women and sport across international organisations, as well as peace and co-operation:

As far back as 1994 Pat Bowen-West, then president of IAPESGW, wrote this about the association’s role in emerging developments and new beginnings in the women in sport movement:

> An all-embracing aim of our association is to represent the interests of girls and women at all levels and in all areas of physical education and sport. To be effective, we must continue to look outward, be visible in the wider context and co-operate with others. Following the Brighton Conference in 1994, we became part of the International Women and Sport Strategy.\textsuperscript{54}

In my view IAPESGW is still effective, looks outward, is visible in many contexts and co-operates with others as is evidenced in this book. In addition to contributing to IWG for over twenty years other examples can be seen in the co-operation with other international organisations through ICSSPE, the former International Committee of Sport Pedagogy and the range and level of transnational publications, with many countries beyond the dominant West or Global North. In 2018 Matthews wrote about future directions for the Women and Sport Movement:

> There is also a need for a greater understanding and awareness of women and sport globally. Postcolonial feminism and social movement literature can be used to unpack the multiple contexts, complexities and identities that have impacted upon activism in non-Western countries over time (see Benn, Pfister, & Jawad, 2011) (*Muslim Women and Sport*). This endeavour will help the movement to move away from its Western base and application of good practice examples unto the non-West toward, instead, learning from the non-West in order to advance the activism of the movement more generally.\textsuperscript{55}

How pertinent then, that in addition to the *Muslim Women and Sport* book mentioned above that emerged from an IAPESGW seminar in Oman in 2008 (see chapter 5, section 5.1) IAPESGW’s recent collaborative publications also include two other major works, also detailed in chapter 5, ‘*Women and Sport in Latin America*’ led from Venezuela, and the ‘*Five Continents Series*’ led from Brazil. These publications include 219 co-authors, from 86

\textsuperscript{53} http://iwgwomenandsport.org/

\textsuperscript{54} Hall & Pfister, op. cit. p36.

\textsuperscript{55} Jordan, J. K. Matthews, op. cit. p195.
(predominantly non-West or global south) countries. Much can be learned through these penned contributions about sporting lives, aspirations, challenges and achievements in different contexts. Such lives are best shared by those who have lived them.

It is to be hoped that a ‘top-down’ and ‘bottom-up’ approach can find a place to meet and IWG as a network remains a place to welcome and exchange the efforts of partner organisations.

**Kari Fasting**

I can't remember when I became a member of IAPESGW, but I was invited as a key note speaker to the conference in Bali in 1993. This conference was very inspiring for me and I met many interesting women. What was impressive then, and still is, is IAPESGW's worldwide membership, particular in Asia, South America and in the Arab world. I therefore believe that IAPSGEW has meant, and still means, a lot for many women particularly in those parts of the world. I was one of the founders of WSI and agree very much with the description given by Tansin Benn in this chapter. We felt that IAPESGW, as most other organisations at that time, didn't challenge some of the really difficult situations that some girls and women in sport were facing. I also became the first representative from WSI to sit on the IWG Global Executive Board and have done that since 1994.

The two worldwide NGOs have different profiles even though their goals may be similar. It is clear from the history that WSI has primarily addressed issues related to organized sport and doesn't have so many members in the field of dance and physical education as IAPESGW. When WSI was founded, and IWG just a few months later, some people were very confused and tried to figure out the difference between them. Personally I thought that this was a waste of time and energy. Perhaps this was to the fact that Margaret Talbot was one of my best friends and later I also came to know Tansin Benn. Personally, I have never felt it problematic to be a member of both organizations, and I believe we are both needed, because if one looks at our work we are doing, and have been doing, they are very different when it comes to practice. We have also sometimes worked together, as mentioned by Tansin Benn in this chapter. There have been situations where I personally as a member of IWG have been very happy for having IAPESGW onboard. We have supported each other over the years when IWG, on some occasions, started to operate as if they were an NGO organisation and not a network. On a global perspective we have also supported common issues which I am sure we will also do in the future.

**Carole Oglesby**

Early in my professional career, I was fortunate to come into contact with some very wise, and well-travelled women in physical education; especially influential was Professor Lynn Vendien. They made clear to me how important it was to nurture

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56 IAPESGW presents a Lynn Vendien Award at each quadrennial congress. Lynn Vendien died in 1998 aged 87 years and had been an IAPESGW member for most of her working life, attending Congresses until Melbourne 1993, she left an endowment to the Association and is remembered through her award. (Bulletin 2000/2001, Vol 10, p11)
international understanding and collegiality. Others made clear the importance of affiliating with peace and solidarity movements like the United Nations. Thus, it was a blessedly easy bridge from my women’s sport organizational experiences in the USA to international colleagues found in, what I consider to be, the three major global women’s sport and physical education organizations; IAPESGW, WSI and IWG.

In the past twenty years, these organizations form, what I call, a ‘triangulation of effort’. This triangulation reaches professional and discipline-based organizations, governments, the international amateur sport movement, women’s service and advocacy groups, and solitary women accomplishing all they can on their own, especially in under-resourced countries. Much has been accomplished, the most striking to me the impact, both direct and indirect, on international policy documents that now, with regularity include women sport advocacy and equality aspirational goals. I include among these documents the UN Sustainable Development Goals; the IOC Gender Equality Review Recommendations; UNESCO Revised Charter for Physical Education and Sport; and the IWG Brighton Declaration and Brighton Plus Helsinki Declaration.

It is crucially important to note how much there is out ahead to which we must organizationally dedicate ourselves. These policy statements are aspirational and, often, not actionable. The next decades must see our triangle of effort convert these goals into accomplished actions enhancing the lives of all girls and women globally.

Anita White

There were undeniable difficulties and conflicts in the early days when we were all trying to establish our place in the landscape of women and sport. Such is the nature of social movements as Jordan Matthews has argued. We worked in different ways through different organisations which I believe complemented each other – and I hope they still do. Sadly neither Celia nor Margaret are with us to contribute to this discussion, but as two dear friends and fellow travellers, I believe they would agree with the account I have contributed.

One example of ways in which the women’s associations are stronger together is through joint signing of position statements, for example as shown in the Joint Statement of support for the IOC launch of the Gender Equality Review Project, March 16, 2017, and more recently in the Joint Statement to the IAAF against the their decision to restrict testosterone levels in female runners (30th May 2019).

Conclusion

There is no room for complacency in a fast-changing world. IAPESGW still holds onto promoting opportunities for girls and women in all aspects of physical activity, most of which share common gender inequalities, including physical education, dance, community and high-performance sport. Just as it is not always easy to separate the issues and challenges for girls and women across these areas into neat boxes, so it is not always easy, or desirable, to

separate research from policy and practice. In retrospect, perhaps initial fears during my presidency concerning a potential threat to IAPESGWs quadrennial scientific congress events could never be resolved because of overlapping territory, for example evidence from research must inform policy and practice. Indeed, the IOC also organise a global and politically orientated quadrennial conference in Women and Sport, and we all compete for participants who have to find funding to attend, in an increasingly unpredictable and unstable political and economic world. Certainly, if IAPESGW’s conferences become financially unviable, the association is destined to end because it relies on these events for membership and funding. In the last twenty years survival of the association has been attributable to the enormous generosity of our successive conference hosts. Quadrennial congress events have been held at: University of Alexandria, Egypt, in 2001; University of Alberta, Canada, in 2005; Stellenbosch University, South Africa, in 2009, INDER (The Government arm of Physical Education and Sport in Cuba), in 2013; and Barry University, USA, in 2017. Also, regional conference event hosts Hacettepe University, Ankara, Turkey, 2014, and Alzahra University, Tehran, Iran, 2015 and INDER again in 2018. Preparations for the 19th Conference in Tokyo 2021 are in the safe hands of JAPEW, Japanese Association of Women in Physical Education (and Dance). JAPEW dedicates its origin in 1954 to the inspiration of IAPESGW and in 2014 celebrated its 60th anniversary, inviting the president and past-president of IAPESGW to share in the celebrations.

The success of IWG has been attributable to the dedication, persuasive and financial power of successive custodians who have committed to drive each quadrennial period. The double bind of that situation is the constant opportunity for renewal as relevant local issues are profiled with the international mission, alongside the potential risk of losing continuity of the histories and values that form the core. A challenge in its future lies in its ‘global executive’ structure and questions about democracy. The idea has been to have representatives from umbrella organizations in the different parts of the world, in addition to the two NGOs, but since such umbrella organizations do not exist everywhere this has been impossible in practice. With one representative from each region it is a challenge to embrace international developments across multiple countries and organisations working for and with women and sport.

The success of the NGOs, IAPESGW and WSI, depends on volunteer members, most of whom have demanding full-time posts in universities and / or sporting bodies, alongside a shared commitment to the benefits of international collaboration. The double bind of that opportunity is the consistency that long-term membership brings to retention of values, knowledge and projects, alongside the diminishing need for ‘paid membership’ organisations in an increasingly global democracy of knowledge that is the world-wide web and diminishing economic and research freedoms for those in the university sector. The three women’s groups will run their course and, I hope, continue to collaborate, to share challenges and achievements, and to continue as platforms to enable others to benefit from the success achieved by each.

There continue to be challenges in including global expertise and differences. The plethora of national and regional women and sport organisations, emerging since the 1990s, and of major resolutions and conference legacies, is evidence of the growth of awareness and concern about inequalities in the field. There is no single cause for this explosion of interest, but catalysts can be identified and the contributions of people in IAPESGW, WSI and IWG have
made a difference. As Matthews indicates, fragmentation and multiplicity of such networks is somewhat inevitable, making the influence and connections of current ‘senior leaders’ harder for the much-needed younger, and more diverse, generation required to take the lead for the future social movement for women and sport.

The search for evidence of action and sustainable development for greater equity for women in sport needs to continue. Future leaders need to be able to work in partnership through collaboration and open communication. They need to accept and respect worldviews, aspirations and measures of success, different to their own, that connect to the diversity of people’s lives. Shifts in feminist approaches in research have acknowledged such needs and the centrality of situated knowledge. Such attributes are characteristic of what Marquardt calls a global mindset. ‘A global mindset thinks and sees the world globally, is open to exchanging ideas and concepts across borders … the emphasis is placed on balancing global and local needs, and being able to operate cross-functionally, cross-divisionally, and cross-culturally around the world.’

As the last twenty years have shown, the power of the ‘triangulation’ of effort, and its links to individuals and organisations around the world is greater than its parts. Time will reveal whether these organizations/groups will be necessary, or sustainable, in the next twenty years.

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CHAPTER SEVEN

Contributions and tributes from across the World

A call was made to individuals or organisations who wanted to make any additional contributions to the final chapter of this 70th IAPESGW anniversary celebration book. Of course, many other personal contributions are already included in the book, such as perspectives from successive presidents in chapter 2, individuals connected with specific projects including Marianne Meier, Switzerland, in chapter 5, and key women in the development of the triangle of effort that is IAPESGW, WSI, and IWG in chapter 6. The first section below contains contributions from individuals who have served as executive board members, conference or project organisers, authors or network/communications providers for the Association in recent years. The second section brings greetings from international partner organisations that have broadened the scope of IAPESGW to work collaboratively on interesting international projects. The third section pays tribute to the Honorary Life Members, the contributions of those who have died and appreciation for those still with us.

All of these contributions and testimonials embrace the essence and spirit of the extended family that shapes and reflects IAPESGW in 2019.

INDIVIDUALS

7.1 Janice Crosswhite, OAM, Australia, (Executive Board member from 2006, current Vice-President)

Coming from a physical education teaching background into sports administration, with a passion for gender equality, the mission and values of IAPESGW match my own. There is still much more to be achieved to have a fair and equal world for girls and women, so we need associations like IAPESGW to flourish and to continue to call out what is inappropriate in the 21st century and what is possible in the future.

I have been a member of IAPESGW and on the Executive Board since 2006: Vice President 2009 -2017 and Communications Director 2017-2021. My first involvement was to help the Executive Board conduct their meeting in Melbourne, Australia (my hometown) in 2006. I was able to secure a location for the meeting and assist with other administration requirements and attend board meetings, where I contributed some of my thoughts, as an observer. I think I said too much as after this, so Darlene Kluka, then President, asked me if I would like to join the board, and I accepted. At that time, I was President of the Australian Womensport and Recreation Association (AWRA) and very involved in running the association, which I had helped to establish as its founding president.

Over the years I have attended our international congresses and as many Board meetings as possible (mostly self-funded) and have contributed to policy, media statements and communication mostly through email. There has been an occasional Skype call and as telephones improve, who knows how we will connect in the future!
The first IAPESGW Congress I attended was the 16th World Congress of IAPESGW at Stellenbosch University, South Africa, July 2009. It was a very impressive Congress to celebrate 60 years of the Association. After the Congress a group of women (from the USA, Canada, South Africa and Australia) and one husband did a wonderful safari driving trip through Kruger National Park. Friendships for life are established through and around our congresses.

IAPESGW has always provided regular opportunities for professional development and international cooperation. I will reflect on some of those I attended.

The following is a report I wrote for our July Newsletter 2011 after attending a European Science Congress in Turkey which included a Board meeting and symposium panel presentation at Hacettepe University. Five of the Board (Tansin Benn, Karin Lofstrom, Marianne Meir, Canan Koca and Janice Crosswhite) were able to meet at Hacettepe University, Ankara, Turkey, for a day and half of meetings. As a symposium panel, we looked at 'International Perspectives of Coach Education Systems with an emphasis on Women Coaches and Athletes':

- Tansin Benn covered the international perspectives of coach education, contributing recent research of a PhD student graduate of hers from Birmingham University;
- Karin Lofstrom presented on the current Canadian figures for coach education and the Canadian programs for female coaches;
- Janice Crosswhite covered the existing situation in Australia, with case studies from basketball and football; and
- Marianne Meier presented on the value of sport development and the social-cultural understandings that affect participation.

The audience seemed to enjoy the presentation with plenty of questions and follow up. We were all very grateful and appreciative of the kind and generous hosting by Hacettepe University and the arrangements implemented by Canan and Ilknur. They did a tremendous job of organising accommodation, transport and meals. We stayed in hostel accommodation on campus and were able to use the university swimming pool and athletic track, mixing with students and staff, keeping ourselves fit and thoroughly enjoying our extra-curricular program. We also thoroughly enjoyed a day trip to Beypazara (90 minutes by car west of Ankara) where we did a tour of a carpet factory, culminating in my purchase of three lovely kilims! We also enjoyed a living museum and shopping in the market for jewellery and clothes. Back at Ankara some of us fitted in a Turkish bath at a women’s only haman - so relaxing and cleansing. A perfect start to a long flight home.

I have enjoyed being a contributor to IAPESGW Board meetings. Each has a specific agenda, depending upon current projects, quadrennial or regional congress events, publishing developments, international invitations, strategic progress, and association issues involving membership, finance and governance.

I have fond memories of attending a regional symposium in Tehran, Iran in December 2010 where we delivered keynote speeches and then worked in small groups with interpreters to share stories and challenges to get better access to fitness and sport facilities to live healthier lives. I was amazed that women would exercise in high temperatures wearing full hijabs...
amazingly, others claimed a dirt patch of ground in their local neighborhood and enclosed it with sheets so that they could exercise without being seen.

We did some tours of excellent sport facilities, meeting with female participants. As usual, when visiting countries like Saudi Arabia and Iran, you dress appropriately and adapt to their cultures and customs. I appreciated the pottery, artifacts and carpets, arriving home after each trip with one or two additions to my home!

Our Cuban Congress in 2013 was hugely successful, although there were issues with visas for USA delegates. The Congress ran very well, supported by the INDER, the Physical Education department of the Cuban Government. We were well looked after in our hotel and were escorted on all tours. We enjoyed the history and culture of Cuba and appreciated the strong government policy that supported physical education, physical activity and sport. Cuba is a three-day travel from Australia, so I have memories of cancelled flights, overnight stays in Los Angeles and Mexico City and running through LAX to catch a 23:50 flight home, almost pushing people out of the way to make that last flight!

In 2015, a highlight for me personally was to represent IAPESGW at the International Experts Meeting on the ‘Fight Against the Manipulation of Sports Competitions’, Doha, Qatar, 16-17 September. This was a follow up to the Fifth International Conference of Ministers and Senior officials Responsible for PE and Sport (MINEPS V) and was preparation for MINEPS VI in 2016 regarding the recommendations we put forward. The meeting was organized by International Centre for Sport Security (ICSS) and funded through the Qatar Government/Royal Family, headquartered in Paris. A consequence of this meeting was for IAPESGW to sign a Memorandum of Understanding with ICSS, for the possibility of Qatar hosting a Middle East Symposium for IAPESGW sometime in the future.

Another highlight for me in 2015 was to be a keynote speaker at the World Badminton Forum in Dongguan, China in May, where I spoke on increasing female participation in badminton, to the Presidents and CEOs of all their associations from around the world. Being a Board contributor to IAPESGW was mentioned in the programme and enabled me to focus once again on values close to my heart.

In 2015 I was linked with Luz Amelia Hoyos Cuartas for the Women and Sport in Latin America book project. My role was to assist her with the English language editing of her chapter on Colombia. This was all done by email with several versions going back and forth! The Colombian chapter was part of a book put together by IAPEGW academics to illustrate the history and role of women in sport across Latin America. I enjoyed that experience very much.

The 2017 Miami Congress organized at Barry University, Florida, took me back to the USA. My previous visit had been in 2008 to Atlanta, for an IAPESGW Board and ‘Phenomenal Women’ event, organized by Darlene Kluka. The Barry 2017 Congress was again wonderful, full of the generous spirit that captures the people of IAPESGW, and the sharing of knowledge and understanding across the world.

Over the years I have been the main contributor to our e-news, the International Update. I like to read and keep up-to-date with news in sport, physical education and physical activity, so I readily email contributions to Jenny Warner of Vaga Associates in the UK who puts the
headings together and lays out our editions each month. Since 2017 I have added an editorial to each bulletin, to highlight the latest international news and breakthroughs.

2016 was a huge year with the Rio Olympics and, for me, the job of editing the Oceania Inspirational Women book. Indeed, the *Inspirational Women* book series was a brave and bold venture of IAPESGW. In a short timeframe, we delivered five books covering Europe, Asia, Africa, Americas and Oceania. But we did it and did it well!

This was a volunteer job of persistence, to convince many women to document their amazing stories. I was surprised to find out that most women had not had their personal stories told and were somewhat reluctant to self-nominate as they thought they were “not good enough”. In the end, the Oceania book had over 80 stories from women around the Pacific: Australia, Cook Islands, Fiji, New Zealand, Papua New Guinea, Tonga, Vanuatu and Norfolk Island. Their life stories demonstrated how passionate people can make a difference in the lives of other girls and women through physical education, sport and dance across Oceania.

As usual with any volunteer work and involvement in associations or sport, the best and longest-lasting outcome is the people you meet and share like values with. They are your friends and allies. Your best memories are spending time and thoughts with them, even though mostly by email! This makes Congresses, symposia and meetings so valuable, as it is at these get-togethers we communicate in person and share each other’s company and our diversity.

In my time with the Executive Board of IAPESGW we have had outstanding women leaders as Presidents: Darlene Kluka (USA), Tansin Benn (UK) and Rosa Lopez de D’Amico (Venezuela). It is a tribute to their work and commitment that IAPESGW continues as a respected international association, bringing together women from around the globe to work together to achieve improved outcomes for women and girls across physical education, sport, dance, and physical activity.

It has been an honor and pleasure to contribute to the ongoing work of IAPESGW and to be part of the 70th year celebration.

### 7.2 Professor Canan Koca, Hacettepe University, Turkey (Regional Congress organiser and author *Muslim Women and Sport*)

IAPESGW has had a great impact on me as a Turkish woman, sport scientist, and an advocate for women in sport. I first met IAPESGW in 2004. Later that year, there were big changes in my academic life and a very important development for the Turkish women and sport movement in Turkey. In 2004, I went to Denmark Summer School which was coordinated by Pro Dr Gertrud Pfister. I met Ann Hall (Canada), and she encouraged me to participate in 2005 IAPESGW Congress in Edmonton, Canada. I met Margaret Talbot (UK) and Tansin Benn (UK) who encouraged me to follow my dreams. They gave me an opportunity to participate in the next Board meeting as an observer. That meeting was the start of my IAPESGW journey as a Board member.
With my IAPESGW friends, we collaborated on articles and books, gave presentations in international congresses and organised meetings. I had the chance to bring the voices of women from my country to these different platforms. In 2009 we organised an International Olympic Symposium in Turkey. It was the first time that IAPESGW women met Turkish women sport scientists.

As a Turkish IAPESGW group, we organised the first regional IAPESGW symposium in 2014, with great participation from both eastern and western countries. This opened a dialogue between women in different sport, academic and cultural contexts. As a result, academics from Iran and Iraq still have strong communication with Turkish colleagues.

In the last ten years, sport and gender issues have gained a great deal of attention from Turkish sport sciences, and awards have been granted to high quality studies from both the sport sciences academy and Turkish science academy. It is a great honour for me to get a young scholar award from the Turkish Academy of Sciences because of my sport and gender research investigations.

In 2014, we established Turkish Association of Sport and Physical Activity for Women (KASFAD), and we are working hard. KASFAD has been organising Turkish Women and Sport meetings regularly, with participation of women athletes, coaches, leaders and academics. We now have a strong association which is working for women’s empowerment and gender equality in sport throughout the country. We also have a good network of gender and sport researchers. I owe much to IAPESGW and am grateful for all that my IAPESGW colleagues have given to me and to Turkey.

7.3 Reflections of Dr Yousra Al Sinani (Co-ordinator of the 2008 Symposium at Sultan Qaboos University Sultan, Muscat, Oman)

IAPESGW brought something special into my life, especially the opportunity to know colleagues from many countries and to learn so many things about my subject. Having the opportunity to host the first international event to focus on improving opportunities for Muslim girls and women in physical education and sport was a ‘dream come true’ for me. To bring people to Oman would enable them to see, experience and understand us differently. We had a great deal of support from the University, the Deputy Minister of Education for Oman attended the opening ceremony as did the Vice-Chancellor of SQU. The staff and students welcomed the opportunity to support the event and hear the feedback. There has been no other event like this since.

The positive experiences with IAPESGW colleagues moved me from a position of always being defensive to wanting to be open and share understanding of my life. I realised people who thought we were oppressed or lived unhappy lives where we were restricted from doing many activities, simply knew nothing about us but had built negative stereotypes. Originally I wanted to defend myself, my religion and my culture against what I perceived as a personal criticism of Muslim women. I changed to looking outwards, wanting to explain the realities
of our lives and to increase understanding of the ways in which we value the histories, traditions, and practices that constitute the lives we enjoy today. From the position of an ‘insider’ I hoped to open the eyes of ‘outsiders’ to know that we are proud of our country and its people, we value and enjoy the ways in which we lead our daily lives, the communities we embrace and the ways in which, in my Islamic country, faith drives that way of life. In IAPESGW I found people who wanted to listen and to share their experiences in a similar open and non-judgemental way. Through my own research and the 2008 Symposium week and follow-up opportunities in, for example, South Africa, Egypt, Dubai, Qatar, UK, I continued to learn about the importance of talking, gathering and sharing information and contributing to the path of better international understanding.

This opportunity to reflect on what all of this has meant to me has brought a sense of gratitude in all that has been achieved and, despite the serious and devastating set-backs faced in many parts of the world, this effort for international understanding and appreciation of different lives needs to continue. Despite some of our friends being forced to step backwards for the moment they will step forward again in a brighter future and hopefully IAPESGW will be there.

7.4 Dr Fatima El Faquir-Daoida, Morocco (Participant Oman 2008 and co-author Muslim Women and Sport)

I feel honored to testify about my participation as a co-author of the book: Muslim Women and Sport, with the support of IAPESGW, as part of a collection of professors, researchers, teachers, and leaders, from different countries, who collaborated together to facilitate the lift of the veil on the involvement of Muslim women, in all sectors of the sport movement.

I was pleasantly surprised when I received the message from Prof. Tansin Benn inviting me to join an international group to meet in Oman which resulted in the writing of this book. A group of us travelled to Muscat in the Sultanate of Oman, where we were very well received and accommodated at Sultan Qaboos University. We were able to participate in a scientific meeting around the theme: of ‘Increasing opportunities for Muslim girls and women in physical education and sport’ from 10th to 17th February 2008.

My thoughts go to our dear friend Prof. Margaret Talbot, [May God rest her soul and welcome her to his paradise], her intervention, together with that of Prof. Tansin, and to the other interventions of the members of our international group. The days were so rich in very relevant information. Debates resulting from this scientific meeting gave birth to the Oman Declaration: Accept and Respect. This declaration has had very positive results on the visibility of women in the Arab world in the field of sport.

December 13, 2008 Prof. Tansin announced the news about the book project, one of the wonderful results of our scientific meeting in Muscat. Her efforts, tenacity, and motivation for writing the book were very strong, as she expressed in one of her messages:
"I sometimes wonder where energy comes from, but then I realize it comes from the spirit of others - so thank you for the energy you have made for us together for Oman."

It was my first experience in the writing of a collective work, which was launched in July 2011. I have excellent memories, the realization of our project, motivated me to publish articles in indexed journals and, above all, to undertake scientific research on the historiography of high-level Moroccan athletes, which I continued and will soon publish as my own first book. Thank you to IAPESGW, thank you to our intellectual mentor: Prof. Tansin, to whom I owe respect and thanks for her support and generosity, and for appropriate guidelines for the writing of our collective work. Thanks to all members of our group and to all the officials of Sultan Qaboos University, for their welcome and support.

7.5 Professor Fadila Ibrahimbegovic-Gafic (Bosnia and Herzegovina) (Co - author Muslim Women and Sport and participant in Oman 2008)

My experience and contact with IAPESGW goes back 20 years. In 1999, the 50th Anniversary celebration was announced in Smith College, Massachusetts, USA. I applied to present under the title 'The role of sport and physical education in the rehabilitation of war traumatised women in Bosnia and Herzegovinia', and I travelled to the USA. This encounter with colleagues from around the world who dealt with the same issues was a great experience for me. I've met many women and girls who participated in many different forms of physical activities with women of all ages. I had felt separated from all events in the wider world due to being in Sarajevo during the war in Bosnia and Herzegovina 1992 – 1995, including sport. I then attended the 2005 Congress - Learning and Leadership, Women, Influence on Policy, Research and Practice; University of Alberta, Edmonton, Alberta. Canada. There I presented on 'Dance and Rhythmic Gymnastics for Children withg Special Needs'. In addition to colleagues I had met at Smith College, I met many more.

In 2008 Tansin Benn and Margaret Talbot launched a project to increase opportunities for Muslim girls and women in physical education sport, to be held in Oman at Sultan Qaboos University. I participated in this week, presenting on Sport and Physical Education for Girls and Women in Bosnia and Herzegovina, and listening to the presentations of others and participating in the many discussions that followed. I was grateful for the Oman experience in 2008, for shaping the declaration Accept and Respect and for the privilege of being a part of the 2011 Routledge book Muslim Women and Sport to tell the story of my country and its survivors for posterity.

At the 17th Congress in Havana, Cuba I presented on 'The education of women as instructors and managers of sport and recreational activities'. I was left with a greater understanding of countries in this region, and all that Cuba continues to do for others. IAPESGW has been an important part of my life for enabling me to understand the wider world and to share my own experiences in environments where others want to listen.
7.6 Professor Maryam Koushkie Jahromi, Iran (Co-author Muslim Women and Sport, participant Oman 2008, and executive board member and leader / contributor for many events in Iran.

Muslim people everywhere have been affected by global politics and negative stereotypes that have even reached Muslim women and sport. Around 30% of the world’s population are Muslim, and we live on every continent, yet anti-Islamic rhetoric dominates much of the media and the mind-set of many people. The voices of Muslim people, and particularly Muslim women, are often marginalised. Consequently, there are misunderstandings about Muslim women and their sport participation that I have encountered on my travels or have read in the media. I have really waited for an opportunity to tell of my reality, my experience of opportunities for Muslim women in sport. The Oman 2008 symposium, the declaration and the book Muslim Women and Sport offered me that opportunity. Although the book does not get the readership of other media, it was a chance to reflect on realities in my own country and to share these. My time on the IAPESGW Executive Board and in travelling and working with international colleagues from China to Canada and Turkey has also helped to share experiences more widely. Not only me, but also other Iranian women, are thankful to great women, especially Dr Tansin Benn, who motivated the Oman project and writing of the book.

7.7 Professor Dr. Christa Kleindienst-Cachay, Department of Sport Science, University of Bielefeld, Germany (Co-author Muslim Women and Sport and participant 2010 seminar in Egypt)

My first contact with the International Association of Physical Education and Sport for Girls and Women (IAPESGW) was made in 2008 through a colleague of mine, the sports scientist Christa Zipprich from the University of Hanover. At that time she was the IAPESGW’s spokesperson in Germany and asked me if I would like to give a talk at the IAPESGW conference in Stellenbosch, South Africa, about the results of my qualitative research on Muslim girls and women in club sports in Germany. The theme of the conference was “Practice and Research in Physical Education and Sport in the spirit of UBUNTU”, which tied in with my research work perfectly. I agreed and subsequently gave a lecture in Stellenbosch on the subject of “Balancing between the Cultures – Participation of Young Muslim Women in German Competitive Sports”.

This lecture and the conference itself formed the beginning of many years of fruitful collaboration with colleagues who had already been affiliated to the IAPESGW for some time and who carried out similar research to mine. Among these were especially Tansin Benn and Margaret Talbot, but also Maryam Koushkie Jahromi (Iran) and Gertrud Pfister (Denmark). In the period following the conference we wrote a joint project application on the subject of “Sport with Muslim Girls and Young Women in Educational Institutions” and
submitted it to the EU Commission, which is responsible for the allocation of research funding in the Sports Sciences.

In 2010 – on the initiative of Tansin Benn, Gertrud Pfister and Margaret Talbot – I was invited to take part in a conference (headed by Maha Ebeid) on the situation of Muslim girls and women in sport in various countries, especially in countries of the Middle East. This gave me the opportunity to gather knowledge on the ground (namely in Alexandria, Egypt) about the conditions under which girls and women played sports in Muslim countries. And, above all, I was able to exchange notes on this topic with a great number of colleagues from countries with a Muslim majority, as well as on research perspectives and objectives. For me and my predominantly European-oriented outlook, this conference was of huge significance!

Under the editorship of Tansin Benn, Gertrud Pfister and Haifaa Jawad, a volume of papers was then published on the situation of Muslim girls and women in sport in different countries (Muslim Women and Sport, 2011), to which I contributed an article on the situation of Muslim girls and women in club sports in Germany. This volume proved to be an enormous stimulus to the academic discourse on this issue and had a positive influence on the daily practice of sport in many countries. What was particularly gratifying was the fact that in subsequent years the volume sold so well that a new edition was published in the following year already. Apparently, we had filled a large gap in research.

This topic has become such an integral part of sports science gender research that it would be hard to imagine this academic field without it. Numerous colleagues in a variety of countries have contributed to the topic, and a whole range of dissertations and theses have been written on it. Thus, not only has the academic discourse been enhanced; in addition, sports club practices with regard to Muslim girls and women have been influenced positively.

I greatly valued the cooperation of IAPESGW colleagues in the making of the book; I found it highly stimulating and a great enrichment to my work. And, what is more, in the years that followed, these colleagues were able to give me valuable and constructive advice when it came to publishing in the international field.

In 2013 I again gave a talk at an IAPESGW conference, this time in Havana, Cuba, on the topic of “The Inclusion and Integration of Female Migrants in Sport. Results of an Empirical Study Conducted in Two Large Cities in Germany”. Here I presented the findings of an extensive quantitative and qualitative study on the integration of migrants in club sports which I had conducted between 2008 and 2011 in the German federal state of North Rhine-Westphalia, in whose conurbations especially large numbers of migrants live. In Havana I was again able to exchange notes with colleagues from all corners of the world in discussions on a broader issue, viz. the access of disadvantaged girls and women to sport and the different factors which form barriers to this access. At this conference I was able to gain new insights into this complex of issues, which I could use very productively for my work in Germany. Now an emeritus professor with greater resources and time to reflect, I have been even better able to use my knowledge in consulting umbrella organisations in sport, thus having an effect on daily sporting practice.

I have always felt my affiliation to the IAPESGW to be greatly rewarding, not only with regard to the academic exchange with colleagues but also with regard to the personal contacts that I have made, some of which I still keep up today. It is not merely because of my own personal experience of the association that I wish the IAPESWG all the best on its 70th
anniversary – linked with the hope that in the coming 70 years there will still be lots of sports scientists committed to filling this association with life and inspiration as well as to contributing to the further internationalisation of gender research in the sports sciences.

7.8 Dr Elisa Araya – Chile (Co-author Women and Sport in Latin America)

When IAPESGW invited me to reflect on the participation of women in the sport of my country, I thought it would be a relatively easy task, but it was not. The first thing that happened is that the sport and its "stars" were predominantly men, although there are some stubborn and courageous women who have dedicated their lives to their practice, their presence, so scarce, can be considered anecdotal. What surprised me the most is to see the absence of a State, in public policies of real, systematic and effective support to encourage the participation and development of sport in girls and women. Undoubtedly the reflection initiated in the text, Sports and Women in Latin America, promoted by IAPESGW, was a step to further deepen the condition of women in these latitudes, evaluate how far they have progressed or not, in obtaining and exercising of important rights such as sports, recreation and leisure. Initiatives like these make the IAPESGW a living organization. Thank you IAPESGW, and happy 70th anniversary.

7.9 Professor Dr Luz Amelia Hoyos Cuartas – Colombia (Co-author – Women and Sport in Latin America)

The experience of contributing in the Women and Sport in Latin America book for Colombia was really important, since, for the first time, we were able to research and share the development of sport for women in Colombia. We analysed developments from the nineteenth century to the present day, to understand this process from the perspective of the women who have been the pioneers in different roles of sport, for example, as athletes, coaches, or leaders. In turn, producing this chapter opened the door for other research work in Colombia, which has focused on knowing how sport becomes a mechanism of visibility and empowerment for women athletes, who currently constitute a benchmark for thousands of girls and adolescents who are linking to sport.

Today Colombian sport is enjoying an excellent moment, and this also includes athletes with disabilities, who are finding social recognition. This has been motivated by the increase in the number and visibility of participants, and also in the increasing number of medals and sport awards obtained at international level. In this sense, the seminal chapter developed in the IAPESGW project constitutes a reference document that motivates other academics to continue working towards the development and recognition of women's sport in Colombia.
7.10 Dr Maria Ozols – Costa Rica (Co-author Women and Sport in Latin America)

Being part of the Latin America book was a great experience because it helped me to understand the women and sport process in Costa Rica and Honduras more deeply. Women’s struggle for participation has been great. Now that I participate in sport, I can say that it is not like it was, and things have changed for the better. Several things have changed. Mother’s ideas about girls’ and women’s participation have changed; they let their daughters practice sports freely. Sport is now promoted alongside promotion of the country. The media has changed and now sponsors women’s sports and, finally, women have become aware of the need to have a healthy life through sport.

The experience of writing for the book, and attending the IAPESGW 18th Congress and the book presentation panel in Miami 2017, gave me the opportunity to:

a. Meet different women in the world who have experienced the same journey as many in my own country to participate in sport as girls and women;

b. Meet individual special people who could come to my country to help us, for example, Maria Dinold, who had great experience in sport and dance inclusion for people with disabilities;

c. Exchange experiences with other women internationally in related topics.

7.11 Professor González Rivera María Dolores, Spain (Co-author Women and Sport in Latin America)

Being invited to contribute a chapter on ‘Diaspora Latin American women in sport in Spain’ to the book, Women and Sport in Latin America, has been very rewarding because it has offered the opportunity for greater visibility of the situation in Spain. Latin America has strong historical, social and cultural ties with Spain and there has been a remarkable increase in immigration from Latin America to Spain in the last 25 years of the twentieth century and the first decade of the twenty-first century. This immigration has been characterized by feminization. Therefore, the contribution of diaspora Latin American women to sport in Spain is very important to the analyses of the situation of Latin American women living as minorities in Spain. There are many efforts to improve the channels of improvement for greater integration of this population and sport can be one. Likewise, it has been interesting to address some challenges and make recommendations to enable all women to realize their potential from school, recreational sport to high performance sport levels as well as in the employment of Latin American women in sport related occupations in Spain. Finally, I would like to thank the book's editors - Rosa López de D'Amico, Tansin Benn and Gertrud Pfister - for providing the opportunity to give greater visibility to Latin American women in sport.
7.12 A memory of Margaret Talbot who died December 2nd 2014 by Uri Schaefer, Israel, President ICSSPE, former head of the sport administration of the Israeli Ministry of Culture and Sport, and former director of the Wingate Institute.

(A full section on Margaret Talbot can be seen in chapter 2, section 2.1)

I had the privilege of hosting Margaret Talbot, then President of ICSSPE, and the organization's Executive Board, during the meetings of the Council in Israel held at the Wingate Academic College in 2013. At that time Margaret had to use a special ‘adapted scooter’ on which she placed the knee of an injured leg in order to be mobile and join the event. Despite the difficulties of moving from place to place, Margaret, as a true leader, participated in all the meetings that were held.

I was impressed by the meeting I had the privilege to arrange for her with the Culture and Sports Minister at the time - Limor Livnat. It was, in my view, an extraordinary meeting of two committed, determined and strong women who believed in their mission and their own way. They wanted to promote women to become more involved in society, economics, sport and all areas of life. Margaret told me after the meeting that she was very impressed with the activities of the Minister in advancing Women in Sport and Physical Activity in Israel, the legislation that requires every sport association or federation to include no less than 30% female representation of their Board, or no less than the percentage of women athletes in the organization, in order to be eligible for State financial support. Margaret was impressed by the Minister's leadership in promoting "Athena" - The National Council for the advancement of Women in Sport, which the Minister initiated and provided with an unprecedented budget for advancing women and girls in both competitive and Sport for All. The goal of those activities which the Minister had initiated was in order to bring about a social and gender change in the culture and perception of women in sport in Israel. Such initiatives resulted in a significant increase in the number of women and girls participating in sports and physical activity.

Margaret was very impressed and pleased by those developments led by the Minister and shared with her about her activities not just as ICSSPE President but also as past President of the International Association of Physical Education and Sport for Girls and Women (IAPESGW), where she worked with her colleagues to promote physical education and sport among girls and youth in order to promote gender equality, Margaret also told Limor about her activities to help people with special needs and the need to see sports and physical education not just as an aim but also as an ultimate educational tool. From the conversation of the two leaders, I was deeply impressed by their commitment to promoting girls and women through and in sports and learned how much Margaret's commitment to promoting these themes was genuine, sincere and uncompromising.

The meeting was not too long, but these two strong women inspired and impressed me with their deep beliefs that sport and physical activity can contribute to a more sustainable, egalitarian and inclusive society and to gender equality, and that they are determined to act in this direction so that the world in which we live today will be a better and healthier place tomorrow.
I hope and trust that we made great progress since the two great women met, with all aspects of participation in Sport and Physical activity by girls and women at every level. However, this journey has not come to an end, and we should continue our work in the same direction that Minister Livnat and the late Margaret Talbot have shown to us all.

7.13 Jennifer Warner, UK

A decade ago, I was approached by a colleague and friend to take on the role of supporting IAPESGW with their website, news and information output. As widening access to sport and physical activity for everyone is a subject close to my heart, I was very pleased to accept the work.

Over the years I have covered news of three congresses: South Africa, Cuba and Florida (USA), key development events in targeted areas and I have produced the monthly newsletter, with the help of members, to report on developments worldwide. The work of IAPESGW's dedicated board and members is to be admired - all done outside of their 'day jobs' and voluntarily!

I applaud IAPESGW for its work over the last 70 years - there is still much more work required to further its aims, but I am sure it will be in the safe hands of current and future members.

And Jenny we thank you, and VAGA Associates, for your constant support for IAPESGW’s web presence through every day of the last ten years. We are sad that you are retiring this year, but we wish you happiness in the future.
ORGANISATIONS

7.14 AIESEP - Professor Marc Cloes, Belgium

President - Association Internationale des Ecoles Supérieures d'Education Physique
International Association of Physical Education in Higher Education

Nowadays, adopting an active lifestyle is recognized as a priority worldwide. Physical activity is considered a fundamental right without discrimination, particularly on the basis of sex. Since its creation, IAPESGW has worked effectively to defend access to all forms of participation of girls and women in physical and sports activities, both in school and in any life context. Its work has focused as much on defending policies and strategies for their integration into decision-making structures as on promoting good practices in quality physical education and training of physical educators. Under the umbrella of ICSSPE, with five other international associations, IAPESGW formed part of a working group, the International Committee on Sport Pedagogy, aiming to collaborate in the development of the research on physical education, with their specificities. For AIESEP (Association Internationale des Ecoles Supérieures d’Éducation Physique - International Association for Physical Education in Higher Education), such partnership has been an exciting and fruitful adventure. On behalf of the AIESEP Board, members and in my own name, I wish long life to the IAPESGW and hope that our associations will continue to work together to advocate for physical education, physical activity and sport pedagogy across the lifespan.

7.15 IFAPA - Dr Claire Boursier, France & Dr Maria Dinold, Austria

President and former Vice President International Federation of Adapted Physical Activity)

The International Federation of Adapted Physical Activity is an international organization dedicated to developing and promoting physical activities, physical education and sports for all, including persons with a disability, illness or any kind of vulnerability. IFAPA’s main objectives are to provide opportunities for everyone to be physically active. Another fundamental purpose of IFAPA is to encourage international cooperation to the benefit of individuals of all abilities, to promote, stimulate and support research in the field of adapted physical activity throughout the world.

A strong alliance between IAPESGW and IFAPA has been developed to promote the interests of girls and women at all levels and in all areas of physical education, physical activity, dance and sport, including those with special needs. Both organizations are aware that girls and women and people with disabilities in many countries face many barriers regarding access to physical activity, leisure, education, sport and rehabilitation. IFAPA and IAPESGW share common challenges, objectives and visions. The links between the two international organizations have been strengthened through project meetings, mutual personal invitations of representatives (especially: Margaret Talbot, Tansin Benn, Darlene Kluka or
Rosa Lopez de D’Amico (IAPESGW) and Maria Dinold, Claire Boursier, Gudrun Doll-Tepper or Karen DePauw (IFAPA) leading to continuous friendships.

A Memorandum of Understanding (MOU) was signed on June 15, 2014 in Helsinki between IFAPA and IAPESGW to create the foundation for more effective influence and to provide the international cooperation necessary to reach the common goals of all those who cherish the values of (adapted) sport and (inclusive) physical education and enjoy the benefits of movement through the development of networks and facilities.

IFAPA and IAPESGW have worked intensively and cooperated in the scope of major projects under the umbrella of ICSSPE (International Council of Sport Science and Physical Education), with the International Federation of Physical Education (FIEP), other members of the International Committee of Sports Pedagogy (ICSP) and wider international federations. “Nothing about us without us” is one of the main objectives of the International Convention on the right of persons with a disability. IFAPA and IAPESGW cooperate to ensure that this stance will embrace all girls and women all around the world, with or without a disability in the scope of physical activity, physical education and sport, at all ages.

We wish all the best to IAPESGW’s 70th anniversary for many more years of influential activities in the field – for the best of girls and women, regardless of age, ethnicity, sexual orientation, religion or ability!

7.16 ISCPES (International Society of Comparative Physical Education and Sport)

Professor Pedro Carvalho, ISCPES President, Portugal

Ass. Professor Walter King Yan Ho, ISCPES Past President, China

ISCPES has always had an excellent relationship with IAPESGW since we have had the chance to meet annually and exchange ideas and projects at the ICSP board. Many hours have been spent contributing to discussions on the best approaches to devise and work with international Quality Physical Education Benchmark Standards, with the EU and UNESCO since 2006. From 2008, and continuing, we have been part of various projects all connected with Quality Physical Education (QPE), these projects have been sponsored by The University of Macau in which Walter Ho (ISCPES president 2008 – 2016) has been instrumental. The projects in which IAPESGW supported the initiative of ISCPES are: 1. Global study of the teaching of physical education; 2. Global Voices: Perceptions of physical education / school sport; 3. Research of Quality Physical Education, 4. Global Index of Quality Physical Education. The relationship between both organizations has always been of great respect and good comradery. It can be said that in these 20 years of their history it has been the closest one we have had as organizations working together on research projects, publications and participation in collaborative work in congresses in all regions of the world. So the best of success in the years to come and let’s continue with this good example of cooperation and partnership between academic organizations.
7.17 FIEP - Professor Branislav Antala, Slovakia

FIEP World International Vice-president

FIEP World President

(FÉDÉRATION INTERNATIONALE D’ÉDUCATION PHYSIQUE)

An example of an ICSP project

When Rosa Lopez de D’Amico from IAPESGW and Walter Ho from ISCPES (Comparative Society) presented an idea during a meeting of the International Committee of Sport Pedagogy (ICSP) to realise a joint project focused on global research of Physical Education teachers’ opinions on Quality Physical Education. I was immediately sure that the project would be successful. Rosa and Walter were excellent chairs and, as FIEP’s representative in ICSP, I offered our support, especially through the European network, to be part of this project. With IFAPA (Adapted Physical Activity), these four associations combined for the project Global Voices on Quality of Physical Education and Sport. The associations collected the voices of professionals in physical education / school sport in all regions of the world. The purpose was to analyse the views of physical education teachers about their understanding of physical education, the challenges they faced and solutions they found. In 3 years, we collected opinions of 1400 Physical Education teachers from all continents. FIEP was focused on European Physical Education. Organization of work on the project was very effective as was the shared presentation of results during different events planned by participating organizations. Results were presented during the FIEP European congress in Croatia, and the project was evaluated by participants in a high level. The project was managed very professionally by IAPESGW and, for me, it was not only excellent experience with common work on an international level but also a place where we created lifelong friendship between leaders and members of different international bodies. It was an excellent example of cooperation between different international organizations at a high level and shows a way to work successfully together in the future. I remember this project and all the cooperation. Today when IAPESGW celebrates its 70th anniversary we send our FIEP congratulations!
Looking at developments sport has gone through we observe tremendous changes over the past decades. Sport, today, is very different from the ways our ancestors used to stay in physical and mental shape. Many of these developments are concerning. For example, the integrity of sport is at risk, and corruption can be observed in professional and amateur sport at all performance levels, shockingly not only among adults but also in youth sport. Of course, there are some encouraging developments, too!

Sport and physical education for girls and women have been a part of the biggest developmental changes. In many cases, they have led the way, exposing barriers, and shown new ways to promote and inspire greater participation at all levels. Many stakeholders have come to learn that the promotion of sport for girls and women is much more than advocating for the rights of over 50% of the global population. It has the power to change human society.

Changes become most obvious when we look at the programme design of the Olympic and Paralympic Games, and of many of the International Federations who have amended their programmes for women, and some have introduced mixed competitions. Physical education has become more ‘girl-friendly’ in some countries, reflecting increasing numbers of female teachers, and more inclusive curricula and pedagogy. But no one would claim that the situation is perfect, and there remain some outstanding causes for concern.

The International Association of Physical Education and Sport for Girls and Women has been a central part of the listed changes, often at the forefront, sometimes as a supporting voice. The organisation has provided a much-needed voice of reason, a referent to evidence, and a convener of conversations. Perhaps it is the composition of this global network, educators, researchers and policy makers that makes IAPESGW so potent?

IAPESGW has been an important member of ICSSPE for many years. It has driven the organisation’s agenda, initiating and contributing to discussions, research and policy development activities and ready to take over responsibility in various leadership positions. And, of course, IAPESGW gave ICSSPE an outstanding President, the late, great Prof Dr Margaret Talbot.

So, there is a need for IAPESGW. Its membership will continue to lead the way towards more inclusive sport and physical education, on all continents, on all levels. ICSSPE is looking forward to continuing the close friendship with IAPESGW. The relationship is highly valued: both organisations are ‘travel partners’ in the journey toward more inclusive, equitable, accessible sport and physical education.

We wish the entire membership of IAPESGW a powerful anniversary year!
SPECIAL TRIBUTES TO IAPESGW’s HONORARY LIFE MEMBERS
Honorary Life Member Awards in the first 50 years

7.19 Liselott Diem, Germany, 1906 – 1992 (Died aged 86 years)

First Honorary Life Member in 1981

Liselott was an extraordinary pioneer for women’s equality in sport in Germany and internationally. She was an esteemed University teacher, devised an influential natural movement approach to physical education and gave outstanding service to her field and country for over 60 years, gaining many prestigious awards. She was a member of the IAPESGW Executive Board from 1957 – 1981, serving as Vice President 1961 – 65 and President for 4 quadrennial periods from 1965 – 1981. (Fuller details in Hall and Pfister (1999), Honoring the Legacy 1949 – 1999, pp 59 – 67.

7.20 Liisa Orko – Finland, 1902 – 1987 (Died aged 85 years)

Honorary Life Member from 1987

Liisa was an influential leader and organizer in Finnish gymnastics and physical education. She became a Professor in 1971 and gained an Honorary Doctorate of Jyvaskyla University. Liisa was responsible for much internationalization of her subject, particularly through IAPESGW. She headed the Finnish Women’s Physical Education Association for many years. Liisa served on the Executive Board of IAPESGW 1969 – 81 and was awarded Honorary Life Membership the year she died.

7.21 Audrey Bambra, OBE, UK, 1917 – 2004  (Died aged 87 years)

Honorary Life Member from 1993

Audrey trained to teach physical education at Anstey Physical Training College, UK from 1935 – 38, she led an influential life in physical education, becoming Principal of Chelsea College, Brighton 1958 – 1976. Amongst many developments in physical education, with Muriel Webster, Audrey promoted international folk dance in the curriculum and she trained some of her students for dance and gymnastics demonstrations at IAPESGWs 6th Congress in Tokyo, Japan, in 1969 and 7th Congress in Tehran, Iran, 1973. She served on the Executive Board from 1973 – 85 and produced the Bulletin to share international developments between 1981 and 1993. An award for sustained international leadership and influence was established in her name in 2005.
7.22 Helene Tollich – Austria, 1916 – 2017 (July 10\textsuperscript{th}) (Died aged 101 years)

**Honorary Life Member from 1993**

Helene was born in Vienna into a family of teachers and was attracted to many sporting activities. She became a teacher and continued to broaden her studies. She made a great contribution to pedagogy in physical education, published resources and articles to support teachers, and continued to be innovative in the field. She attended her first IAPESGW Congress in 1957 in London. In 1969 she was elected to the Executive Board and served until 1989. She became Vice-President in 1977 and President from 1981 – 89. In 1993 she became an Honorary Life Member. She is remembered for her huge contribution in Austria, and internationally through IAPESGW.

From – Rosa Diketmuller (ed) Inspirational women in Europe – making a difference in physical education, sport and dance (2016), pp 78 – 79.

7.23 Isabelle Nel - South Africa 1923 – 2019 (April 20\textsuperscript{th}) (Died aged 96 years)

**Honorary Life Member from 1993**

Professor Isabelle Nel was a long term pioneer and supporter for IAPESGW and its values and developments in the field in South Africa. Therefore, with respect, her obituary is included here.

Professor Isabelle Nel passed away in April 2019 after a short illness at the age of 96. Her legacy will live long after her passing. She will be remembered as a phenomenal woman who endlessly strove to focus on Women and Physical Education in South Africa since the early forties. Physical Education, Recreation and Health and the promotion thereof had always been her passion and at the forefront of her advocacy both within the Government Department she served in as well as in the wider South Africa. Isabelle Nel started as a Physical Education teacher in 1944 till 1945, was a student for a Master’s Degree at Wellesley College in the United States of America from 1945 till 1946; a Recreation Officer in 1947 and a lecturer at a Teacher Training College from 1948 till 1949. From 1950 to 1984, she lectured Kinesiology, Ergonomics and Comparative Physical Education.

She also lectured practical subjects such as Movement Education, Educational Dance, Rhythmic Gymnastics, Netball and Softball in the Movement Sciences Faculty of Education at the University of Stellenbosch.

Isabelle had National affiliations with the South African Association of Sport, Physical Education and Recreation [SAASPER], specifically chairing the women’s section. Apart from the National affiliations she was also involved with International Organisations such as: IAPESGW (International Association of Physical Education and Sport for Girls and Women), ICSSPE (International Council for Sport Science and Physical Education, ISHPER and the
Academy of Physical Education and Recreation. She was the author of numerous books, research reports and international policy documents, all of which expressed her concern for Physical Education, Health and Recreation.

Isabelle Nel achieved many firsts for women in Physical Education in South Africa:

- First woman to achieve a doctoral degree in Physical Education in South Africa
- First woman to be appointed as full professor in Physical Education in South Africa
- First woman to serve as Acting Head of the Physical Education Department at a South African university

One of her greatest achievements was winning the bid to host an IAPESGW Congress in South Africa at a time in the history of South Africa when the government’s racial policy was theoretically unable to accommodate the expectations of the IAPESGW members. This was done at a great personal and professional risk, but with conviction of the philosophy of IAPESGW.

Another great achievement was the dignity with which she dealt with the political pressure in 1985. She willingly relinquished her office on the Executive Board, for the sake of IAPESGW.

She attended the congresses in Paris (1953); Washington (1961); Cologne (1965); Tokyo (1969); Teheran (1973); Cape Town (1977); Buenos Aires (1981); Warwick (1985). She could not attend the Conference in Indonesia, Bali due to political pressures. She served on the Council of National Representatives from 1953 – 1969.

Contributions:

Isabelle’s contributions to IAPESGW are appreciated by IAPESGW, such as attending all Executive Board meetings during her term of office. While in office on the Executive Board she played a leading role:

- In revising the IAPESGW Constitution; planning Congress programmes with the organising committees of host countries;

- In introducing school/institution visits as part of the Congress programme and facilitating participation of teachers at congresses;

- As advocate for:

  1) placing women’s issues and objectives of IAPESGW ahead of political considerations and issues;
2) initiating co-operation between countries and individual members in the period between congresses;

3) including papers of academic and scientific nature at congresses;

4) cherishing the promotion of physical education as primary focus in the activities of IAPESGW;

• In promoting the goals and philosophy of IAPESGW within her mother country with total recognition of, and a committed loyalty to, IAPESGW.

A pioneer with IAPESGW:

Isabelle was recruited by the founder of IAPESGW, Dorothy Ainsworth, who inspired her to live out her belief in the sound goals of this Association. She did everything in her power to have professional Physical Education for women in South Africa. Isabelle also recognised the necessity for women to teach academic subjects that would encourage women to embark on academic careers, to study abroad and to base their practical involvement as teachers and coaches on a scientific body of knowledge attained through research. She endeavoured to promote the recognition and involvement of women in all areas of physical activity in South Africa and to inspire them to produce work of international standard; to facilitate exchange programmes with other members of IAPESGW to teach in South Africa, and for South African members to study/teach abroad; and to invite distinguished IAPESGW members as guests at local congresses and institutions (Ainsworth, Diem, Espenschade, Hazelton, Huelster, Pirnia, Ross-Fairbanks, Sloan, Souder, Tollich).

She will be remembered for her enormous positive contribution, especially as a powerful and determined advocate for all that is good about physical education and sport. After the funeral service, her long-time confidante and friend, Dr Beatrice Wiid, said what impressed her most of this great woman was her honesty towards other people. Isabelle made a significant contribution to the lives of a large number of academics and professionals over the years. In addition, both her South African and international colleagues will remember her fondly for her considerable contribution to Physical Education, Sport, Health and Recreation.

Isabelle Nel, we salute you and shall cherish your memory. To her family and close friends – we pray that you will find consolation and comfort in the memory of her legacy.

By Doreen Solomons in collaboration with Prof. Edith Katzenellenbogen and Dr Beatrice Wiid (South Africa)
7.24 Ongoing appreciation to Patricia Bowen-West, OBE, UK – 1926 -

Honorary Life Member from 1993 (currently 93 years of age)

Patricia trained to teach physical education at Bedford College, UK, (1943 – 1946) and extended her qualifications later at the Laban Centre and London University Institute of Education. After many roles in physical education as teacher, adviser, teacher trainer, she returned as Principal of Bedford College in 1971. In 1976 she became Deputy Director of Bedford College of Higher Education after mergers with other institutions, she retired in 1986. Pat served IAPESGW from 1969 – 1993, as Vice President 1985 – 89 and as President for two terms from 1989 – 97. She attended Congress events in Tehran, Buenos Aires, Bali, Melbourne, Lahti and co-ordinated the 1985 Congress in Warwick.

7.25 Ongoing appreciation to Chiyoe Matsumoto, Japan, 1920 –

Honorary Life Member from 1993, (currently 99 years of age)

Chiyoe was inspired by the first conference of IAPESGW in 1949 and went back to Japan and helped to form the Japanese Association of Physical Education and Sport for Girls and Women (JAPEW). She became the second President of JAPEW and served on the IAPESGW Board from 1967 – 1993 and as Vice President 1985 – 1993. In 2009 she gave a permanent legacy to the Association, nominating an award to be made at each Quadrennial Congress to honour a person who has made a lifetime contribution to Dance Education. In the 60th Anniversary celebrations of JAPEW the invited IAPESGW president and past president – Rosa Lopez de D’Amico and Tansin Benn, were able to meet with Chiyoe, see photograph section, part two.

Chiyoe Matsumoto (1920 - ) is Emeritus Professor of Ochanomizu Women’s University, and is regarded as the founder of dance education in Japanese schools and universities after WWII and research in the field.

In 1947, she was appointed as one of 40 members of the Curriculum Guidelines Committee by the Ministry of Education at the young age of 27 years. At that time she had already established that dance in education, learning creative dance in schools, enabled the development of many aspects of children’s potential.

Chiyoe developed approaches to teaching creative dance in schools which are still popular in Japan today, as well as analysis methods for dance and dance pedagogy studies. Her predecessor Haru TOKURA, the founder of JAPEW, who invited the 6th IAPESGW Congress in 1969 to Tokyo, died shortly before the congress. Chiyoe succeeded the presidency suddenly and the event turned out even better than expected. This event and the preparation for IAPESGW in Japan, was the basis for the formation of JAPEW. She had a place on IAPESGW’s Board for many years, presenting at successive Congress events in
In 2008, receiving an Award - Honorary Doctorate at Leeds University, UK.

Honorary Life Member Awards between 1999 – 2019

7.26 Margaret Talbot, OBE, UK 1946 – 2014 (Died aged 68 years)

Honorary Life member from 2005


(See chapter two for a full account of Margaret’s contribution to the IAPESGW and the world of equity, physical education and sport.)

7.27 Doreen Solomons (South Africa) Honorary Life Member from 2009

Executive Board member 1997 – 2009

Doreen served for three quadrennial periods on the Executive Board, and as Vice President 2005 – 2009. She co-ordinated the 2—9 Stellenbosch Congress in S. Africa. She has won many awards including IAPESGW’s Audrey Bambra award in its first year in 2005 and the Margaret Talbot Award in 2017, also in its first year.

Further details about the outstanding contribution of Doreen Solomons to the field, can be found in the Africa volume of the Five Continents Series profiles in chapter 5.
7.28 Darlene Kluka (USA) Honorary Life Member from 2013

Executive Board member 2005 – 2017

President 2005 – 2009

Chair of Consultants 2009 – 2013

Pre 18\textsuperscript{th} Congress in Miami 2013 – 2017

Extraordinary contribution to sport in America and many international bodies and the association is indebted to her for the huge contribution she has made, and continues to make, to IAPESGW. The Kluka/Love Congress Award for the young researcher with the best presentation is a real incentive to early scholars in the field.

(See chapter 2 – ‘Presidents chapter’ for a fuller picture of Darlene Kluka’s contribution).

7.29 Tansin Benn (UK) Honorary Life Member from 2017

Executive Board member from 2005 – 2017

President 2009 – 2013

Chair of Consultants 2013 – 2017

(See chapter 2 - ‘Presidents chapter’ for a fuller picture of Tansin Benn’s contribution)

7.30 Gertrud Pfister (Germany) Honorary Life Member from 2017

Executive Board member 1997 – 2005.

Gertrud has supported many international federations throughout her life and has continued to support IAPESGW, for example in the 2008 symposium in Oman and subsequent writing challenges to bring together the books ‘Muslim Women and Sport’ and ‘Women and Sport in Latin America’. She has assisted the Board and its wide membership in numerous events and always ensured young scholars were invited to her summer schools for young researchers in Copenhagen. She has won many international awards including IAPESGW’s Dorothy Ainsworth Award.
7.31 Final Comment – Tansin Benn, UK

There is nothing much left to say that the contributors to this book, *Continuing to Honour the Legacy of IAPESGW 1999 – 2019*, have not already voiced. Any Association is only as strong as its members. There is much appreciation for the voluntary efforts of so many, especially those who have taken on Executive Board positions over the years, who are the key catalysts of projects, events and achievements. There is a wealth of evidence contained in this book of sustained international contributions, congresses, conferences and symposiums, research projects and publications which have captured the essence of the association over the last twenty years.

IAPESGW has continued to broaden meaningful international links and worked in collaboration with other voluntary organisations that have connected us with colleagues in diverse situations across the world. We are all enriched by the contributions of knowledge exchanged at conference gatherings, opportunities to meet like-minded colleagues around the world, and the authorship by 219 scholars and sportswomen from 86 countries, to support recent publications on *Muslim Women and Sport*, *Women and Sport in Latin America* and the *Five Continents Series*. Such publications have helped to make visible the life stories and diverse situations of hundreds of girls and women in physical education, dance and sport, that have been largely missing from mainstream publications.

Such a legacy is testimony to how IAPESGW members have worked through this association, forging relationships with others globally, often in hard-to-reach areas of the world. Successful collaboration has been built on trust and confidence which has led to the wealth of human endeavour witnessed here. It is, of course, a journey that never ends, but the wide network of people who have made all of this happen have made a unique contribution to the development and sharing of knowledge and friendships internationally. There is much to reflect on and build upon through this history.

With our partners, and of course the many men who stand alongside us in our mission and efforts, we will continue to strive to open and connect a space for girls and women in all aspects of physical activity from dance to high performance sport, in all countries. This landmark 70th anniversary gives us a moment for reflection, we must go forward in an ever-changing world and contribute to the formation of the future that becomes the present, and then adds to the past.
APPENDIX A

EXECUTIVE BOARD MEMBERS OF IAPESGW 1949 – 2019

1949-53  Continuing Committee
  Chair:  Dorothy Ainsworth (USA)
  Vice-chair:  Doris Plewes (Canada)

1953-57  President:  Dorothy Ainsworth (USA)
  Vice-President:  Maria Therese Eyquem (France)

The first constitution approved in 1957 stipulated that the Officers be comprised of a President, two Vice-presidents, and a Secretary/Treasurer. The Executive Board was composed of the Officers plus six persons selected by the Council of Representatives from diversified world areas (but sometimes it was larger). The Council of Representatives was comprised of one representative from each member country.

1957-61  President:  Dorothy Ainsworth (USA)
  Vice-Presidents:  Maria Therese Eyquem (France)
                   Muriel Webster (UK)
  Sec/Treasurer:  Helen Hazelton (USA)

  Board:  Francisca Aquino (Phillipines)
          Gilda Romera Brest (Argentina)
          Liselott Diem (Fed. Rep. of Germany)
          Kathleen McDonald (Australia)
          Iveagh Munro (Canada)
          Isabelle Nel (South Africa)

At the 1961 General Assembly, it was decided that "in view of the qualifications and contributions of the candidates for presidency "[Eyquem and Diem], the position of First Vice-President was created for the next term. It was supposed to be a temporary position, but the practice of three vice-presidents continued until 1981. Dorothy Ainsworth was also made a member of the Executive Board, which she was until the time of her death in 1976.

1961-65  President:  Maria Therese Eyquem (France)
  Vice-Presidents:  Liselott Diem (Fed. Rep. of Germany)
                   Helen Hazelton (USA)
                   Muriel Webster (UK)
  Sec/Treasurer:  Andree Jacquot (France)
  Exec. Board:  Dorothy Ainsworth (USA)
                Francisca Aquino (Phillipines)
                Tora Amylong (Sweden)
                Asikiyo Iyo (Nigeria)
                Kathleen McDonald (Australia)
                Iveagh Munro (Canada)
                Isabelle Nel (South Africa)
                Ezzat Pimia (Iran)
                Josefa Lora de Ribeyro (Peru)
<table>
<thead>
<tr>
<th>Year</th>
<th>President</th>
<th>Vice-Presidents</th>
<th>Sec/Treasurer</th>
<th>Exec. Board</th>
</tr>
</thead>
</table>
| 1965-69 | Liselott Diem (Fed. Rep. of Germany) | Isabelle Nel (South Africa) | Gwendolyn Drew (USA) | Carmen Adevosa (Phillipines)  
Dorothy Ainsworth (USA)  
Tora Amylong (Sweden)  
Eunice Gill (Australia)  
Helen Hazelton (USA)  
Andree Jacquot (France)  
Iveagh Unro (Canada)  
Liisa Orko (Finland)  
Ezzat Pimia (Iran)  
Josefa Lora de Ribeyro (Peru) |
| 1969-73 | Liselott Diem (Fed. Rep. of Germany) | Isabelle Nel (South Africa) | Gwendolyn Drew (USA) | Carmen Adevosa (Phillipines)  
Dorothy Ainsworth (USA)  
Catherine Allen (USA)  
Tora Amylong (Sweden)  
Fernanda Barroso Beltrão (Brazil)  
Elly Friedmann (Israel)  
Eunice Gill (Australia)  
Andree Jacquot (France)  
Chiyoe Matsumoto (Japan)  
Liisa Orko (Finland)  
Helene Tollich (Austria) |
| 1973-77 | Liselott Diem (Fed. Rep. of Germany) | Isabelle Nel (South Africa) | Gladys Bean (Canada) | Carmen Adevosa (Phillipines)  
Dorothy Ainsworth (USA)  
Catherine Allen (USA)  
Audrey Bambra (UK)  
Fernanda Barroso Beltrão (Brazil)  
Ingrid de Figueiredo (Portugal)  
Elly Friedmann (Israel)  
Eunice Gill (Australia)  
Jarmila Kostkova (Czechoslovakia)  
Chiyoe Matsumoto (Japan)  
Liisa Orko (Finland) |
A new constitution was approved in 1981. It stipulated that the Executive Board be comprised of the President, two Vice-presidents, two members elected by the Council of Representatives, plus not more than two members co-opted from the Council of Representatives, and one member from the country which held the last Congress. No member of the Executive Board could serve more than two terms.
1989 – 93

President: Patricia Bowen-West (UK)
Vice-Presidents: Chiyoe Matsumoto (Japan)
               Muriel Sloan (USA)
Sec/Treasurer: Janet Grier (Australia)
Exec. Board: Mien Goudowidjojo (Indonesia)
            Margaret Talbot (UK)
            Julika Ullmann (Austria)
            Ute Wasmund-Bodenstedt (Fed. Rep. of Germany)

From 1997 there has been a Chair of a Consultants or Convenor of Consultants positions on the Board. This person has been responsible for gathering researchers and writers for specific projects over ensuing years. After 2005 it traditionally became the President in the term after leading the Association, to support the new President and to utilize the many connections all presidents are privileged to make for the benefit of the association in the following years.

1993 – 1997

President: Patricia Bowen-West (UK)
Vice-Presidents: Arnevi Lassila (Finland)
                 Muriel Sloan (USA) – died 1993 and was replaced by Acting Vice-President Barbara Kelly (USA)
Sec./Treasurer: Janet Grier (Australia)
Exec. Board: Atara Sherman (Israel)
             Margaret Talbot (UK)
             Julika Ullmann (Austria)

1997-2001

President: Margaret Talbot (UK)
Vice-Presidents: Christine Shelton (USA)
                 Julika Ullmann (Austria)
Sec./Treasurer: Pauline Wetton (UK)
Exec. Board: Riita Asanti (Finland)
             Margot Crummenerl (Germany, died 1997)
             Shulamith Raviv (Israel)
Co-opted: Doreen Solomons (South Africa)
          Akiko Takahashi (Japan)
          Maha Shafeik (Ebeid) (Egypt) (Congress rep.)
Chair – Consultants: Gertrud Pfister (Germany)

2001-2005

President: Margaret Talbot (UK)
Vice-Presidents: Christine Shelton (USA)
                 Susi-Kathi Jost (Switzerland)
Sec./Treasurer: Pauline Wetton (UK)
Exec. Board: Lynn Embrey (Australia) (Bulletin editor)
Electe members: Riita Asanti (Finland)
                Shulamith Raviv (Israel)
Co-opted member: Akiko Takahashi (Japan)
                Doreen Solomons (South Africa)
Last Congress rep: Maha Shafeik (Ebeid) (Egypt)
Chair - Consultants: Gertrud Pfister (Germany)
<table>
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<tr>
<th>Year</th>
<th>President</th>
<th>Vice-Presidents</th>
<th>Sec/Treasurer</th>
<th>Communications</th>
<th>Members</th>
<th>Chair - consultants</th>
<th>Graduate student intern</th>
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<tr>
<td>2005 – 2009</td>
<td>Darlene Kluka (and next Congress rep)</td>
<td>Susi-Kathi Jost (Switzerland)</td>
<td>Amanda Bennett (UK)</td>
<td>Tansin Benn (UK) (Communications)</td>
<td>Nancy Melnychuk (Canada) Toshiko Shimauchi (Japan) Rosa Lopez de D’Amico (Venezuela) Janice Crosswhite (Australia) Clemencia Amaya Maya (Columbia)</td>
<td>Margaret Talbot (UK)</td>
<td>Christina Gipson (USA))</td>
</tr>
<tr>
<td>2009–2013</td>
<td>Tansin Benn (UK)</td>
<td>Rosa Lopez de D’Amico (Venezuela)</td>
<td>Karin Lofstrom (Canada)</td>
<td>Maria Dinold (Austria)</td>
<td>Anneliese Goslin (South Africa) Marianne Meier (Switzerland) Maryam Koushkie (Iran) Toshiko Shimauchi (Japan) Canan Koca (Turkey)</td>
<td>Darlene Kluka (USA)</td>
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<tr>
<td>2013–2017</td>
<td>Rosa Lopez de D’Amico (Venezuela)</td>
<td>Janice Crosswhite (Australia)</td>
<td>Karin Lofstrom (Canada)</td>
<td>Rosa Diketmuller (Austria) (Communications)</td>
<td>Marianne Meier (Switzerland) Maryam Koushkie (Iran) Keh Nyit Beatriz Ferreira (Brazil) Arisa Yagi (Japan) (co-opted 2014)</td>
<td>Gladys Bequer (Cuba) (Last Congress rep)</td>
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</table>

There have been slight changes made to the constitution over time to allow the Association to sustain feasibility, international reach and links with ‘hard to reach’ areas by extending terms of service. Whereas normally a Board member would serve a maximum of two terms, in some cases a further extension is considered by the Board on a case by case basis.
2017-2021
President: Rosa Lopez de d’Amico (Venezuela)
Vice-Presidents: Rosa Dikemuller (Austria)
               Beatriz Ferreira (Brazil)
Sec/Treasurer: Kathy Ludwig (USA) (& last congress rep.)
Communications: Janice Crosswhite (Australia)
Board Members: Marianne Meier (Switzerland)
               Maryam Koushkie (Iran)
               Keh Nyit
               Maria Dolores Gonzales (Spain)
               Gladys Bequer (Cuba)
Next Congress Rep: Arisa Yagi (Japan)
Chair of consultants: Vacant
HONORARY LIFE MEMBERS (from 1981)

Honorary membership is given to members who have made a significant contribution to the work of the Association, and shall be for life.
1981  Liselott Diem (Fed. Republic of Germany)
1987  Liisa Orko (Finland)
1993  Helene Tollich (Austria)
       Patricia Bowen-West (United Kingdom)
       Audrey Bambra (United Kingdom)
       Chiyoe Matsumoto (Japan)
       Isabelle Nel (South Africa)
2005  Margaret Talbot (UK)
2009  Doreen Solomans (South Africa)
2013  Darlene Kluka (USA)
2017  Tansin Benn (UK)
       Gertrud Pfister (Germany)

All of the following awards are presented in respect of those women whose names they hold, who have contributed to the association over a long period and at the highest level. They gave much of their lives to IAPESGW and will be honoured and remembered through the awards process.

Dorothy Ainsworth Award (from 1981) (Research)

The Dorothy Sears Ainsworth Award is awarded for outstanding scholarly work that has furthered the aims of the Association across the fields of Physical Education, Sport, Dance, and Physical Activity for girls and women.

1981  Atara Shermann (Israel)
1985  Gertrud Pfister (Fed. Republic of Germany)
1987  Catherine Allen (USA)
1993  Ruth Schellberg (USA)
1997  Gabriele Klein (Germany)
2013  Gertrud Pfister (Germany)
2017  Anneliese Goslin (South Africa)

Lynn Vendien Award (from 1997) (Leadership)

This award started in 1997 and is intended for members who have exhibited a leadership role in contributing to improving the quality of life of girls and women, through physical education and sport (e.g., integration; sport for all; service to the community, the women’s movement.)

1997  Ofra Gafni (Israel)
2013  Christine Shelton (USA)
2017  Carole Oglesby (USA)
**Audrey Bambra Award** (from 2005) (Legacy)

The Audrey Bambra Award was established to reward a member or group of members of the Association who has demonstrated sustained commitment to the learning process and pedagogy, and have passed this on to others, whether locally, nationally or internationally. The focus is on the legacy that such a commitment can leave.

2005 – Doreen Solomans – South Africa
2013 - Nour El Huda Karfoul – Syria, and Margaret Whitehead (UK)
2017 – Makoto Takahashi – Japan

**Kluka – Love Award for Young Researchers** (from 2009) (Young Researcher)

This award is made during Congress events to the best young researcher presentation (U35 years of age).

2009 – Yousra Al-Sinani (Oman)
2013 – Shahrzad Mohammid – (Iran / Germany) & Maria Morera – (Costa Rica)

**Chiyoe Matsumoto Dance Development Award** (from 2009) (Dance in Education)

The Dance Development Award is for a person who has had a significant influence on others through prolonged service to Dance Education.

2009 – Chitraleka Bolar (Kerala, S. India and UK)
2013 – Alicia Alonso (Cuba)
2017 – Elba Maria Kerr (Venezuela)

**Margaret Talbot Award** (from 2017) (President’s Award for Service to IAPESGW)

An award to be given at the discretion of the President for those members who have made an ‘Outstanding Contribution to the Association’.

Maryam Koushkie (Iran)
Canan Koca (Turkey)
Robab Shahrian (Iran)
Susi-Kathi Jost (Switzerland)
Eliana Ferreira (Brazil)
Gladys Bequer Diaz (Cuba)
Doreen Solomons (South Africa)
**APPENDIX C**

**QUADRENNIAL CONGRESS and REGIONAL CONFERENCE EVENTS**

### QUADRENNIAL CONGRESSES

<table>
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### REGIONAL CONFERENCE EVENTS

<table>
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<tr>
<td>2014</td>
<td>Ankara, Turkey</td>
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<tr>
<td>2015</td>
<td>Tehran, Iran</td>
</tr>
<tr>
<td>2018</td>
<td>Havana, Cuba</td>
</tr>
<tr>
<td>2019</td>
<td>Madrid, Spain</td>
</tr>
</tbody>
</table>
APPENDIX D

GLOSSARY

Glossary of acronyms used in this book

AAHPERD - American Association for Health, Physical Education, Recreation and Dance

AIESEP - International Association for Physical Education in Higher Education

ALBA - ALBA or ALBA–TCP, formally the Bolivarian Alliance for the Peoples of Our America (Spanish: Alianza Bolivariana para los Pueblos de Nuestra América) or the Bolivarian Alliance for the Peoples of Our America – Peoples' Trade Treaty (Spanish: Alianza Bolivariana para los Pueblos de Nuestra América – Tratado de Comercio de los Pueblos).

ALCIDED - Latin American Association for Sport Science, Physical Education and Dance

ALGEDE - the Latin American Sport Management Association

AWISA - African Women in Sport Association

AWRA - Australian Womensport and Recreation Association

CAHPERD - The Canadian Association of Health, Physical Education, Recreation and Dance

CAAWS - Canadian Association for the Advancement of Women

CARICOM - The Caribbean Community (CARICOM or CC) is an organisation of fifteen Caribbean nations and dependencies having primary objectives to promote economic integration and cooperation among its members, to ensure that the benefits of integration are equitably shared, and to coordinate foreign policy.

ECSS - European Council of Sports Science

EWS - European Women in Sport

FIEP - Federation Internationale d'Education Physique

ICCE - International Council of Coaching Excellence

ICHPER-SD - International Council of Health, Physical Education, Recreation, Sport and Dance

ICSP – International Committee of Sport Pedagogy (former working group of ICSSPE)

ICSEMS - International Convention on Science, Education and Medicine in Sport. International Congress of Physical Education, Health Science and Sport organising
committee 2020 (replacing the ICSEMIS congress after notification of the ceasing of this event). See ICSSPE website.

**ICSSPE** - International Council of Sport Science and Physical Education –

**IFAPA** – International Federation of Adapted Physical Activity

**ISCPES** International Society for Comparative Physical Education and Sport

**IOC** - International Olympic Committee

**IPC** – International Paralympic Committee

**IWG** - International Working Group for Women and Sport

**JAPEW** - Japan Association of Physical Education for Women

(Japan society for sport and gender studies)

(Japan Association for Women in Sport)

**KAPEW** – Korean Association of Physical Education for Women

**MERCOSUR** - The Southern Common Market (MERCOSUR for its Spanish initials) is a regional integration process, initially established by Argentina, Brazil, Paraguay and Uruguay, and subsequently joined by Venezuela and Bolivia.

**MINEPS** - Ministers and Senior Officials Responsible for Physical Education and Sport

**MOU** – Memorandum of understanding

**SAAW** - Sport Association of Arab Women

**UNASUR** - The Union of South American Nations (USAN; Spanish: Unión de Naciones Suramericanas, UNASUR; Portuguese: União de Nações Sul-Americanas, UNASUL.

**UNESCO** - United Nations Educational, Scientific and Cultural Organization

**UNOSDP** - United Nations Office on Sport for Development and Peace

**WSF** - Women’s Sports Foundation (WSF – USA),

**WSF** - Womens Sport Foundation

**WSI** – Womensport International