The following Declaration was convoked by the International Association of Physical Education and Sport for Girls and Women (IAPESGW) and the National Institute for Sport, Physical Education and Recreation (INDER) of the Republic of Cuba, with the support of the UNICEF, the Pan American Health Organization and the Cuban Women Federation, at the World Congress held in the International Convention Center, Havana, Cuba during 10 to 13 APRIL, 2013

Over 200 delegates and guests from 32 countries across the continents exchanged intense workshops, scientific presentations, symposiums, posters and keynote presentations on four themes – pedagogy, leadership, education and development and diversity.

In line with the values of IAPESGW and INDER in Physical Education, Sport and Dance we make the following Cuba Declaration:

1. The reality of physical activity across the lifespan, including in the lives of girls and women from birth to the grave, as exists in Cuba, should be central to universal education goals.
2. Governments should work harder to fulfill the millennium goals; these efforts and the spirit of the goals should be extended beyond 2015.
3. Inclusion in high quality physical education is a fundamental right for all young people.
4. The time has come to move beyond theoretical understanding of ‘Diversity’ to practice.
5. Leaders in transformation of the lives of girls and women in sport and education should think globally and act locally with sensitivity for cultural, linguistic, religious, ethnic, political and socio economic specificity.
6. The starting point for international work should be the culture and values of each other’s realities.
7. Learning together with a global mindset is central to all international development work.
8. We need to avoid cultural imperialism in international research design, implementation, analysis and dissemination.
9. We need to recognize the limitations of our own expertise and how much we can learn and practice from others.
10. Adelante Muchachas – Moving together towards a better world

We thanked the participation of the international and Local Organizing Committee, the Scientific Committee and we invite everybody for the next 18th World Congress of IAPESGW.

Issued in Havana on 13th APRIL, 2013.