



# INTERNATIONAL WEBINAR ON INTERNATIONAL WOMEN'S DAY 8TH MARCH 2024

**Theme: Count Her in: Invest in Women,  
Accelerate Progress**

organized by the

**NATIONAL SPORTS UNIVERSITY, MANIPUR**

partnering with

SAI, Lakshmibai National College of Physical Education , Trivandrum,  
International Society for Comparative Physical Education and Sport (ISCPE)  
International Council of Sport Science and Physical Education (ICSSPE)  
International Association of Physical Education and Sport for Girls and Women  
(IAPESGW)

## **Count Her in: Invest in Women, Accelerate Progress**

The theme for International Women's Day 2024, "Count Her In: Invest in Women. Accelerate Progress", resonates with a powerful call to action. This theme is a commitment to recognizing, supporting, and investing in women in the realm of sports, fostering an environment that propels progress and equality.

It is about investing into women's sport and women in sport. It acknowledges the need to break down barriers and create opportunities for women to excel and thrive in all facets of the sporting world. By strategically investing resources, to provide a robust economic pathway for women, enabling them to pursue enduring and successful careers across various dimensions of the sporting ecosystem.

**Register Now**

<https://forms.gle/Tte3u6aDm4kMhgYc8>

**10:00 AM  
FRIDAY**

# INAUGURAL PROGRAMME

10 :00 A.M to 10:30 A.M

## SESSION 1: PANEL DISCUSSION

**“Empowering Women through Leadership in  
Sports: Investing in Excellence”**

10:30AM TO 11:20 AM

### OUR SPEAKERS



**PROF. ROSA LOPEZ DE D'AMICO**  
**PRESIDENT (ICSPES)**

Emeritus Professor from the Universidad Pedagógica Experimental Libertador-Maracay, Venezuela. Coordinator of the Research Center EDUFISADRED; research focused on physical education, comparative studies in sport, gender, sport policy, sport management, culture and literature. In her previous artistic gymnastics career, she was member of the Venezuelan national team, later coach, international judge and administrator. At sport level she received various distinctions Internationally. She received in 2006 the “The Gold Medal of Honor” given by the International Council of Health, Physical Education, Recreation and Dance (ICHPER-SD). In 2013 member of Honour of the World Association for Sport Management (WASM), and in 2021 Honorary Life Member of the International Association of Physical Education and Sport for Girls and Women (IAPESGW).



**PROF. USHA S. NAIR**  
**VICE CHANCELLOR(O), NSU, MANIPUR**

currently serving as the Officiating Vice Chancellor at National Sports University, Imphal, India, since August 2023, With a Doctorate in Physical Education from Jiwaji University. In 2021, she became a Development Committee member of the International Council of Sports Science and Physical Education (ICSSPE). During the same year, she took on the role of Secretary at the International Society of Comparative Physical Education and Sports, showcasing her deep commitment to the field. Usha S Nair's dedication extended to her appointment as a Co-opted Member of the International Association of Physical Education and Sports for Girls and Women (IAPESGW) in 2021. Her significant impact on physical education is exemplified by her coordination of six batches of the PE and community coaching program initiated by the Ministry of Youth Affairs and Sports, Government of India, which positively impacted around 25,000 PE Teachers in 2020. Throughout her career, Usha S Nair has displayed exceptional leadership and expertise.



**SMT. ARIBAM NOUTENUSHWARI DEVI**

**RETD. DISTRICT & SESSIONS JUDGE , ADVOCATE, HIGH COURT OF MANIPUR**

Served as Addl. Govt. Advocate (High Court Imphal Bench), Govt. of Manipur. First Lady Govt. Advocate in the Guahati High Court, Imphal Bench Served as Judicial Officer Grade-III, II & I and retired after attaining superannuation in 2021 as District & Sessions Judge, Thoubal, Manipur. Re-enrolled as Advocate in the Bar Council of Manipur in the 2022 Appointed as Ombudsperson at Manipur University under UGC (Redressal of Grievances of Students) Regulations, 2023. Afforded services to the people especially in the field of legal matters and had cordial relation with the poor and neglected sections of the societies and gave awareness for effective implementation of various Schemes and programmes like Free and Compulsory Education, Widow Schemes, Senior Citizens Welfare Schemes, Mentally and Physically Handicapped Welfare Schemes, Victims of Women against Crime and their rehabilitation schemes and for the Workers of Organized and Unorganized Sectors, for the Children of Conflict with Laws and Children who need Care and Protection and especially for Women who are the aggrieved persons of Domestic Violence etc.





### **DR. G KISHORE**

**PRINCIPAL, SPORTS AUTHORITY OF INDIA, LAKSHMIBAI NATIONAL COLLEGE OF PHYSICAL EDUCATION, THIRUVANANTHAPURAM**

served as Director of Sports Authority of India, Netaji Subhash Southern Centre, Bangalore from 2004 to 2007. Also as Director Dept. of Youth Affairs & Sports, Govt. of Kerala. Has consistently been part of the Indian delegation deputed by MYAS at various Games including Rio Olympics 2016. Has contributed immensely in the development of physical education and sports by being a member of various task forces and taking initiatives in the field. Dr. Kishore has won many national & international awards namely Asia Pacific International Award for individual excellence in recognition of outstanding contribution for the progress of the Nation and Worldwide in 2013, Bangkok. Indira Gandhi Excellence Award, Bharat Jyothi Award, Best Personalities of India 2015, Mahatma Gandhi Ekta Samman Award.



### **MS. GERALDINE BERNARDO**

**FACULTY, DE LA SALLE UNIVERSITY**

**SECRETARY GENERAL, ASIAN COUNCIL OF EXERCISE AND SPORT SCIENCE**

Geraldine "Dina" Bernardo an accredited sport mediator and a lecturer for Sport Management and Strategic Management at the De La Salle University. She is pursuing her DBA there, with research interests in athlete and sport entrepreneurship. She trained as a National Athlete and Team Captain of the Philippine Women's Dragon Boat Team, winning two gold medals in the 2005 Southeast Asian Games. Dina was elected as Chairperson of the POC Athletes Commission and first female Executive Director of the Philippine Sports Commission, handling the administrative functions and operations of the country's sport governing body. Dina is the first Filipina accepted into the inaugural class of the Global Sports Mentoring Program under the U.S. State Department. From there, she launched programs such as SWEEP or Sport for Women's Empowerment and Employment Program and RePLAY, ReLIVE, and ReCREATE using sport for psychosocial relief for survivors of Typhoon Haiyan

## **SESSION 2:**

### **"Ensuring Athlete Well-being: Strategies and Best Practices in Safeguarding in Sports"**

**11:30AM TO 11:55 AM**



### **DR. ROSA DIKETMÜLLER**

**PHD, ASSISTANT PROFESSOR UNIVERSITY OF VIENNA, CENTRE FOR SPORT SCIENCE, DEPT. OF SPORT PEDAGOGY**

**PRESIDENT IAPESGW**

Currently President of IAPESGW, Vice President ÖSG – Austrian Assoc. of Sport Science (2014-2016), Chair: "Sport Pedagogy". Member of the Scientific advisory board of the Austrian Women's Forum Physical Education since 2001. Co-founder (1997) of the Austrian Platform Women in sports. Dr. Diketmüller is a member of the Scientific advisory board of the Austrian Centre for Gender Competence in Sport, member of the Austrian Steering Group on Gender Equality in Sports 2014-2020, chair of the Working Group "Gender-based violence in Sport" since 2015, member of the European expert pool (CoE) on Sexual violence in sport since 2018. She conducted several nationally funded projects in the area of gender equality or promotion of women and girls in sport, e.g. "Sexual harassment and discrimination in sport", Gender training for coaches (2004-2006 / 2012-2015) etc. Furthermore she is member of several editorial boards, currently for the Austrian journal, esp. for female PE-teachers "Girls in Physical Education" since 2001.

## SESSION 3: PANEL DISCUSSION

### "Beyond the Finish Line: Athlete Stories of Resilience, Transformation, and Purpose"

12:00 P.M TO 12:55 P.M



#### DR. FATIMA EL FAQIR

##### FIRST MOROCCAN WOMAN OLYMPIAN

Professor and researcher in the sciences of physical activities and sports, Coopted Member of Executive Board of the International Association for the development of Physical Education and sports for Girls and women (IAPESGW). She was the first Moroccan woman to participate in the Olympic Games in 1972, the first female Moroccan to win the African championship and to have African Record Woman in 1979 in 400m hurdlers. Having taken part at the Athletics World Cup in Montreal and the World University Games in Mexico in 1979, at the Mediterranean Games in 1971 and 1975. She held several national, African and Arab records in athletics. She founded in 1993 the National Association of Women Physical Activity and Sport (ANFAPS) and still President till now.



#### MRS. DEEPALI A. DESHPANDE

##### OLYMPIAN, INDIA

worked as Chief Coach for Junior National Shooting Squad since October 2012 till 2019. High Performance Coach for National Rifle Team 2019 -21. Started shooting in the year 1988. Honored with ARJUN PURASKAR for the year 2005 by the Govt. Of India. Represent India in the Athens Olympic games in 2004. She was also honored with SHIV CHHATRAPATI PURASKAR in 1995 by the State Govt. of Maharashtra. Currently training many Olympians and elite athletes in shooting.



#### MS. NAOREM ROSHIBINA DEVI

##### ARJUNA AWARDEE, INDIA

an Indian Wushu player from Manipur who competes in the Sanda division. She won a silver medal in the 2009 Asian Wushu Championships, where she won a silver medal. In the 9th Asian Junior Wushu Championships held in Gumi, South Korea, she won a gold medal. In the 2018 Asian Games, she competed in the Women's sanda 60 kg and was awarded a bronze medal. In 2023, Naorem Roshibina Devi won silver in the women's 60kg Wushu Sanda at the 19th Asian Games, Hangzhou, China. In recognition of her hard work and talent, the government of India has awarded her the prestigious Arjuna Award in January this year.



#### MS. GARIMA JOSHI

##### INTERNATIONAL PARA ATHLETE, YOUTUBER, MOTIVATIONAL SPEAKER

an athlete turned para athlete after a car hit her and met with an accident. Secured 2nd place in Javelin throw, 3rd place in Discus throw at the Italian Open World Para Athletics Grand Prix Championship, Jesolo, Italy 2022. Won 2 bronze Medals in Discus throw and shot put of 55 category at 5th Indian open para Athletics. Recipient of many awards namely, Shaan-E-Hind award in 2018, Women Empowerment 2019, Best Message Given Award 2020 By walk on Wheels, International Icon Award 2022, International Icon of Women Award 2022, Uttarakhand Inspiration Award 2023.



#### MS. NIMISHA C.S

##### INTERNATIONAL PARA ATHLETE, INDIA

an Indian para-athlete from Kerala. She competes in the women's T47 long jump event and women's T47 long jump events. She was selected for the Indian team that took part in the 2022 Hangzhou Asian Para Games. She won the T47 long jump gold medal on 25 October 2023. In February 2021, she won long jump F46/47 gold in the 2nd Faza International World Para Athletics Grand Prix at Dubai clearing 5.25m.

## Validictory Function

12:55 P.M to 1:10 PM